

Physical Education

Important part of student development at S. D. S. S.

By J. H. Rehll
Phys. Ed. Instructor

(Part 1)
STOUFFVILLE — Physical Education is a phase of total education. It contributes to the general objective of all education — the well-rounded development of all young people as responsible citizens of a democratic society.

Physical education at Stouffville Dist. Secondary School seeks through selected activities to assist the individual to develop skill, strength, endurance and character to his fullest capacity.

The Physical Education course has five aims.

- 1) To promote the healthy growth and physical fitness of the adolescent.
 - 2) To develop fundamental physical skills.
 - 3) To encourage desirable attitudes and behavior — particularly in the field of leadership, sportsmanship and co-operation.
 - 4) To promote an interest in physical activity which will carry over into leisure time.
 - 5) To increase knowledge of the principles of good health and to develop good personal health habits.
- In Part 2, the requirements of the program will be outlined in full.



The trampoline is a valuable piece of equipment in the gymnasium of Stouffville District Secondary School. Students here are Rob Houston (centre) flanked by Paul Hadcock and Jim Clubine. Floor spotters are Paul Hamilton and Kelvin Carrington. —H. J. Waite

Role of Guidance

Often misunderstood

By Bruce M. Johnston Guidance Department

STOUFFVILLE — The role of the guidance counsellor is often misunderstood.

As head of the Guidance Department at Stouffville Dist. Secondary School, I would like to clarify our position.

What Guidance should and should not be summed up very well in the parent-teacher magazine "Quest."

What Guidance Should Be:

- An arena for sifting many opinions.
- Where the student finds out what his peers think about the world.
- Where the student can bring confusing views for discussion.
- Where the student "blows off steam" about school and friends.
- A place for humor, spirit, compassion.
- A chance to hear older students' ideas.
- A chance for informality, confidence, acceptance.
- Where the student can be himself.
- Exploration of the world of work.

- Information about university.
- Information about community agencies that help in time of trouble.
- Panels, debates, films, speakers, buzz sessions.
- First, last and always: service to the student.

- What Guidance Should Not Be:
- Giving advice.
 - Directing action.
 - Influencing of decisions.
 - Formal lessons.
 - Following of a text.
 - Teaching of health.
 - Teaching of study habits.
 - Teaching 'adjustment'.
 - An academic course.
 - Something to be 'taught' as such.
 - Something you can formally evaluate for reports.
 - A service for the administration.
 - A service for the timetable committee.
 - Standardized testing.
 - Snooping into family conditions.
 - A device for the maintenance of status quo philosophies.

UXBRIDGE TOWNSHIP Cattle Owners

The treatment of cattle under the Regulations of The Warble Fly Control Act will not be carried out in Uxbridge Township during the year 1969, having been unsuccessful in engaging an inspector.

1 lb. bags of Warble Fly powder will be made available — free — to resident cattle owners at the Township Garage, Goodwood, Ontario, during regular business hours.

J. E. Foscett, Clerk.

At Claremont

Eleven young people receive church membership

By Shirley Pilkey
CLAREMONT — In a very impressive ceremony Mar. 30, at the Claremont United Church, Rev. Linstead welcomed 11 young adults into membership. They were: Robert Roszell, Gwen and Glenn Hammond, Kathy and Brian Stickwood, Christine Evans, Cathy McGregor, Karen and Gerald Cook, Dale Devitt and Vinetta Makreel.

Mrs. Betty Hopkins is quite ill with bronchial pneumonia. Her many friends wish her a speedy recovery.

The Claremont hockey club lost 7-4 to Ayr, Saturday in Uxbridge. The series' third game is back in Uxbridge, Apr. 5.

Mrs. Marion Brown of Maryland, U.S.A. spent the week with her sister and husband, Mr. and Mrs. Paul Nesbitt. On Wednesday evening, Mr. and Mrs. Nesbitt entertained Mrs. Marion Brown, Mr. and Mrs. Lloyd Pascoe, Mr. and Mrs. Al Robertson.

The Youth Club held a very successful euchre with 11 tables. Winners were: (Ladies), 1st, Mrs.

Mr. and Mrs. Russell Smith, Main Street West, have returned from an extended motor trip to Florida.

Mary Redshaw; 2nd, Mrs. Aldine Evans; Cons.: Miss Karen Cook. (Men): 1st, Norm White, 2nd, Tom Hammond, Cons., Bob Hammond.

The next Youth Club dance is Apr. 5 in the Community Hall at 8 p.m. Music will be provided by 'The Four Fairs Sound.'

The 4-H Club is completing the unit 'Milky Way.'

Achievement Day is Apr. 26 at 1:30 p.m. in the Community Hall. The public is invited.

Mr. and Mrs. Harry Porter entertained Mrs. Glover of Marmora and Mrs. Isobel Burkholder of

Markham on the weekend.

Mrs. Mildred Murray of Toronto, cousin of Mr. and Mrs. Joseph Empringham, spent the weekend with them.

The many Claremont friends of Mr. Richard Day of Balsam extend best wishes on the occasion of his 80th birthday.

The stewards of the United Church held a very successful hot beef dinner Sunday. An estimated



275 were served.

Birthdays and anniversaries in March was the occasion for a party Saturday evening at the home of Mr. and Mrs. Alan Redshaw. Those celebrating birthdays were: Alan Redshaw, Dianne Redshaw, Lenore and George McKenzie, Gord Taylor and Earle Pilkey.

Anniversaries honored Mr. and Mrs. Steve Wideman and Mr. and Mrs. George Smith.

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THE USED CAR PROBLEM

Without a successful used car operation, most new car dealerships would soon be out of business.

If we can go one step further, we would like to add this thought: the PRIMARY reason for the auto dealer's existence is to sell and service used cars for which his new car sales provide him with a continuous source.

If it were not that used cars are such a vital part of our automotive-inclined economy, new cars could very possibly be sold in department stores or other non-service establishments and the customer left to dispose of his old car on his own.

The market figures tell the story: each year more than two and a half times as many motorists buy used cars compared to new. But despite a market that is more than twice as large as that for new cars, there is still a percentage of dealers who regularly have a used car problem.

Why? The reason lies in the fact that a used car is to a greater or lesser extent a worn vehicle. Even with reconditioning it will ultimately need far more service than a new car. But if impending repair needs are disguised or ignored in order to make a sale, the resulting customer dissatisfaction will turn around and destroy the dealer's reputation in the community.

Without an earned reputation for trust, any dealer will eventually have a used car problem.

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PICKERING TOWNSHIP FEDERATION OF AGRICULTURE

ANNUAL MEETING

APRIL 9 AT 8.15 P.M.

Mt. Zion Community Centre

There will be a speaker on General Farm organization. William Newman will speak on Regional Government and assessment.

LUNCH AND DOOR PRIZES

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Tom Henrick of Brampton, son of Mr. and Mrs. John Henrick, formerly of Stouffville, spent the weekend at the home of

Ronald Yakeley, son of Mr. and Mrs. Herbert Yakeley, Harold Street. His brother, Paul Henrick was at the home of Mr. and Mrs. Rae

Holden, Tindale Road, and their sister, Kim Henrick, was at the Doug Ward home on Glad Park Ave.

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