

Girl's house league hockey

Credit Union clouts Gormley Greenhouses

By Barb Cooper
STOUFFVILLE — Sunday night in the junior division of the girls' house league the Stouffville Credit Union clouted Gormley Greenhouses 7-3.

Jolynn Ayyotte was the big gun as she netted 6 goals. Jill Watson tallied her first marker of the season. Assists went to Bonnie Hollingsworth, 2, Donna Bangay, 2, Brenda Lehman, 2.

For Greenhouses the goal getters were Cheryl Brown, 2, and Vickie MacDonald. Assists were credited to Teresa Ewing and Cheryl Brown.

In another game, the Stouffville Lions shut out the Stouffville Kinsmen 1-0 in an endurance game. Both teams played shorthanded — the Lions had only seven players and the Kinsmen nine. Jackie Armet carried

the puck out of her own end zone on a breakaway and scored the winning marker of the game.

Kelly Rex-Graham, playing in the nets for the first time, racked up the shutout. Tammy Peterson also did an excellent job in the net for the Kinsmen.

In the senior division the Stouffville IGA overpowered the Sales Barns 11-3.

Both teams were shorthanded, but Sales Barns' six players were outnumbered by IGA's nine. Despite this Sales Barns never gave up hope and played gamely.

IGA goals were scored by Cheryl Singleton (4), Heather Dunkeld (hatrick), and Nancy Wilson. Assists went to Heather Dunkeld (2), Debbie Coxworth (2), and Carol and Jane Clarke.

For the Sales Barns Kathy McBeth tallied two goals, one assist, Vicki MacDonald, one goal, one assist, and Diane Ermen, one assist.

The game between Stacey Tractor Parts and L & M Gardens was hilarious as the two teams ribbed each other back and forth. The fans enjoyed the witty repartee and got right into the spirit and kidded the players.

Everyone enjoyed the fun as well as seeing a good game of hockey.

L & M Gardens opened the scoring when Sandy Hardy rapped in a pass from Judy Sackfield. Julie Parish tied the game assisted by Lynn Roberts. Then, on a three man rush, Marie Drewery connected on passes from Lynn Roberts and Judy Ermen to give Stacey's a 2-1 lead.

Judy Sackfield tied it up with a sizzling drive from the side, and then set up Shelley Godden for what looked like the winner.

However, with less than a minute to go Stacey's pulled the goalie and Julie Parish soloed on a power-play goal, ending the game 3-3.

On Sunday, Jan. 2, the girls start their round robin playoffs. Gormley Greenhouses will meet the Stouffville Kinsmen, Stouffville Lions, will play Credit Union, IGA is matched against Tractor Parts, and the Sales Barns are pitted against L & M Gardens.

Sunday, Jan. 9, is all-star night. Protective Rustproofing vs Willowdale Orioles in the junior division, and A & M Records against Clarlea in the seniors.



Clippers in third spot

By Pete Sanderson
MAY CLIPPERS IN THIRD PLACE

The Ken May Clippers' three game winning streak ended last Thursday night as the fired-up Port Hope Panthers dumped the Clippers 6-2 to move within one point of first place Bowmanville in the Central Ontario Junior C league standings.

The May squad, now 12-9-1, beat the Port Perry Flamingoes 6-3 last Tuesday to gain sole possession of third place, two points up on Port Perry and eleven points behind Port Hope. The Clippers have three remaining games with Bowmanville and two with Port Hope, so their work is cut out for them if they hope to secure second spot.

The Port Perry contest was a fast, free-wheeling affair that just about didn't materialize. The designated officials failed to arrive, so three local O.M.H.A. referees did the game. Ramsay Mellor, Dave Bowne, and John Brunke, often criticized for their minor hockey work, did an excellent job in the contest — by far the best job of Junior 'C' officiating seen here this season. Only thirty minutes in penalties were handed out by referee Mellor, nineteen of those to the Clippers. At no time did the game appear to be getting out of control, quite a turn-around from the previous encounter in Port Perry.

The Flamingo's Gord Scott and Dave Webster shot Port Perry quickly into a first period lead, but Clipper Perry Brown narrowed the gap to one

whistle; they beat the Clippers in every department, outshining them to a 4-0 first period lead. Doug Taylor got one back for the Clippers early in the second frame, but the Panthers notched two more later in the period. Ted Assinck scored early in the third period to bring the Clippers to life, but the May squad could not narrow the four-goal gap and the game ended at 6-2.

The Clippers now remain idle until Sunday, January 2, when they travel to Frankford for an 8:30 p.m. contest. Tuesday, January 4, at 8 p.m., the Clippers return home to face off against Bowmanville in what should prove to be one of the best games of the season. The May club remains at home to face Cobourg on Saturday, January 8, at 8 p.m.

