

## Evans and Margaret Benson

# Married 50 years

By Rosemary Timms  
CLAREMONT — Evans and Margaret Benson, R.R. 1, Claremont, will celebrate their golden wedding anniversary, Sunday at Bowling Green clubhouse, from 2-4 and 7-9 p.m. They have two daughters, Mary Coxworth, Markham; Dorothy Underwood, Scarborough; and three sons, Harry of Woodville, and Stan and Don of Claremont.

Mr. and Mrs. Ellis Britton attended the graduation of their son, Lorne, last week at the University of Guelph. David was presented with an Associate Diploma in Agriculture by Ontario Lieutenant-Governor Pauline McGibbon. Claremont Women's Institute will meet June 18 at the home of Isobel Gregg, Sunderland. Roll Call is "read an item from an old newspaper." Lillian Gauslin will discuss history. Anyone wanting transportation,

call Dorothy Britton at 649-5630.

A pork Bar-B-Q, with strawberries and ice cream, will be held at Mount Zion Church, June 21 at 7 p.m. For tickets, call 649-5206.

Don't forget the Claremont Continuation School reunion supper at the Claremont Baptist Church, June 14. For tickets, call 649-2309 or 649-2611.

Darren Meyer was named "Cub of the Year" at the First Claremont Father and Son Banquet, recently. Also receiving awards were: Scouts Gregg Hockley, Wym Horne and Shawn Zampolini. Most improved Scout was Stanley Pequegnat. Other winners: Robbie Gammage, Tory Falkenberg, Jason Bates, Brett Yoshida and Aaron Zampolini. President Jack Bates, presented the group committee with a cheque on behalf of the Claremont Legion.

A total of \$720 was raised by the North Pickering branch of the Canadian Cancer Society at a flea market in Claremont Park. Thanks go out to organizers Willard and Marion Peddie.

Claremont Golden Age Euchre Club dates: June 16, a bus will leave at 8:45 a.m. for Sara Lee and Black Creek Pioneer Village; June 19 will be a chicken dinner; July 24, it's off to Woodbine Race Track. Regular euchres are held Tuesdays at the clubhouse at 8 p.m.

An open house to honor the 50th birthday of Mrs. Frank MacRae, formerly of Cherrywood,

now of Pickering Village, will be held at the Senior Citizens Centre, Park Rd., in North Pickering, June 22, from 2 to 4 p.m.

Happy third birthday to Lindsay Graham, daughter of Mr. and Mrs. Allen Graham.

Dorothy Middleton spent a few days visiting Anna Johnson at Kitchener.

Edward Falkenberg, R.R. 2, Claremont, attended the recent International Conference on the Art of Sculpture in Washington, D.C.

Rosemary Timms attended the 50th reunion of the Maltby-Cunningham clan in Guelph.

## Private club

By Elsie Boland  
GOODWOOD — A private club called "Fridays" has been organized at Goodwood with members, now close to 100, coming from a wide area. The group, that includes couples as well as singles, meets the second Friday of each month at 9 p.m., in the Goodwood Community Hall. The president is Pat Thornton. The next get-together is this Friday (June 13). The guest attraction will be a professional belly dancer by the name of Sabra Samar. "Fantastic", Pat calls her. In July, a disco dance champion will take over the spotlight with a square dance planned for August. The club was

established last fall and is still open to new people. Rick Fleming is the new president of the Couples Club. The vice-president is Charlie Taylor. Last week, Elsie Boland, on behalf of the members, presented the immediate Past President, Garth Hanna with a pin, expressing the Club's appreciation for his energetic work. Garth remains a member of the executive.

Sat., June 21 is certain to be a "fun day" at Goodwood, with activities planned for young and old. At night, a dance will be held on the parking lot in the park. The event is being co-sponsored by the Park Board and the Couples Club.



### Tree-planting project underway

Town Council, working in co-operation with the Stouffville Lions Club, is covering the cost of a tree-planting project along a section of Main Street. In total, 44 maples, lindens and locusts have been purchased. Here, Mike Hoskin (left) and Larry VanDyke of Richmond Hill Tree Service, plant the first maple at the corner of Main and Lloyd Streets.

Jim Holt

## Quilt Sale

# Sets record

By Evelyn Milled  
GORMLEY — The total return is now in following the quilt sale at New Hamburg—\$101,000, which is \$30,000 more than receipts in '79.

