



Bonus Special with Coupon Below!

A SUPERB BLEND, RICH IN BRAZILIAN COFFEES
EIGHT O'CLOCK WHOLE BEAN

COFFEE

1-LB BAG

79¢

(3-LB BAG \$2.29 — SAVE 60¢)

SAVE 20¢

SAVINGS ALSO VALID ON BOKAR COFFEE



Cash-in on these Good Values

FREEZER CUT SALE!

CANADA GRADE "A" FRESH VEAL

SIDES	FRONTS	HINDS
lb 99¢	lb 79¢	lb \$1.19

CUT & WRAPPED AT NO EXTRA CHARGE AT YOUR FRIENDLY A&P. WE ALSO HAVE A GOOD VARIETY OF RETAIL CUTS FOR YOUR DAILY REQUIREMENTS.

"GREAT ON A GRILL!" TOWN CLUB WIENERS	1-LB VAC PAC 59¢	ESSEX BRAND, STORE PACK Beef & Pork Sausages	lb 59¢
"GREAT ON A GRILL!" Spare Ribs	1-LB VAC PAC PORK SIDE \$1.09	ESSEX BRAND, NIAGARA COIL Polish Sausage	lb 79¢
SELECT QUALITY, SLICED, SKINLESS Beef Liver	lb 59¢	SHOPSYS BRAND Potato Salad	24-oz ctn 79¢
MAPLE LEAF, SLICED Side Bacon	1-LB VAC PAC \$1.39	SHOPSYS BRAND Cole Slaw	24-oz ctn 79¢
FRESH Chicken Livers	lb 59¢	PRIDE OF CANADA, SLICED, 7 VARIETIES Cooked Meats	6-OZ VAC PAC pkg 44¢
NEW ZEALAND, IMPORTED Lamb Shoulder Chops	lb 78¢	ESSEX BRAND Bologna	BY THE PIECE lb 39¢

Frozen Meat & Seafood!

FROZEN, SAUSURBY STEAK & GRAVY, ROAST BEEF & GRAVY, ROAST TURKEY & GRAVY, ROAST CHICKEN & GRAVY

Shopsys Dinners 2 5-oz Boil-in-Bags **89¢**

OMSTEAD, POLY
Frozen Lake Smelts lb **67¢**
HIGHLINER, FROZEN lb 59¢ 12-LB. BOX \$6.89

Boston Bluefish Fillets 5-lb pkg **\$2.89**

BANQUET BRAND, FROZEN
Fried Chicken Pieces 2-lb pkg **\$2.79**

"GREAT ON A GRILL!"

FRESH — 15 PIECES

Box-O-Chicken

3 LEG QUARTERS, 3 BREAST QUARTERS,
3 WINGS, 3 NECKS, 3 GIBLET PACKAGES

lb **59¢**

CANADA NO. 1 GRADE, WHITE TABLE STOCK

P.E.I. POTATOES

20-lb bag **89¢**

IMPORTED, PACKED FRESH DAILY

SPINACH 3 10-oz cello pkgs **\$1.00**

CANADA No. 1 GRADE, ONTARIO, LONG
CUCUMBERS SEEDLESS Each **49¢**

CALIFORNIA — SERVE A CAESAR SALAD TODAY
ROMAINE LETTUCE 3/**\$1.00**

Shop A&P for Quality & Savings!

26-FL-OZ BOTTLE ACTION PRICED!

Pepsi-Cola 2/69¢
REGULAR OR DIET

ASSORTED FLAVOURS (SAVE 22¢)
Borden's Popsicles pkg of 12 **99¢**

ACTION PRICED!
A&P Canned Tomatoes 28 oz. **63¢**

DETERGENT ACTION PRICED!
Mir Liquid 2 24-oz plastic btl **\$1.19**

MALLOW — PLAIN OR COCONUT ACTION PRICED!
Dad's Cookies 1-lb tin tie bag **99¢**

STUART HOUSE ACTION PRICED!
Chicken Noodle Soup Mix pkg of 2 envs **39¢**

KRAFT ACTION PRICED!
Peanut Butter 2-lb jar **\$1.59**

Here's Good Value!

TOMATO OR VEGETABLE

HEINZ SOUPS

5 \$1.00
10-FL-OZ TINS

Check This Low Price!

ANN PAGE — TOMATO

KETCHUP

2 **89¢**
15-FL-OZ BOTTLES

SAVE 21¢



Arriving Fresh from our own ovens!

JANE PARKER, SLICED (BUY 2 LOAVES — SAVE 19¢)

RAISIN BREAD IT'S DELICIOUS TOASTED! 2 16-OZ LOAVES **99¢**

JANE PARKER Apple Pie FULL 8-INCH PIE Each 79¢ (SAVE 10¢)	JANE PARKER — JELLY OR PINEAPPLE TOPPED (SAVE 4¢) Sweet Rolls pkg of 8 75¢
JANE PARKER Lemon Pie FULL 8-INCH PIE Each 75¢ (SAVE 10¢)	JANE PARKER — PLAIN OR SUGAR (SAVE 10¢) Family Donuts pkg of 9 69¢
JANE PARKER Bran Muffins pkg of 6 49¢ (SAVE 10¢)	JANE PARKER—Sliced, Old-Fashioned or (BUY 2 LOAVES—SAVE 9¢) Italian Bread 2 24-oz loaves 89¢
JANE PARKER Jelly Roll 11-oz cake 69¢ (SAVE 6¢)	JANE PARKER (BUY 2 PKGS — SAVE 21¢) Twin Rolls 2 pkgs of 12 89¢
JANE PARKER Lemon Roll 14-oz cake 75¢ (SAVE 4¢)	JANE PARKER Blueberry Pie FULL 8-INCH PIE Each 99¢

WITH THIS COUPON



A Superb Blend, Rich in Brazilian Coffees
8 O'CLOCK COFFEE
1-LB BAG **79¢**
(Valid also on a 1-lb bag of Bokar Coffee)
VALID UNTIL SATURDAY, MAY 24th, 1974

SAVE 20¢

WITH THIS COUPON



A Superb Blend, Rich in Brazilian Coffees
8 O'CLOCK COFFEE
3-LB BAG **\$2.29**
(Valid also on a 3-lb bag of Bokar Coffee)
VALID UNTIL SATURDAY, MAY 24th, 1974

SAVE 60¢

BORDEN'S, ORANGE DRINK OR 80-FL-OZ CARTON
Borden's Lemonade 59¢

LIGHT 'N LIVELY (SAVE 34¢)
COTTAGE CHEESE 2-LB TUB **\$1.09**

(SAVE \$1.30)
ALLEN'S — ORANGE, APPLE, GRAPE, FRUIT PUNCH
FRUIT DRINKS \$3.59

399 MAIN ST. W. STOUFFVILLE

FREE PARCEL PICK-UP SERVICE!