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SELF-DISCIPLINE FOR GROWTH

(Lesson for August 15)

THE LESSON AS A WHOLE eleventh chapter by a whole earthly possessions. By J. C. Macaulay, D.D. Approach to the Lesson

and Heb. 12:1-4.

response to the inquiries of sanctity, was even now pass- who now have jobs on farms Jesus, Peter had made his great ing away. This background confession, and received the should help in an understandwarm commendation of the Lord. The time had now come Verse by Verse to tell the disciples what lay before Him who was "the God"-not a crown, but a cross. But Peter would have none of Here, then, was a man, a dis- the Cross, and making Christ Hob 1211 "less the prize. Toews does not expect any ciple, who was rejecting the his pattern. implication, for himself. Our will save his life shall lose it: The "cloud of will save may make their way north first portion, then, stresses the and whosoever will lose his

pointed for all who would be

His followers. The passage which leads up to our portion in 1 Corinthians is one in which Paul defends and maintains his apostleship, which was being disputed by of Christ will find life on the certain factions in Corinth. Here highest plane. he gives his answer to those wrought at his hands. Two he would be classified as words might cover his whole winner. argument in this chapter-renunciation, and accommodal that striveth . . . is temperate tion. He tells how, for the sake in all things ... they, a corrupof the Gospel, he had renounc- tible crown, we an incorruped one right after another, fun- tible." Athletes who do not damental human rights. Then practice discipline of the bodily he relates how he had become appetites are soon on the side a servant to all men, accommodating himself to their particu- laurel leaves was considered lar situations in order to win worth all the self-discipline, them to Christ. Surely we must what about the eternal prize see that there is something held out to the Christian? more apostolic in such renun-! Verse 26-"so run . . . so fight ciation, and in such accommo- I." The two exercises of rundation, than in an exercise of ning and boxing are here in authority or the doing of migh- view. Paul's running was toty works. On the basis of his ward a fixed and known goal, fend. own testimony he presents the and his boxing was not fancy Christian life as an athletic passes at a shadow.

to the Hebrews was written

series of the triumphs of faith, I can think of no better ap- centuries. Throughout, he has tral committee here, said re- if assistance is needed. proach to this lesson than a indicated the endurance of lief has been given to the 32. The returning group, presentation of the background those heroes of faith, and now who were ending a self-imposed least some of them, went to of the three portions of text- he challenges the waverers to 32-year exile. Matt. 16: 24,25; I Cor. 9:24-27; like patient endurance in the Give Food, Clothing race, as they fix their eyes on The verses in Matthew's Gos. Jesus, not on the persecutions, in the Niagara district have do schools in Manitoba and Saspel constitute the climax of a nor on the ritual of the Tem- nated supplies, clothing, food katchewan to learn English. scene at Caesarea Philippi. In ple, which, for all its ancient and furniture to the families

ing of the lesson.

come after me, let him deny Christ, the Son of the living himself, and take up his cross, and follow- me." Examine this

> less throwing away of life. Self-preservation is both an instinct and a duty. But the man who puts self first will lose everything, while he who lives to fulfill the will and purposes

1 Cor. 9:24 - "... they ... who examine him. It is a re- run all, but one receiveth the tation of great visions such as not just for the fun of it. So he gives in 2 Cor. 12:1-5, nor a the Christian is called to a recital of the mighty deeds life of uttermost exertion if

Verse 25-"And every man lines. If a fading garland of

career, calling for discipline, Verse 27-"I keep under my and the avoidance of all self- body, lest when I have preached

### THIS WEEK'S SUNDAY SCHOOL LESSON HELPING HAND OF ONT. MENNONITES Those to whom the Epistle EXTENDED TO STARVING MEXICANS

come after me, let him deny the ancient ritual of the Tem- nonite families who recently pying two houses. himself, and take up his ple on the other hand. The completed 2 3,000-mile trek Mr. Toews said the MCC has cross, and follow me.-Matt writer has presented the way north in a two-ton truck carry- investigated the problem and of faith, illustrating it in the ing 32 persons and all their found there is no acute need at

from Abel down through the rector of the Mennonite cen- will be ready to help when and

