

TO THE MEMBERS OF THE STOUFFVILLE  
CO-OPERATIVE ASSOCIATION

**THE 22nd ANNUAL MEETING**

of the  
Stouffville Co-Operative Association

will be held at  
**STOUFFVILLE MASONIC HALL**

**THURSDAY, OCTOBER 28, 1965**

at 8 p.m.

All Co-Op Members Are Requested To Attend - and  
A Cordial Invitation Is Also Extended To All  
Our Non-Member Patrons.

Purpose of meeting, to elect directors, appoint auditors  
and any other business.

Guest Speaker - Donald W. Middleton

Director of Properties for O.F.A.

- DOOR PRIZES -

Pres.—Les Meyers

Sec.—C. O. James

TRIBUNE Classified Ads Are Tops

**Ashburn Dist. Farmer  
Director Of Cream  
Producers Assoc.**

UXBRIDGE—The annual meeting of the Ontario County Cream Producers' Association was held in the Department of Agriculture Office, here, on Tuesday, October 12.

Mr. Gordon Taylor, Dairy Supervisor for Ontario County, announced that a Cream Quality Programme was started in Ontario County this year. His services are available to any Dairy Farmer who makes a request.

Mr. W. J. Wood, District Director on the Cream Producers' Marketing Board, addressed the meeting. He outlined some of the work that the Cream Producers' Marketing Board carried out during the year.

Mr. Glen Cole, Director on the Cream Producers' Marketing Board, stated that a more effective job had been done this year by the Cream Producers' Association in getting higher returns for Cream Producers. An effective job was also done in advertising dairy products by the Food Service Bureau.

The Cream Producers contribute money to this advertising fund each year. He also mentioned the quality programme initiated two years ago by the Cream Producers Marketing Board at the request of the Cream Producers' Association. All other branches of the Dairy Industry are improving quality so it is imperative that the quality of farm separated cream be improved also.

The election of officers and directors resulted as follows: President, Gordon Rynard, Zephyr, RR 1; Vice-President, George Morris, Uxbridge, RR 1; Secretary-Treasurer, H. L. Fair, Uxbridge. Voting Delegates: Gordon Rynard, George Morris, Directors for 1966: Rama, Leonard Cooper, Washago; Mara, John, B. Warren, Brechin, RR 1; Thorah, Leonard Davis, Beaverton, RR 2; Brock, Les Faux, Blackwater; Reach, Fred Lamb, Port Perry, RR 4; Scott, Stewart Annand, Ux-

CLASSIFIED ADS  
BRING RESULTS

**Pollution Is Fish  
Industry's Greatest  
Enemy - Biologist**

MAPLE—Pollution is probably the fish's greatest enemy, according to District Biologist, Allan Wainio of Maple. He noted that if more people were more deeply concerned about purifying polluted streams, the natural fish population would increase both in quantity and quality.

Every spring and summer, the Ontario Department of Lands and Forests stocks various suitable public waters throughout Ontario with thousands of game fish. To many people, stocking is something of a "cure-all," especially in Southern Ontario, but the solution to the problem is, according to Mr. Wainio, not quite that simple.

Mr. Wainio stated that there was little value in continuing stocking where certain waters were becoming more polluted, and eradicating this problem

was a first consideration. Clean, well-oxygenated streams and lakes, with abundant natural food, are a better guarantee of quality game fish than depending on hatcheries.

The rainbow trout fishery in the Nottawasaga River watershed is one which should increase both in quantity and quality in the coming years. At the same time, the building of dams or other constructions in the small, spawning tributaries, and increased instance of pollution, could mean the fishery would remain static for a number of years and then probably decline. It is no longer necessary to stock rainbows in the major rainbow streams, for this species does well on its own and the native fish are harder than hatchery-reared trout. The disappearance of the salmon from Lake Ontario, many years ago, is still painfully remembered.

**Travelling Verse**

(or, How My Heart Was Left Behind)

Travelling on a train,  
some boys went away,  
Up to the Yukon for a week,  
to stay,  
Oh, these travellers three,  
Across Canada, they went to see  
---Scenery.

bridge, RR 2; Uxbridge, Gordon Ewen, Uxbridge, RR 1; Pickering, Lloyd Wilson, Ashburn, RR 1; Whitby, William Parrinder, Ashburn, RR 1; East Whitby, Fred McLaughlin, Oshawa, RR 2; Scuzgo, Everett Prentice, Port Perry, RR 3.  
Director of Ontario County Federation of Agriculture - William Parrinder, Ashburn, RR 1.

On their heads  
white hats they wore,  
To impress the populace  
for evermore.  
Oh, these travellers three,  
Across Canada, they went to see  
---Scenery.  
On arriving in the Yukon,  
to have some fun,  
They found plenty of time  
under the Midnight Sun.  
Oh, these travellers three,  
Across Canada, they went to see  
---Scenery.  
Time went on,  
and as time rolled by,  
The Yukon girls they found,  
weren't shy!  
Oh, these travellers three,  
Across Canada, they went to see  
---Scenery?  
The end came fast,  
and as said Steve,  
"Our Yukon gals,  
we had to leave!"  
Oh, these travellers three,  
Across Canada, they went to see  
---Scenery??  
Paul Middleton, 12C.

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BEST BUY! Green Giant Fancy! Save 17c! 15-oz. <b>BEANS</b> Green or Wax 5 for 88c	Case of 24 - \$4.20	Feature! Choice Crushed - Sliced - Tid Bits <b>PINEAPPLE</b> 4 for 95c
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**Chiropractic Viewpoint**  
**SLIPPED DISC**  
(Second of two parts)  
Continuing excerpts from an article written by Dr. James Harvey of The British Medical Association.

"When a disc can protrude into the spinal canal, which holds the spinal cord and the nerve roots which spring from it, pressure on these nerves may cause trouble at once, or some time later, when the original injury has been forgotten. The most common place for this to happen is very low in the back, so that pressure is exerted on the nerves going to the buttocks and the leg. The usual result is an immediate attack of lumbago followed by sciatica down the affected leg.

"In about eighty percent of cases, the complication of injury, followed by sciatica, with stiffness of the back which makes it difficult to stoop, is due to a slipped disc."

The advice of most surgeons, in cases of slipped discs would be not to have an operation until other treatment has been tried for at least a year.

The length of time required to correct the majority of these cases with chiropractic manipulation depends primarily on the length of time the condition has existed. The sooner manipulation is applied the more dramatic are the results.

**THE BOARD OF MARKHAM  
TOWNSHIP SCHOOL AREA #2**  
cordially invites you to attend the opening of the  
new addition to School #10, Unionville.  
The opening ceremony will be held at the  
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Tuesday, November 2, 8 p.m.

The speaker will be Mr. A. McKague, Superintendent  
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**The Stouffville Tribune**