



# The Tribune

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CHARLES H. NOLAN  
Publisher



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## Editorials

### 1975 might be a good year

As the New Year approaches, most of us think ahead to what 1975 has in store for us and our families. This year the prospects for next year are grimmer than usual. We are in the midst of great affluence, but afraid that the bubble may burst any minute.

Uncertainty is the best way to describe the feeling we have about the upcoming year. This past year was a good one in many respects. Canada was relatively untouched by problems and difficulties that seem to affect other countries, including our large neighbor to the south.

But deep in our hearts, we have a nagging fear that these problems will overtake us too. There is a pessimism about the economy and about growth in the new year.

Perhaps this is a time for us to pause and consider what indicators we use to judge a good year — as opposed to a bad year. Most of the indicators are economic. If the Gross National Product increased by a certain

amount then things are good, if the GNP does not grow or declines, then things are rough.

But perhaps there are more valid ways to evaluate our lives than just in terms of dollars and cents. This year was good because I did something positive to help my fellow man. This year was good because life was meaningful and stimulating. All these things are worthwhile ways of judging success of failure.

Perhaps if we applied criteria such as goodness and love, then the GNP would take care of itself, but we would also be more sensitive to the destruction of the environment and the general insensitivity growing up between people.

While the GNP may decline, 1975 could be a year for new initiatives into deeper and meaningful lives. Deeper and stronger contacts between people and an awareness of our environment would make 1975 a good year.

We pray that this might happen for each of you.

## Letters to the editor

### Conservationist makes his reply

Dear Sir,  
In a letter of Dec. 5, Don Hope questioned my comments on wolves and coyotes. I welcome Mr. Hope's interest and views of wolves, but I believe that following facts should be made known:

"Wolves and Coyotes in Ontario" published by the Ontario Ministry of Natural Resources, clearly points out that there are no resident wolves south of a line from the middle of Lake Simcoe and east into the northern part of Lanark County. Prior to 1950, wolves were sometimes found in the Bruce Peninsula. No record of a wolf mating with a coyote is ever mentioned.

Coyotes, sometimes erroneously called Brush wolves, readily mate with dogs and dogs have been known to mate with timber wolves. I have yet to find any evidence that timber wolves have ever mated with coyotes. With regard to the animals referred to by Mr. Hope, that were found in New Hampshire, Dr. Douglas Pimlott, a well-known Canadian authority on wolves, states in his book "The World of the Wolf" by Pimlott and Rutter, that these animals appear to be pure wild stock. Pimlott goes on to say that there is much confusion over their ancestry and it may take years to get the answer.

H. Ryden, in her article (Nat. Geographic, Aug. 1974) referred to by Mr. Hope, says there is a question as to the true identity of the animals that have recently appeared in the northeast and that controversy almost rivals that waged over the western coyote.

Many who have studied the coyote believe it to be related to the jackal because of the similarity of their habits. The coyote on the other hand has little if anything in common with the wolf. It (the coyote) prefers to live dangerously close to man in agricultural districts, while the timber wolf is only found today in remote, heavily timbered northern areas, as far from man as possible.

It is reported that damage to livestock by dogs in 1973 amounted to more than three times that caused by other predators.

I agree with Mr. Hope that farmers are not always fully compensated for their livestock losses.

