

You Just Can't Beat A&P Super-Right Canada Grade "A" Beef

# BLADE ROAST

Blade Bone Removed lb **98¢**

# BONELESS ROASTS

Short Rib or Shoulder Pot Roast lb **\$1.28**



## No finer meat sold anywhere!

**OUR MEAT IS WRAPPED BETTER SIDE DOWN!**



Watch for "Our Butcher's Pledge" Seal. At A&P we guarantee the fresh meat cuts carrying this seal will be packaged with the better side down. Your assurance of top quality in every package.

Shop A&P. Enjoy Great Meat!

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|---|--|
| SCHNEIDERS BRAND, "RED HOTS" <b>Wieners</b> 1-lb vac pac <b>79¢</b>     | SUPER-RIGHT, CANADA GRADE "A" BEEF EXCELLENT FOR BRAISING <b>Blade Steaks</b> lb <b>\$1.08</b> |
| BURNS BRAND, STORE PACK, BEEF & PORK <b>Sausages</b> lb <b>79¢</b>      | CROSS RIB ROAST lb <b>\$1.28</b>   |
| MAPLE LEAF, SKINLESS <b>Sausages</b> GOLDEN FRY lb <b>99¢</b>           | BONELESS SHOULDER CUTS <b>Stewing Beef</b> lb <b>\$1.38</b>                                    |
| TOWN CLUB, SWEET PICKLED <b>Cottage Rolls</b> vac pac lb <b>\$1.09</b>  | FRESH <b>Ground Chuck</b> lb <b>98¢</b>  |
| PRIDE OF CANADA, SWEET <b>Cooked Meats</b> 6-oz vac pac <b>44¢</b>      | BONE IN <b>Brisket Plate</b> lb <b>54¢</b>   |
| SCHNEIDERS BRAND, BLUE RIBBON <b>Bologna</b> by the piece lb <b>79¢</b> | BONELESS - CENTRE CUTS <b>Brisket Point</b> lb <b>\$1.58</b>                                   |