Congratulations to Mr. and Mrs. Frank Bennett, married forty years, June 12. Over eighty relatives and friends were guests at an anniversary dinner, Saturday at Heise Hill Church.

Mr. and Mrs. Clifford Winger have received word on the safe arrival of their granddaughter, a girl born to Mr. and Mrs. Garry Winger of Three Hills, Alberta.

Rev. and Mrs. James Cober and family attended the Golden Wedding celebrations in honor of his parents, Mr. and Mrs. Irvine Cober of Kitchener.

Mr. and Mrs. Vernon McElroy of Gowanstown were weekend guests of Mr. and Mrs. Harold Wideman.

Mr. and Mrs. Clinton Baker and family of Sauble Beach spent the weekend with Mr. and Mrs. Ray Winger.

Mr. and Mrs. David Bennett and family of Pembroke enjoyed the weekend with Mr. and Mrs. Mark Cullen.

Mrs. Anna Heise of Listowel was a weekend guest of her son-in-law and daughter, Mr. and Mrs. Eldon Smith.

In reporting the sale

of quilts last week at New Hamburg we hadn't heard that the final total for all the quilts sold was \$101,000, which was over \$30,000 more than last year's total. Many other crafts, baking, etc. were also sold.

The Gormley Missionary Church has entered a team in the York County Christian Men's Softball League. Home games are played at Vandorf Park.

The M.Y.F. will meet in the church at 7:30 p.m., Friday. Owen MacRae of West Hill will be the guest speaker at 11 a.m., Sunday, June 15 at the Missionary Church. The Wright Singers will present a musical program at 7:30 p.m.

The annual W.M.S. Mother and Daughter Banquet will be held in the Fellowship Hall of the Missionary Church at 6:30 p.m., Thurs., June 19.

Rev. and Mrs. Marshall Poe, missionaries in Zambia, Africa, will be the guest speakers at 11 a.m., Sunday, June 15 in Heise Hill Church. Rev. and Mrs. Poe are preparing to go to work in Nicaragua, Central America.

The invitations to the fiftieth anniversary of the Gormley Women's Institute are out. If, at any time, you have been associated with the Institute and have not received an invitation, please contact Mrs. Paul Draper at 640-1589.

### YORK PEEL P.C. ASSOCIATION ANNUAL MEETING

JUNE 25, 1980

8:00 P.M.

KING CITY COMMUNITY CENTRE

DOCTOR'S LANE, KING CITY

- Brief reports from present officers
- Election of officers for 1980.
- ADDRESS BY OUR GUEST SPEAKER HONOURABLE FLORA McDONALD, MEMBER OF PARLIAMENT, KINGSTON AND THE ISLANDS.
- Report by our Member of Parliament Sinclair Stevens.

### WHY IS DIANNE FAT?

Dianne is a smart, good-looking woman, age 43. She has raised three children, has many outside activities, and participates in community projects. She likes to entertain, and to spend money on fashionable clothes. But these days, Dianne is avoiding her friends and finding more and more excuses to stay home.

Dianne has gained 25 pounds. She is sick of looking at herself in the mirror, and every once in a while she has to pretend that she doesn't look all that bad. But her reflection is fat. For some time now, Dianne has been saying, "I've got to lose weight." She knows that when she makes up her mind to do it, she can lose the weight anytime.

Well, it's been a year since the weight went on. There is a vacation in the Bahamas staring her in the face, and she is still thinking about going on a diet "soon". She's fat, panic-stricken, and she could lose 25 pounds tomorrow if only...

If only what? Despite the deep dissatisfaction with herself, how can it be that Dianne can't find motivation to lose weight? She has spent 52 weeks dazed, confused, unhappy, and reaching for food, and 52 more of the same are coming up.

You know Dianne. She is your friend or your relative or your mother. Maybe she's you. Two pounds became 25 when Dianne wasn't looking. She doesn't think, in terms of having gained weight. To her, it's more a case of weight having somehow attached itself to her.

Now what? While it is true that the "time has to be right" to lose weight successfully, the right time never seems to come for people like Dianne. Why does she stay fat? Is she waiting for life to get a little easier first? Is it that she doesn't really comprehend what has happened so that it is next to impossible to begin a remedy? Or is it that she hasn't truly grasped that her weight will not look after itself?