EDGERTON PEGG  
RR 2, Claremont

### Article provokes clergy response

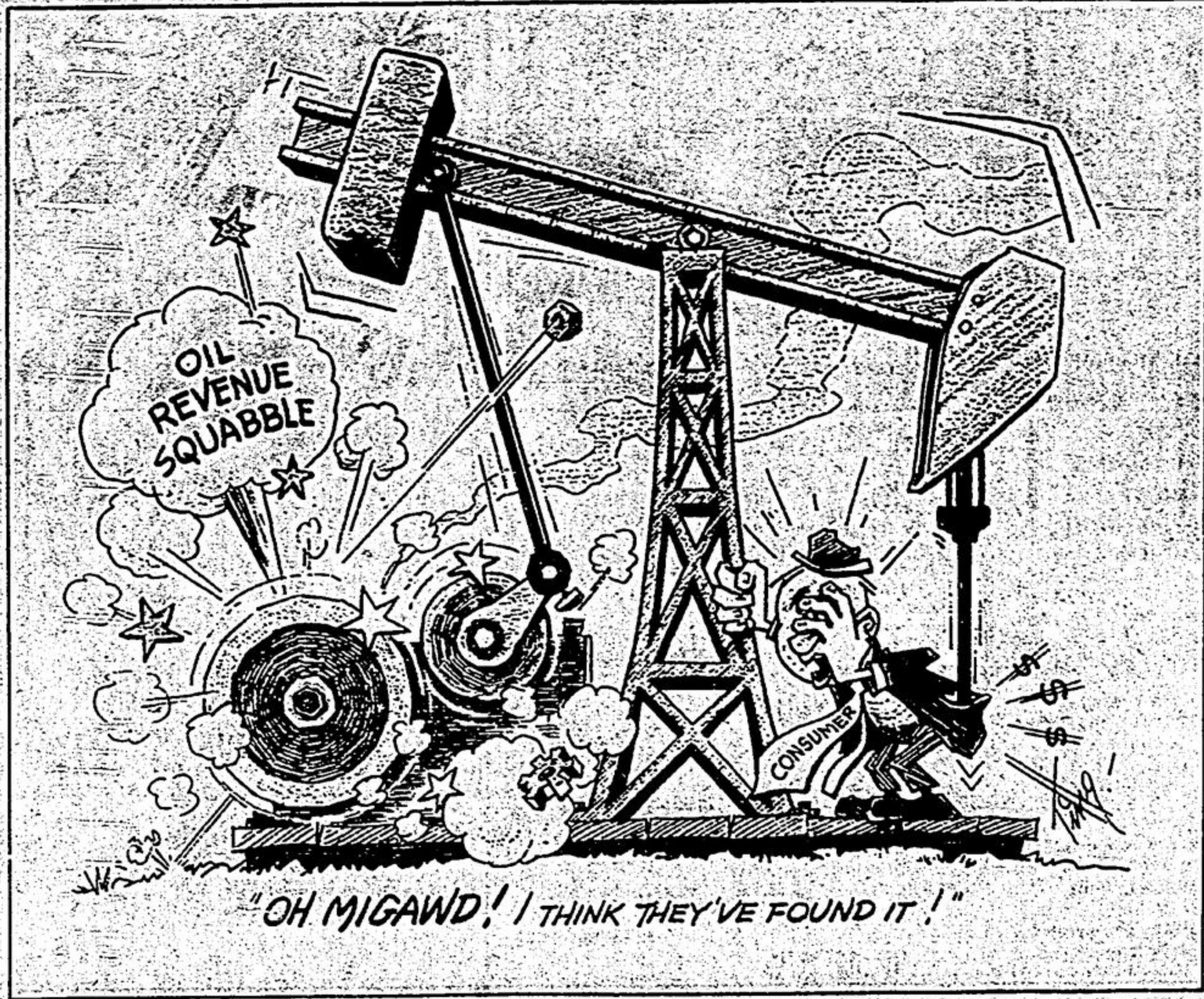
Dear Sir,  
Like many of your readers, I was delighted with Ted Wilcox's "story" on the front page of the Second Section of your issue of Dec. 12. While I found Mr. Wilcox's interviews with the students interesting, I thought that his own "tailpiece" on the bottom of the page was even better.

It is too bad that the stereotypes of "religion" and "religious people" with which Mr. Wilcox deals in his article are still so prevalent in the minds of the public. The charge of hypocrisy so often levelled against churchgoers is presumably based on the unfortunate but undeniable observation that those of us who frequent churches are constantly falling down in our efforts to practise Christian principles in our daily lives. In other words, we are still sinners!

