

We reserve the right to limit quantities to normal family requirements!



All prices effective thru Saturday, October 13th, 1979
WE REDEEM ALL FOOD STORE COUPONS!

Loto Canada, Provincial & Wintario tickets available at A&P Food Stores!



Purchase your Argo tickets at A&P!

Tickets for
WINNIPEG - ARGO GAME
Saturday, October 13th.
NOW ON SALE

With any \$5.00 purchase only

Available until closing time Friday, October 12th.
Tickets available at A&P Stores, City of Toronto and Suburbs (while supply lasts).

99¢ each

SAVE UP TO 70¢

ALL POPULAR CANADIAN BRANDS
CIGARETTES

Limit 2 cartons per family, with a minimum \$10.00 purchase excluding this product carton

7³⁹

Our Reg. Price Regular Size 7.99
Our Reg. Price King Size \$8.09

SAVE 40¢

Pure
MARTINS APPLE JUICE
48-fl-oz tin

59¢

Our Regular Price 99¢

SAVE 16¢

A&P - Fancy
TOMATO JUICE
48-fl-oz tin

59¢

Our Regular Price 75¢

Action Price!

Powdered
ABC DETERGENT
12 litre box

3⁹⁹

Action Price!

Pieces & stems
ANN PAGE MUSHROOMS
10-fl-oz tin

59¢

SAVE 47¢ lb

Our Regular Price lb 1.86

The Butcher Shop
with supermarket prices.

Loin
PORK CHOPS
Combination pack contains:
2 Rib End
2 Loin End
4 Centre Cut

1.39 lb

Roast or Chops (Country Style)
CENTRE CUT PORK LOIN lb 1.89
PORK LOIN RIB PORTION lb 1.59

YOU'LL DO better AT ...

THE FARM
at A&P
The pick of the Apple Orchard!

Canada Extra Fancy, Washington, Red & Golden

DELICIOUS APPLES
lb **58¢**

Save on 5 lb family pack vegar bags **2.79**

SAVE 20¢

A&P, Assorted Varieties including
CHOC. CHIP COOKIES
450 g tin tie bag

99¢

Our Regular Price 1.19

Cut from Canada Grade "A" Beef

BONELESS BEEF ROASTS

Round Roast Outside Cut Eye Removed **lb 2.49**
Rump Sirloin Tip Inside Cut Round Roast **lb 2.79**

Mary Miles, Vac Pac **BOLOGNA CHUB lb 99¢**
Premium **SWIFT WIENERS 1-lb vac pac 1.39**

PRIDE OF CANADA, SLICED, 6-OZ VAC PAC **Cooked Ham 1.19**
A&P, OR MARY MILES, SLICED, 1-lb vac pac **Side Bacon 1.49**

BREAKFAST **Burns Sausages lb 1.19**
SWIFT **Sizzlean 12-oz pkg 1.49**
MARY MILES, HOT OR SWEET **Sausage Italian Style lb 1.19**

MARY MILES, SLICED, ASSORTED VARIETIES, 16-OZ VAC PAC **Cooked Meats 1.69**
SHOPYS - COLE SLAW OR, 24-OZ CARTON **Potato Salad 1.09**
SCHNEIDERS, SLICED, ASSORTED VARIETIES, 1-lb vac pac **Bologna 1.59**
BLUE WATER, FROZEN, 10-OZ PKG **Haddock & Chips 1.13**
SEABUOY, FROZEN, BATTERED **Boston Blue Fish lb 1.73**

No. 1 Grade, large, firm, fresh daily
ONTARIO CABBAGE each 33¢

No. 1 Grade, Ontario, Yellow
COOKING ONIONS 5 lb bag 68¢

California, tender
FRESH BROCCOLI bunch 88¢

NO. 1 GRADE, ONT., HARVEST FRESH, TENDER, SWEET
Carrots 5-lb cello bag 78¢

NO. 1 GRADE, ONTARIO, WAXED
Rutabagas lb 18¢

NO. 1 GRADE, ONTARIO
Potatoes 20-lb bag 1.39

NAVONA
Fine Crystal Stemware
Imported from Italy!

This Week's Feature!
13-OZ DOUBLE ON THE ROCKS **79¢** each

No other purchase required.

