SINUS TROUBLE

The sinuses, varying in size from that of a small egg cup to as small as a rifle shot, are located in the bones of the face and head. Normally the sinuses are filled with air, and their function is to lighten the weight of the skull and give resonance to the voice. Each one is lined with a mucous membrane which secretes mucous. The sinus must have a way to drain this mucous or it will fill with the fluid and lose its function.

The sinuses may become congested and cannot drain as they normally should. If this congestion is prolonged, breathing is difficult and the resulting pressure causes discomfort and pain.

By removing the irritation from the pathways of the sympathetic nervous system the Chiropractor attempts to normalize the functioning of the sinuses. This serves to remove the congestion and the inflammation. Often after a few Chiropractic adjustments there is a profuse nasal discharge indicating that a healthy drainage of the sinus is taking place. Later the inflammation of the mucous membrane subsides.

Markham Police Laid 196 Charges in March

Officers of Markham Town- was \$1.282.00. The report listed took a Carribean cruise. ship police force laid a total of 21 traffic accidents and 82 sum-196 charges in March. They an mons served.

swered 748 calls and travelled 13.170 miles.

The monthly report revealed Harris. that \$3,946.20 in stolen property

the whole

tamily

wants!

Bring in the family

- we'll outfit

everyone from

Mom and Dad to Sis

and Junior, with the

handsomest, newest

LEHMAN'S SHOES

9 Main St. W. - Stouffville -

Easter shoes — at

practical prices.

News From Buttonville

Neighbour hood Notes

April 1. Brooke, who was feted at a party on Saturday afternoon on the occasion of her 88th birthday. Among the guests was her sister, Mrs. Coombs of Toronto, tendance. who is 94. Others attending included Mrs. O. Brooke. Miss Rhea Scott and Miss Mary Ro-

dick. Mrs. S. J. English is feeling a little stronger each day, now that she is home from hospital. She says she has been overwhelmed by the kindnesses friends have shown, in gifts

"thank you" be passed on. Congratulations to Joyce and Jerry Himmelman whose new son arrived at Scarborough General Hospital on Monday, March 29. His parents brought him home last week-end, and everyone is fine, including grandparents Mr. and Mrs. Jack

Bill and June Wilson went to

The flowers in Brown's Cor-

Mrs. Shenfield's granddaugh- branch of the Canadian Cancer fourth birthday on Thursday, April is their campaign month.

Victoria Square, 11:00 a.m. Apr. about in a few days but will 16, with the three choirs in at-

Mr. George Clarke is home still rest the broken heel. again after several weeks in Sunnybrook Hospital. We wish turned on Wednesday of last him a quick recovery. Hi . C Hosts Party

The Hi-C group of the Victoria Sq./Brown's Corners United Churches invited Sigma - C and CGIT members to join and cards, and asks that this them at Brown's Corners Church on Friday evening. The purpose of the visit was to acactivities of the Hi-C, since tain, Washington, Williams-several of them will graduate in burg, Gettysburg, the Luray September.

Gordon Brown and Mervyn Gohn took charge of the meeting, and explained the Hi · C programme and purposes. Sharon MacDonald and Sandra Tooley was tabulated. Court revenue meet spring recently, when they led the singsong, and Doug was \$1,282.00. The report listed took a Carribean cruise. MacDonald and Nancy Crane introduced games. At the conners United Church last Sunday | clusion the girls served refresh-

Mr. Bruce Armstrong, counsellor for the Hi · C group, was in attendance.

Bumper Crowd for Cancer Euchre

Buttonville W.I. Hall was packed to capacity on Friday night, when the Women's Institute held their annual benefit euchre for the Cancer Society.

There were 38 tables of players, approximately 160 guests present, and receipts for Cancer Society purposes will reach well over \$100.

