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Notes and Comments

Cows Keep on Working

The sight of a row of cows reposing in the straw at the country fair, is an instructive sight. As busy as any beings alive, even in repose, as they chew cud, busy manufacturing milk and cream, each bovine mouth operating like a factory that works around the clock. Oh, there will be some prizes awarded, and for the best of reasons. —Sydney Post-Record.

Breakfast Decline

The decline of the institution of breakfast is concerning nutritionists, but their preaching runs up against such formidable barriers as the diet craze and the race with time. Breakfast has particularly lost ground with women dieting for slimmness (even though diet authorities generally oppose this approach), with office workers wanting to grab an extra minute of sleep and, above all, with teen-agers. Surveys show older girls are the main non-breakfasters. Nearly half say they start for school with no breakfast at all or without any solid food. Two thirds of all students are said to have bad breakfast habits. Yet the National Research Council has recommended that breakfast include one-third of the day's required nutrients. —Washington Post.

Watch Your Language

There is a bylaw still on the books of Pickering Township under which anyone can be brought into court for swearing or using obscene language in the municipality. We are not sure whether such a law exists in Stouffville or not, but if so, it could be enforced by local police to the satisfaction of Sunday evening church goers and residents of the local business section. Police have had to intervene the last two Sunday evenings as car loads of foul-mouthed hoodlums ranged up and down in the business section much to the disgust of all citizenry who came within earshot.

To date no charges have been made but the eyes of the police have been sharpened to the rowdy displays of both young men and women and a move to clean-up the disorders is pending. Out-of-town "rough-necks" are blamed for the trouble.

Night Meetings Should Be Avoided Wherever Possible

The Lindsay Post has taken up the cause of promoting daytime municipal meetings rather than evening sessions and speaking as one who attends several hundred such meetings a year, we can wholeheartedly concur in their view. The Post states:

"For years now it has been the practice to hold most meetings relating to municipal affairs at night... after the normal work day is over and everyone is weary from its effects. It has been suggested in these columns on occasion in the past that more and better work would be accomplished if these meetings were held during the daytime, preferably first thing in the morning, and we reiterate this recommendation.

"These are days when much is demanded of the average individual during the normal work day and by the time evening rolls around people are anxious to get away from routine affairs and pursue their hobby or favourite form of relaxation so they will be refreshed and ready to meet the demands of another day. Those people who so order their lives as to get the important things of each day done early and thus be ready to enjoy the rest which should follow labour will undoubtedly achieve more with a greater degree of efficiency.

"We believe that there is no more important work to be done for the town than that which concerns the town... the administration of its affairs and allied interests. And we believe that since this work is no longer charitable (a not inconsiderable sum being paid for attendance at most meetings), the work should be done at a time when it will be handled with greatest efficiency. What more suitable time than first thing in the morning when everyone is ready for business?"

"What members of our various local governing bodies are there who are willing to advocate such a step? True, there will likely be some opposition to the proposal on the grounds that most people are too busy to attend meetings during the daytime, but we doubt very much if such an excuse would hold much water if put to the test... These meetings could be held more frequently if necessary and for shorter periods of time, thus encouraging more efficient procedure. Who can honestly say they are working at their best after three or four hours work which has been done in addition to performing their regular duties? Isn't keeping alive such a practice unprogressive in the light of our knowledge on the subject?"

For Results Use Tribune Classified Ads.

THE OLD HOME TOWN By STANLEY



EDITOR'S MAIL

30th September 1954 Editor, THE TRIBUNE,

Dear Sir: Being a resident of Toronto and hearing of your Trade Fair over the air, we visited it on Friday night the 24th.

We were greatly impressed with the displays of products, machines, cars, etc., also the fine band, but especially the hospitality of your people. You were very generous in giving away samples of products, pamphlets, etc., which added to the good time that we enjoyed that evening.

As we left the Fair we felt that we had spent a very happy time and made up our minds that we would visit you each year at Trade Fair time if at all possible.

Cordially yours, W. H. Gill 4 Park Drive, RR2, West Hill, Ont.

