

We reserve the right to limit quantities to normal family requirements!



Prices effective thru Saturday, February 9th, 1980.

ACTION PRICES ARE SPECIAL SAVINGS ALL OVER THE STORE IN Groceries, Frozen, Dairy, Health and Beauty Aids and General Merchandise. You'll get extra savings wherever you see this Action Price sign, every week at A&P.

YOU'LL DO BETTER WITH THESE SUPER BUYS from A&P!

Give N.D.P. a chance

To the Editor:
In about four weeks we will elect a government. Like most Canadians I would have liked it a lot better if this was not necessary. However, after six months of conservative government or rather the absence of a government, I am glad the Canadians have a second chance.
Sinclair Stevens has the advantage of having many old signs around from the last election, of course, the signs as well as the man they advertise are a bit worse for wear. A great many of his constituents are commuters who have to drive their cars to work, for lack of other transportation. So how can their M.P. support a tax based on the amount of gasoline used without any regard to the ability to pay? What makes this tax even more absurd is the fact that it is being used to subsidise mortgage payments, again without regards to income. This means tax collected from a person earning minimum wage can be used to support the mortgage payments of a \$50,000.00 a year executive driving a Company car to work tax free. A large number of voters in this riding are farmers, traditionally those people are conservative. Some where in history Conservative government must have favored the farmer, but certainly not in recent history. I was a dairy farmer in Eastern Ontario during the Diefenbaker era, farmers out west could not sell their grain. Silo's were full and grain was stored in big piles right in the field, for lack of proper storage.
Millions of pounds of butter were going rancid in Montreal because there was no market for it. Imagine my surprise when I read a small article in the local paper announcing the trade of 10 million dollars worth of American farm surplus were being traded for 10 million dollars of Pig lead from B.C. Mining and Smelting.
After many letters and telephone calls I was assured this surplus farm produce would not enter Canada, but would replace Canadian products in South America and Spain.
The real interesting part was the cosy relationship between Mr. Fitzpatrick, President of B.C. Mining and Smelting and Alvin Hamilton, the Ministry of Agriculture. Mr. Fitzpatrick was also President of the Canadian Chamber of Commerce.
A resolution from the Chamber of Commerce was picked up by Alvin Hamilton and "ARDA" was born. ARDA was supposed to stimulate Rural Development, as far as I know some community pastures were developed in Cochrane, but it really never got started. Maybe Mr. Sinclair should look in to this. In my estimate, for every dollar put to work in the Rural Community \$500.00 were spent in Ottawa.
1.6 Billion is being spent by lobbyist in Ottawa, not counting the donation of a swimming pool at 64 Sussex or the financing of expensive memorial libraries.
The farmers are in no position to match the contributions of corporations Banks etc. Their declining numbers and traditional voting gives them very little political power, and so we remain the dumping grounds of surplus farm products. There is one way to change this pattern, if enough farmers would vote N.D.P. to swing a few ridings from the old parties to the New Democrats, they would get a lot more attention next time around.
Parts of the media and some politicians still try to scare people away from Socialism, and try to lump Social Democrats in with the totalitarian kind of Socialism of Eastern Europe. Most countries in Western Europe are Social Democratic governments, including some of the most successful, like West Germany and Sweden.
When you put your X on the ballot give the New Democrats a chance.
Ben Hoogendam
Ingleswood, Ont.

A&P - Fancy TOMATO JUICE
48-fl-oz tin
59¢
Stock Up Now!

BUY 2 SAVE 31¢
Jane Parker - Sliced 60% or 100% Whole Wheat or Cracked Wheat
BROWN BREAD
24-oz loaf
2 for 99¢
(Our Regular Price 65c each)

SAVE 30¢
From Concentrate
A&P APPLE JUICE
48-fl-oz tin
59¢
(Our Regular Price 89c)

THE FARM at A&P!
Florida, Sweet, Juicy, Easy to Peel
TEMPLE ORANGES
each **8¢**
SAVE ON FAMILY PACK BAG OF **24 for 1.89**

SAVE 28¢
Deluxe II or Country Recipe (Pudding Added) Assorted Varieties
DUNCAN HINES CAKE MIXES
18.5-oz pkg
79¢
(Our Regular Price 1.07)

