SEEING THE SPINE

Back in 1910, researchers at a chiropractic college were the first investigators anywhere to develop the use of x-ray in the examination of the spine. This specialized work was so advanced for its time that these x-ray plates created unusual interest at many scientific exhibitions. The importance of the use of x-ray to the chiropractor soon became evident, so that by 1920, the study of x-ray became an integral part of the chiropractic curriculum.

Spinography is a specialized x-ray field in which the chiropractor is thoroughly trained in order to evaluate the effects of postural and mechanical distortions and spinal misalignments which adversely affect the spinal nerves and thus other systems of the body.

The x-rays taken and interpreted by the chiropractor reveal vital information as to the exact degree of vertebral displacement. Vertebral subluxations or displacements cause nerve interference with resultant symptoms of dis-

As a blueprint provides the builder with detailed in-formation, so the x-ray reveals to the chiropractor necessary knowledge as to the cause of a patient's condition.

TRIBUNE OFFICE SUPPLIES

Phone Stouffville 640-2100

Men! This Is Ladies' Night

Stouffville & District Men's Christian Fellowship

welcome you and your ladies to this meeting in

Stouffville Youth Centre Mar 1st., 8p.m.

SPEAKERS: Mr. Preston Manning,

Son of Premier Manning of Alberta.

and Mr. Edward Kennedy of Edmonton.

SUBJECT: National Centennial Revival for 1967.

SOLOIST - MR. SAM CARSOR

A Warm Welcome To Everyone

Coming Mon., March 8th Prophetic pictures of Israel and Petra, by Mr. Chas. Ratcliff.

Presents Beautiful Lifelong

STARDUST

STAINLESS TABLEWARE

HERE'S YOUR CHANCE TO OBTAIN A COMPLETE

SETTING OF TABLEWARE AT A GREAT SAVING

DURING THE NEXT TO WEEKS

It's Lamb Week at Red & White!

LEG O'LAMB

Ideal for broiling choice - thick cut loin

LAMB CHOPS 16.65c

Three meals in one - roast - fry - stew

Lamb-in-a-Basket lb. 23c

LAMB PATTIES 16.49c

Breakfast Sausage lb. 49c

BEST BUY! Save 13c! Green Giant reg. 15-oz.

Fancy Peas 3:49c

20-or. Tins

12-oz. Tin

BEST BUY! Save 10c! Fancy Kernel 14-oz. Tins

1-lb. pkgs.

JELL-05:49 SENSATIONAL

For a tasty treat - lean - fresh made .

Pure pork - tray pack

Tomato Soup 5 for 49c

Sliced Pineapple 2 - 49c

Featurel Choice Quality . 20-ox. Tins

Choice Tomatoes 2 - 49c

Corned Beef 49c

Chocolate Bars 6 for 49c

Chocolate Chip Cookies ... 49c

Save 10cl Bonus Pack 1/2lb. Free! - 21/2lb. Tin

Nestle's Quik \$1.09

Save Hel Curtiss Baby Ruth or

Save Sc! Weston or Sunbeam

BEST BUY! Save 4c!

Rose Brand -

Margarine 2

COLOURED

Feature! Choice

Save Sci Hereford

Butter Finger

SPECIALLY SELECTED

CHOICE PLUMP IMPORTED

STARDUST

THIS

WEEK

DINNER

Nelda Booth, 11A On Wednesday Woodbridge teams were the visitors in our

The junior girls had to win the game to gain a first place tie with Woodbridge. The juniors were true to the Stouffville style and came out the victors by a score of 15-7. The high lish and French? scorer was Beth Paisley with 9 points. In order to decide who will be the G.B.S.S.A. entry an other game must be played on a neutral gym. Everyone at S.D.-

Best of Luck." The senior girls ended the regular season with their usual winning style by a score of 29-15. The guards, Gail Nelson, Nancy Wideman and Anna-May Sanders played very well. The high scorer was Sharon Wideman with 12 points. The regular season is now over and both teams are looking forward to

success at G.B.S.S.A. Tourna-

Questions & Answers

Question -

Jr. Girls Beat Woodbridge

To Tie For First Place

Do you feel that all citizens of Canada should speak both Eng-Answer -

No. I do not because in the Commercial classes, French is not taken. The majority of peo-H.S. wishes the junior girls "the | ple with whom you come in contact in your life will be English speaking.

