



FOR COMPETITIVE PRICES

EARLY WEEK SPECIALS!

CASE LOT SPECIALS

Monday Special Only!
 Sept. 10th
2 LBS. Reg. Ground Beef
\$1.00
 2 LBS. Save \$2.96
 Reg. Price \$1.98 LB.
 With Every \$10.00 Order

CUT FROM CANADA GRADE A BEEF BONELESS, OUTSIDE CUT
Round Steak Roasts
\$1.98 LB.

MAPLE LEAF SWEET PICKLED Cottage Rolls
\$1.18 LB.

CUT FROM CANADA GRADE A BEEF
Sirloin Steaks
\$2.65 LB.

SWIFT'S PREMIUM, SLICED Side Bacon 1-LB. PKG. **\$1.49**

SWIFT'S PREMIUM Wieners 1-LB. PKG. **\$1.39**

SWIFT'S PREMIUM Pork Sausages 1-LB. PKG. **\$1.65**

SWIFT'S PREMIUM, SLICED Cooked Ham 6-OZ. PKG. **\$1.19**

MARY MILES, BY THE PIECE Bologna LB. **89¢**

SHOPPY'S Potato Salad or Cole Slaw 12-OZ. TUB **69¢**

SWIFT'S PREMIUM SIZZLEAN Smoked Pork Slices 12-OZ. PKG. **\$1.59**

SAVARIN, FROZEN, STORE PACKED Chicken Cutlets LB. **98¢**

WHITE SWAN PAPER TOWELS
\$8.00 1/2 Case of 9
\$17.82 Case of 18
 Save \$3.60
 Per Case

Tuesday Special Only!
 Sept. 11 Only!
1 LB. TUB IGA MARGARINE
10¢ LB.
 Regular 79¢ (Save 69¢)
 With Every \$10.00 Order

PAMPER CAT FOOD
\$6.00 Case of 24
\$3.25 Case of 12
 Save \$1.92

Look for these cards!

Take advantage of these many supplier reductions through out the store. The expiry date appears on each card.

POWDERED SURF DETERGENT
 OUR REGULAR PRICE ~~2.58~~
SPECIAL \$2.35
 OFFER EXPIRES SEPT. 8, 1979

PRODUCE OF U.S.A. Green Seedless Grapes
69¢ LB.

ONTARIO GROWN CANADA NO. 1 GRADE Field Tomatoes
\$1.49 4-QUART BASKET

ONTARIO GROWN CANADA NO. 1 GRADE Cauliflower EA. **69¢**

ONTARIO GROWN CANADA NO. 1 GRADE Celery Stalks 3 FOR **99¢**

ONTARIO NO. 1 GRADE "SWEET" Green Peppers 3 LBS. **99¢**

ONTARIO GROWN CANADA NO. 1 GRADE Cabbage 3 FOR **99¢**

ONTARIO GROWN Pepper Squash 3 FOR **99¢**

GARBAGE BAGS
 20 pkg. of 10's
19.99 Case of 20
\$10.00 1/2 Case of 10
 GUARANTEED AS GOOD AS or Better than GLAD
 Reg. \$27.99 a Case
 Save \$17.99

TOPAZ OR FOUR STAR Mushrooms Pieces & Stems 10-FL. OZ. TIN **59¢**

DUNCAN HINES ASSORTED VARIETIES Deluxe II Cake Mixes 18 1/2-OZ. BOX **79¢**

GRANULATED, FINE White Sugar 2 kg BAG **88¢**

SUNQUEEZE FROZEN, CONCENTRATED Orange Juice 12 1/2-FL. OZ. TIN **49¢**

KLEENEX, ASSORTED COLORS Facial Tissue BOX OF 200 **59¢**

STAR-KIST Flaked White Tuna 6 1/2-OZ. TIN **\$1.29**

CLIP AND SAVE

NABOB, TRADITION 1-LB. VACUUM PACK BAG
Coffee \$2.99
 REGULAR OR FINE GRIND

ONLY 1 COUPON FOR EACH BAG PURCHASED
 COUPON VALID UNTIL CLOSING SAT., SEPT. 8, 1979
 ONLY AT IGA STORES
 FEATURE PRICE \$3.44 WITHOUT THIS COUPON

REALMON, FLAVORED POLY BAG OF Lemonade Crystals PKGS. **79¢**

IGA Choice Tomatoes 13-FL. OZ. TIN **49¢**

Zip Dog Food 4 1 1/2-OZ. TINS **\$1.49**

KELLOGG'S Corn Flakes 675 g BOX **99¢**

MFG. 7-OFF LABEL DEMPSTERS 100% Whole Wheat Bread 24-OZ. LOAF **59¢**

ROWNTREE, SMARTIES, AERO, COFFEE CRISP OR KIT KAT PKG. OF 4 REG. SIZE BARS **89¢**

LIQUID CLEANER Mr. Clean 32-FL. OZ. PLST. BTL. **\$1.39**

JAVEX Scrub & Shine 250 mL PLST. BTL. **89¢**

CLEANSER Spic & Span 1 L BOX **\$1.49**

LIQUID REFILL Windex 900 mL PLST. BTL. **89¢**

PRICES EFFECTIVE WED., SEPT. 5 TO SAT., SEPT. 8, 1979. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

Listerine Mouthwash 500 mL PLST. BTL. **\$1.59**

JOHNSON'S Baby Shampoo 350 mL PLST. BTL. **\$1.79**

PRINTELLE ASSORTED FRAGRANCES Shampoo 1.35 L PLST. BTL. **\$1.89**

SYLVANIA, 40, 60 OR 100 WATT Frosted Light Bulbs PKG. OF 2 **69¢**

AIR CARE, ASSORTED FRAGRANCES Solid Air Fresheners 7-OZ. PKG. **69¢**

MCLEAN, OVEN CRISP FANCY, FROZEN French Fries 2-LB. POLY BAG **69¢**

DIGESTIVE, ARROWROOT, SHORTCAKE OR NICE Peek Frean Biscuits 400 g TO 15-OZ. PKGS. **99¢**

ASSORTED FLAVORS IGA Fruit Drinks 48-FL. OZ. TIN **49¢**

KLEENEX, BOUTIQUE Paper Towels PKG. OF 2 ROLLS **99¢**

BEEF, IRISH OR MEATBALL Puritan Stews 24-OZ. TIN **\$1.49**

ASSORTED FLAVORS Laura Secord Puddings SLEEVE OF 4x5-FL. OZ. TINS **\$1.09**

100% PURE VEGETABLE OIL IMPERIAL Sof-Spread Margarine 1-LB. TUB **89¢**