On Saturday, February 12, captain Ted Assinck leads his Clipper teammates against the N.H.L. Oldtimers, featuring Bob Hassard and Ron Ellis. The game, organized by the Whitchurch Stouffville Centennial committee gets underway at 8 p.m. in the Stouffville arena.

ASSINCK SCORES IN ALLSTAR GAME

Clipper captain Ted Assinck scored the second goal for the Central Ontario Junior C allstar team Monday night in Cobourg as the allstars went on to beat last year's group champions, Cobourg, 5-3. Allstar coach Bill Cosburn paired Geoff Roy, who replaced Chris Clarridge, and Craig Waite (not Andy Leitch as stated incorrectly last week) on defence and the two played extremely well.



The Stouffville goalie stopped some good ones in a recent novice all-star tournament. No results of the tournament were submitted.



When the foot goes through the full cycle of striding on skates and developing power, the tendons on the top work up and down, and the Achilles tendon that runs up the back of the foot from the heel works in and out. Too many people restrict the movement of these important tendons when lacing their skates because they draw the laces too tightly from the bottom eyelets right to the top of the boot.

I have already mentioned one result of lacing too tightly — cold feet. Under normal skating conditions, I don't think it's possible for a boy with properly laced boots to get cold feet but when the blood circulation is restricted or stopped, the result is inevitable.

A size 3 boy's skate may have nine eyelets. The bottom three are over the ball of the boot, the next three are over the arch and the tendons on top of the foot, the top three eyelets are in front of the ankle. The number may vary somewhat depending on the size and brand of skate, but whatever the number break them down into these three categories.

The eyelets over the ball of the foot, just behind the toes that look from the side over run almost parallel to the ground. The eyelets over the front curve of the ankle that when tightened exert pressure on the arch and the front tendons of the foot.

The eyelets at the top of the skate boot in the ankle area. Lace the skates in the cross-lace manner in which you lace your shoes, avoid loop lacing. With cross lacing, the laces slip to adjust in motion, keeping the pressure equal at each eyelet. For additional information, read my book "Howie Meeker Hockey Basics".

The laces through the bottom set of eyelets, over the ball of the foot should be pulled with a moderate tension, so they are snug. The only thing you can accomplish by pulling them tightly is cutting off the blood circulation. The next or middle set of eyelets are very important. Too much pressure here interferes with the movement of those vital tendons on the front of the foot and can actually inhibit foot movement while skating.

Pressure that is strong enough to squeeze the tendons will also restrict the blood supply and also affect the arch of the foot. Luckily the arch has a warning signal that makes itself felt in the form of pains on the inside of the foot. The eyelets over the tendons and arch must be laced loosely. The top set of eyelets are crucial. These must be pulled tightly, drawing the foot firmly into the part of the boot that provides all the support.

The boots grasp in this area is what makes the skate an extension of the shinbone, enabling the skater to balance, the perform other drills without difficulty. The top set of eyelets must be pulled tightly, but again tightly is a relative term.

A pair of skates with rock hard ankle support will need only a medium degree of tightness. But once a skates counter goes soft, no amount of eye popping pressure will restore support. At this point while lacing and tightening the last eyelets, there are two major mistakes made. Skipping the top eyelet. I shudder everytime I see it because the last eyelet is the most important one.

Either through laziness or because it's tucked up under the shin pad overhang, too many boys do not bother with the top eyelet. Yet that is the key point to which all the leather is drawn to give complete support. Don't let any skater miss the last eyelet.

Wrapping extra lengths of lace around the ankle or down under the arch of the skate — By now, I should not have to tell you what happens when the lace is tied around the ankle or arch.

Right! Never but never tie a lace around the top of the skate or down under it. It's a bad habit that must be broken. Extra lengths of lace should be tied in a double or triple bow at the top eyelet where they belong and when tying the first bow, loop the lace twice before forming the actual bow to prevent slippage.

Corrections

This writer would like to apologize to Mr. and Mrs. Ted Assinck Jr. and would like to make the following corrections with regards to their wedding day. Ted and Kim were married on Dec. 11th and not on Dec. 20th as reported last week. Clipper goaltender Rick Marshman was an usher and not the best man as previously stated. Mr. Joe Hulshof was Ted's best man.

Ken May Clippers

The following Clipper statistics are individual and team statistics for the entire 1976 portion of the Central Ontario Junior C season.