The Butcher Shop with supermarket prices.
SAVE 70¢ lb
Smoked, Cooked - Whole, 16 to 19-lb Average
HAMS lb 89¢
Our Regular Price lb 1.59
Shank Portion lb 1.09 Butt Portion lb 1.19
(NO CENTRE SLICES REMOVED)
Shank Half lb 1.19 Butt Half lb 1.29 Centre Cuts or Ham Steaks lb 1.79
Combination Pack
PORK LOIN CHOPS **SAVE 50¢ lb 1.19**
Our Regular Price lb 1.69
CONTAINS: 2 Rib End 2 Loin End 4 Centre Cut
Pork Loin Roasts
Rib Portion lb 1.19 Tenderloin Portion lb 1.29 3 to 3 1/2-lb Cut Centre Cut Loin lb 1.59
Rib Portion lb 1.39
Boneless Centre Cut lb 2.19
Spare Ribs Pork Side lb 1.39
Wiener's 1-lb vac pac 1.39
Bologna 1-lb vac pac 1.49
Sausage Italian Style lb 1.29
Fish Cakes 24-oz pkg 1.29
Cod Fillets lb 1.49

COME VISIT THE FARM at A&P
FOR FRESHNESS AND SAVINGS!
Florida, Indian River
LARGE SIZE, PINK GRAPEFRUIT
3 for 1.00
NO. 1 GRADE, FLORIDA, CRISP, LARGE SIZE
Celery Stalks bunch 59¢
TEXAS, PACKED FRESH DAILY
Spinach 10-oz pkg 69¢
CANADA FANCY, ONTARIO, RED, CRISP 5-LB BAG
Delicious Apples 1.89
NO. 1 GRADE, IMPORTED, CRISP, GREEN SLICERS
Cucumbers 2 for 69¢
NO. 1 GRADE, IMPORTED, LARGE, SWEET
Spanish Onions lb 39¢
MEXICAN, YOUNG, TENDER
Zucchini Squash lb 49¢
CALIFORNIA, EXCELLENT IN FRUIT SALAD
Kiwi Fruit 3 for 1.00
PACKED FRESH DAILY
Cole Slaw 8-oz pkg 2 for 99¢

SAVE 24¢
Carnation - Instant
COFFEE-MATE
16-oz jar
1.49
(Our Regular Price 1.73)

"THE CLASSICS" created by Hearthside Hand Painted Stoneware
CHOOSE FROM 3 PATTERNS
THIS WEEK'S FEATURE
CUP 99¢
with each \$5.00 purchase ONLY
THIS SCHEDULE WILL BE REPEATED

Stock Up Now!
SAVE 36¢
Assorted Varieties 14-fl-oz tin Orange Pekoe Our Reg. Price 2.05 pkg of 60
GREEN GIANT VEGETABLES 2 for 89¢
CONTAINS RICH BRAZILIAN COFFEES - INSTANT 10-oz JAR
8 O'Clock Coffee 4.99
JANE PARKER
Wiener Rolls pkg of 8 3 for 1.49
ASSORTED, PLAIN OR DECORATED
Scot Towels pkg of 2 rolls 1.09
PURE VEGETABLE
Unico Oil 1 litre btl 1.99
LIQUID 1 LITRE PLASTIC BTL
Wisk Detergent 1.99
FULL COURSE 4 kg BAG
Gaines Dog Dinner 4.39
ASSORTED VARIETIES
Romi Pastas 2-lb pkg 89¢
WITH PORK IN TOMATO SAUCE
Clark Beans 19-fl-oz tin 59¢
WHITE OR PINK
Dove Soap twin pack of 100 g bars 89¢
KRAFT - PROCESS
Cheez Whiz 500 g jar 1.99
JANE PARKER - SLICED
Raisin Bread 16-oz loaf 79¢
KRAFT SALAD DRESSING
Miracle Whip 1 litre jar 1.49

Assorted Colours
KLEENEX FACIAL TISSUE
box of 200 sheets
69¢
Stock Up Now!

POWDERED
All Detergent 6 litre box 6.99
ASSORTED VARIETIES
Clark Stews 24-fl-oz tin 1.49
WHITE LABEL - 100% VEGETABLE OIL ACTION PRICE!
Soft Margarine 1-lb tub 59¢
A&P SUNBAUX, ORANGE POLY PKG OF 2 - 6.5-OZ ENVS
Flavour Crystals 69¢

ALL PURPOSE COFFEE 1-LB BAG
Maxwell House 3.99
ASSORTED VARIETIES ACTION PRICE!
Quaker Oats 900 g pkg 89¢
QUAKER - ASSORTED VARIETIES ACTION PRICE! 200 g PKG
Harvest Crunch Bars 1.19
REGULAR OR ONLY ACTION PRICE! 200 ml PLASTIC BTL
Ultra Max Shampoo 99¢

A&P STOUFFVILLE - 399 MAIN ST. W.

OPEN TILL 9 P.M. WED., THURS. & FRI.