On reflection, however, isn't that exactly what one would expect? People don't go to hospital because they are glowing with unblemished health, but in the hope of being made well. In just the same way, we people don't come to church because we are saints and want to show off our saintliness, but because we are sinners and know it, and want to be helped to become a little better. In church we receive in various ways "the medicine of immortality." If the world still finds us often contemptible people, just imagine how much worse we might have become by now without the help that we have received from our church!

If there are any students of SDSS or other sceptical citizens of Stouffville to whom "religion" means only one thing: hypocrisy and tired-looking people, I wish they would drop in at Christ Church on Sunset Boulevard any Sunday morning at 10 a.m. (and I'm sure the same would go for the other churches of the town). They would find a lot of love, a lot of rejoicing in the celebration of the truth of the Gospel of Jesus Christ, and a lot of sinners. And if they are not so simon-pure as to feel themselves contaminated by such a normally rotten cross-section of humanity, we'd love them to stay!

REV. CANON H. L. PUXLEY  
RR 1, Claremont



## Bible thought for the Week

From The Living Bible

The Philistines wouldn't allow blacksmiths in Israel for fear of their making swords and spears for the Hebrews. So whenever the Israelites needed to sharpen their plowshares, discs, axes, or sickles, they had to take them to a Philistine blacksmith. (The schedule of charges was as follows: For sharpening a plow point, 60c. For sharpening a disc, 60c. For sharpening an axe, 30c. For sharpening a sickle, 30c. For sharpening an ox goad, 30c. So there was not a single sword or spear in the entire "army" of Israel that day, except for Saul's and Jonathan's. 1 Samuel 13:19-22)

## TODAY'S HEALTH

### Stick to those resolutions

By DAVID WOODS

We have heard much in recent months about the runaway costs of health care. Ontario Minister of Health, Frank Miller, warned in October that costs are increasing by about 16 per cent a year in this province — and that the total health bill could reach \$11 billion by 1984, approximately the figure for the whole of Canada in 1974.

Much of this expenditure is on what Miller and others have called "diseases of choice." In other words, we're increasingly using medical and hospital services to treat diseases we could avoid in the first place.

Since this is a time of year for stocktaking and new resolutions, let's look at some of these diseases of choice and how they can be avoided.

Obesity — Earlier this year, a Nutrition Canada survey reported that more than half of all Canadians are overweight. For some

people — very few — the problem is not avoidable, but for most, it is. Resolve to get back to your ideal weight through proper diet and regular exercise.

Heart Disease — The incidence of heart attacks has increased by 60 per cent over the past 15 years. And it's still rising. Heart disease is the major cause of death in adults — and is largely a disease of choice, or lifestyle. Here again, diet and exercise, properly conducted, is the answer. And so is quitting the cigarette habit, so strongly implicated in heart disease.

Alcoholism — In Ontario, alcohol plays a part in half of all auto accidents, accounts for hundreds of thousands of man-hours a year in absenteeism from work, and for more than 10 per cent of all hospital costs. It is estimated that close to 300,000 Ontarians drink enough alcohol to endanger their health. If you think

only in moderation, but if you can't do that, you'd be better to quit altogether.

Stress and Anxiety — Inevitabilities of modern living they may be, but too much of either is dangerous. Resolve to recognize your boiling point, to cool things off not by popping tranquilizers, but by getting involved in some activity that will counterbalance the pressures. Exercise, relaxing hobbies and yoga are all good antidotes.

Resolutions are easy to make and difficult to keep. As far as your health is concerned, nothing could be more worthwhile than consciously choosing not to risk getting "diseases of choice." But don't attempt to do it all at once. It may be very noble to try to replace all your health vices with virtues in one fell swoop, but it's almost impossible.

Make your resolutions one by one — and stick to them. And have a happy, healthy New Year.



