



The Tribune

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Editorials

Activity day valuable

Most parents want their children to have the best education possible — they want them to have all the opportunities they may have missed, in order that they may lead fuller, richer lives.

It seems rather ironic then, that some parents complain long and loud when the school does set out to broaden their child's perspective.

Last week SDSS sponsored a one-day program designed to encourage youngsters to learn new skills, acquire new interests and, incidentally, learn to see their teachers in a new light.

The program, appropriately called 'Activity Day', offered students a wide range of things to try. They could sign up for weight training, roller skating, music workshops, museum and gallery tours, chess, a zoo trip, euchre, a tour of the Science Centre, macrame, discussion groups and many more. Just reading the list of possibilities may

have weaned some of the kids away from the TV set.

Now some may argue that this sort of thing has no place in the schools — after all the kids could pursue most of these activities after school and on weekends. That may be true, but it's hardly realistic. Teenagers are a clannish lot — they go along with the crowd and do what everyone else is doing (usually nothing) for fear of being singled out. We have yet to see one of them organize a group to go to the art gallery or to learn to ski.

Using leisure time constructively is something few people know how to do. Most of us simply fill up spare hours watching TV, although the ever shortening work week leaves us with more free hours than ever before.

Learning to use this time to best advantage is a skill just as important as calculus and may ultimately prove much more meaningful to the individual.

Town groups deserve praise

The town's recreation representatives should be applauded for their efforts at last week's committee budget meeting.

For the most part these groups came to the committee with very reasonable requests, which reflected their efforts to try to control spending.

The most successful group in this area was the soccer league, now in its second year. Their request was almost \$2,000 less than last year, a remarkable achievement that shouldn't go unnoticed. Part of this decrease is due to the inclusion of sponsorships, and also from the desire of the group to be totally self-supporting in the next few years. And the way they are going it does not seem to be an unreasonable achievement for this hard working group. They should be commended for the tremendous effort and professionalism they have brought to the town.

However, with soccer's good news came the bad news from the arena groups. Ice fees are going up quite a bit this year, and through no fault of theirs, the budgets were all up. Again, though, these groups have seen the need to constrain themselves, for without the seven per cent increase in ice fees all hockey and skating budgets would have been down from last year.

So, overall the groups have tried their best to keep spending to a minimum. And the committee did recognize these efforts and commented on how smoothly the meeting went, something quite rare for any budget meeting. And possibly the biggest news from the meeting is that the town may get a citizens band, something that is definitely needed here. We wholeheartedly support this project and feel the \$3,000 needed for the group would be money well spent.

