

GOING!

GOING!

GONE!



Seven year old Mike Attard weighing 70 pounds, takes hold of John Willis, tipping the scales at 180.



The little guy begins his move as his much-heavier rival is lifted off the floor onto his shoulders.



Over he goes, with comparative ease, the 7 year old bounces his opponent off the mat.

Both Boys and Girls Receive Instruction In the Art of Judo

Lorne Schell Holds Classes Each Week

Mike Attard, who, at the age of seven, stands about three and a half feet high and weighs no more than 70 pounds stood in front of John Willis, a 5' 8" heavyweight nearing 180 lbs., calmly grabbed Willis' judogi, and rolled the big man over his small frame and onto the mat.

A young girl, standing on one foot, balanced Willis on her back and smilingly assured on-lookers that she could keep him there for the rest of the evening if she so desired.

To read and hear of such feats makes the average person reflect some doubt as to the reality of the story, but to actually see these performances being executed makes one realize that the unbelievable motions are possible.

The reason for these lopsided feats is quite simple. Judo. Nothing more than a solid background and steady training in the art of Judo enables the youngsters to throw people twice their size and weight, and make a few hollar 'Uncle'.

Local Instructor
Lorne Schell, a brown belt, is the instructor of a group of students in his mother's basement on Lloyd Ave. Lorne has been studying Judo for over fifteen years and has been teaching it for six.

He started instruction in a barn behind the Stouffville Bakery and held classes there for four years until it burned down. He shifted operations to Lloyd Avenue. On two huge floor mats in the basement, Lorne teaches some 30 juniors and 15 seniors, girls included.

John Willis, an orange belt, acts as Lorne's assistant. He seems proud that young Mike Attard can throw him around.

Age Old Sport
Judo, which in English means the 'Gentle Way', originated in Japan in the early 1800's. Lorne explained that in those days only the rich people were allowed to carry weapons and for the protection of the paupers, Judo was invented as a man-to-man combat. Since then it has become a world wide sport offering members keen competition in countless countries.

However, Judo is also known

as Ju-jitsu, but there is a difference, as Lorne explains.

"In Judo, I throw a man by the arm and release him, protecting his fall. In Ju-jitsu, I throw the same man, the same way, but when he falls, I hold onto his arm and break it."

Lorne supplies his members with judogis. These are the suits that are worn in competition. They consist of pajama-like slacks and a heavy coat made out of quilted cotton.

"You could tow cars" with these jackets. They're impossible to tear.

The belt that is tied around the jacket is wrapped around the body twice and tied securely in front with a reef knot to prevent slipping. There are eight colored belts beginning at white and advancing up the ranks through yellow, orange, green, blue, brown, black and red.

"By the time you get a red belt," Lorne said, "you're too old to fight."

Tests must be passed to advance a belt; and just to get a yellow belt requires much knowledge of the sport.

Some of the tests to obtain a yellow belt include: O-goshi (major hip throw); ashi-harai (foot sweep); juo-reigi (code of judo ethics); Kami-shiho-gata-me (locking of upper four quarters); okuri-eri-jime (sliding collar or lapel lock) and ippon-seoi-nage (one arm shoulder throw) just to mention a few.

Code of Ethics
Lorne calls his members to order with one word: Kiyosuke pronounced 'kis-ka' means 'attention' and sets the youngsters scurrying for their lesson.

On their knees in a semi-circle around the instructor, all bow, the Japanese form of shaking hands. Before two persons set into combat, the bow is required.

Judo has a code of ethics; and Lorne follows them explicitly. A huge sign posted on the wall tells the members what is and what's not allowed.

To a new member, the art of Judo may fascinate him beyond the rules. Lorne makes sure all his newcomers know how to fall without hurting themselves. As



Judo instructor Lorne Schell of Stouffville provides Jeff Hazlehurst, 9 (left) of Milliken and Larry Nichols, 10 of Stouffville with a few pointers during a class gathering. —Staff Photos.

Schoolboy Champs

A rink skipped by Barry Timbers, 15, of Mount Albert captured the Whipper-Billy Watson trophy in the first schoolboy bonspiel held Saturday at the East York Curling Club.

Barry is the son of Mr. and Mrs. Bob Timbers, formerly of Stouffville.

