

# CREST HARDWARE

PHONE 640-2771

# Chiropractic Viewpoint

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ARTHRITIS (Part 1)

For half a million years, arthritis has been the most wide spread of chronic diseases. Primarily, it is an inflammation of one or more joints and involves the bone, cartilage, ligaments, muscles, and joint lining. Arthritis is one of the rheumatic diseases which also includes bursitis, myositis, and febrositis.

Rheumatoid arthritis is the common crippling type found more often in women and usually in early middle life. It inflames and may destroy the joint linings, which leads to permanent deformity. There is also an involvement of the muscles, tendons and ligaments surrounding the joint. Pain of movement is produced by the associated muscle spasms and involvement of ligaments and tendons. While the symptoms may be confined to one or several joints, this condition is considered to be systemic in nature, with complex involvement of nervous and chemical control of body functions. of body functions.

Osteoarthritis, also known as hypertrophic arthritis, is local, confined to one or closely related articulations, and most frequently occurs in middle or later years. The term "hypertrophic" describes the overgrowth and bony spur formations which may develop years after injury or after years of stress, or poor mechanical alignment of a joint.

### AJAX PARENTS TO RECEIVE MATH COURSE

ity to learn the new mathematies this Fall.

has decided to offer a series of lectures free of charge at the Parkside Auditorium during the Truck Owner, next three months, to acquaint parents with the "new mathematics" now taught in Ontario Driver Blamed

Two keynote addresses will be for Accident rium one on Oct. 6 dealing with the new mathematics from Grades 1 · 4 and one on Nov. 10 for the Grade 5 - 8 program. These will be followed with veekly discussions for four

### LISTEN HERE:

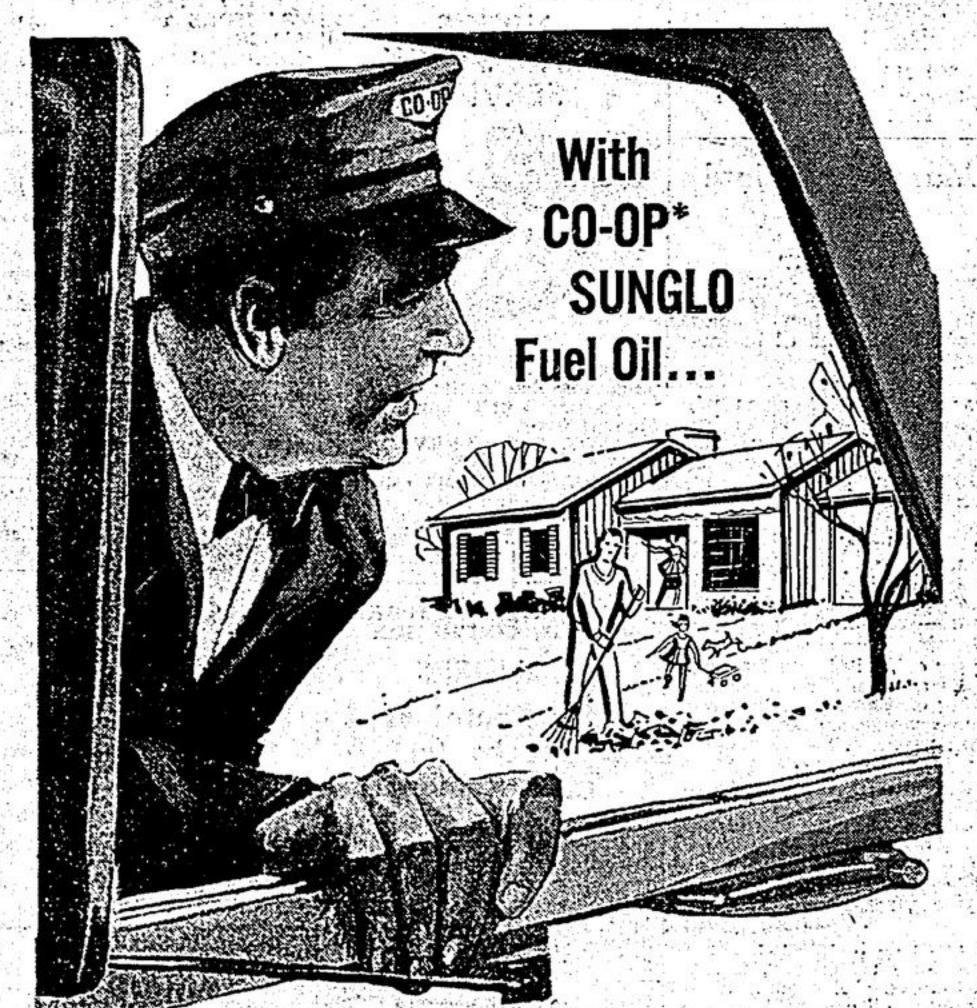


**Jack Dennett** 

"KEEP INFORMED ..."

Jack's many years in the news broadcasting business and his, intelligent, analytical and calm look at the day's events have earned him the largest audience of any newscaster in Canada. His ten-minute newscasts at 8:00 a.m. and 6:30 p.m. capsulize and crystalize the sometimes confusing events of the day on the international, national and local scene. People who like to be well informed on what's happening in the world, are always found listening to Jack Dennett.

