



About 15 high school students turned up for the first Advocates meeting, March 17 at St. Andrew's Presbyterian Church. Here, Mario Bartoletti (right front) and counsellor Pat Burke (centre left) of the Markham family Life Centre

conduct the session. The youngsters are part of a program to have older teenagers help younger ones with emotional and behavioral problems.

John Montgomery

Teenage counsellors

Students to help students

By JOHN MONTGOMERY
MARKHAM — The first "Advocates" meeting was held at St. Andrews Presbyterian Church Wednesday, March 17.

The advocates are 15 to 19 year old high school students who have been recruited to associate with young "Proteges" suffering from various adolescent behavioural problems.

Fifteen of the 42 students signing up for the program attended the introductory meeting. Of the 15, 13 were girls.

Markham's Family Life Centre's Mario Bartoletti chaired the meeting in an extremely informal manner, while encouraging the students to participate.

It was quickly decided the group would meet every second Wednesday at the church and they moved on to what Mr. Bartoletti termed "training" in human relations skills.

Pat Burke, who is

involved in organizing the program, then encouraged the potential advocates to speak out about the reasons why they attended the meeting.

This group interaction exercise continued for some time. Each student, in turn, as they progressed around a circle, were asked to verbalize their feelings about being there.

Ms. Burke directed very personal compliments to various students, apparently in an effort to make the advocates speak openly of their feelings.

Some of the girls said they had come because they hope to eventually make a career of working with emotionally disturbed children, but most had come for purely personal reasons.

They spoke of having had problems when they were younger and because they felt they had "been there" they would be able to communicate with troubled adolescents.

A few said they looked on it as potential sharing of problems where both advocate and protege would work together to help each other.

The group conducted a social experiment in which they sat in a circle on the floor. They were told to sit as close as possible and then to put their arms around each other.

Next they were told to change positions and sit with whoever they really wanted to be with.

Mr. Bartoletti and Ms. Burke initiated a discussion dealing with the defence mechanisms people use. They came to the conclusion that most people expect rejection from others and that consequently they are able to deal with hostility more comfortably than with praise.

Instead of outlining the program Mr. Bartoletti told them there is

only a "Skeleton" and he asked them to tell him what they want it to be. The Family Life Centre is sponsoring the program but a separate advisory board will manage it.

Cafik objects to new riding limits

DURHAM REGION Ontario Riding MP Norm Cafik has filed objections to proposed redistribution of electoral boundaries, which lops off parts of his riding.

He also objects to the failure of the Electoral Boundaries Commission to provide reasons for its proposals in its recent report to the speaker of the House of Commons.

At the local level, the MP raised the following objections — putting Georgina Township in with Victoria Haliburton; inclusion of Scugog into Cobourg Newcastle; changing of name to Durham West and creation of large non-urban riding where not necessary depriving rural ridings of appropriate representation.

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