to others. I myself should be Hit By Sickness a castaway." His own body Chihuahua, where the colony was the object of his boxing. has been established, has not Matt. 16:24-"If any man will This does not mean that he had any rain to speak of for physically pounded his body. 10 years. 23. Notice the three require the place of abject slave of and sickness has also descendcent commendations, under- ments for one who would be of the spirit, instead of the body's ed on the colony. took to impress upon Jesus the Christ's company - denial of being the spirit's master. He Despite the decision of the

weight . . . run with patience the Rio Grande. A scattered way of the Cross as not only life for my sake shall find it." back to the worthies listed in Mr. Toews also said he does fied of the faithfulness of God. that prompted their leaving Encumbrances are fatal to run- Canada. He feels they will comners. So sinful indulgence is ply with the laws and send fatal to the Christian's hope of their children to school to learn

sus . . . endured the cross . . is set down at the right hand of look at Jesus inspired faith markable answer: not a reci- prize." Runners run to win, unto salvation, so a steadfast way of the Cross.

Verse 3-"endured such contradiction of sinners against himself." His was an obstacle race in very truth, and constant remembrance of His triumph will keep us from falling out of

ence to the blood drops of Gethsemane, or the blood of us much blood. Not many of us would rather die than of-

The Heart of the Lesson

come after Christ, but not willing to follow Him. For it is a very respectable thing to be associated with Christ, the great Teacher, the mighty Reformer, the fairest and purest of the children of men. Being of the company of Christ marks one as not altogether irreligious, but as having some appreciation of higher and better things. But Christ is not looking for fans. He is looking for followers. He has a way of rebuffing the respectable, aesthetic crowd who want the prestige of being known as Christians. So He lays down the rules for those who would join His company: denial of self, acceptance of the Cross, and a following in His steps. The denial of self which He demands is not the sentimental, hypocritical selfdenial which some indulge in occasionally as a bit of religious luxury, but a denial of one's own desires, ambitions, and pursuits in favor of the will of God. Nor is taking up the Cross a mere stoic endurance of one's afflictions, but a committal of self to death, that it may be no longer we who live, but Christ in us. Only then can we follow Christ in the way of TOV

selfless obedience. Paul likens the Christian life to the Grecian games, not because it is a matter of sport, but because of the intense earnestness with which the athletes took part. He noticed how they disciplined themselves, refusing indulgences that would imperil their stamina and their speed and their alertness-all in hope of winning a wreath of leaves that would fade in a few days. Paul was able to affirm that he could match these Greek athletes in rigorous self-discipline, but for higher ends. He was not engaged in an aimless jog trot, nor in shadow boxing. It was stern business to be a Christian, calling for the complete subjection of the body and its appetites to the will of the spirit. Many a preacher, many Christian worker, has lost

the Lord deliver us! Our chief pattern, however, is not Paul, but Christ Himself. Paul can be added to the list of witnesses called up in Hebrews 11 to testify that the life of faith is the life that wins, but only Christ is the author and perfecter of faith, the ploneer and chief winner of the race. Looking to Him, we receive more than inspiration and encouragement. We receive a direct flow of divine enabling for the great test of endurance which ends at the throne of God. Live, looking, says Paul in his letter to Ti- Septic Tanks - Tile Beds -

present. The MCC will keep in Harvey Toews, associate di- touch with the families and

The returning group, or at Mexico from Canada in 1922 and 1925 when their parents re-Members of the denomination fused to send their children to The group returned to Canada because the members are

nearly starying.

It was a spiritual conflict, in Because of the lack of rain which the body was reduced to there were practically no crops

self, acceptance of the way of knew that self-pampering would 32 to return to Canada, Mr.

ordained for the Lord, but ap. This does not call for a reck-



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being a winner. Verse 2-"Looking unto Je-

the throne of God." As a first look will perfect faith enabling us to finish the race as winners as He did, even by

the race when the obstacles are hard to overcome. Verse 4-"Ye have not yet resisted unto blood, striving against sin." Is this a refer-Calvary? At any rate, our resistance of sin has not yet cost

There are many willing to

his crown for the sake of

tus. Run, looking, is the exhor- Ornamental Ponds - Drains & tation of Hebrews 12: 1, 2. And in both cases the object of our fixed look is "the great God and our Saviour Jesus Christ.

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