Ground Observer Corps News

On Thursday evening the Ground Observer Corps held a meeting at the Port Perry Yacht Club. Mr. Baker was in charge of the meeting. The meeting was opened with a film entitled—"One, City, One Bomb".

The Chief Observers were: Mrs. Jas. Lawrence, Myrtle; Mr. Robt. Greer, Claremont; Mr. Fred Clubine, Goodwood; Mr. Archibald Dysart, Caesarea; Mr. O. J. Boe, Seagrave; and Mr. Frank Baker, Port Perry, all introduced their observers. Flying Officer A. K. Shepherd, No. 51 G.O.C. Detachment Commander, Barric, Ontario, spoke of the importance of the Ground Observer Corps.

Wings were presented to Miss Ann Keevil, Ken Dean, Craig Peters and Wilf Glidden, all of Claremont; Barry Fletcher, Port Perry; Archibald Dysart, Caesarea; Garry Sweetmeat, Seagrave; Jimmy Cookson, Seagrave.

A Fly's Obituary

She is dead! Poor lonesome little fly; she is dead! She tried so hard to live! But, in what her life's so short span had to give, She was swatted at, cuffed at, kept on the dodge; Squirted with goo when she sought for to lodge In cranny or nook, where there might be a nest With other flies, seeking a place for to rest. She was shoosed, she was booed, she got blamed for the spots. That mar walls and ceilings with speckles and clots - No friend had she living; no mourner when dead; Roused nothing but ire on her tiny, wee head - She must fill some purpose - else why should she be, To mire in one's porridge, or drown in one's tea? Yet all the great earth-space, and greater, vast sky Did not have one welcome for poor, lonely fly. WFR.

House Broken

One thing that makes a strong appeal to lovers of animals and pets is their innate cleanliness; they are not very old before they learn to ask, quite plainly, to be excused from the room to attend to the demands of nature. Even day-old little-pigs will not mess up their nest if they can avoid it. Knowing this, the writer was quite surprised—well, maybe not—when shopping in town the other day, to see dirty, messy spots on the floor in some of the stores. They were cigarette butts that had been carefully, or perhaps carelessly, dropped and crushed under foot.

The thought came, "A dog, a cat, or, yes, even a little pig could teach some men a lesson!" And one wonders; if these cigarette tossers are the same in their own homes - what Mother or Madam Wife would have to say about it.

Better English

- 1. What is wrong with this sentence? "We figure on making over sixty dollars." 2. What is the correct pronunciation of "cadaver"? 3. Which one of these words is misspelled? Disengage, hemorrhage, mucilage, allegiance. 4. What does the word "fluent" mean? 5. What is a word beginning with vo. that means "light-hearted; airy; hence, fickle"? ANSWERS 1. Say, "We plan to earn more than \$60." 2. Pronounce second a either as in dab or as in day, and accent second syllable. 3. Hemorrhage. 4. Ready in the use of words. "The professor is a fluent speaker." 5. Volatile.

Many a person is so nervous that he will never be able to relax completely until he is turned into a pile of dust.

FAMOUS PAINTINGS TO TOUR CANADIAN CITIES



External Affairs Minister Hon. Lester B. Pearson, and Don C. Bliss, U.S. Minister to Canada, view Franklin

Arbuckle's "Parliament Hill" at the U.S. premiere of the world-circling Seagram collection of Paintings of Canadian Cities. The 52-canvas collection is now starting its 18-month tour of major Canadian centres.

FOR PARENTS ONLY

"Your Child Is Sick!"

By Nancy Cleaver

Your child is sick! Suddenly the sun has stopped shining over your part of the world. You are anxious and eager to get him better just as fast as possible.

If you are in doubt whether or not your child's symptoms are serious, do not consult a relative or a friend for advice; about sickness, phone your doctor's office.

It is a good plan to jot down the details you want his office nurse to know such as the degree of your child's temperature, etc. If the doctor is out or occupied, leave your phone number, or that of a nearby neighbor if possible, if your call is not urgent. If you consider you need a doctor quickly, explain why, and leave it to his judgment to make a home call as soon as he can. Most members of the medical profession have long hours crowded with their work. They have to plan their time carefully. Often they have to do the best they can to answer almost simultaneous calls from different directions.

