

Cash-in on these Good Values

Action Priced!

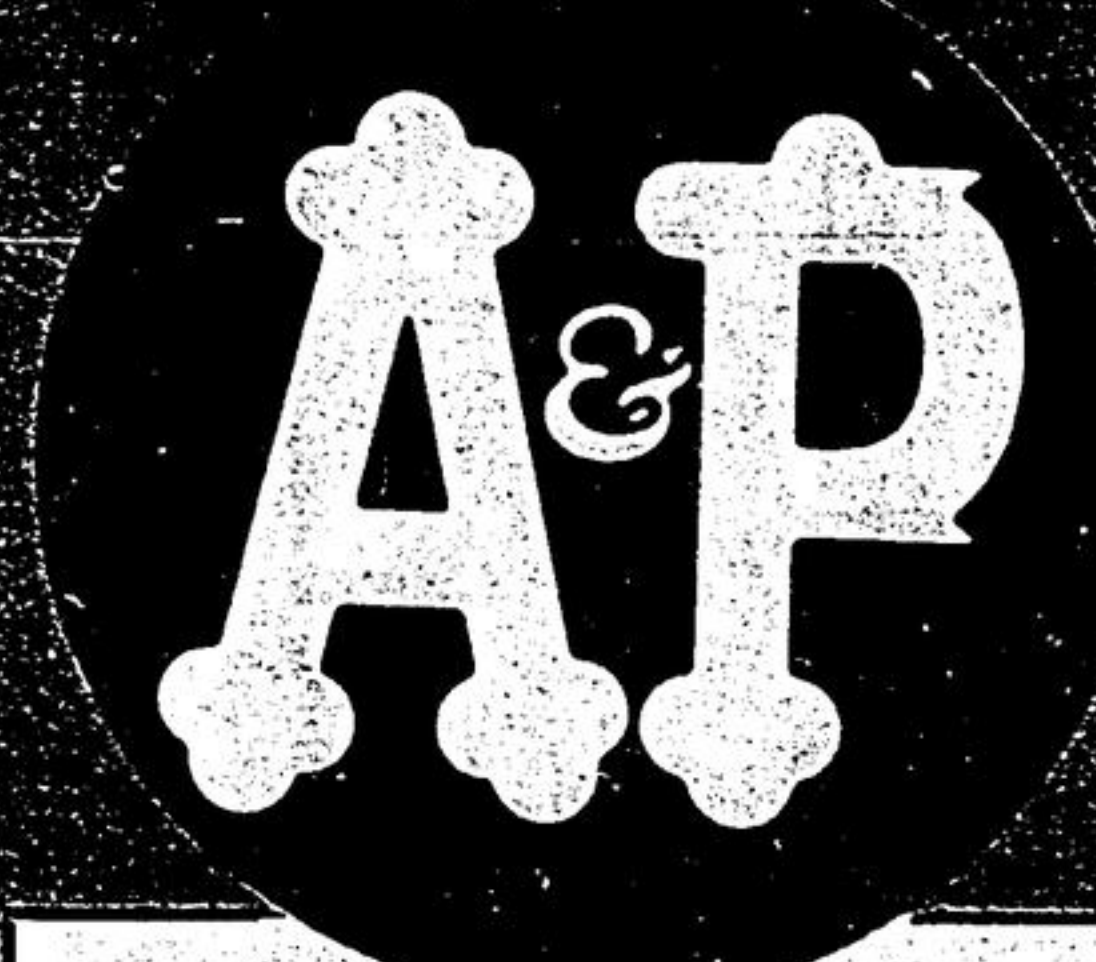
POWDER
**SUNLIGHT
DETERGENT**
5-LB BOX
\$1.89

Action Priced!

BLOSSOM - RECONSTITUTED
**APPLE
JUICE**
48-FL-OZ
TIN **39¢**

Action Priced!

PANTRY SHELF
**PEANUT
BUTTER**
2-LB JAR
\$1.29



THE AWARE SHOPPER!

Poaching A Chicken

Most "leftover" chicken dishes taste better if they are made from poached chicken. If you have leftover roasted, broiled or fried chicken choose a leftover dish with a sauce or broth base.

