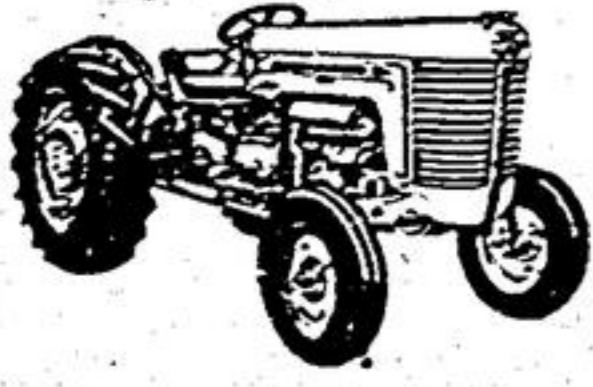


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President Suggests Jail Farm As Ideal York University Site

Toronto's jail farm would be an ideal location for York University because of its accessibility and the area it provides for buildings. Dr. Murray Ross, president of York, stated recently, "Nothing could be better," Dr. Ross said.

"The university's property, of course, is a matter for its board of governors to decide. However, my personal opinion is that the jail-farm property could not be improved upon. Its 712 acres are placed at the very spot where they could serve the university most admirably.

"It would be a marvelous location because the three great, most rapidly growing areas in the Toronto district are North York, Etobicoke and Scarborough.

"A university placed where the farm is, would be ideally accessible to all three.

"Of twelve offers of property which we have received, none includes the farm, none offers the attractive possibilities, the accessibility and the space it does," continued Dr. Ross.

Cost important—

"Of course, cost is one of the most important things to be considered, and it might be beyond our reach.

"However, I would hope that

If the future—say 25 years from now—were considered, a most natural consideration would be that the university merits special study as a purchaser."

No one is sicker than the man who is sick on his day off.



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Nearly Three Thousand Emergency Cases To County Hospital in '59

Over the past two years there has been a 112 percent increase in the number of emergency cases admitted at York County Hospital, reaching a total of 2,841 patients in 1959. The average cost of being ill also rose in the same period by some 10 percent.

These facts were made known recently at the annual meeting of York County Hospital Association held in Newmarket's Agricultural Hall.

In the association's report, it notes that in recent years the hospital has come to serve primarily the district and not just



By C. A. Dean, M.D.

EDITORIAL: Applications of heat are advised to increase circulation in parts of the body. Such treatment is recommended for infections (boils, sore throat, etc.), inflammations (bursitis and arthritis) and swellings (sprains, strains, etc.).

There are certain conditions of the body, however, for which heat would be harmful. It is important to know when not to use heat.

Perhaps the most important contraindication of heat is with patients who have poor circulation, especially if it involves the feet. Regardless of whether the patient's feet may be cold, he should not apply any type of concentrated heat, such as hot water bottles, heating pads or heating lamps. Warming a leg to a temperature much higher than the rest of the body will cause demand for more blood in the area.

With the inadequate circulation, this extra blood is not forthcoming and a burn can easily result. Even if it doesn't, damage to the tissues can develop which contributes to other complications, such as ulcer formation, dermatitis, poor healing and infections.

"I have injured my sciatic nerve and have severe pain in my lower spine and down my left leg. I have been getting microtherm treatments without success. I even went to a chiropractor, but no results. I am at my wit's end with the pain. What should I do?"

Mr. J. H. (A) It sounds like you may have ruptured a spinal disk. You need a complete examination by an orthopedic bone specialist with X-rays. Several forms of treatment including lumbar traction can be tried. An operation may be necessary.

Proposal of County Planning Board Finding Little Support in York

The proposal made some time ago that York County form a Planning Board of its own, has not found too much favor to date. If it replies to a recent questionnaire on the subject, are any indication.

Only three municipalities of the fourteen have replied. Newmarket replied in favor of such a Board, Vaughan Twp. and Stouffville informed the committee that they come under the jurisdiction of the Metro Planning Area and the formation of another Board would not be of any benefit to them.

Members of the Planning Committee which was set up to investigate the possibility of forming a new Planning Board are, Walter Rate, Chairman, Mrs. C. Ion, secretary, Fred Armstrong, John Perry, Stanley Tinker, Wilfred Dean and Joseph Dales.

At last week's meeting of County Council, all the municipalities which have not replied as to their views on the County Board, should do so.

The Planning Committee unanimously agreed that opposition to any future expansion of Metro Toronto into the County of York should be registered officially.

The picture has now changed to the point where Newmarket patients make up only 13.7 percent of the total and a large number of the employees come from outside the town.

"With this changed situation," the report continues, "a new responsibility falls upon us. In the near future we will most certainly have to extend our facilities to meet the already present demand for increased services. The directors of your hospital will do their utmost to assure that the communities being served will not be denied hospital care."

In his address to the meeting, Hospital Board Chairman W. A. Spear briefly reviewed the financial results of the past year's operations and reported that the hospital's bank overdraft now stood at \$26,400.

"This is a decided improvement over a year ago," he said, "and if there are no large capital expenditures required during the coming year, the bank indebtedness should be retired before the end of 1960."

The president went on to refer to the increase in the hospital staff from 207 to 222 and also to the extra payroll which now amounted to an annual \$581,000.

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