Betty Lamoreaux, Gr. 10B

Answer -I feel that Canadians should definitely be bilingual. How can we call ourselves a nation unit ed from sea to sea when many a person from Quebec could not even carry on a conversation with a person from Ontario, her neighbouring province. It would have to work two ways though. We cannot demand that the French-speaking .people .lea/n English without promising that we will make an effort to learn French.

A Student.

Students Receive P.S. Instruction

Minimum'

FLORIDA

PRODUCE

Grapetruit 8 for 49¢

Celery Hearts 2 for 49c

lb. 19c

2 for 29c

Florida No. 1 - Large Pkgs.

New Texas — 20-oz. Poly Bag

SHROVE TUESDAY COMING UP!

BEST BUY! Save 4c! 2-lb. size tin

BEST BUY! Save 13c! Monarch pouch pak

Cake Mixes 3 49

SAVE 8c! Red & White homogenized 24-oz. Jar

Best Buy! Save 5c! Twin Pack Rolls

Toilet Tissue Cash Your 10c Coupon

Smart's 20-or. Fcy. Qual. Golden

Wax Beans

Smart's Cut 20-or.

MIX 'EM OR MATCH 'EM

Green Beans 49c

Save 13cf Libby's Yancy , 15-oz. Tins Fruit Cocktail 2 for 49c

APPLE SAUCE 3 - 49c

ICE CREAM .. 2 for 49c

Save Sc! Liquid ... 32-or. Plastic

Javex Bleach 2 for 49c

HEINZ BABY FOODS 3 - 34c

DEL MONTE CINK 37c

BEST BUY! Save 15c! 20-oz. Tins

Deep Browned - Without Meat

. FOR

Pint' Bricks

BEE HIVE GOLDEN SYRUP 2 2C

Aunt Jemima Pancake Flour 2-lb. pkg. 39c

Genuine Louisianna.

YAMS

CARROTS

Last Thursday and Friday, several students from grades 12 and 13 visited the public schools in and around Stouffville. All the students sat in on different classes and observed the teaching in progress. Some of the students taught different lessons to the classes with little preparation before hand. The students are grateful to the teachers who took time out to explain their teaching methods and to give them some encouragement in the field of instruction.

HIGH SCHOOL Senior Girls Win League Basketball Title

Nelda Booth 11A On Monday, Feb. 15 both Junior and Senior Girls Basketball teams travelled to Bradford.

The senior girls played a fast and exciting game. Under the capable scoring of Donna Knox with 13 points they were able to come out on top by a score of 37-34. Other high scorers were Linda Wright with 10 points and Sharon Wideman with 10 points. This victory gave the senior girls the league title and the right to represent our school at the G.B.S.S.A. Tournament, Feb.

The junior girls 21so came out on top in their exhibit game. The optometrist at once and he will score of the game was 38-12. The help you in selecting the right high scorer was Yvette Malloy with 7 points, followed closely by Beth Paisley and Diane Hammerston with 6 points each.

"MUSIC FAIR" FRIDAY NIGHT

An English Fair will be held in the High School Auditorium. on Friday, February 26th. The Fair will feature music selections by the High School Band Dear "Tied-down": led by Mr. Waite; drama plays and English displays exhibited culous for you to go steady by the students.

of Malvolio will be acted out on a Shakesperian Stage. A one-act play entitled "The Dear Departed" will follow. This is being directed by Jewel Stoyan and

Tickets may be obtained from students, 25c.

NEWS Dear Candy

Recently I have found out that I must wear glasses. I am sure that I have not the right shape of face for them. I'm not especially fond of the idea of wearing contact lenses either. Since my difficulty in seeing is not too severe should I just forget I was ever told to

wear them? About To Be Be-spectacled. Dear "About":

It would be extremely foolish to neglect your eye problems. In today's modern times, the frames and shape of glasses are so diversified that they enhance any face - oval, round or otherwise. I suggest that you see your glasses for you. Dear Candy:

I go steady with a fellow who does not live in the same town as I do. Unfortunately I do not see him every week-end and the thought of not going out on the week-end repels me. I have been asked out several times and I can't decide what to do. Should I date others and tell my boyfriend or just leave him in the

Tied-down.