## VIEWPOINT

### Much can happen in one year

By DON BERNARD

A lot of things can happen in one year.

I think that looking back over the past 12 months, events have proceeded at a pace that boggles the mind. Often we are blissfully unaware of what the future holds then look back and see how inevitable things are.

Last year at this time, I had worked at The Tribune some six weeks as a reporter. My wife and I lived in a small apartment in Markham. As far as I was concerned, things were in a state of flux, but the future would be relatively predictable.

Then things started to happen. We moved in May, and in June I succeeded Jim Thomas as editor. Then in November we moved again, to the house we presently live in. In August our baby was born.

Wow. Things have a way of happening don't they?

But while it has been a hectic year, it has been an enjoyable one in many respects. And as the year closes, I would like to thank some of the people who have helped make this year good for me.

When I was working at The Era in

Newmarket, I wrote an annual sports column which expressed a thank you to those people who had contributed to the sports section of the paper. This is the same sort of thing on a broader scale.

It is hard to come up with the first name. A number of people might qualify. I would say that C. H. Nolan, publisher of The Tribune, would be due for the first thank you. He was the one who talked me out of quitting earlier in the year and since becoming editor has been a constant source of help, both with praise for work well-done and constructive suggestions on how things might be done better.

Next in line is Jim Thomas, who hired me in the first place and set an example of dedication and hardwork that is hard to follow. He also provided incentive and help at various times that has been invaluable.

John Montgomery and Ted Wilcox are the two reporters on The Tribune staff. It is hard to put into words feelings about people one works with on a day-to-day basis. Suffice to say that I would not trade either of them. They have shown dedication and skill in their work and loyalty. In fact the best way I could describe the editorial staff would be to compare it with a team that works hard together to publish the paper every week.

There are some unsung heroes too. For instance George Ross and his assistant, Orval, work tirelessly at odd hours of the day and night to do the photography work for The Tribune. That includes developing film on Sundays or drying prints at midnight. Thanks, George.

There are various other people who make

an editor's job easier. Various part-time people have made significant contributions. Mark Niblet, Svend De Bruyn and Sheila McLeod have all done their parts in making The Tribune what it is.

The office staff at The Tribune, Joan Marshman, Doreen Deacon, Eileen Glover and Bev Smith also do much to help out. They often get the brunt of irate callers who want to chew out the editor.

Other contributors include — Evelyn Milted (Gormley News), Mrs. William Sandie (Victoria Square), Mrs. Anne Loney (Claremont News), Betty Pegg (Greenwood News), Grace Foote Powell (Fragments), Howard Minaker (Voice of Bethel). Also a special thanks to those who took the trouble to write letters of the editor.

To all a very Happy New Year. May God Bless you in 1975.

## Reader suggests sculpture name

Dear Sir:  
In anticipation of the contest that I know you will sponsor to name the newly acquired object d'art, gracing the new post office, may I offer — "Jaundiced Kidney — Sliced!"

