

# Salads and dressing



## FRUIT 'N' CHEESE SLAW

1 cup pineapple tidbits  
1 cup diced apple or celery  
4 slices Old English cheese slices cut in strips  
Miracle Whip salad dressing  
Combine cabbage, pineapple, apple, & cheese. Add enough dressing to moisten. Toss lightly.

Edna Meyers  
Box 891  
Uxbridge

## COLE SLAW

1 medium carrot shredded  
2 cups shredded cabbage  
dash of sugar  
3 tbs. mayonnaise  
1 tsp. salt  
Place shredded carrot and cabbage in one bowl. Add small dish of sugar in the bowl then the salt. Then mix in the mayonnaise thoroughly. Refrigerate for about 10 minutes before serving.

Mrs. P. Sally  
232 Romfield Circuit  
Thornhill

## CREAM SALAD

1 pkg. Apple, lime or lemon jello  
1 cup mayonnaise  
1 cup cottage cheese rubbed through sieve  
It must be creamy no lumps. Vegetables.  
Method:  
Mix jello with 1 cup boiling water. Put in refrigerator until it gets syrupy. Do not let it set. When syrupy add the mayonnaise, cottage cheese & add vegetables. Use cabbage, carrots, cucumber, peppers, green onions or chives.  
Mix all together well & put into fridge to set. Garnish with sliced radish or olives.

Mrs. W. Trolley  
R.R. 2 Whitby

## A DELICIOUS CABBAGE SALAD

1 chopped cabbage  
1 chopped green pepper  
1 pkg Spanish Peanuts  
Sliced seedless grapes  
Mandarin oranges  
Mix above all together, except oranges.  
Dressing  
Sour cream or Miracle Whip. Lay mandarin oranges on top.

Mrs. Ada Allen  
14 Dublin St.  
Markham

## JELLY CUCUMBER & LIME

Dissolve 1 Pkg. Lime Jelly in 1 1/4 cups of Boiling water.  
Add 1 teas. vinegar, salt & pepper. Let partly set then whip till frothy. Add 1/4 cup miracle whip then add 1 cup finely chopped cucumber and 1 teas. onion.

Mrs. Norman L. King  
Belhaven P.O.  
Ont.

## TWENTY FOUR HOUR SALAD

1 egg  
2 tablespoons lemon juice  
2 tablespoons sugar  
pinch of salt  
1/2 cup whipping cream  
12 marshmallows (snipped into small pieces)  
1 cup canned pineapple tidbits  
1 cup fresh seedless grapes (cut in half)  
1 cup diced banana  
1 cup diced oranges  
8 maraschino cherries (quartered)  
1/2 cup chopped almonds.

Method: Beat egg, add lemon juice, sugar & salt. Cook in double boiler until thick. Cook fold in whipped cream, marshmallows, fruits and nuts. Chill overnight.

Mrs. Elizabeth Jones  
Stouffville

**SAUERKRAUT SALAD**  
1-28 oz. tin of Sauerkraut (drained well)  
1/2 cup chopped celery  
1 cup chopped carrots  
1 cup chopped green pepper  
5 green onions chopped

Make a syrup of  
1 1/4 cups white sugar  
1/2 cup vinegar (white or cider)  
1/2 cup water  
1/2 cup Crisco Salad oil

Boil and cool before combining. Let marinate for 24 hours before using.  
Mrs. Aleatha Woodcock  
14 George St.  
Markham

## BEET SALAD

2 lbs cooked beets, sliced  
1 1/2 cups vinegar  
1 1/2 tablespoons dry mustard  
1/2 teaspoon salt  
1 1/4 cups sugar  
1 cup finely chopped onion  
2 teaspoons celery seed  
1 cup cooking liquid from beets

Method: Bring vinegar, beet liquid, sugar, mustard and salt to a boil, pour over beets, onions and celery seed. Marinate overnight. Will keep several days in refrigerator.

Mrs. Elizabeth Jones  
Stouffville

## FRENCH DRESSING

1 cup mazola oil  
1/2 cup vinegar  
1 can tomato soup  
1 teaspoon dry mustard  
a shake of salt and pepper  
2 tablespoons of sugar  
1 teaspoon of worcestershire sauce  
shake well

Elizabeth Raven,  
77 Senator Reesor's Dr.  
Markham

## CARROT SALAD

WITH RAISINS & NUTS  
Scrape 4 large carrots  
Place on ice for 1 hour then grate them coarsely into a bowl.  
1/2 cups seedless raisins  
1/2 cups coarsely chopped pecans or nuts  
1/4 tsp. salt  
Fresh ground pepper  
2 tsp. grated lemon peel  
1 tsp. lemon juice  
Mix above ingredients lightly with carrots. Pour over it 1 cup or more sour cream.  
Serves 4.