First of all, I think it is ridiwith a fellow out of town. If Scenes from Shakespeare's this makes you feel more secure Twelfth Night' — The Gulling — a ring on your finger — try to explain to him you want to go steady but still date others when he is unavailable. Or is this against "going steady" ethics? I truly think you should date others. What you do is your own business; he doesn't own you, the students or at the door. No and you don't owe an explanareserved seats - Adults, 50c & I tion of your social life to any-

Buckland, Hill, Spark

Stouffville met Woodbridge on | was high scorer with 13 points. their humiliating defeat at the hands of these rivals at the first of the season. Stouffville spirit came on strong and determined to win, but after three overtimes the score of the Midget game was 16-14 for Woodbridge. However, the handicapped Juniors

Thursday of last week to avenge and Dave Ferguson followed

There was no stopping the Seniors as they took the lead from the starting jump and didn't let the Woodbridge squad near it. The result was a 54-29 win for Stouffville. Jim Hill and surprised many fans by edging Laurie Buckland both hit for Woodbridge 31-29. Peter Hambly 22 points.

Birthday greetings to Donna

Special birthday greetings to

. Mr. and Mrs. Stanley Boynton

Mrs. Harriet English is now

and family of Cannington called

Mrs. Jack Stewart and Lynne

Mrs. Earl Empringham and

The February meeting of the

A study of educational oppor-

tunities in Trinidad was given

tional anthem was learned under

The Sweetheart Swirl dance

The door prizes and refresh-

ments were donated as well as

the lucky dance prizes. Funds

by the group. The Trinidad na-

girls on Sunday afternoon.

United Church Women

| Neighbourhood Notes

Victoria Square News

Mrs. W. Sandle

The Feb. 16th meeting of the Beatty, 11 yrs., Feb. 26; Teddy Dist. Lions Club was Education | Mortson, March 1. and Ladies Night.

Lion Pres. Clarence Steckley Mr. Wm. J. Muirhead, who will presented a cheque for \$1000 to celebrate his 83rd birthday, Feb. Mr. Pat. Ottaway, chairman and 28. Mrs. John McCague, Secretary-Treas, of the Community Centre | Mr. and Mrs. Lawrence Boynton Park Trustees, to help defray and family called on Mr. and the \$5,000 bank loan. Mr. Steck- Mrs. Wesley Boynton at Port ley mentioned since the organi- Perry on Sunday afternoon. zation as a club, over \$8,000 has been raised for Community pur- in St. John's Convalescence poses. Of this approx. \$4,875 has Hospital, Willowdale. Friends been donated towards the Park | will be pleased to hear that she and Community Hall. is progressing favourably.

The guest speaker was Miss Mr. and Mrs. Harry West of Hilda Dullege, of Montreal, who Newmarket, Mr. and Mrs. Harhas observed education methods old Bray, Keswick, had dinner in several countries of the world. on Saturday evening with Mr. She showed many beautiful pic- and Mrs. Percy Bennett. tures with a most interesting Mr. and Mrs. Andrew Forson commentary. .

A buffet lunch was served at on Mr. Rolph Boynton on Sunthe close. The next major fund day afternoon. raising activities of the club will be a Donkey Baseball game on of Toronto called on Mr. and Thursday evening, June 3... Euchre

There were 13 tables of players at the Community Hall on Friday vening. Prize winners U.C.W. was held in the Sunday were: Ladies, Mrs. Everett Van- school room on Wednesday derkooy; Mrs. Harry Barber; evening. Mrs. John McCague, asand Mrs. Sylvia Duffy. Lone sisted by Mrs. M. Styrmo and Hands, Miss Grace Gall. Men, Mrs. F. Brumwell were in Jim Bowden; Leslie Morgason, charge of the meeting. and Harold Morgason. Lone Hands, Bill Cox. Lucky draw for a box of groceries was won by Mr. Wm. Orr.

Another Euchre Party will be the leadership of Mrs. A. Orr. held in the Community Hall on Community Centre Friday, Feb. 26 at 8:15 p.m. sponsored by the Community and Euchre was a success. Centre. Guests came from many out-of World Day of Prayer

The annual World Day of Prayer service for the women on the Victoria Sq. charge will be held this year in the Headford United church on Friday, Mar. of the new well. 5th at 1:30 p.m. Please note change of time of service.

raised were to help with the cosa It is hoped to have another such evening in the near future.

town points.

Mrs. M. Sparks returned home on Sunday after spending six weeks with her son and family in Carlsbad, New Mexico.

Sympathy of the community is extended to Mrs. -Russel Richardson in the passing of her sister in California recently. Janice Parrott had the misfortune to break her collar bone last week.

Mr. and Mrs. Donald Purdy, of Toronto, were recent visitors with Mr. and Mrs. Douglas Ash-

Congratulations to Miss Judith Batten on passing her Grade I to, visited her parents, Mr. and Theory in Music with Honours.