Other members of the winning team included Mike Putebaugh, 17 (vice); Mike Smith, 14 (2nd); and Bernard Manby, 18 (lead). Reg Kerford, mathematics teacher at Uxbridge, Secondary School, coached the foursome.

Twenty-four rinks participated in the event held especially for school boys under the age of 19.

Brooklin Trails Series 3 to 1

As a result of a 5-1 loss Monday night in Seaforth, the Brooklin Redmen now trails the OHA Intermediate "B" best-of-seven finals three games to one.

In Monday's contest, John Aldis scored twice to lead the Seaforth Braves to victory. Pat Galloway, Jim Dick and Bob McLaughlin rounded out the scoring for the winners.

Dean West fired the lone goal for Brooklin.

Brooklin's only win of the series came last Thursday on Seaforth ice when they romped to an 8-3 win.

Paul Tran and Neil Pascoe each scored twice while Paul Wakely, Gary Hull, Wayne Redshaw and Ted Mathews each fired singles.

Buttenmiller, Cumings and Deig scored for Seaforth.

\$1,300 Gift

On Thursday evening, the Markham Unionville Lions Club presented the executive of the Parkview Senior Citizen's Home in Stouffville with a cheque for \$1,300. The presentation was made by President, Robt. Young to Mr. Maurice Eby, Treasurer of the board. The money will be used to furnish a sitting room in the Home that is now nearing completion.

Ringwood Capt. Receives Trophy



Ringwood has retained the Stouffville Community Hockey League championship for another year. Pictured here, team captain Ronnie Guy receives the Arena Co. Trophy from rink manager W. T. Rennie. —Staff Photo.

BOWLING

LEGION LADIES ...

Hi single Elaine Livingstone 239
Hi triple Betty Turner 615
Over 600 Elaine Livingstone 601
Over 200 Betty Turner 230
210 Doris Farthing, 209 Marion Castle 207 Elaine Livingstone 202 Margery Smith 201

Team Standing for Playoffs
Pin Pickers 238; Re-Treads 224; Go Getters 218; Odd Balls 215; Sociables 204; Chumps 199.

RURAL MIXED BOWLING

Women
High single (flat), Carol Nigh 215
High single (hdcp) Carol Nigh 243
High single (flat), Carol Nigh 552
High triple with HC, Carol Nigh 636
Men
High single (flat), Jack Pollard 353; with HC, Jack Pollard 376; triple (flat), Jack Pollard 715; with HC, Jack Pollard 784
Over 200—Carol Nigh 215 and 204, Donna Sanders 200, Jack Pollard 353 and 218, Bud Lehman 287, Bill Loker 260 and 202, Gord Jones 249-202, C.

Fockler 236, 224 and 218, L. Jennings 223, Murray Stewart 214, Bill Sanders 213 and 200, Joe Murray 206, Irwin Ledlie 205, Spares, Carol Morris 220, Chuck Grove 295 and 240, Ed Sanders 251 and 207, Laurie Barclay 239.
Red Gins 3151, Goodywooders 3057, Swifties 3002, Grass hoppers 2965, Willie Lillies 2866, Try Hards 2739.

MON. NITE MEN'S LEAGUE (7 o'clock)

High single (flat), L. Hamm 275
High single (hdcp), E. Keuken 273
High triple (flat), V. Blake Jr. 713
High triple (hdcp), D. Dunkeld 704

Over 200
J. Otter 268, G. Bridges 259, J. Hill 258, R. Todd 251, B. Porter 250, H. Devries 238, E. Wagg 228, J. McLean 224, C. Grove 218, V. Blake Sr. 216, C. Jackson 211, S. Smith 208, A. Gleaves 206, K. Betz 205, G. Keuken 204.
Team Standings (final)
IGA 74 pts; Tribune 71 pts; Pickups 71 pts; Machine & Tool 63 pts; Bakery 62 pts; Silver Bros Ltd 19 pts. (9 o'clock)

High single (flat) D. Ratcliff 297
Single (hdcp), B. Allen 285
Triple (flat), C. Harrott 804
Triple (hdcp), D. Taylor 690
Over 200
D. Cooper 265; J. Herold 261; B. Goddard 250; H. Burnett 245; C. Morris 240; A. Jackson 236; E. Lehman 233; E. J. Wideman 227; G. Jackson 225; R. Ward 224; B. Morley 224; E. Sanders 220; J. Lehman 219; F. Bramham 211; G. Brewery 210; T. Susuki 203; C. Grove 200.
Team Standings (final)
Blowbys 69 pts; Frank's Shell 63; Untouchables 62; Big Boppers 61; Krings 54; Patrick Motors 49.