Prizes were won by Mrs. Martha Almstead, Mrs. Dalton Rumney, Mrs. F. Shadlock, Mrs. E. B. Hutchison; George Foster, Peter Sider, Jim Curtis and David Hutchison. The Lucky draw donated by the W.I., was a turkey, won by Mrs. Hartwick of Richmond Hill, and Freezeout winners were A. Klinck. E. Latcham, Matt Davie and D. Hut-

Following play, refreshments were served by members of the

Luncheon at Brown's Corners A Lucky Luncheon presented by Mrs. Betsy McLean of Oak ville, who represents several food product companies, was held at Brown's Corners United Church last Wednesday, and drew a large crowd of women

from a wide area. The luncheon was sponsored by the U.C.W., and Mrs. A. W. Miller, social convener, intro-duced Mrs. McLean. Members of the U.C.W. served and the president, Mrs. Harold Steffler offered courtesies. The tables were attratively arranged with a spring motif of yellow can-dles and daffodils, and flowerladen Easter bunnies decked the mezzanine, courtesy of Miss Adele Carruthers. Between courses Mrs. Clayton Jones sang two solos, accompanied by

A bearded chin is not for me. I like my coffe, but can't goatee. B. G. Wilkes

Mrs. Donald Reesor, making the

occasion more delightful

our Bethesda patients are making progress. William: Paisley has returned from York Coun- are beginning. Mrs. A. Cruickter, Janice Grove, celebrated her Society, as a reminder that ty Hospital, Newmarket and is shank will collect on the west convalescing at home. Reesor side of the fifth Concession and Next Sunday at Brown's Cor- Steckley returned home on Mrs. C. Burkholder on the east. Another birthday celebrant ners is the service of Holy Com- Friday after hospital treatment . Mr. and Mrs. W. Jordan of last week was Mrs. Sadie munion, and a reception of new following his accident of over Islington had dinner on Sunday members. The Good Friday three weeks ago. William Em- with Mr. and Mrs. Russell Herservice will be held this year at pringham expects to be moving bert.

> time. Mrs. Russell Hunt must Mr. and Mrs. John Wilks reweek, after spending two and a half months at Lake Land, Florida where they enjoyed

require hospital care for some

Mr. and Mrs. C. Burkholder also returned March 31, after spending a month in Florida and visiting many places of interest it other states such as the Smoky Mountains, Stone Mounter an absence of a month, driving over 5,300 miles without seeing an accident, it was alarming to see the pictures and accounts, of accidents near home in the March issues of

the Tribune. Rev. and Mrs. L. K. Sider and ening. Mr. and Mrs. C. Hoover had dinner on Thursday with Mr. and Mrs. E. Hunt.

Mrs. L. Brillinger and Mrs. G. Morley went to see "My Fair Lady" in Toronto on Monday night of last week.

season with a banquet at Rol- one.

ling Hills on Tuesday evening. Members of the winning team are: Fred Gibson, skip, Ray Atkinson, Peter Vanderkooy and Jack Swindells.

Cancer Society Collections

RINGWOOD

The senior citizens set up a quilt at Miss Priscilla Pipher's and Mrs. DeRosier's home on Wednesday and turned it into a surprise birthday celebration for Mrs. A. Summerfeldt.

Mrs. Albert King, a former neighbour is cheerfully recuperating in Scarboro Hospital

after surgery. Mr. and Mrs. Clarence Fockler and family and Mrs. Jos. Fockler motored to Niagara Falls on Sunday afternoon to visit Mrs. H. Preston and Mrs. Norman Bridgeman, mother and aunt of Mrs. J. Fockler. Mr. and Mrs. Jacob M. Grove

celebrated a wedding anniversary on Saturday. Mr. and Mrs. Fred Steckley called in the ev-Three different accidents have occurred in our neigh-

bourhood in the past week, reminding us 'it can happen here.' This is a lousy depression.

Everybody's working and The Bethesda Curling Club everybody's broke. At least we are finishing off the curling didn't have to work in the last PART-TIME

THE STOUFFVILLE TRIBUNE Thursday, April 8, 1965

Industrial Commissioner

Pickering Township requires a parttime Industrial Commissioner. We have in mind a retired executive who has had experience dealing with management at a senior level.

Write, giving full particulars.

P. Pemberton Pigott

Chairman Pickering Township Industrial Committee.