Mrs. P. Sally  
232 Romfield Circuit  
Thornhill

## CUCUMBER SALAD

1 small lime jello  
3/4 c. boiling water  
1 cucumber (6 to 7" long)  
A little grated onion  
2 tbs. vinegar  
1 cup salad dressing  
1 cup well drained crushed pineapple

Add lime jello to boiling water. Let sit while cutting cucumber into cubes. Add remaining ingredients and fold all together. Let set in refrigerator.

Marion Britton  
R.R. 3  
Claremont

## TUNA SALAD

2 cans chunk white tuna fish, (drained well)  
1 cup diced celery  
1 cup diced apples (skin on)  
1/4 cup lemon juice  
1/2 teaspoon minced onion  
1 teaspoon minced parsley  
Mayonnaise

Method: Flake tuna and mix with celery. Combine apples & lemon juice, mix with tuna mixture. Add onion and parsley. Fold in mayonnaise to suit your taste.

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Stouffville

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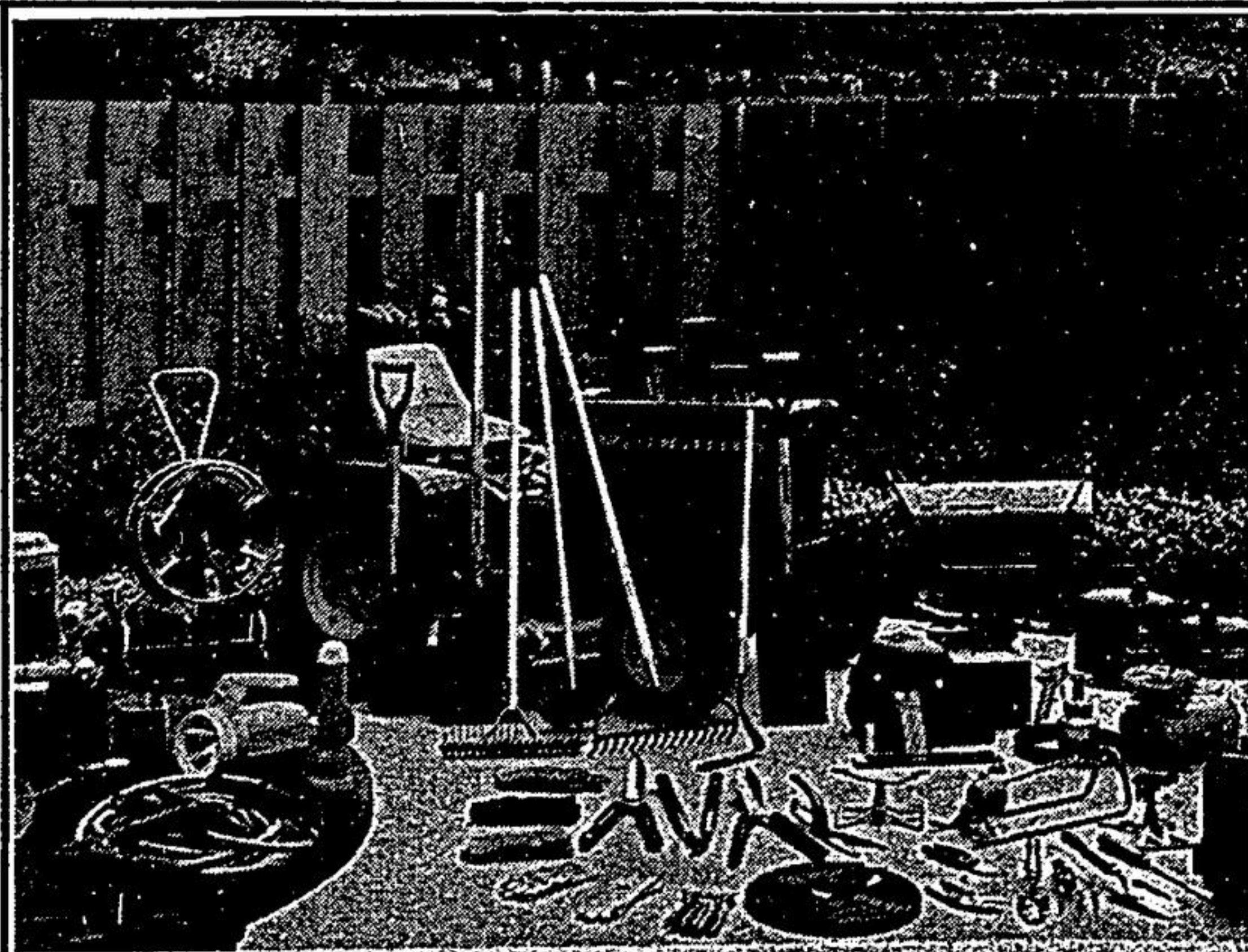
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