Body weight fluctuates. How much it fluctuates depends on how much food is eaten and on how much energy is expended. Dianne is fat because she eats too much of the wrong foods. And she'll stay fat as long as she continues to do so. Unhappily, she will continue to do so. But why?

We have answers for people who come to us for help. But there are so many who never consider losing weight beyond wishing it would disappear. What keeps that wish unfulfilled? Either Dianne is happy being fat or she is not. If she's not happy with it, why does she stay that way? Why does Dianne stay fat? We'd like to hear from you if you are, perhaps, a "Dianne".

If you would like to come in for a free consultation and weigh in with no obligation to join, call or write for the location nearest you. Weight Watchers,

6610 Turner Valley Rd.,  
Mississauga, L5N 2P1  
826-9204

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## Valleyview School

# Music Night

By Mildred McTaggart  
GREENWOOD — Valleyview School gymnasium was filled to capacity for Music Night, June 5. Mr. Lawson led the grade 7 and 8 bands in a program of classical and modern music. Songs and dances were presented by the junior grades. Also on hand was the Cartwright Central Public School band.

The first wedding this year in the old church at the museum, was solemnized on Saturday when Ruth Bryant of Whitby became the bride of Brian Sherwin, Scarborough. The church was decorated with white and mauve lilies. Rev. A. M. Butler conducted the ceremony. Mildred

McTaggart played the wedding music.

The Good Neighbors' Club enjoyed a bus trip to Elora, June 4.

Kenn and Brian McTaggart of Greenwood, participated in a marathon canoe race on the Monquon River near Port Perry, June 7. The boys paddled their canoe, one of 184 entries, 19 miles in four hours and four minutes.

Betty Pegg was presented with a Robert Bateman picture at a teacher's retirement tea in her honor at Claremont, June 3. Many teachers in the area, including four of her former principals, were there.

Mark Maurice Von Roeder, infant son of Mr. and Mrs. Mark Von Roeder of Whitevale, was received into the church by holy baptism. The Von Roeders have bought the Martin residence in Greenwood, and will move there in September.

Mr. and Mrs. Les Wilson, Mr. and Mrs. David Rothnie, Mr. and Mrs. Lamers, and Mr. and Mrs. E. Pegg, were guests at a barbecue Sunday at the home of Mr. and Mrs. Van Helsing. The latter bought the Pegg farm recently and have planted 5,000 to 6,000 maple and ash trees. They are calling it Greenwood Tree Farm.

## Look who's stealing your electricity.



A stove exhaust fan filter clogged with grease and grime makes the fan motor work longer and harder to draw air through. Just soaking the filter in mild soap or detergent will fix this energy waster.

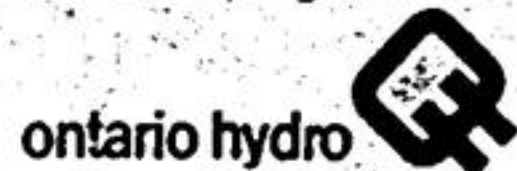
### Use Energy Wisely

Tune-up, clean up. It's simple. Appliances that are clean and well-cared for last longer and use less electricity. Over the long run, you can save money on appliance replacement. And of course, the less energy you waste, the more dollars you save.



Grease and burnt-on food really reduce your oven's efficiency. A clean oven works better and uses less electricity. Opening the oven door too often also wastes valuable heat. If you have a window in the oven door, keeping it see-through clean can clear up the problem.

Don't waste your energy.



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## Portrait of a C.G.A.



Henry Slaby, C.G.A.  
Public Accountant, Henry Slaby & Co., Toronto

More than 25 years in public accounting practice has done nothing to lessen Henry Slaby's enthusiasm for his work. He considers himself a "problem solver" and because the variety of clients he serves is great, the problems he faces are also varied. The firm's business is about 50% auditing, the other 50% being financial services including estate, tax and financial planning. Since establishing the business 18 years ago, Henry has expanded from a one man operation to a business employing eight others. With the increasing complexity of tax and corporate law, Henry has no concerns about his business future; the demand for professional accountants is steadily increasing and Henry Slaby & Co. is thriving.

Henry Slaby is a Certified General Accountant (C.G.A.).



Certified General Accountants Association of Ontario

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