OFFICIAL PLAN OF THE REGIONAL MUNICIPALITY OF DURHAM

PUBLIC MEETING

Tues. Sept. 30th 7:30 p.m.

UXBRIDGE MUSIC HALL

The purpose of this meeting is to present to the Council and the public of the TOWN-SHIP OF UXBRIDGE various choices for the future population growth and land use, as part of the process of preparing an OFFICIAL PLAN for Durham.

The public is invited to attend and present their ideas and concerns regarding the development of the Region.

In addition, the public is invited to view INFORMATION DISPLAYS at Council Chambers, Uxbridge (Oct. 1, 10 a.m. to 8 p.m.) Council Chambers, Uxbridge (Oct. 2, 10 a.m. to 8 p.m.)

Further information concerning these meetings and information displays, can be obtain from Jim Moyer; the Region's Planning and Development Department, Whitby, 416-668-7731.

Clark Mason, Chairman

Wm. F. H. McAdams, Commissioner

Who's the most

important person to help you get in shape?

Opens today

other crafts as well.

Golden Hands Handicrafts

Today marks the Grand Opening of Golden Hands Handicrafts store, located in the Main Street store formerly occupied by Skid Robes.

Running the business will be Faith Lehman of Highway 48. Mrs. Lehman has been "retailing" in her home, and has been looking for a location for the store since January. She plans to sell

says she has several women lined up to fill needlework

101/4%

Certificates.

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ANDARD TRUST COMPANY

> 8 Wellington St.W. Markham, Ontario 294-6865

A FEDERALLY CHARTERED . COMPANY MEMBER CANADA DEFOSIT INSURANCE CORPORATION' supplies, such as for will also be held at the macrame, crocheting

needle point, crewel, and Handmade baby so on. Eventually she clothes will be displayed hopes to branch out into in the store, but orders will be taken on adult clothing, she said. At the The store will also moment, Mrs. Lehman sell "crafts people have said she is working on "a brought in," and will do full-length crocheted crocheting and knitting dress," that contains "to order." Mrs. Lehman about \$75 worth of wool

Free coffee and doughnuts will be served Six-week lessons in at the shop today during knitting and crocheting the grand opening.

19th annual pioneer festival this Saturday

Festival. It is this coming Saturday.

The day-long event will feature pioneer demonstrations. cooking of such items as sausage, chicken, pies, cookies, breads and preserves.

New and used goods will be offered for sale at a Bargain Emporium

For the 19th Con- together with interesting secutive year, Black curios. An auction of Creek Pioneer Village is hand-made quilts and a holding its Pioneer sale of hand-crafted items are also part of the festivities.

Pioneer Village is located at Jane St. and Steeles Ave. on the northern fringe of Metro.

Faith Lehman takes a big step when she opens her Golden Hands Handicrafts shop today (Sept. 18) in the shop formerly occupied by Skid

School enrollments fluctuate

Although Grade 8 centage, St. Mark's seen a slight decrease. down from 319 last year. students are remaining at Separate School showed a The 1975 total of 463. New programs at that Dickson Hill and dramatic upswing. The compared with 487 in school include Ballantrae public schools school has 219 students up September of 1974. this year, Stouffville Dist. about 20 over 1974. The Whitchurch - Highlands program. Secondary School school maximum is 230.

increase came in the for grades 7 and 8. secondary component

at the high school.

enrollment is up from 961 New programs at St. Mark's include full im-The Grade 8 com- plementation of a metrics ponent is lower however. program from kin-Last year S.D.S.S. had 190 dergarten to Grade 8, a Grade 8's in seven new social studies classes. This year there program for grades 4 - 6; are 157 in six classes. The and a new religion course

Sumitview Public which jumped from 771 to School gained one student this year. The total Although there are no enrollment for September new programs at the is 404. A spokesman for school, Vice - principal the school said the total Robert Mercer, said that, would likely increase for the first time, Grade 8 over the school year as Robert Mercer said that detentions would be kept students from Dickson more people move into Hill and Ballantrae will the College Park subbe attending shop classes division south of the school.

adverse comment, will allow bus students to take part more fully in after -, between 3.30 and 4 p.m. school activities, ac- and still be able to catch cording to a spokesman. the bus. Vice - principal

Later leaving time

Dist. Secondary School,

buses are leaving at 4 p.m. this fall. In previous years, the bus departure time was 3.30. -

now leave later STOUFFVILLE - advantages in regards to involvement in extra buses from Stouffville curricular activities.

developmental guidance

Orchard Park has has 300 students enrolled

School buses

Mr. Mercer stressed which has drawn some too, that students needing extra help from a teacher could receive that help

Those serving off the bus or be able to serve them at lunch time, he added, denying that the new bus leaving time He said that "town was intended to make students" had had all the serving detentions easier.