THE REPORT OF THE PROPERTY OF

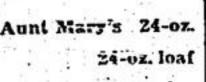


HOUSTON'S -for PRESCRIPTIONS

DRUGS and SUNDRIES

(Twenty-Two Twenty-Two) PHONE 640-2222 MAIN ST. E. STOUFFVILLE

For Office Supplies - It's The TRIBUNE



Sliced Bread

Pt. Bricks Sunspun !ce Cream



Kraft Cheese Slices 59.

Javex Liquid Bleach 43.

Glide Spray Starch 49

SPECIAL BONUS FEATURE!

BEST BUY! Save 8c! Deluxe

BEST BUY! Save 9c! Vegetable

BEST BUY! Save 6c!

BEST BUY! Save 12c! In Flavotainer.

BEST BUY! Save 34c! 20c Off Pack . . .

FAB DETERGENT

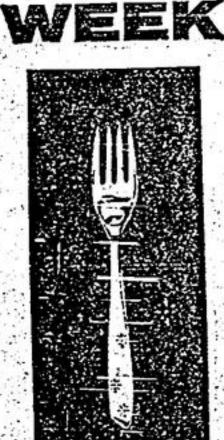


1 PINT SUNSPUN ICE CREAM

With The Purchase of One at Regular Price.



THIS



MINIMUM ORDER

FROZEN FOODS!

SUPREME GREEN BEANS 2-lb. Bag 53c

Dragon Chicken Chop Suey 14-oz. pkg. 59c

ORANGES DOZ. 49¢

Cucumbers 2 FOR 39¢

DINNER FORK

Station Wagon, Laurentian, 6 cylinder, automatic, radio, whitewalls,

1965 PONTIACS

TRADE YOUR CAR FOR AN ALL NEW PONTIAC.

1 YEAR WARRANTY ON ALL CARS

NEIL Patrick Motors LTD.

Phone 640-3452

SWEET GOLDEN CALIFORNIA

SUNSHINE FRESH NO. 1

Asparagus

ONTARIO HOT HOUSE NO. 1

PRODUCE

18. 33¢

Fresh Baked! Supreme

BALLET Tissue 4 rolls 390

Reg. 39c - Pkg. of 6

Old Fashioned Reg. 35c. Pkg. of 15 Hot Cross Buns 33c Oatmeal Cookies ... 31c

Weston or Sunbeam

BEST BUY! Save 15c! White or Coloured

Specially Selected Value Check'd Branded 3 C Branded 3 bb

Specially Selected Lean and Tender SHORT RIB ROAST

"The King of Roasts" - Short Cut - Chef Style -RIB ROAST 69

SCHELL'S RED & WHITE Stouffville

WASEII GARS) 1963 PONTIAC 1963 BUICK 1964 PONTIAC Laurentian 4 door sedan, 6 cylin-La Sabre 2 door hardtop, automa-

Phone 640-3753

der, automatic, radio, discs. whitewalls, power steering, low mileage, beautiful madeira maroon finish with beige top.

transmission, beautiful artesian turquoise finish.

4 door sedan, 6 cylinder, standard

1964 BEAUMONT

1960 CHEVROLET Bel-Air, 4 door sedan, 6 cylinder, automatic, radio, power steering,

whitewalls, white, a good clean car.

1958 VOLKSWAGEN

Blue finish, good cheap transportation.

tic, power steering, power brakes, radio, whitewall tires and discs, cameo beige finish.

1962 METEOR

4 door sedan, 6 cylinder, standard transmission, whitewalls, radio, black with red and black interior.

1960 CHEVROLET

1 ton panel truck, ready to go to

1957 DODGE

1/2 ton pick-up, V-8.

Strato-Chief, 4 door sedan, 6 cylinder, automatic, lovely blue finish. 19,000 original miles, a well cared for car, driven by one owner. ...

1963 PONTIAC

chrome discs, black with red inter-

1962 CHEVROLET

2 door sedan, 6 cylinder, standard transmission, ermine white with red interior, economical transpor-

1958 FORD

2 door, 6 cylinder, automatic transmission, dark green finish, good transportation.

MAIN ST. W. AT THE TRACKS