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ALTONA FEED & SUPPLIES

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PITTSBURGH PAINTS—Keep that **JUST PAINTED** look longer

Mental Health Clinic For York County

A large gathering in Richmond Hill of members, volunteer workers, professional people and interested citizens applauded an announcement on Wednesday evening, March 30 by President Mrs. John Martin of the York County Branch, Canadian Mental Health Association, that their original goal, the establishment of a mental health clinic in York County, had been achieved. The occasion was the Branch's annual meeting which was held in Wrixon Hall, Saint Mary's Anglican Church.

"Recently," reported Mrs. Martin, "we received official notification from the York County Board of Health that they are proceeding immediately to establish a mental health clinic in the York County Health Unit area." This was thrilling news for the enthusiastic and dedicated individuals who have devoted much time and effort to making a dream a reality.

Dr. R. M. King, Director of the York County Health Unit, in introducing the guest speaker, congratulated the Branch on the very important advancements which had been made in mental health in the county since its inception two years ago.

Dr. H. W. Henderson, Ontario Director of Community Mental Health, Department of Health, also congratulated the Branch on its achievement, adding that York County has given him the model he was looking for to demonstrate to other communities the manner in which a clinic may be established.

He went on to quote some startling figures to demonstrate the immensity of the problem of mental illness in Ontario. There are approximately 222,000 patients in 17 mental hospitals through the province, or 4 out of every 1,000 residents. Seven thousand patients per year are being admitted to mental hospitals, and one out of every 15 children born in Ontario today will be admitted to a mental institution at some time in his life. He added that these figures represent only the known cases of mental disturbance.

Dr. Henderson pointed out that most of our efforts in the field of mental health to date have been directed to diagnostic and treatment services. He emphasized the need now to attempt to reduce the incidence of mental disorder. He described the home as the basis for adult living. "There is nothing more important to a child than the influence of the home." Other important influences are the school, industry, the church, recreational and cultural activities. "We must help parents, teachers, employers, to realize the role they can play in promoting mental health," he added.

"This emphasis on prevention places a great responsibility on the community. The greatest single obstacle we have to overcome," declared Dr. Henderson, "is the attitude of the general public towards these conditions. The apparent apathy, ignorance and fear are hard to understand, although there are indications that these attitudes are changing."

Dr. Henderson concluded his remarks by saying, "The care of the mentally sick in any country depends not only on the skill available, but on the attitude of the general public. It is only by changing public opinion that we can develop better methods of treating and preventing these disorders. This is the cause we have taken up—

this is the challenge we face." Rev. Robert J. McNaught of Queensville thanked Dr. Henderson for his inspiring remarks.

Volunteers Honoured—

The volunteer workers were honoured at the meeting with the presentation to them of CMHA pins by their Chairman, Mrs. P. Townshend-Carter of Thornhill. Recipients were approximately 75 volunteers from Richmond Hill, Thornhill, Markham and Aurora who visit regularly residents in 8 of the 17 approved homes in the County. Similarly honoured were the social workers and hostesses of the homes who work closely with the volunteers, and the Sr. Citizens of Richmond Hill, who have helped the organization in many ways and whose pin was accepted on their behalf by Chairman Mr. A. E. Plewman.

In the annual report, Mrs. Townshend-Carter outlines the tangible results of the White Cross Volunteer program in the County. "The re-admission rate to hospital has been cut by 25%. Fifteen residents have improved sufficiently that relatives have taken them home. Seven have become gainfully employed and are now discharged and self-supporting. If it costs a minimum of \$1,200 to keep a patient in hospital, then we have saved the taxpayer \$25,000."

Rev. Douglas Davis of Stouffville opened the meeting with prayer after which the Warden of the County and Reeve of Markham Township, Mr. William Clark, brought greetings and presented Mrs. Martin with a cheque for \$500.00.

The "Yorkorders", a choral group from the county under the direction of Mr. W. R. Outerbridge of Aurora, a Board member, entertained the meeting again this year with their delightful music.

A very pleasant coffee party preceded the meeting for which the ladies of the St. Mary's Anglican Church W.A. catered. Mrs. Clark, wife of Warden Clark, and Mrs. William Hodgson, wife of last year's warden and an active volunteer worker, poured coffee.

Miss Betty C. Graham of Newmarket presented the report of the nominating committee. The 1960 Board of Directors is as follows: Mrs. Elton Armstrong, Armitage; Dr. G. M. Burrows, Sutton West; Mrs. George Burrows, Sutton West; Rev. Douglas Davis, Stouffville; Mr. Gordon Duncan, Markham; Mr. Douglas Fisher, Aurora; Mrs. Campbell French, Woodbridge; Mrs. A. Gamble, Unionville; Mr. Maynard Hallman, Richmond Hill; Mrs. F. C. Jackson, Richmond Hill; Dr. R. M. King, Newmarket; Rev. H. H. Mark, Newmarket; Mrs. John Martin, Maple; Rev. R. J. McNaught of Queensville; Mrs. Florence Murray, Aurora; Mr. Willfred Scott, Woodbridge; Miss Verna Smyth, Newmarket; Mr. Harry Toombs, Queensville; Mrs. P. Townshend-Carter, Thornhill.

