



TIME TO SEE AND SAVE

MORE THAN EVER WHEN YOU SHOP IN

STOUFFVILLE ON MAIN ST.

FATHER'S DAY IS SUNDAY, JUNE 20

YOU CAN SHOP FOR FATHER FROM A LARGE SELECTION OF MERCHANDISE

You Get The Most For Your Money

DOLLARS You Spend At Home STAY AT HOME

STIMULATES LOCAL EMPLOYMENT AND PROSPERITY

CREAM SHIPPERS

For Best Results Ship Your Cream to Stouffville Creamery. We pay two cents more per pound Butter-fat for Cream delivered to the creamery. To Have Our Truck Call, Phone 640-2822

— COLD STORAGE LOCKERS FOR RENT —
Stouffville Creamery Co.



perfect to give for
Father's Day!



The King of the house takes his leisure in smart style, Father's Day and every day, when you gift him with a pair of handsome leather slippers. Pick his favorite.

Shoes \$4.99 up



LEHMAN'S SHOES

9 Main St. W., Stouffville — Phone 640-3753

WEST END BARBER SHOP

HOURS: Tues., Thurs., Fri., 8 a.m. till 9 p.m. Wed. and Sat., 8 a.m. till 6 p.m.

Len, David and Bill Keeping
3 REGISTERED BARBERS
153 MAIN ST. W. — STOUFFVILLE



HOUSTON'S

—for PRESCRIPTIONS—
DRUGS and SUNDRIES

PHONE 640-2222 (Twenty-Two Twenty-Two)
1 MAIN ST. E. — STOUFFVILLE

AS A MATTER OF FACT

...the financial protection you give your family today will have to be provided by some other means tomorrow. Sun Life Insurance can certainly do this job for you.



As a local Sun-Life representative, may I call upon you at your convenience?

JIM ABELL
Phone 640-3712

SUN-LIFE ASSURANCE COMPANY OF CANADA
A MUTUAL COMPANY

L.P. GAS

Now the conveniences of modern living are yours with L.P. gas — delivered anywhere for ranges, water heaters, refrigerators, etc. L.P. gas is thrifty, too!

ALTANE PROPANE

GAS AND APPLIANCES

216 Markham Rd., Richmond Hill
Phone AV. 5-5251 — Toronto WA. 3-5851
J. R. ALTY — STOUFFVILLE 640-1874

SPEND LESS, GET MORE QUALITY MEAT

Specials This Week

HALVES of BEEF CUT, WRAPPED, FROZEN 1b. 45¢	LEAN STEWING BEEF 1b. 53¢
PICNIC HAMS 1b. 49¢	LEAN HAMBURG 40c LB. 3 lbs \$1.00

FRETZ Bros. & HARPER

"Highest Quality Meats — Lowest Prices"
FREE DELIVERY — 640-3125
CLAREMONT, ONT.

Shop In Stouffville

CHIROPRACTIC VIEWPOINT: BLOOD PRESSURE

Blood pressure is one of the important requirements for life. The pumping action of the heart forcing blood through the body's network of vessels creates within these tubes what is known as blood pressure.

Elasticity of the vessel walls assists in the progression of blood and in minimizing stress and wear. Loss of this elasticity, due to hardening of the arteries elevates blood pressure, interferes with circulation, and predisposes to hemorrhage or stroke.

One of the many functions of the nervous system is the regulation of the calibre of blood vessels, especially arteries, which determines the necessary blood flow to a part. This nervous control allows maximum use of the body's available blood supply.

Spinal subluxations frequently cause interference to the many nerves controlling circulatory processes, and are responsible for blood pressure deviations. Chiropractic helps overcome blood pressure problems by locating and correcting vertebral displacements which interfere with normal nerve control of the circulatory and other systems.

Chiropractors are trained to determine if your health problem includes any blood pressure deviation. Chiropractic science is successful in overcoming many circulatory disorders.

Fresh Baked! Reg. 45¢
Weston or Sunbeam Raspberry Butterhorns 5 to pkg.
41c

MEAT that makes the difference

RED & WHITE

Specially Selected - Value Check'd - Grade "A"

CHICKENS 2½ to 3-lb average **33¢ lb**

SMOKED PICNICS SWIFT PREMIUM FULLY COOKED **45¢ lb**

CHICKEN IN - A - BASKET WHOLE - CUT-UP **37¢ lb**

BEST BUY! Save 12¢! 12-oz. Round Tin
Prem Luncheon Meat 37¢

BEST BUY! Save 26¢! Parchment or Regular 1-lb. Pkgs.
GEM MARGARINE 49¢

BEST BUY! Save 10¢! 16-oz. Jar
KRAFT CHEEZ WHIZ 59¢

BEST BUY! Save 9¢! Nabisco 18-oz. Pkgs.
Mail In Offer! - 5-Piece Knife Set

Shredded Wheat 2.69¢

BEST BUY! Save 6¢! 64-oz. Plastic
Pick Up Your Free Water Safety Calendars

Javex Liquid Bleach 43¢

BEST BUY! Save 4¢! 12" Wide by 25 Feet Long Roll
Stuart House Foil Wrap 33¢

BEST BUY! 12c OFF PACK!
NABOB COFFEE \$1.05
INSTANT
Save 20¢! 6-oz. Jar

FROZEN FOODS OF QUALITY!

Save 10¢! Apple or Raisin
Supreme Pies 39¢

Supreme 2-lb. Bag
French Fries 49¢

PRODUCE

Tropic Beauty

Bananas 10¢ lb

Jules Golden California
ORANGES 2 doz. 69¢

Sweet Tender No. 1
CORN - - 4 for 29¢

Garden Fresh
Green Onions 3 for 19¢

Mix 'em or Match 'em - Swift's Premium 24-oz. Tins

Meat Balls and
SPAGHETTI 2.79¢

or beef or
IRISH STEWS 2.79¢

Save 30¢! Swift's Premium 1½-lb.
Canned Hams \$1.39

Royal Charger - Lge. Bottles (Plus Deposit)

GINGER ALE - - 4 for 49¢

Feature! Assorted 9-oz. Jars

E.D. Smith's Pure Jams 3 for 69¢

Regular 79¢! Marked 59¢! 24-oz. Jars
YORK PEANUT BUTTER 59¢

SCHELL'S RED & WHITE Stouffville