The terrifying motion picture from the terrifying No. 1 best seller. DREYFUSS SCHEIDER JAWS

Friday & Saturday at 7:00 & 9:15 Sunday thru Thursday 8:00 p.m.

Live candidates election results Scattered throughout STOUFFVILLE -

Cable 10 coverage of the. York Region, Cable 10 results commences at 8 p.m. tonight (Sept. 18) election at the various with its "Election Night campaign offices and

Cable 10 will be A variety of local York North ridings. The station will be on the air been invited to Cable 10 throughout the evening studies for a brief inwith comments and analysis.

1975 provincial election workers will provide phone-in reports on polling stations.

providing live up to the residents from areas minute results of returns served by Classicom will in both York Centre and be on hand for comment. Each candidate has

terview and comments on

the election.

London Life expands local service



R. W., Tregwin

Expansion of London Life services in the Stouffville-Pickering region has led to the opening of a new sales and service office in the area. The new office is located at 1783 Liverpool Road North in Pickering.

Heading the new operation is R. W. Tregwin, who is appointed regional manager. Mr. Tregwin joined London Life as a sales representative in Toronto in 1956. Since 1960 he has held sales management responsibilities in Cambridge and Toronto.

This expansion enables London Life to maintain and enhance its high standards of service to the company's policyowners and the general public in the area.



says you'll never guess. Of course you want to get | who say they want to work out | oughly trained staff will show you yourself in shape. Of course you know that

inside that puffy, panting shape you've got now is a trim body, screaming to get out.

But how do you do it? Simple: get started.

Simple all right, but not easy. It's no secret: getting started is the toughest part of all.

We know it and you know it. It's tough to break your pattern of living, to find the time. It's tough to walk into a place where you think everybody else is brimming over with health and fitness and all you're brimming over with is flab. But most important, it's tough to do it alone.

Someone's got to help you. But who?

It's probably not your husband or wife. If it were, you'd be in good condition right now. (Where were they when you needed them?) It's not your lover; it's tough enough trying to disguise how you look from him or her, never mind going together to do something about it. It's certainly not us. You don't even know us, so how can we help you? Finally, it's not yourself. If you could do it yourself, you'd be somebody else by

this time. So who's this vitally important person who's going to help

you get in shape? One hundred dollars says you can't guess. Bet?

Ready?

It's your friend.

That's right, your friend. (NB. This friend could be your wife or husband. If so, fine. But it's our experience that husbands and wives

together, but aren't doing it, won't do it.) Who you're after is the kind of person you've known for years. That person who has the same life-style as you do. Is probably of the same sex. Who's free at the same time you are. Who's in more or less the same condition. That person who feels as badly about their condition as you feel about yours.

Know someone like that? Sure you do.

Well, that's the kind of person who's going to help you help yourself to a trim body, glowing good health and that feeling of well-being you haven't had for years.

It figures, doesn't it? Your friend will come down with you when you visit us for the first time. Your friend will start with you the first day. Your friend will force you to come on days when you don't feel like coming. Your friend will be happy to see you improving and even happier to tell you about it.

And you know what you'll be doing? Exactly the same thing for your friend. You'll share that first stiffness together, the little set-backs, the big triumphs. You'll egg each other on, encourage each other, 'keep each other going.

What's that you say? You knew it all the time? You knew a plain and simple friend was the most important person to help you enjoy your body as you deserve to enjoy it?

Okay, you win the bet. Call your friend, tell him or her what we've just told you. Make an appointment with us and the pair of you come on in together. One of our courteous, thoughtful and thorboth around (the club is stunning and modern and beautifully decorated).

Then we carefully check you out with a few tests: cardiovascular fitness, flexibility, muscle tone; relaxation, strength, endurance. (We want to know what we're working with, so you'll know what you're shooting for.)

Out of that will come a program tailored for you both. A program you can hack right from the beginning; a program you can do together (under our watchful eye, of course); a program that'll mix exercise, swimming, sauna, tennis, squash and, for relaxing afterward, some of the best sandwiches in town.

If you and your friend agree that it's a wonderful idea, and the two of you join us, we'll knock one hundred dollars off your combined membership.

There now. You and your friend have won a hundred bucks right off the bat.

As for us, we haven't lost a thing. As a matter of fact, we've gained two good friends for ourselves, and that's worth a hundred dollars any day.

> Markham titness & Racquet

One Laidlaw Boulevard, Markham Telephone 294-6161