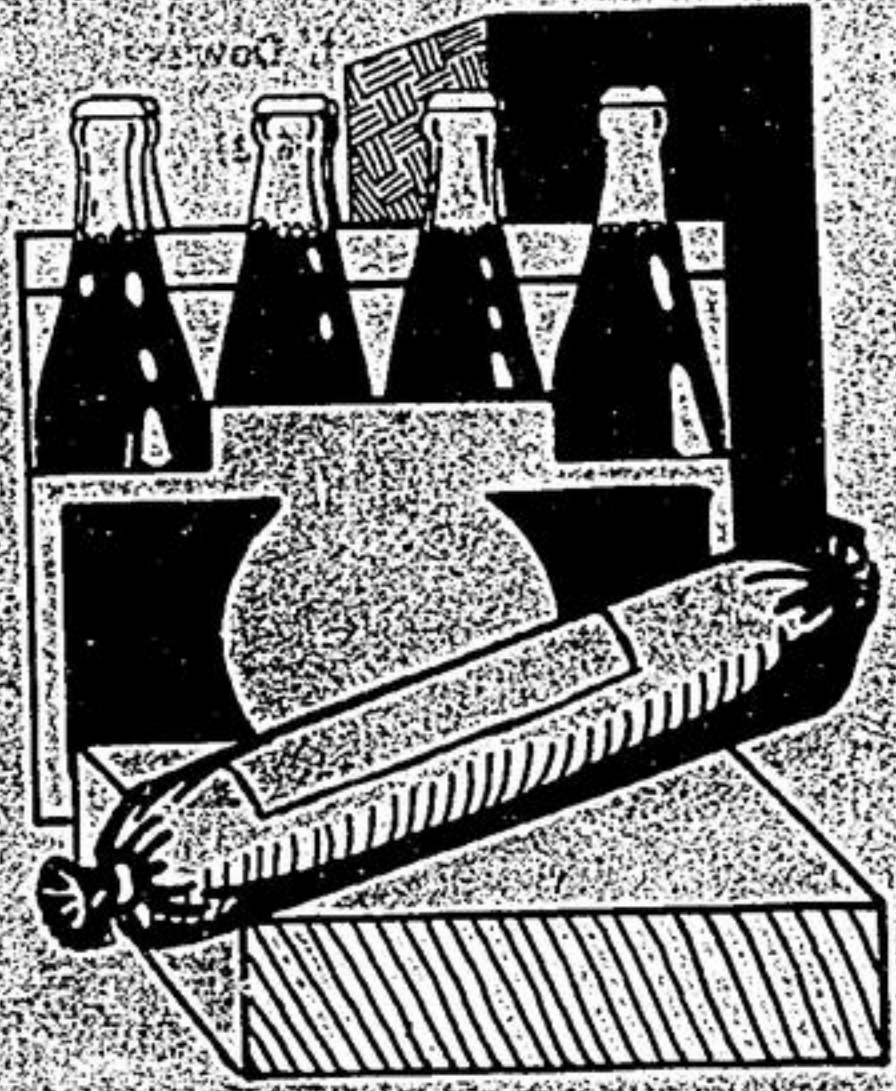
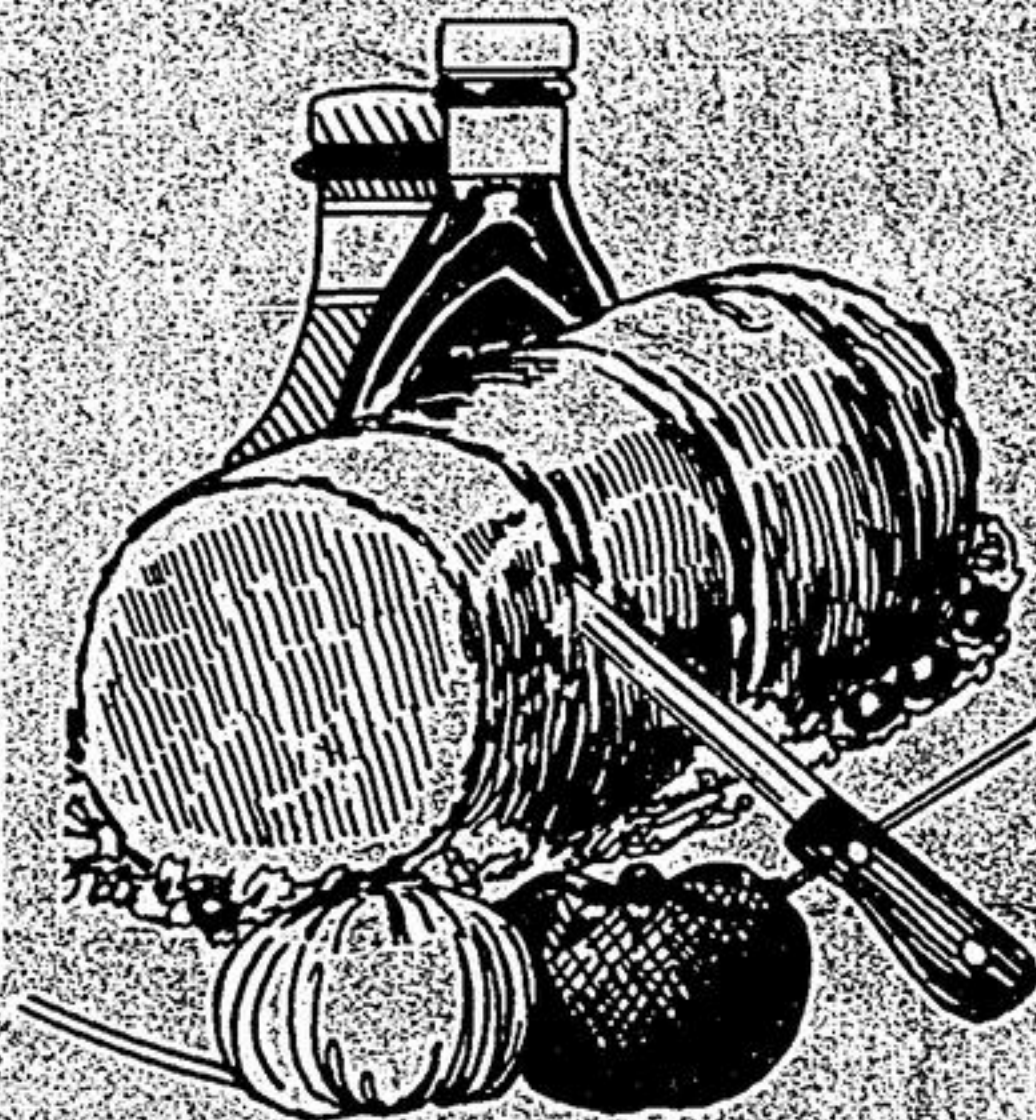
YOUR CHOICE OF BRANDS TOWN CLUB OR SUPER-RIGHT BRAND 1-lb vac pac **\$1.39**

