

There's variety in Canada for outdoor fan

By MARION MORRISON
 Play Canadian Roulette, travel variety, and you can't lose. Spread out the map, close your eyes, point your finger and choose a spot.
 In Newfoundland, visit St. John's on the east coast, the provincial capital and one of North America's oldest settlements. Tour Signal Hill National Historic Park and learn some history.
 Outdoors enthusiasts will enjoy the provincial parks. Most have wilderness camping facilities.
 The province of Prince Edward Island is tourist-oriented and despite its small size offers wide vistas and a variety of activities.
 During summer months, long stretches of sandy beaches draw bathers.
 Nova Scotia is especially rich in well-restored historic sites. Don't miss seeing the Fortress of Louisbourg National Historic Park, Canada's major historic restoration project.
 New Brunswick, the fourth Atlantic Province, is a land of sunny beaches, green forests, fleets of fishing boats, and rivers with quaint names.
 New Brunswick has modern cities like Saint John, Moncton and the provincial capital, Fredericton. It also has St. Andrews, a resort town whose 19th century character is essentially unchanged.
 For those who prefer sophistication and excitement, there's always Québec or Ontario.

Two of Canada's best known resort areas, the Laurentians and the Eastern Townships, are located in Québec. Both have a variety of accommodation and a choice of outdoor activities.
 Seat of government Ontario, like Québec, has something for just about everyone. This is a province with two capitals. First, there's Ottawa, seat of the government of Canada. The financial, industrial and cultural centre of Ontario is Toronto, with a reputation for being both safe and clean.
 Then there's Niagara Falls; Stratford, site of the Stratford Shakespearean Festival; 19th century Niagara-On-The-Lake with the annual Shaw Festival; Kitchener-Waterloo's Oktoberfest, etc.
 If you're the kind of person who chooses the middle course, chances are, if you play Canadian Roulette, you will end up in Manitoba. Winnipeg, the capital, is almost equidistant from the Atlantic and Pacific Oceans.
 Winnipeg has several ethnic festivals each year. Main one is the annual summertime Folklorama.
 Visit Riding Mountain National Park for an idea of how varied and beautiful Manitoba really is.
 Saskatchewan's frontier past is still much in evidence. Restored forts remind the visitor of the role played by the Royal Canadian Mounted Police



One of the many beaches available for swimming and sunning in Canadian provinces.

in bringing peace and prosperity to the province. Regina, the provincial capital, is the site of the Mounties' training centre and the RCMP Museum.
 Near Saskatoon are Fort Carlton Historic Park, Batoche National Historic Park, and Prince Albert National Park with its excellent fishing, canoe, camping and other facilities.
 Alberta is a year-round resort province. This is where the Canadian Rockies begin. You can hike, camp, ride, canoe, rough it in the wilderness or relax in one of the many luxurious resort hotels. Canada's two best-known national parks are located in Alberta: Banff and Jasper. So too are two of the liveliest cities — Calgary and Edmonton, the provincial capital.
 British Columbia is Canada's most scenically spectacular province. Towering mountains, lakes sparkling

like diamonds and majestic forests are commonplace. Parts of the province also boast the country's balmy climate.
 Pan for gold
 The Yukon and Northwest Territories cover a vast area of well over 1½-million square miles. It's an awesome land.
 Main tourist attraction in the Yukon is probably Dawson City, "The City of Gold." Today you can pan for gold in the famous Klondike gold fields.
 The Northwest Territories includes the most spectacularly beautiful topography in Canada.
 Canada welcomes visitors. No matter what the season or the region, a choice of activities and attractions, as well as a good range of accommodation, stand ready.
 For further information contact the Canadian Government Office of Tourism, 150 Kent Street, Ottawa, K1A 0H6, Canada.

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