Parents soon discover that their child may be well one day and over night he may suddenly develop symptoms which are disturbing. This is apt to alarm mothers in the summer and autumn months when polio is prevalent in many areas. What are Polio's varied symptoms? Sometimes there is a moderate fever, a mild sore throat, headache and drowsiness. Occasionally the person is irritable and vomits. Pain or stiffness in the back or back of neck should be immediately suspected. The important thing is to consult a doctor or health authority if in doubt. During the first ACUTE stage, to keep "on the go" is the worst possible thing to do. Complete bed rest is imperative, and care in a hospital. There, everything is done to

give the patient the best chance for recovery. The isolation rule is a protection to the other members of the family. The trained attendants at a hospital also know the best way to treat and assist the polio patient during the convalescing period. The doctor is the key man in the polio battle, and he helps those whose muscles are permanently damaged, to learn how best to accept and live with their handicap. The polio virus is so tiny that it cannot be seen by ordinary microscopes. The proven sources of the virus are discharges from the throat, nose or bowels of the infected person. Scientists suspect that this virus enters the patient through the nose or mouth, then travels by way of the blood stream to the nerve cells in the spinal cord and lower portions of the brain.

"What is the child's temperature?" is one of the first questions a doctor often asks. Homemakers should keep a thermometer on hand. Every home should be equipped with a First Aid Kit. This must be kept stocked with the necessary equipment. Basic supplies should include sterile bandages, band-aids, adhesive, scissors, iodine, aromatic spirits of ammonia, rubbing alcohol (labelled POISON), baking soda, petroleum jelly, five grain tablets of aspirin, thermometer. All drugs should be labeled and kept out of reach of small children. A lock on the door is a safeguard from exploring small fingers.

A mother will find a simple guide book on Child Care invaluable which includes directions for the treatment of diseases and accidents. The provincial and federal Departments of Health are to be commended on their literature. "Up the Years from One to Six" (King's Printer, Ottawa)

is especially good. Ask your Department of Health about this book or write direct to the Information Services Division, Department of National Health and Welfare, Ottawa. (Copyright)

Local Firemen May Enter Premises To Check Hazards

Stouffville's seven hundred homes and business places can expect calls at any time during the year if the local Fire Brigade deems it necessary to check for fire hazards. This week is Fire Prevention Week a week set aside to remind residents to check for hazards on their own property. Fire Prevention is a job for everyone and householders need not be reminded that basement areas are favourite spots.

According to Ontario Fire Marshall's figures, ninety percent of our fires in homes and the loss is needless. "It is appalling," he says, "the chances some householders will take.

Firemen say a few simple precautions can all but erase the risk of home fires. The precautions include:

- Care with matches and cigarettes. Avoidance of smoking in bed. Inspection, cleaning and repair of the heating system at least once a year. Elimination of frayed electrical cords, overloaded circuits, misused appliances and fuses. SHUN GASOLINE Shunning of gasoline and kerosene as a household fluid. Proper disposal of ashes in metal containers. One in every five fire victims is a child under five years and firemen have some tips for the protection of children. They urge that parents: Never leave children at home alone. Watch for situations in which a child's clothing might catch fire. Keep children from stoves, furnaces and bonfires. Ensure that party costumes and decorations are flame-proofed.

DON'T USE CANDLES Give children flashlights or electric candles instead of wax candles for Halloween and other such occasions. Parents can also teach children to do the right thing if their clothes ever do catch fire. The youngsters should be told not to run but to lie down and roll over slowly to smother the flames, in a rug, blanket or coat if one is available.

There also are some things adults should remember if they are ever confronted with a fire. Firemen advise: Get out of the house the moment you discover a fire or smell smoke. Don't fling doors open if you think there's a fire. Feel the doors and if they are hot leave by another way or block the doors with furniture or mattresses to keep out smoke and gases.