Green River News

The sympathy of the community is extended to the families of the late Mrs. William Gray, also to Mrs. Geo. Ireson and family in the recent loss of her sister; and to the family of the late Rev. Hoffman who passed away recently.

Mrs. Benson Draper entertained a few on Saturday evening last, in honor of her husband's birthday.

Miss Karen Postill spent the weekend at the home of her sister, Mrs. D. Haines of Toronto.

Some time during Easter holidays a number of our teenage girls will be canvassing the school section on behalf of the Ontario Cancer Society. This is the Pickering Township Branch and those calling on you to date will be Misses Ann Draper, Shirley Postill, Beverly Hawthorne, Carolyn Coward. As this is a most worthy cause, it is hoped that your response to these canvassers will be as generous as possible.

Mr. and Mrs. T. Warren of Georgetown were recent visitors at the home of Mr. and Mrs. R. Hamilton.

Mr. and Mrs. W. Chafen attended the reunion of old

friends and classmates of their church in the city. This was held at Parliament St. United Church on a recent Sunday evening.


Don't forget the afternoon tea under the direction of the Home & School Association, to be held this coming Thursday, April 14th, in the school.

We have been informed that the canvas for the Red Cross has been completed, that the amount collected for this worthy cause has been fifty-nine dollars.

All Junior teens please note that you are requested to meet at the Trinity Baptist Church, Whitevale, on Friday evening, not later than seven o'clock.

A Good Friday service will be held in the Church here this Friday evening at 8 o'clock. A most cordial welcome is extended to all to come and join with us at this service.


An Easter Sunrise service will be held in the Trinity Baptist Church, Whitevale, next Sunday morning at 7.30. Following this service, breakfast will be served. We understand that the men of the congregations are to be the chefs—we trust this includes dishwashing as well.



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JIM ABELL
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SUN LIFE OF CANADA

Altona News

Last week during the missionary convention here, Rev. and Mrs. D. Sargent entertained a number of cosmopolitan visitors. They were Rev. A. Rees of India, Rev. D. Granitz of Brazil, Miss Esther Crossman of Africa and Rev. and Mrs. L. Ike and son of Japan.

Quite a number from our community attended the "All night sing" of sacred music held in Massey Hall on Friday night.

Mr. and Mrs. Bob Lewis and children and Mr. and Mrs. Ed. Wideman visited Mr. and Mrs. Bob Logan and family of Palmerston on Sunday. Mrs. Wideman is spending this week with her daughter.

Mr. F. Poirier and son Dennis enjoyed a trip to New Brunswick recently to visit his parents.

On Sunday, Mr. and Mrs. Norman Bunker and Mr. and Mrs. Merv. Bunker and children visited with Mr. and Mrs. Vivian Carson and Ondine of Toronto.

A number of workmen are putting a new ceiling in the United Missionary Church this week.

Keep in mind April 18th, as the date for the Altona Men's Fellowship at the U.M. Church.

Mr. and Mrs. Harry Dulmage and boys were Sunday guests of Mr. and Mrs. Jack Caldwell of Toronto.

The Ted Jones family spent Saturday evening with Mr. and Mrs. Bob Bell and family of Markham. Mrs. Elsie Young has returned to the Jones home after spending a few weeks with her other daughter, Mrs. Len Flowers of Peterborough.

Mrs. Walter Carter enjoyed a week's visit with Mrs. Florence Clark, Miss Phyllis Clark and Mr. and Mrs. Percy Gray of Perth, (all formerly of Mountain Grove). Mrs. Carter stayed at the Clark home when she first started her teaching career.

Mrs. Amelia Nighswander entertained Mr. and Mrs. Allan Wideman, Mrs. Jake Wideman and Mr. and Mrs. David Nighswander to dinner on Sunday.

Mr. and Mrs. Stan Thompson and Lorne and granddaughter Kimberley Schell were weekend guests of Mr. and Mrs. John

Thompson of Richmond Hill.

Sunday visitors with Mr. and Mrs. Walter Davis were: Mr. and Mrs. D. Coates and Jackie of Brooklin, Leland Johnson, and Mr. and Mrs. Allan Taylor and girls of Goodwood.

Ronald Dulmage was an overnight guest of Brad Jakeman on Friday. Ivor Jakeman and Laurence McGarvey of Toronto were Sunday visitors at the Jakeman home.

A speedy recovery is wished Earl Lewis, son of Mr. and Mrs. Fred Lewis, who had his tonsils removed at Uxbridge Cottage Hospital on Monday.

Mrs. Fletcher Goudie and her sister Margery Morris visited with Mrs. Una Morrish of Highland Creek on Sunday.

Mr. and Mrs. Carmen Fligg of Woodville had dinner on Monday with her grandmother, Mrs. Will Clarkson and afterward attended the funeral of the late Herb Burnett.

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GREEN RIVER

The ladies aid met at the home of Mrs. A. Pearce on Wednesday evening of last week. Mrs. A. Michell was in charge of the Easter programme which was thoroughly enjoyed by all present. At the conclusion of the evening, lunch was served by the hostesses, Mrs. J. Irwin and Mrs. D. Shank.



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