VILLAGE LADIES BOWLING (7 o'clock)

High single, Marg Wagg 293
High triple, Helen Hassard 601
Opal Lehman 599
Over 200
Opal Lehman 238; Charlotte Buckland 238; Vi Booth 237; Tyn Stewart 228; Helen Hassard 221; Ella Nichols 218; Ann Jackson 213; Joan Burkholder 211; Linda Wagg 203.
Team Standing
The Awols 53 pts; Hi Los 51; Spinnors 50; Cameos 49; Eager Beavers 37; Tigers 33.

VILLAGE LADIES BOWLING LEAGUE

(9:00 o'clock)
High single Lena Dimma 249;
High triple Minnie Peach 630.
Over 600
June Hamm 625; Norma Herbert 623; Joyce Wright 620.
Over 200
Norma Herbert 231; June Hamm 231; Lena Barkey 226; Joyce Wright 222; Minnie Peach 222; Marg Wood 219; Donna Smurthwaite 219; Renee McHaffey 219; Millie Wilcocks 215; Hazel Morgason 213; Dorcen Harper 213; Kay McMann 207; Babs Nicholls 206; Flora Forfar 202.
Team Standings
The Beatles 55 pts; The Hillbillies 51 pts; Morleys Raiders 50 pts; The Hopfuss 43 pts; Country Cousins 40 pts; Cracker Jacks 34 pts.

Kay: "So you met Julia today?"
Joyce: "Yes, I hadn't seen her in ten years."
Kay: "Has she kept her girlish figure?"
Joyce: "Kept it? She's doubled it."

Town "Makes Deal" With Markham Twp. On Fire Agreement

A special committee meeting between council representatives of both Stouffville and Markham Twp. over a proposed fire service agreement, has paid off for both municipalities.

Stouffville has agreed to reduce the brigade's standby time from \$550 to \$500 per year. In return, Markham Twp. police will maintain an answering service at Buttonville for a fee of \$100 per month for the next five years. The Stouffville, Markham fire contract also runs for a five-year period. The hourly rate was not altered.

At a meeting of Stouffville council on Thursday night, the committee's recommendation was approved.

"We both compromised a bit to perform a service for each other," said deputy-reeve Ken Laushway.

RECONDITIONED & GUARANTEED USED CARS

- 1964 Corvair Monza Coupe radio, 4 speed trans., discs etc.
- 1964 Ford Galaxie Hard Top completely equipped.
- 1963 Ford Galaxie Hard Top 390 engine, fully powered - 2 to choose from.
- 1963 Pontiac Laurentin 2 Door radio, as is.
- 1963 Falcon Sedan automatic, 21,000 miles, as new.
- 1963 Pontiac Convertible 8 cy., fully equipped.
- 1963 Comet Custom Wagon 6 cy., automatic and radio.
- 1963 Corvair 700 Coupe radio - excellent condition.
- 1961 Chev. Impala Sedan 6 cy., automatic.
- 1961 Meteor 4 Door 6 cy., excellent throughout.
- 1961 Volkswagen 2 Door radio - 1 owner.
- 1960 T. Bird Convertible fully equipped - must be seen.
- 1960 Meteor Station Wagon 6 cy., excellent throughout.
- 1960 Ford 2 Door 6 cy., 2 tone finish.
- 1959 Dodge Viscount 4 Door automatic, good transportation.
- 1958 Ford 2 Door 6 cy., automatic.
- 1957 Mercury Pick-up sound as a bell.
- 1956 Volkswagen 2 door economical 2nd car.
- 1955 Lincoln 2 Door Hard Top fully equipped.

MOST OF THE ABOVE CARS HAVE BEEN RECONDITIONED - SOME WILL BE SOLD AS IS.

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