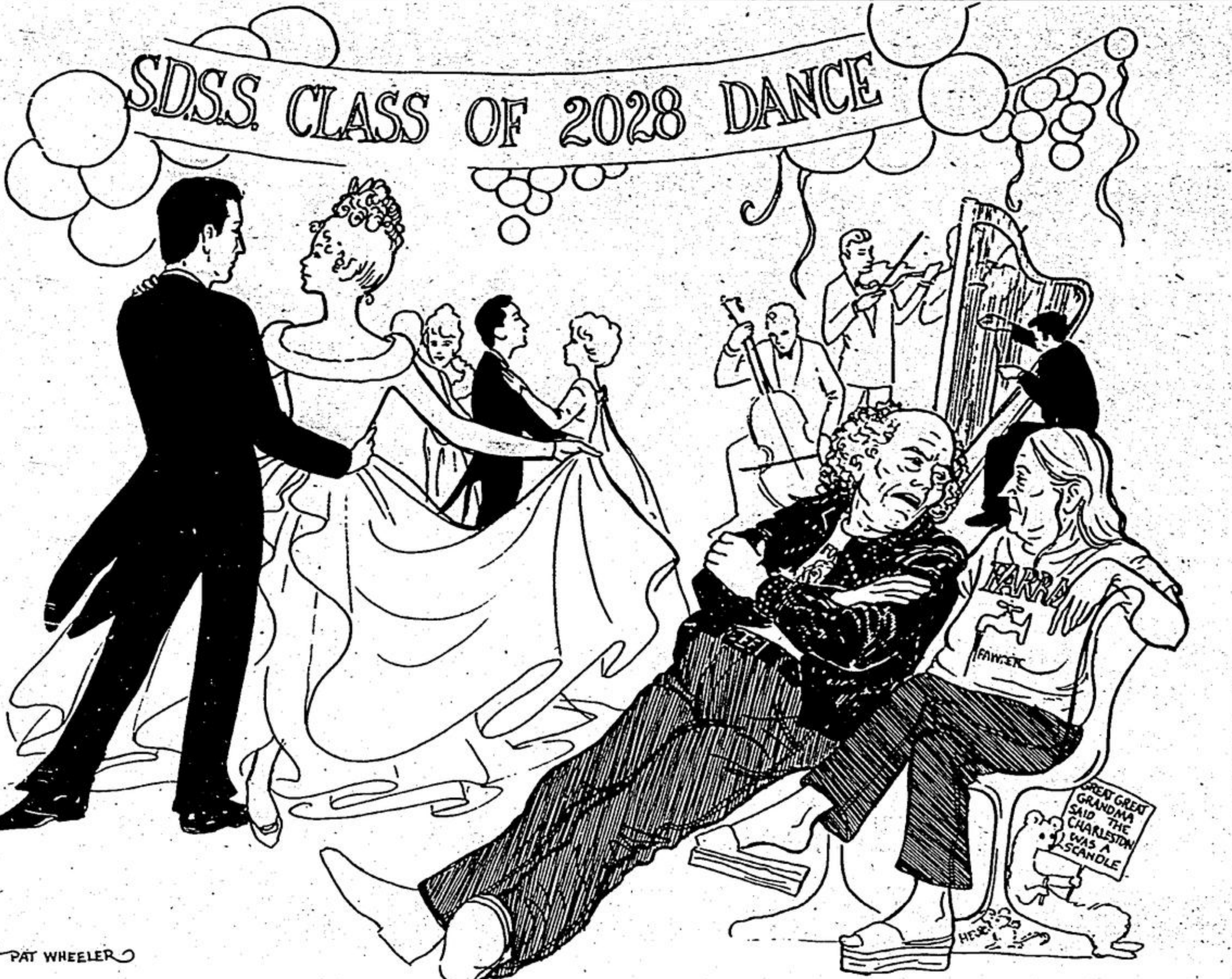
30 years ago this week

Excerpts from the March 4, 1948 issue of The Tribune.

Long life light
 Mr. E.R. Good has a hydro bulb in his home that he has had in use for 26 years, and which probably constitutes a record for long service. Normally, the life of a bulb is much shorter, since if they do not burn out, some kind of disaster overtakes them before a quarter century rolls around. An electric bulb that gets any amount of usage at all would naturally burn out, or give off a red light that would indicate it should be discarded, since it would consume more current than a new bulb.

unnecessary over-size of the average motor car
 The Financial Post comes along with a timely editorial. It occurred to us that for some time the average car is unnecessarily large and roomy. Half the car drivers never use the rear seat at all, yet they feel they must have it for the odd time they use it.

Now with a certain ban on big U.S. cars because of shortage of American dollars, the Post wonders if we Canadians will go for smaller models, which may come from Britain. Says the Post: "A great many Canadians are making pretty sour remarks about the trend in North American car styles. Streets get more and more clogged with traffic, yet cars get wider and wider."



How disgusting, this type of music is eroding the morals of the younger generation. They should be taught to enjoy good music like the The Bay City Rollers, Kiss, Alice Cooper.....



LIVING naturally

Start your seedlings now

By Kathleen O'Bannon

This is the time of the year when everybody is starting to think of spring and especially of gardening. It is the time to start seedlings for your garden. If you have a window with a southern exposure you can begin.

It's very simple to do this. All you need is flower pots, or flats, earth, plastic bags or wrap, and the seeds. The method is simple. Soak the large seeds overnight in separate containers. Sterilize the earth by putting it in the oven for 20 minutes at 250 degrees F. If you have any crushed dried egg shells mix them in after it is sterilized. Fill the pots or flats 3/4ths full with the earth, dampen it down so that all the earth is soaked. The earth should not be too tightly packed, if it doesn't contain enough humus or organic vegetation it will not be able to breathe or drain properly. Add some sand or well rotted vegetation or manure to give life to the soil.

Generally I save the little flats from year to year. They are the paper ones that are about 6 x 2 inches. For this size plant eight to 10 seeds evenly spaced in rows. Cover the seeds with more soil and carefully dampen down the top of the seeds and soil. If you are using flower pots make sure that there will be good drainage through the bottom so that the seeds don't rot. Place a stone or piece of broken pot in the hole to keep the soil from running out.