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STOUFFVILLE CO-OP

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sion on Oct. 6 there will be a session on Grade 1 mathematics Harvest Home Service on Oct. 13, Grade 2 on Oct. 20, Grade 3 on Oct. 27 and Grade 4 on Nov. 3.

Parents of Ajax public school 10 will be followed by four Wedchildren will have an opportun- nesday evening sessions of subjects by topic rather than grade. Ajax Public school teachers The Ajax Public School Board | will be conducting the course.

Both the owner and the driver of a transport truck were blamed by a coroner's jury for an accident that killed two persons, near Nairn on July 10.

The driver, Octoave Joseph ployer, Alfred Alton, owner of moved by truck-trailer to its was held during the week with Belisle of Markham, and his emthe transport which was operated under the name Trans Provincial Transport Co. of Sault | The service will be conducted the fruits of the land, "making Ste. Marie, were blamed in the by the Rev. Alexander McLean, the glad hearts as full as the death of John Robert Folz, 39, of Willowdale Presbyterian well-stored barns." and his daughter, Jill, 7.

curred because the driver of the church. tractor did not visually check the locking mechanism to see tend the services. that it was properly in place and, secondly, the owner of the tractor had allowed the locking mechanism to rust and corrode to such an extent that it was less than 100 per cent operative.

The jury recommended that in addition to the spring lock | Ancient Celtic and Saxon | In Northumberland, England, safety device be added to elim- est home." inate future failure of the mechanism on what is commonly known as "the fifth wheel" of a transport.

Pennsylvania farmers of the "kern-baby" or "harvest queen," and is set up in a prominent place during the harvest suptrempt these old traditions, and in the per.

A 19th century "harvest | term "Aernkarrich" meaning home" service will be held Sun- "harvest home service" is reday afternoon Oct. 3 at 2 p.m. early 19th century, the dialect

At Pioneer Village

northwest Metro Toronto. held in the 109-year-old Fisher- brated, it has been borrowed by ville Presbyterian Church, one Mennonites. Methodists and of the 18 buildings in the "liv- other church groups. ing" Black Creek Village. The The tradition was brought to church was originally located in Canada by the Pennnsylvania the community of Fisherville, at German settlers in the years the intersection of Steeles Ave. prior to Confederation. and Dufferin Street, and was In early days, the celebration

broke loose from the tractor and and after each service, the Bol- Cerealia or feasts in honour of

The public is invited to at

The term "harvest home" derives from British Isles traditions - the older terms "harvest service" and "harvest sermon" were in use throughout the 19th century.

at Black Creek Pioneer Village, corded. This was a summer or Jane Street and Steeles Ave., in early autumn festival in celebration of God's goodness to The historic service will be them at harvest time. Still cele-

present site on October 31st, a religious service first followed by feasting at tables laden with

Harvest has been a season of They were killed when a The church will be decorated rejoicing from the remotest trailer loaded with scrap iron in the harvest-time tradition, ages. The Romans had their smashed into Folz's car. ton Community Choir will sing Ceres. The ancient Druids of The jury said the accident oc- old-time hymns outside the Britain celebrated their harvest on Nov. 1, In pre-Reformation England, Lammas day Aug. 1) was observed as the beginning of the harvest festival.

> Throughout the world, harvest has always been the occasion for many customs - all of which have had their origin in the animistic belief in the "corn spirit" or "corn mother."

device that allows the lock of rituals combined to give us the an image formed of a wheatthe trailer to slip into place on time of summer or autumn sheaf and dressed in a white the transport, a second manual merrymaking known as "harv- frock and coloured ribbons is hoisted on a pole. This is the

THE STOUFFVILLE TRIBUNE Thursday, September 30, 1965

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# The Canada Pension Plan and its benefits

Here is what the Canada Pension Plan will do for people like Robert Martin, a 55-year-old skilled tradesman who earns \$100 a week (\$5,200 a year).



If Robert works full time until age 65 he can look forward to a monthly retirement income of \$104.17 from the Canada Pension Plan and \$75 from Old Age Security-a total of \$179.17 a month. When his wife, who is two years younger than Robert, receives her Old Age Security pension, the Martins' monthly income will rise to \$254.17.

If Robert becomes disabled at age 60, having contributed for five years, he will get a disability pension of \$103.13 a month until he reaches 65 when his retirement and Old Age Security pensions begin.

If Robert dies after contributing for three years, his wife will receive a widow's pension of \$64.06 a month until age 65. From then on her widow's pension will become \$62.50 and she will also receive the \$75 Old Age Security pension-a total of \$137.50 a month. At the time of Robert's death, Mrs. Martin will also be paid a lump sum of \$500.

All benefits under the Plan will maintain their value. The actual benefits payable will probably be higher than those given here since benefits will be adjusted to meet changes in living costs and in wage levels before they are paid and changes in living costs after they become payable.

What will the Plan cost-you?

If you, like Robert, are employed and have earnings of \$5,200 ... spread evenly over the year, you will, commencing in January, pay at the rate of \$1.59 a week until your contributions for the year amount to \$79.20. Your employer will pay the same amount.

This advertisement is one of a series which relates some of the important benefits of the Canada Pension Plan to individual circumstances.



Issued by authority of the Minister of National Health and Wellare, Canada. . . The Honourable Judy LaMarsh.