Owing to icy road conditions the monthly meeting of the Ladies' Bible Class was postponed from Feb. 10th to Wed. Feb. 17th at the home of Mrs. Russell Batten. The scripture lesson was read by Mrs. Theo. Knight. groups proliferate in England, The president Mrs. Douglas barbers there are reported to be Ashton chose for her medita- getting ready for even leaner

with prayer by Mrs. W. Routley. Letters of thanks from Mrs. Gordon McDonald; Mrs. G. Middleton and Mr. Gordon Stulta-

The five members of the executive gave a short talk on the work carried on by the Ladies' Bible Class. Mrs. Edgar Heron and Miss Judith Batten favoured with a piano duct.

A number of short poems were given by several of the members. Mrs. Wm. Gardner conducted a Bible contest. The meeting closed with prayer by Mrs. Grant Parrott.

Mrs. Clyde Playfair, of Toron-Mrs. Russell Richardson on Sat-

Mrs. Walter Rogers, of Brooklin. spent Wednesday with Mr. and Mrs. Nelson Ashton.

As Beatle-mopped singing tion "A Stayed Mind", followed | seasons ahead.

The Staff & Students of Stouffville District High School

invite you to attend an

ENGLISH FAIR

An evening of exhibits, music and drama.

Friday, February 26 8.15 p.m.

Admission: Adults 50c, Students 25c.

TRIBUNE Classified Ads Are Tops

Notice of Meeting

The Annual Meeting of York County Members of

Central Ontario Cattle Breeding Association

will be held

Thursday, Mar. 4th, 11 a.m.

Central Ontario Cattle Breeders'

Headquarters, Maple, Ont. The programme will include an address by Mr. Robert Lowe - on merchandising.

Central Ontario Cattle Breeding Association is a farmer owned, farmer controlled artificial breeding association operated for the benefit of its members. Annual meetings are held in each county it serves to give every member the opportunity to receive and discuss reports of its business and policies. Visitors are also welcome.

Central Ontario Cattle Breeding Association.

1962 FORD

Real sharp — 4 speed transmission — bucket seats, spotlight, custom radio, chrome discs, whitewalls.

1963 COUNTRY SEDAN

A beautiful wagon, 2 tone bronze and white with matching interior, 8 cylinder, standard transmission, whitewalls, electric rear window.

1963 CHEV. WAGON

6 cylinder, automatic, blue metallic finish, matching interior, custom radio, whitewalls. "A one owner beauty."

1963 PONTIAC 6 cylinder, automatic, radio,

washers, gleaming bronze finish. "A real buy."

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6 cylinder, standard, metallic gray, custom interior, radio,

1962 FALCON 6 cylinder, standard, radio, whitewalls, side mirrors etc.

1962 DODGE Popular slant six with auto-

matic, washers, wheel diese.

"Excellent throughout." 1962

VOLKSWAGEN DELUXE A one owner car. "At a popu-

lar price."

CONVERTIBLE A luxury car, loaded with T-

radio etc. "Priced right."

FREE 1965 PLATES

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HABIT NOT AN ACCIDENT"

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FROZEN FOODS

Save Scl - In Batter Highliner 14-oz.

HADDOCK pkg. 49c Supreme Fancy 2-lb. Bag

KERNEL CORN ... 49c

FRENCH FRIES .. 49c

1964 CORVAIR COUPE

ECONOLINE BUS 9 passenger, ideal family or dual purpose vehicle, not used commercially.

1961 PONTIAC

PARISIENNE 2 tone bronze, matching interior, standard, 6 cylinder. "Drive it, you'll buy it."

1961 METEOR 8 cylinder, automatic, side view mirrors, radio, 4 door sedan, white with red and

white interior. 1961 MERCURY 8 cylinder, automatic, loaded with extras, a one owner ve-

hicle. "In top condition." 1961 METEOR Standard, 6 cylinder, while with blue interior. "A real

good deal." A. 1961 FALCON

Automatic 6, excellent; in every way. "Priced to sell." 1961 FORD

TUDOR Fairlane "500", radio, washers, whitewalls, discs, etc. good throughout.

1960 THUNDERBIRD

Bird accessories. "Can't be beat."

1960 METEOR 2 tone, 8 cylinder, automatic,

NO. 7 HIGHWAY

LAIDLAW BLVD.

WHERE SATISFYING CUSTOMERS IS A