Put the flats or pots in a plastic bag and

seal them up with a twist tie. Or cover the flats or pots with a piece of plastic wrap. Voila! You have your own mini greenhouses. Place them in the window until the seeds start to send up sprouts. At that point remove the plastic and treat them like any other plant making sure that they have some water each day, but not so much that they drown or grow too fast.

After the seeds sprout, if they are tall and stringy, then they either need less water or more sun light. In this way you can sprout your own vegetable and flower plants to be ready to plant in the garden after Victoria Day.

This is suited to tomatoes, peppers, cabbage, cauliflower, broccoli, brussels sprouts, egg plant, squash, melons, marigolds, asters, cosmoses, sunflowers, head and leaf lettuce, romaine, cukes, corn, and some people even start beets, carrots, onions, leeks. I guess the list is endless. Squash is very fragile when you transplant it so it is best to start only three or four seeds in each pot so that the weak ones can be removed and only two or three planted in hills.

After the seeds are sprouted and you have little plants growing weed out the weak ones or the extra ones so that there are only six in each flat of the size mentioned above. Allow enough room for the plants to grow, and to be removed from the box or pot without destroying the entire root system.

So far this information is just the standard information on starting seedlings. What makes this natural is the use of only natural composting matter or fertilizers and untreated seeds. Untreated seeds are necessary if you want to have healthy and natural plants. Plants receive their nourishment and

messages for growth from the seeds, this is why untreated seeds are so important for natural gardening. And besides any leftover seeds can be made into sprouts if you are using untreated seeds. Lettuce, radish, carrot, beansprouts are great in salads.

There are a few places where you can get untreated seeds. I understand that Stokes have some. William Dam in West Flamboro, Ontario have many. This is down past Hamilton. We are lucky to have Otto Richter and Sons right here in Goodwood. All their seeds are untreated. They specialize in herbs and rare plants and seeds as well as the more common ones. I can recommend the Swedish branching spinach very highly. It makes a small plant that spreads to a foot across in the height of the summer, is heat and wilt resistant. But best of all you can just keep on cutting off the end leaves and the plants just keep growing all summer long. You only need to have three or four plants to keep a family of four in spinach all summer. It freezes well and can be grown in the winter in the window as an edible house plant.

If you have any questions about seeds, planting, herbs or just about anything, concerning gardening, Mrs. Richter is right there willing to answer questions. Some days she talks all day long non-stop about plants, seeds, and herbs and loves every minute of it. Each year she gets in many new varieties of seeds and herbs so it is always a treat to go there. They are open from 8:30 to 5 weekdays and only until 4 on Sundays.

Before you start seeds it is best to sit down and plan out the exact layout of the garden so you know how many plants you will need. Don't forget to allow room to walk between them. As you sow, so shall you reap, naturally.

Editor's mail

Not many young at concert

Dear Sir,
 It almost seems as though many of today's young people, in so many ways very intelligent and worldly-wise, are afraid to admit a liking for any kind of music which differs from that being foisted on them by disc jockeys and record charts. The "in" thing to like is what the record companies tell them, however subtly, that they should like.

Nowhere was this situation more obvious than at Barbara Sibbick's organ concert in the United Church. Only a handful of those present were young people.

It is unusual for a person to suddenly start listening to classical music with enjoyment — a person must either be exposed to this kind of music from childhood on, or else that person must make a real effort over a period of time to try to learn to appreciate it. And when that time comes, the effort is all worth while.

Mrs. Sibbick's concert was no stuffy af-

fair and there were some numbers that young people would have enjoyed even if they have never learned to enjoy classical music. And her interesting program notes on the composers and the instrument on which she was performing were enjoyed by all. An interesting sidelight of the program was that the listener felt she was most at home and most enjoyed presenting the selections which were the most difficult to play.

Perhaps there are some young people, hopefully many who are not afraid to be individualists when it comes to musical taste, who are proud of their right to be "square" if they so desire. If there are, then we can look forward to the time when all styles of music can be appreciated — from tasteful rock to ancient classical. Then we can expect concerts such as Tuesday night's recital to be well-attended and appreciated.

Yours sincerely,
 Clarion Baker

Agrees with Mrs. Oldham

Dear Sir:
 We would like to thank The Tribune for printing Mrs. Oldham's excellent letter regarding her concern over the degeneration of music influencing our youth today.

As fellow residents of the Whitchurch-Stouffville community we commend Mrs. Oldham for her courage to speak out on this vital issue with which we wholeheartedly concur, and for her continuing contribution to music of the finest caliber in our community.