- FROZEN MEATS & SEAFOODS**
- HIGHLINER, FROZEN **Boston BLUE FILLETS** 1-lb pkg **79¢**
- SEAFRESH, FROZEN **Boston BLUE FILLETS** 5-lb box **\$2.99**
- ALPINE, FROZEN **Beef Steakettes** lb **66¢**
- GOLDEN SKILLET, FROZEN **Chicken Cutlets** lb **88¢**

**Action Priced!**  
A SUPER BLEND, RICH IN BRAZILIAN COFFEES  
**EIGHT O'CLOCK BEAN COFFEE**  
1-LB BAG **99¢** (SAVE 20¢)  
3-LB BAG **\$2.89** (SAVE 60¢)

ALL PURPOSE **ROBIN HOOD FLOUR** 5-lb. bag **79¢** *Action Priced!*

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| <b>ACTION PRICED!</b><br>IRISH, BEEF, CHICKEN <b>Burns Stews</b> 24-FL-OZ TIN <b>79¢</b> | <b>ACTION PRICED!</b><br>TEA BAGS <b>Blue Ribbon</b> PKG OF 100 <b>79¢</b> | <b>ACTION PRICED!</b><br>ASSORTED COLOURS <b>Kleenex Towels</b> PKG OF 2 ROLLS <b>79¢</b> SAVE 20¢ |
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Take advantage of these "Action Priced" Specials!

MIX OR MATCH - IN TOMATO SAUCE - NOODLE NUMBERS 14-FL-OZ. OR

**SPAGHETTI HEINZ** 19-fl-oz tins **3/\$1.00** *ACTION PRICED!*

**HEINZ SOUPS** 8 VARIETIES 8-fl-oz tins **7/\$1.00** *ACTION PRICED!*

**A-P EIGHT O'CLOCK INSTANT COFFEE** 10-oz **\$1.69** *ACTION PRICED!*  
100 PERCENT BRAZILIAN COFFEE

**Action Priced!**  
**BANQUET BRAND FROZEN DINNERS**  
CHICKEN & FISH, TURKEY, SALISBURY, MEAT LOAF

11-OZ PKG **69¢**

SEABROOKE, REGULAR OR CRINKLE CUT **French Fries** 2-lb pkg **49¢**

FANCY QUALITY, FROZEN **A&P Strawberries** 15-oz pkg **59¢**

- PURE CHOICE, VITAMINIZED **MITCHELL'S APPLE JUICE** 48-FL-OZ TIN **59¢** *ACTION PRICED!*
- CRUNCHIE WHOLE DILLS **Bick's Pickles** 64-fl-oz jar **\$1.19** *ACTION PRICED!*
- 7 VARIETIES **Peek Frean Biscuits** 7-oz pkg **49¢** *ACTION PRICED!*
- CELEBRATION 8 VARIETIES CAKE MIXES **Robin Hood** 3 9-oz pouch pkgs **\$1.00** *ACTION PRICED!*
- SINGLE THIN, PROCESS CHEESE SLICES **Black Diamond** 16-oz pkg **\$1.29**