BETTER NEAR FLOOR Remember the air is better near the floor in a smoke-filled building. Hold your breath and cover your face if you have to make a dash through a smoky structure. Don't ever go back into a burning building. Smoke and gases from even the smallest fire can be deadly. Unless it's a small fire and you are certain you can control it with the right extinguisher, don't waste your time or your life by trying to fight it. Get away and call the fire department. Don't jump or drop from upper-storey windows except as a last resort. Wait for firemen.

A New York woman trained a monkey to wash dishes. Whether this indicates a monkey is smarter or dumber than a husband is a matter of opinion.

Liquor Vote in Port Perry Nov. 15

Mr. John Raines, Clerk-Treasurer of the Village of Port Perry has received a letter from the Liquor Control Board stating that the request for a date to be set for a vote in Port Perry on the question "Are you in favour of the establishment of Government stores for the sale of Liquor" had been received.

The letter stated that the board has set the date of Monday, November 15, 1954, for the vote to be held in the Village of Port Perry.

This is all the information that has been received on this question as of date. It is expected that more information will be received shortly.

ter the hospital field. Mr. Gardiner said a municipality could lose more money in the operation of a hospital, without knowing, where the money went, than in the operation of a transit service.



STOUFFVILLE FLORAL ROSES Wedding Bouquets Funeral Designs Cut Flowers MILT SMITH, Prop.

Oppose Cities Running Hospitals

Metropolitan council chairman Fred Gardiner told the metro welfare committee that municipalities should not enter the hospital field.



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CANADA POST OFFICE

HON. ALGIDE COTE, Q.C., M.P. W.J. TURNBULL, M.P. POSTMASTER GENERAL

Canadian Cheese



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New cheese recipes! Write to Marie Fraser, Dairy Foods Service Bureau.

DAIRY FOODS SERVICE BUREAU A division of Dairy Farmers of Canada 409 HURON STREET, TORONTO

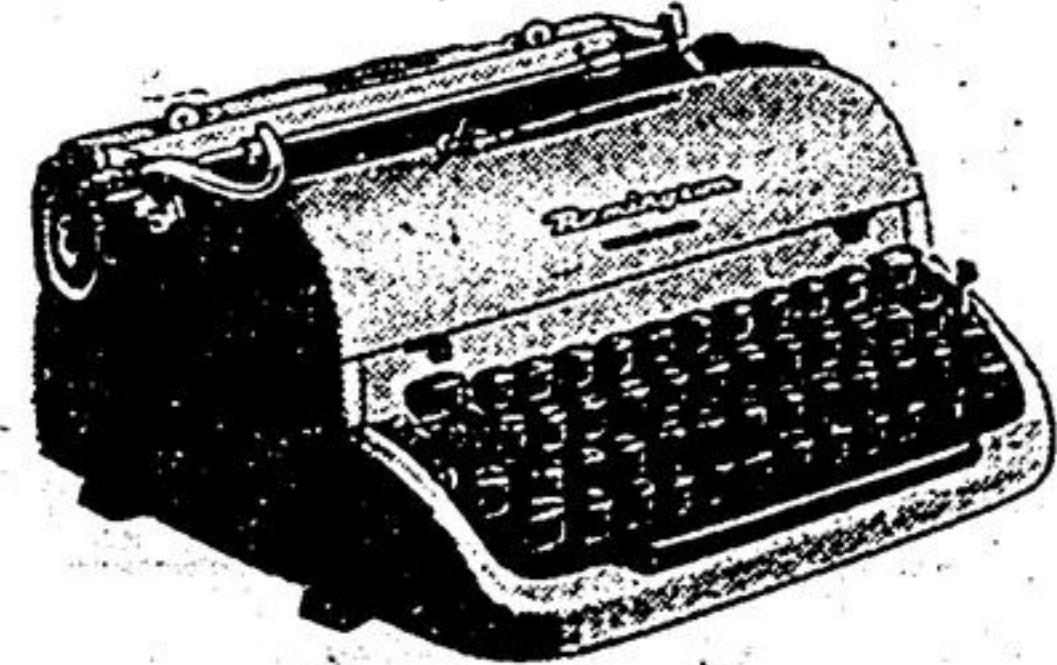
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