Poaching chicken is easy. Simmer in water in a covered pot with a stalk of celery, an onion and a little salt until tender. Strain the broth and reserve it. Cut the chicken meat from the bones in generous slices. Any unused portion of the poached chicken may be stored in an air-tight container in the refrigerator or freezer for later use.

AP We owe you more than just food!

SOCIETY DOG FOOD 3/\$1.00

MIRACLE WHIP 69¢

ROYALE FACIAL TISSUE 49¢

HEINZ DILL PICKLES 69¢

PUDDING CAKE MIXES 2/\$1.00

SALADA TEA BAGS 99¢

PEEK FRESH BISCUITS 99¢

CHEF BOY-AR-DEE 3/\$1.00

General Mills 2/\$1.00

Herb's Candy Bars 69¢

A&P Clips 69¢

Muffin Mixes 79¢

Wet's Grape 85¢

Borden's Cream 1.29

Leaver Mushrooms 2/89¢

Coffee Creamer \$1.09

JANE PARKER
CHERRY PIE SAVE 20¢
FULL 8-INCH PIE **79¢**

PORK LOIN QUARTERS CUT INTO
PORK CHOPS
10 CHOPS IN A PACKAGE
2 RIB CHOPS
2 LOIN END CHOPS
6 CENTRE CHOPS **\$1.08**

FRESH
PORK ROASTS
Shankless Shoulder lb **68¢**
LEAN BUTT ROAST lb **78¢**
BONELESS lb 88¢

More fresh Baked Goods from our own ovens!

- Wiener Rolls 49¢
- Raisin Bread 2 99¢
- LEMON PIE 89¢
- BRAN MUFFINS 49¢
- SPANISH BAR CAKE 79¢
- CHIFFON CAKE 79¢
- COFFEE CAKE 75¢
- COFFEE CAKE 69¢
- FAMILY DONUTS 69¢
- ITALIAN BREAD 89¢
- BREAD 45¢
- FRENCH STICK 49¢
- SNOWFLAKE ROLLS 89¢
- STRAWBERRY PIE 99¢
- MOYASSIS COOKIES 89¢
- TURN OVERS 55¢

SHOP A&P - ENJOY GREAT MEAT!

- Pork Loin Chops \$1.38
- Spare Ribs \$1.18
- Whole Pork Shoulders 68¢
- Pork Chops 88¢
- Pork Leg Roast 89¢
- Pork Steaks \$1.09
- Side Bacon \$1.28
- Sausages 78¢
- Beef Liver 68¢
- Liver Steaks 88¢
- Cottage Rolls \$1.08
- Bologna BY THE PIECE 89¢
- Side Bacon 1.48
- Wieners RED HOTS 79¢
- Cooked Meats 42¢
- Polish Sausage 88¢
- Cheese Fishwick 88¢
- Beef Steakettes \$1.28
- Chicken Cutlets 78¢
- PORK LOIN ROASTS
- RIB PORTION lb 98¢
- TENDERLOIN PORTION
- RIB HALF LOIN lb \$1.08

- Ann Page Beans 63¢
- Health and Beauty Aids!
- Disposable Diapers \$2.59
- Rayer Aspirins 89¢
- Gillette Shave Cream 1.06
- Royal Gel 1.39

CLEAN YOUR OWN RUGS!
RUG AN EASY-OFF
Protects Rug Shampoo
Just Apply
Just Rinse
Just Dry
Just Enjoy
RUG CARE SHAMPOOS CAN BE FOUND AT MOST A&P STORES

NEW ZEALAND FROZEN
SHOULDER
LAMB CHOPS
lb **78¢**

ACTION PRICED!
INSTANT COFFEE 10-OZ JAR
Maxwell House \$2.29

CANADA No. 1 GRADE, CALIFORNIA, TENDER, GREEN SPEARS
ASPARAGUS
LARGE SIZE lb **59¢**
ORANGES FLORIDA VALENCIA FULL OF JUICE 5-lb bag 79¢
TOMATOES CANADA NO. 1 GRADE FLORIDA, FIRM, RIPE 2-lb tray 89¢
AVOCADO PEARS CALIFORNIA 3 for 89¢
DAFFODILS B.C. OUTDOOR GROWN CUT bunch of 12 79¢

ACTION PRICED!
8 VARIETIES 8-FL-OZ TIN
Heinz Soups 6/89¢