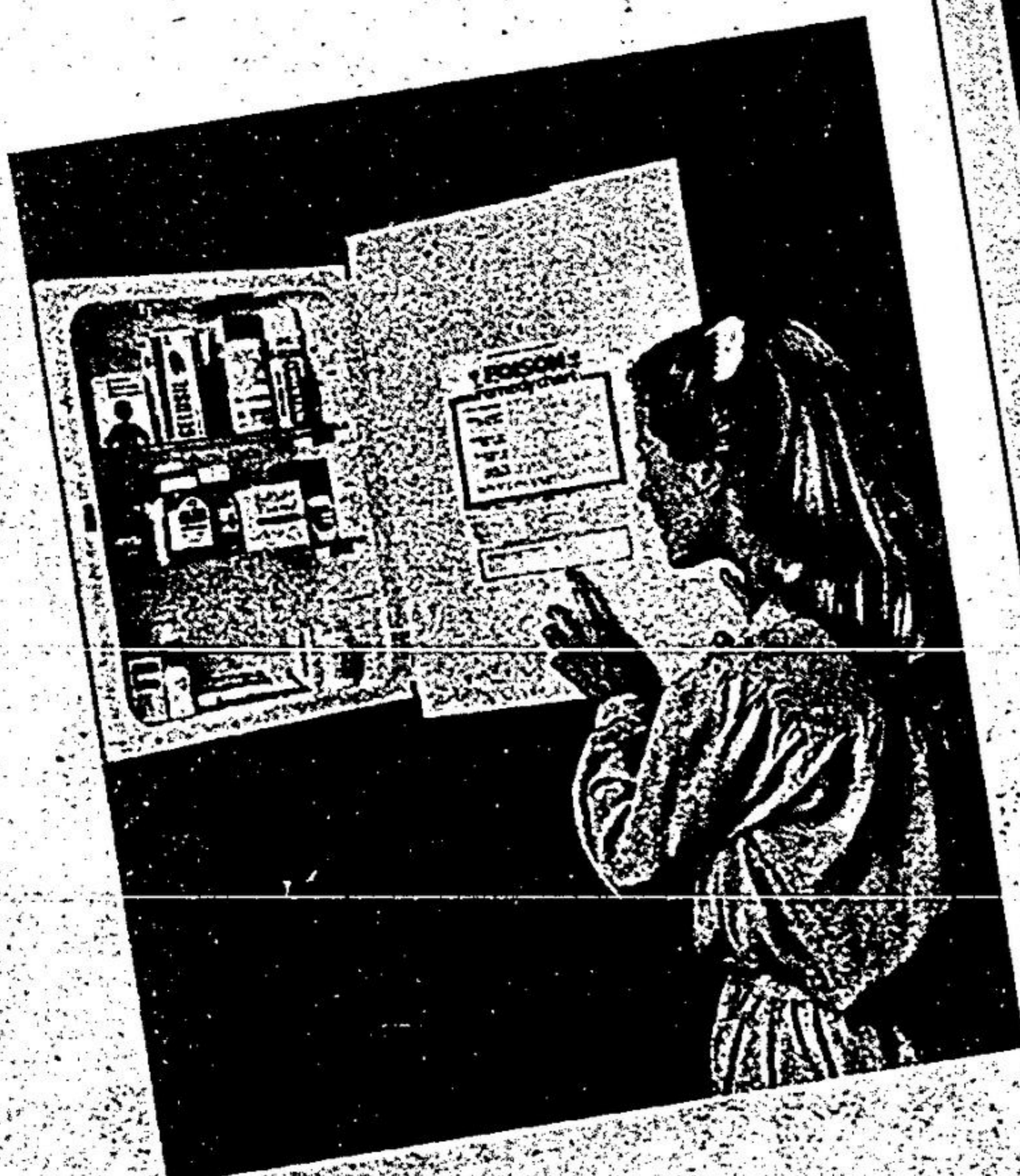


# SHOPPERS DRUG MART

# GET YOUR POISON remedy FREE POISON remedy chart

Pick up your free poison remedy chart at the dispensary counter. This handy reference chart has self adhesive strips for fastening in a convenient location ie. inside medicine cabinet, over sink in kitchen, by the telephone.



SHOPPERS DRUG MART



## POISON remedy chart

TYPE OF POISONING	WHAT TO DO
<b>SWALLOWED POISONS</b>	If the person is awake and able to swallow, give milk or water only. Then call the poison center or doctor. <b>Caution:</b> Antidote labels on products and antidote charts may be out of date and incorrect. <b>DO NOT</b> give salt, vinegar, or citrus fruit juices.
<b>POISONS ON THE SKIN</b>	Remove any affected clothing. Flood involved parts with water, wash with soap and water, and rinse. Then call the poison center or doctor.
<b>POISONS IN THE EYE</b>	Flood the eye with lukewarm (never hot) water, poured from a pitcher held 3-4 inches from the eye for 15 minutes. Then call the poison center or MD.
<b>INHALED POISONS</b>	Immediately, carry or drag the person to fresh air and give mouth-to-mouth resuscitation if necessary. Ventilate the area. Then call poison center or MD.

Always keep on hand syrup of ipecac, which induces vomiting, and epsom salts, which acts as a laxative. Do not use either one unless instructed to do so by the poison center or your doctor, and follow their directions for use.

### SOME COMMON SUBSTANCES & POSSIBLE SYMPTOMS OF OVERDOSE

The following list is designed to make you aware of some of the potentially toxic substances in the environment. Always call for assistance immediately after a person exposure. NEVER use antid symptoms.

- MEDICINES**  
 Acetaminophen - sweating, dizziness  
 Amphetamines - hyperactivity, insomnia, convulsions  
 Anticholinergics - allergic reaction, such as swelling, skin eruptions  
 Barbiturates - drowsiness, shock  
 Benzodiazepines - coma, convulsions, hallucinations, heart irregularities  
 Bicyclic antidepressants (tricyclics) - coma  
 Antidepressants - hallucinations, agitation, convulsions, coma, fever  
 Aspirin - loss of breathing, rigidity in neck, shock, sweating, fever, convulsions

- CLEANING PRODUCTS**  
 Ammonia, bleach, disinfectant, drain cleaners, floor  
 wax, floor polish - irritation of chemical burns in mouth and esophagus  
 Bleach mixed with other cleaners - burning irritation, coughing  
 Furniture polish - coughing, sleepiness  
 Laundry detergent, soaps - vomiting and/or diarrhea  
**GARAGE & GARDEN PRODUCTS**  
 Acids, adhesives - chemical burns

- PERSONAL PRODUCTS**  
 Hair polish remover - irritation and dryness inside mouth and esophagus  
 Perfume, aftershave, mouthwashes, rubbing alcohol - irritation  
 Shampoo, hair lotions - vomiting and/or diarrhea  
**PLANTS**  
 There are thousands of poisonous plants. The poison control center should always be called if any plant is suspected. Always call poison control center if it is thought a bathroom may have been

**UNKNOWN POISONS: Call the poison center or doctor immediately.**

EMERGENCY PHONE NUMBERS	POLICE
POISON CONTROL CENTER	HOSPITAL
PHYSICIAN	AMBULANCE
PHARMACIST	FIRE

QUANTITIES LIMITED... SHOP EARLY