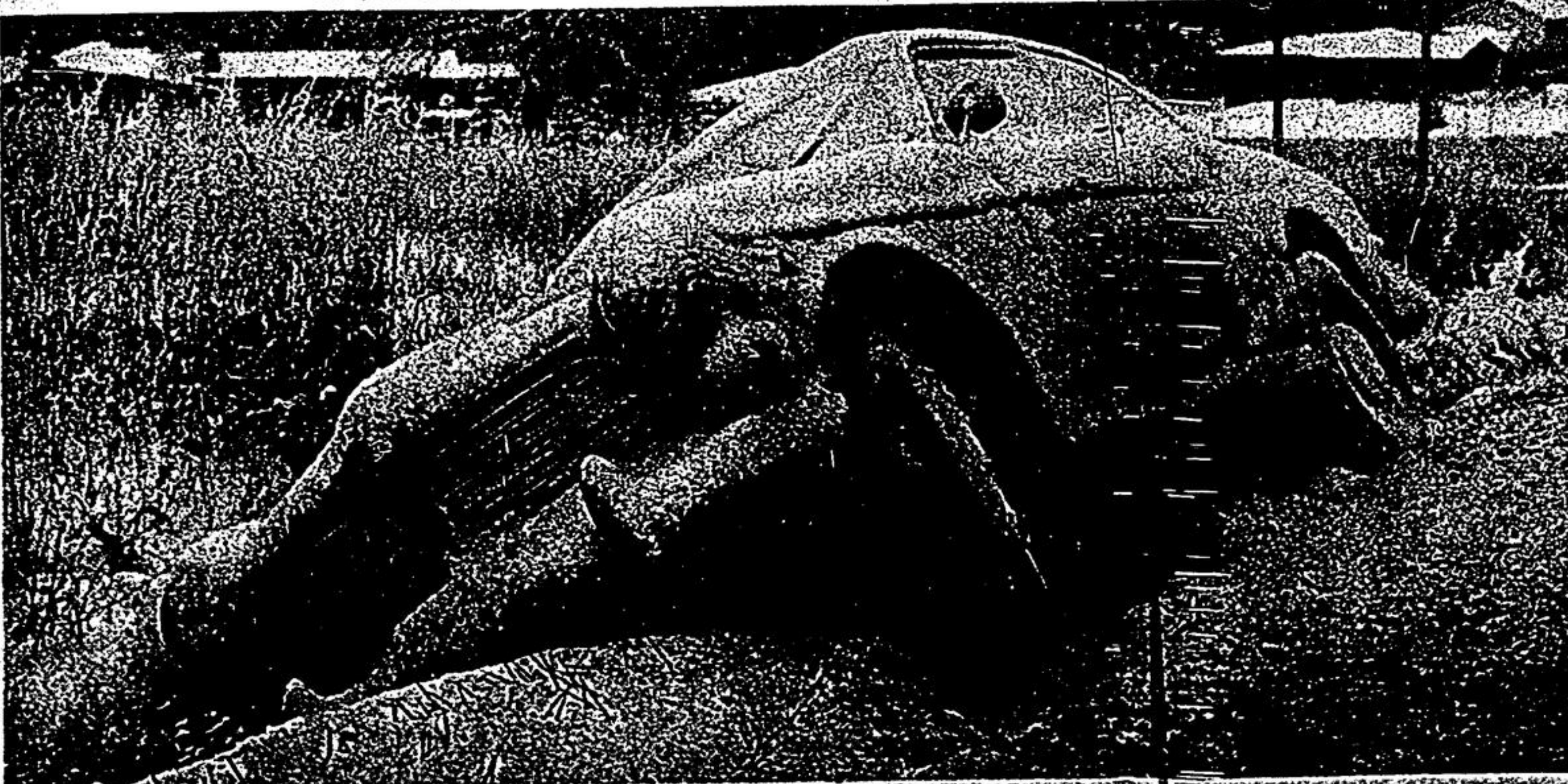
ROGER F. GLAZIN  
Stouffville

## The New Leaf

He came to my desk with quivering lip  
The lesson was done.  
"Dear teacher, I want a new leaf," he said.  
"I have spoiled this one."  
I took the old leaf, stained and blotted,  
And into his sad eyes smiled:  
"Do better now, my child!"  
I went to the Throne with a quivering soul —

The old year was done.  
"Dear Father, hast Thou a new leaf for me?"  
I have spoiled this one.  
He took the old leaf, stained and blotted,  
And gave me a new one, all unspotted,  
And gave me a new one, all unspotted,  
And into my sad eyes smiled:  
"Do better now, my child!"

—by an Unknown Author



Winter is upon us and the usual assortment of snowstorms have already managed to make driving hazardous. This car was off the road on the 5th Conc. of Markham during a recent storm. New Year's Eve is a time when police are out in force and this year York Regional Police have stepped up their spot checks over the holiday season. John Montgomery