TEAM	GP	GA	W	T	TP
Barrick	21	24	12	36	31
Brown	15	15	16	31	30
Taylor	21	17	13	30	4
Assinck	19	8	22	30	4
Meakes	20	14	15	29	11
Bennett	21	9	16	25	57
Leitch	21	9	16	25	20
Waite	21	9	10	19	2
Fitzpatrick	16	8	11	19	30
Connor	18	6	13	19	12
Roy	19	3	16	19	46
Wightman	13	4	10	14	14

TEAM	GP	GA	W	L	T	TP
Bowmanville	24	17	5	1	17	37
Port Hope	24	17	5	2	16	36
Stouffville	22	12	9	1	25	31
Port Perry	21	10	8	3	23	28
Lindsay	21	11	10	0	22	26
Cobourg	24	7	15	2	16	16
Frankford	23	5	17	5	15	15
Lindsay	21	4	13	0	8	8

Central Ontario Junior 'C' standings

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WEEKEND ENTERTAINMENT

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Tuck leads in men's bowling

STOUFFVILLE — League leader in the Monday night men's bowling league was Byron Tuck with a 830 triple. Other scores are: Tom Nutt, 689; Bill Watts, 661; Rodger Todd, 746; Bill White, 694; Robert Boake, 710; Elwood Pattenden, 693; Bob Cochran, 651; Bob Sleeth, 662; Dave Ratcliff, 679; Bob Tran, 777; Jack Hopper, 651; Bob Slack, 680; Wayne Jackson, 684; Bill Grave, 733; Earl Rowe, 654; Vern Ward, 689.

In the second set of scores Norm Hosking took top spot. His triple was 817. Other scores: Art Gleave, 713; Robert Boake, 706; John Nicholson, 711; Kevin Dacey, 710; Byron Tuck, 689; Len Greenwood, 674; Bill White, 667; John Miller, 658; Bob Chapman, 666; Bob Campbell, 663; Dave Rotcliff, 667; Bob Tran, 668; Earl Rowe, 632; Glen Jackson, 776.

Tues. night mixed Top bowlers: Bud Feaver, 722 (255, 263); Fred Vliek, 710 (300, 219); Bertie Feaver, 631 (245, 202); George Dufton, 603 (233); Others with scores over 200 were: Keith Leach, 231, 203; Dave Stapleton, 201, 206; Joane Kennedy, 227; June Vliek, 214; Linda Wagg, 201; Neil Logan, 218; Donna Logan, 204; Durken Hollin, 216; Robert Gleave, 220.

Tuesday Ladies High roller was Betty Dacey, 710; Kevin Turner with 736 (206, 333).

Other high triples: Anne Frazz, 214; Marg McLean, 286, 227; Jean Foley, 206, 240; Ev McKay, 212; June Hopper, 219; Betty Hoy, 295; Gaye Lehman, 206; Mary Drewery, 225.

Thurs. night ladies High triple: Audrey Gibson, 666; Over 200: Audrey Gibson, 263, 217; Gail Hunter, 202; Diane Graves, 201; Gayle Evans, 209; Joanne Harper, 221; Max Ostrander, 227; Marlene Grove, 222; Marg McLean, 204; Joyce Shadlock, 280, 200; Lydia Rose, 200; Maxine Lewis, 239; Mary Spence, 201; Linda Boncheff, 228; Mary Carey, 217; Lois Barley, 204, 217; Jean Daci, 209, 245; Arina Appleton, 217.

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WEEKLY HOCKEY SCHEDULE

SUNDAY: JAN. 2, 1977 8:00 - 9:00 - Novice O.M.H.A. Practise 9:00 - 10:00 - Banfam "A" Practise 10:00 - 11:00 - Midget "A" Practise 11:00 - 12:00 - Senior Girls All Star Practise 12:00 - 1:00 - Juvenile O.M.H.A. Practise 3:30 - 4:30 - Atom "A" Practise 4:30 - 5:30 - Atom "B" Practise 5:30 - 6:30 - Peeewe "A" Practise	TUESDAY: JAN. 4, 1977 BANTAM HOUSE LEAGUE 7:00 - 11:00 - K.R. May Clippers vs Bowmanville
MONDAY: JAN. 3, 1977 JUNIOR HOUSE LEAGUE 7:00 - 8:00 - Barry Welding vs. Stouff. Fish & Chip 8:00 - 9:00 - Richards vs. Lee Sand 9:00 - 10:00 - Beiz Pools vs. Meharg Realtors 10:00 - 11:00 - Midget "B" Practise	WEDNESDAY: JAN. 5, 1977 O.M.H.A. GAMES 7:00 - 8:00 - Atom "A" Practise 8:00 - 9:00 - Credit Union Peeewe vs. Whitby 9:00 - 11:00 - Beckers Milk Midgets vs. Lindsay
THURSDAY: JAN. 6, 1977 O.M.H.A. GAMES 7:00 - 8:00 - Novice O.M.H.A. Practise 8:00 - 9:15 - Bantam "B" Practise 9:15 - 11:00 - Chester Enterprises Juveniles vs. Bowmanville	

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