SNACK CRACKERS 300 g box **69¢** (Action Price)

ORANGE JUICE 12.5-fl-oz tin **69¢** (Action Price)

PALMOLIVE LIQUID 24-fl-oz bottle **99¢** (Action Price)

LIBBY'S BEANS 19-fl-oz tin **59¢** (Action Price)

Primo Pastas 2-lb pkg **89¢** (Action Price)

Primo Lasagna 1-lb pkg **79¢** (Action Price)

Brown Bread 24-oz loaf 2 for **1.09** (Action Price)

Potato Chips 250 g pkg **99¢** (Action Price)

English Muffins pkg of 6 **69¢** (Action Price)

Quaker Oatmeal 9-oz pkg **79¢** (Action Price)

Hot Chocolate pkg of 10 - 28g envs **1.29** (Action Price)

Savarin Dinners 11-oz pkg **99¢** (Action Price)

Monarch Flour 2.5 kg bag **1.19** (Action Price)

Gaines Dog Food 4 kg bag **4.19** (Action Price)

BEVERAGES (PLUS 25¢ BTL DEPOSIT) **35¢** (Action Price)

FRUIT BOTTOM YOGURT 175 g tub **3 for 1.00** (Action Price)

1-Ply, Assorted Colours, pkg of 4 rolls
SWAN'S DOWN BATHROOM TISSUE 1.09

Margarine, 3-lb pkg
BLUE BONNET 1.99 (Action Price)

PRIMO, 5.5-fl-oz tin 3 for
Tomato Paste 89¢ (Action Price)

A&P WITH THIS COUPON 2.00 OFF THE REGULAR PRICE OF A&P-Cut from Canada Grade "A" Beef Strip Loin Steaks

box of 8-8-oz steaks
Limit one per family
Valid thru Saturday, October 13th, 1979. A&P # 643

"Great Debate"

(Cont'd from Page 1)

Municipal Act. He said any voter who feels he's not getting good value for his money; can register that opinion at the next election. "Most of us wouldn't want the job at any price," he said. He noted that old age pensions are increased regularly. "Are any of you opposed to that?" he asked.

In opposing the practice, Doug Bacon said every candidate knows what the position pays when he allows his name to stand for nomination and should therefore govern himself accordingly. "Their next step will be to vote themselves a pension when they're defeated like the federal level," he stated. Taxes, he said, are continually going up and increased stipends contribute to this. "An eight percent raise may be alright," he said, "but none of this fifty percent stuff".

The audience agreed. Alma Johnson supported corporal punishment but only as "a last resort". She claimed that when firm discipline is applied in the home, it won't likely be needed at school. "But when reasoning and persuasion fails, then it becomes necessary. The proper punishment, at the proper time and in the proper place can save a lot of misery later," she said. And the audience agreed. However, Margaret Hosie boosted her vote count from 11 to 22 by telling her listeners that alternatives to physical and mental pain must be found. "The strap's not the message that's needed," she said. She claimed that behind every action there's a reason. "Please find that reason before you punish anyone in such a manner," she pleaded.

Writing contest

A talented high school student in this area could earn \$1,000 in Canada's most prestigious student writing contest, Denman Sinclair, Public Relations contact at The Permanent announced this week. A total of \$10,000 will be shared by other talented young writers from coast to coast in the 13th Annual Student Writing Contest which is sponsored by The Permanent.

The judges will be making major cash awards to the three best writers in each province of \$500, \$300 and \$100 respectively.

Deadline for submission of entries to The Permanent's head office in Toronto is Dec. 15, 1979. Winners will be announced in March.

Color tours

By JENNIE JOHNSON

GLEN MAJOR is all aglow in autumn colors. Visitors, many from Toronto, are finding it a delight to drive through the area on weekends.

The annual Harvest Home Service in Pine Grove Church, Sept. 30, was well attended. The next special worship is the carol service in December.

Mr. and Mrs. Norm Faulkner and Melissa were recent Sunday dinner guests with Mrs. Ralph Faulkner.

Recent weekend guests with Mrs. Clinton Neville were - Mrs. J. Ireton, Mrs. H. Cauthra, Mrs. M. McGann and Mrs. Arthur Atkinson, all of Toronto.

Mr. Herbert Simmonds enjoyed dinner, last week, with Mr. and Mrs. Peter Cullen and enjoyed a visit with his sister, Mrs. Wm. Sturgess, of Winnipeg, Manitoba.

Mrs. Edgar Johnson enjoyed Sunday evening dinner with Mr. and Mrs. Frank Moore when they entertained cousins, Mr. and Mrs. Clifford Paul of Calgary and Mr. and Mrs. Gordon Siddall of Toronto.

Mr. and Mrs. Brian Hingston were guests at the Fombourne-Calladine wedding, Sept. 26.

Mrs. Ross Parrott was the guest soloist at the anniversary service in Udon.