- OATMEAL 2-LB BAG **DAD'S COOKIES** **\$1.59** *ACTION PRICED!*
- LIVER OR CHEESE **Canned Hams** BURNS 1 1/2-lb tin **\$2.69** *ACTION PRICED!*
- GREEN, LAVENDER, PINK, WHITE, YELLOW **Ken-L Ration BURGERS** 36-oz pkg **\$1.39** *ACTION PRICED!*
- APRICOTS OR PEARS 16-FL-OZ TIN 65¢ - FRUIT COCKTAIL PEACH SLICES OR HALVES (NO SUGAR ADDED) **Kleenex FACIAL TISSUE** pkg of 200 sheets **55¢** *ACTION PRICED!*
- 16-fl-oz tin **Tasti-Diet Fruits** **57¢**
- HEINZ, KIDNEY **BEANS** 3 14-FL-OZ TINS **\$1.00** *ACTION PRICED!*
- DETERGENT **Mir Liquid** 2 24-fl-oz plastic bills **\$1.15** *ACTION PRICED!*
- DOWNY - CONCENTRATED **Fabric SOFTENER** 66-fl-oz plastic jug **\$1.95** *ACTION PRICED!*
- INSTANT, SKIM, POWDER **Carnation Milk** 3-lb pkg **\$2.02** *ACTION PRICED!*
- BLUE, GREEN, PINK, WHITE, YELLOW **Delsey BATHROOM TISSUE** pkg of 2 rolls **54¢** *ACTION PRICED!*

**Health & Beauty Aids!**

NORMAL, DRY, OILY **Halo Shampoo** 8-fl-oz plastic bil **99¢**

PALMOLIVE, REGULAR, CARIBBEAN, MENTHOL MINT **Rapid Shave** 11-oz aerosol tin **89¢**

ANTI-PERSPIRANT - REGULAR, UNSCENTED, POWDER **Hour After Hour** 6-oz aerosol tin **79¢**

TOOTH PASTE **Ultra Brite** 50 ml. tube **73¢**

**FRESH PRODUCE!**  
CANADA No. 1 GRADE WHITE TABLE STOCK **P.E.I. POTATOES** 20-lb bag **95¢**

FLORIDA, LARGE SIZE **Endive or Escarole** 3/\$1.00

CANADA FANCY GRADE ONTARIO ALL-PURPOSE **Apples COURTLAND** 5-lb cello bag **89¢**

THOMPSON 1048 BAO **\$1.58**

**Wild Bird Seed** 4-lb bag **67¢**

ALL PRICES SHOWN IN THIS AD GUARANTEED EFFECTIVE THROUGH SATURDAY, JANUARY 11th, 1975.

**SERVE TOP QUALITY JANE PARKER BAKED GOODS and SAVE!**

JANE PARKER, PLAIN OR SUGARED (SAVE 10¢) **Family Donuts** pkg of 12 **69¢**

JANE PARKER **Blueberry Pie** Full 8-inch pie **99¢**

JANE PARKER **Crisp Bread** SLICED 24-oz loaf **53¢**

OATMEAL 18-OZ. OR SUGAR 18-OZ. **Jane Parker Cookies** pkg **89¢** (BUY 2 PKGS - SAVE 9¢)

JANE PARKER **Twin Rolls** 2 pkgs of 12 **89¢**

JANE PARKER - PLAIN OR WHEAT **Twin Rolls "BROWN-N-SERVE"** pkg of 12 **49¢** (SAVE 10¢)

JANE PARKER **Pumpkin Pie** 1 Full 8-inch pie **89¢**

JANE PARKER (SAVE 10¢) **Raisin Pie** Full 8-inch pie **79¢** (SAVE 6¢)

JANE PARKER, VANILLA **Macaroon Cup Cakes** pkg of 6 **59¢** (SAVE 6¢)

JANE PARKER **English Fruit Cake** 1-lb, 9-oz cake **89¢** (SAVE 6¢)

JANE PARKER **Date Crunch** 12-oz foil tray **69¢** (SAVE 4¢)

JANE PARKER, ORANGE OR CHOCOLATE (SAVE 10¢) **Chiffon Cake** 13-oz cake **79¢** (SAVE 4¢)

JANE PARKER **Sweet Rolls** JELLY TOPPED pkg of 8 **75¢** (SAVE 10¢)

JANE PARKER, APPLE RAISIN (SAVE 10¢) **Coffee Cake** 12-oz cake **69¢**

**Action Priced!**  
JANE PARKER, SLICED - 60% or 100% Whole Wheat or Cracked Wheat

# BREAD

2 24-OZ LOAVES **79¢**

(BUY 2 LOAVES - SAVE 11¢)

399 MAIN ST. W. STOUFFVILLE

FREE PARCEL PICK-UP SERVICE!