In the on-going debate over music it is interesting to note the concern of Will Durant an incomparable historian of civilization

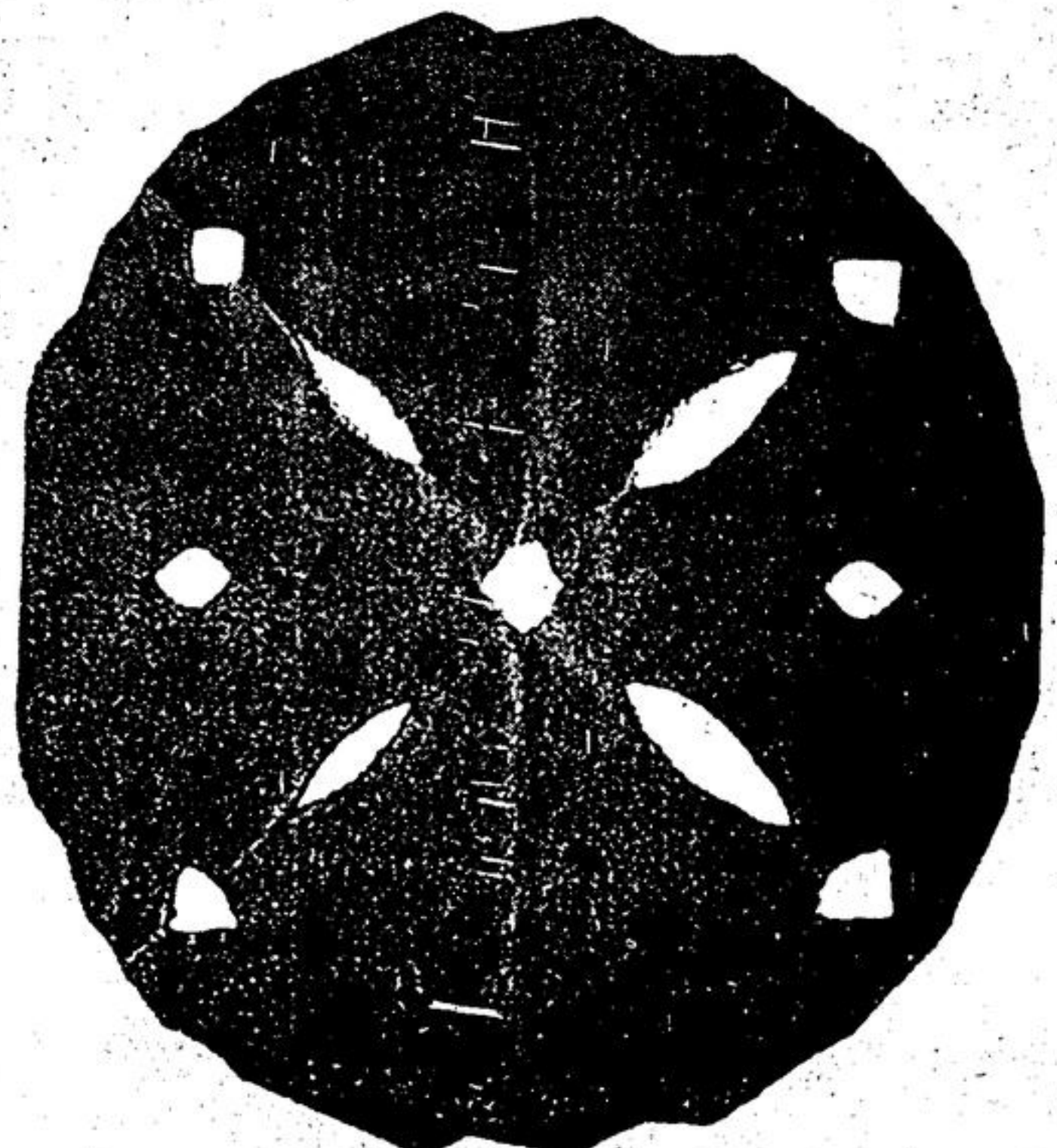
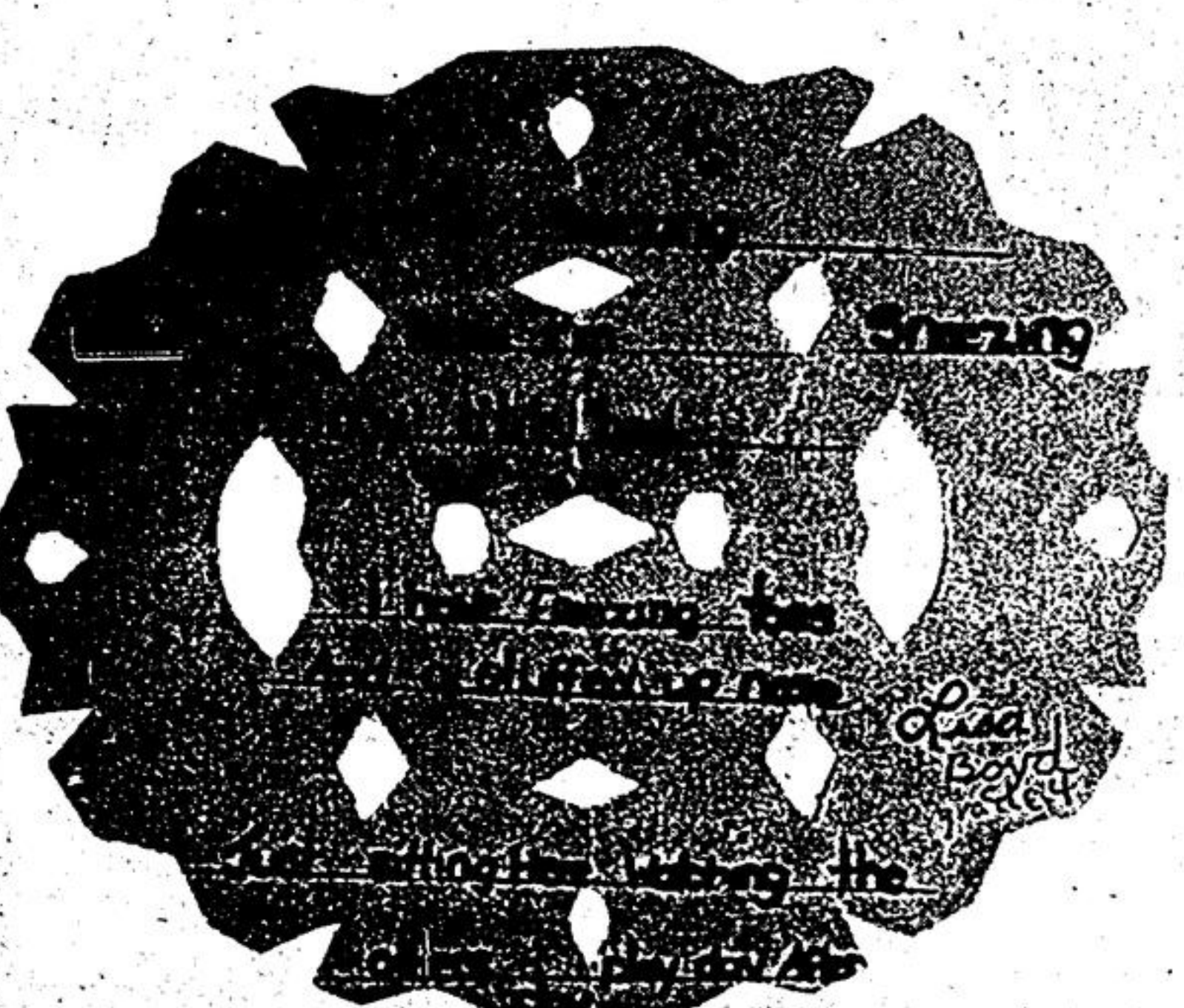
quoted recently in a Toronto daily. Mr. Durant says, "We have been silent too long. . . . Let us speak out. Let us say humbly, but publicly, that we resent corruption in politics, dishonesty in business, faithlessness in marriage, poronography in literature and in the theatre, coarseness in language, chaos in music, meaningless in art."

"IT IS TIME FOR ALL GOOD MEN to come to the aid of their party, whose name is civilization."

Sincerely Yours,
 Dick and Shirley Ohlman,
 Willow Springs Camp

Kids' stuff

Various views on winter



Astute guesses

Our last mystery picture was a real toughie. No one could figure out what the object was until we gave readers a clue in the subsequent issue.

The hint we gave wasn't all that easy either, but several young readers managed to figure out that the unlikely looking object was a can opener.

The \$5 prize goes to Lisa and Cammie Ross, aged 8 and 9 respectively.