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NOTES and COMMENTS

'Disgrace' Plates

The provincial government of Saskatchewan has adopted a plan for dealing with traffic offenders which we shall watch with interest. Any driver convicted of a serious offence has his current license plate taken away, and a new one in a distinctive color is attached to his car; therefore all other drivers on the road know when they are near a driver who has been guilty of driving to the public danger. So far 461 of the "disgrace" plates have been placed on Saskatchewan cars; 170 other motorists have had their license suspended altogether. Plainly Saskatchewan means business. —Peterborough Examiner.

The Family Bible

A friend was recently pleasantly surprised to see a well-worn Bible in the home of the people he was visiting. The book evidently was being used considerably.

The sight was so unusual in these days, when too often religion is pushed far into the background, that he studied the children in that family during his stay. They were intelligent, friendly and unselfish — unusually so.

The Bible was worn like a dictionary in a newspaper office, the cover was gone, the pages were thumbed and curled and many passages were marked. Here indeed was a treasured book, one that evidently gave the readers comfort, inspiration and happiness.

It was a home where family prayers were held at least on Sunday and often on other days, where grace was said before meals and where Sunday was just that — a family day and a day of rest.

See Bumper Wheat Crop

The Prairie wheat crop could top 500 million bushels this year — a figure reached only three times in history — 1928, 1940, 1942. This, despite almost dangerously late seeding in some areas.

This would compare with 337 million bushels last year, 528 million in 1942.

Granted immunity from frost, which can do much damage any time in August and considerable damage in September, reasonable hopes by provinces can now be put at: Manitoba — 60 million bushels; Saskatchewan — 325 million; Alberta — 115 million. And each of these totals could be surpassed.

For both Manitoba and Saskatchewan these figures represent possibility of a bumper yield. Alberta's outlook is somewhat less brilliant because of setbacks early in the season making a bumper crop impossible. A better-than-average yield is still possible however.

Family Reunions

During the vacation period Memorial Park, Stouffville, and Ratcliff Park, on the townline, west, have been the scene of many family gatherings. They are reunions wherein members of the same common family stock assemble to enjoy the blessings of common ancestry.

It is the accent upon the family life which is so valuable in these days wherein forces rampant in the world would destroy all family life in favor of state rule over the individual. As long as families can keep together they will live the sort of lives which will continue to make this country great and desirable to live in.

These assemblies are all too few, although in the Markham-Stouffville district we are blessed with a good many family groups who meet annually under the bond of a common name and who realize just how important it is, for individuals to take pride in their family branch and strive to better the family accomplishments.

National Parks

Canada's 26 national parks, scattered from coast to coast, are too little known by Canadians. They total 29,000 square miles, the latest addition being Fundy Park in New Brunswick, an 80-square-mile tract that skirts the Bay of Fundy for eight miles.

The parks are areas of natural beauty and were established primarily for the preservation of the unspoiled natural landscape and for the protection of the natural wild life.

The discovery of a mineral spring bubbling from Sulphur Mountain when engineers were planning the C.P.R. led to the establishment of Canada's first national park. This was a 10-square-mile area at Banff set apart in 1885.

The largest park is Wood Buffalo in Northern Alberta and the Northwest Territories. In addition Alberta, richly endowed in more ways than one, has two great parks adjacent to one another in Jasper and Banff. These comprise over 5,000 square miles of the finest scenery in Canada and a good deal of it can be seen from the seat of an automobile, as can the beautiful Yoho Valley in British Columbia.

Every province in Canada except Newfoundland has at least one national park and it is a pity that Canadians do not make greater use of them. The herds of wild life in them are outstanding, the scenery beyond description and the government has kept the cost to the tourist at an amazingly low figure.

Americans, proportionately, seem to appreciate Canada's parks more than Canadians do, but perhaps that situation will be remedied when the Trans-Canada Highway is a reality.

The taste's the test for tea! Canadians buy more SALADA than any other brand.

"SALADA" TEA

FOR PARENTS ONLY

MILK IN A CHILD'S DIET (By Nancy Cleaver)

"Johnny has gone on a 'milk strike'! I'm sure I don't know what to do with him! Milk is such an important drink for a child that I've always given him a generous serving and urged him to drink it up. But just this week he has flatly refused, not only to finish up his milk, but to drink it at all! The more I coax or scold or threaten the more stubborn he is—'What will I do?' asked Mrs. Jones.

Refusing to drink milk can be a very perplexing problem. How should a mother cope with it? She should try to discover why Johnny does not want to drink his milk and in the future avoid this cause, if possible. Perhaps Mother has been too insistent on his drinking milk and also on many other things which do not matter, and here is one place Johnny can defy her successfully. Johnny may be feeling a bit neglected because Mother has been very busy with other duties and he has discovered that refusing milk is a sure way to focus Mother's attention on him. It may be that Mother has been expecting Johnny to drink more milk than he can naturally desire after a hearty meal. Johnny may not be feeling very well and his appetite is affected—or he may have heard father or some other adult expressing a dislike for milk.

Johnny's mother has discovered that "coaxing, scolding and threatening" are equally ineffective. The right way for Mrs. Jones to handle this situation is to ignore it. At the same time she can include as much milk as possible in the foods she is preparing and gradually persuade Johnny to forget he is on strike.

The best teaching is by example. If Mother and Johnny can enjoy milk together, perhaps disguised in an egg-nog, a milk shake, a chocolate drink or cocoa, he will have his daily quota, and in time will likely want plain milk too.

Mothers sometimes make the mistake of thinking of milk only as a drink, and not as a food. They forget that part of a child's "quart a day" should be used in other ways than as a fluid—in making cereals, in soups, with vegetables,

as mashed potatoes, in custards, puddings, junket and ice cream. Evaporated, dried and condensed milk may be used in cooking and baking.

Because milk is precious, not a drop should be wasted. If it has turned sour, there are many recipes for muffins, pancakes, etc., which use it or motner can follow her cook book's directions and produce cottage cheese.

Milk must have good home care because it is among the most perishable of foods. Pasteurized milk should be purchased from a reliable dairy. The bottle should be washed off and wiped dry before opening. Never leave milk standing on the doorstep (especially if the sun falls there) or open in a room. The place for milk is in the coldest place in the refrigerator, ice box or cellar. Mothers in rural areas and families on vacation, may find it necessary to carry out the home pasteurizing method of boiling milk for three minutes, chilling quickly and keeping it cold and covered.

Milk should be sipped slowly. It should never be gulped down quickly to quench thirst on a hot day. When this happens, the gastric juice of the stomach is apt to form milk curds which are tough and large and thus are difficult and slow to digest. Children love drinking through a straw. Mother can make a little game of taking small sips and pausing between them. A child likes his own special mug and the nursery rhyme dishes for children which can be purchased make food more attractive.

As a parent you are likely convinced that milk is essential for good health—the proteins build bone and muscle and repair the body's wear and tear, the fats and sugar give heat and energy, the calcium, phosphorus, lime and other mineral salts help make bones and teeth, blood and tissue while the water is used by the body to carry off waste.

But in your very enthusiasm for milk "the perfect food," don't force a child to drink a certain quantity with every meal. The more likely he is to oppose you. By using milk in preparing food, by example, and by employing tact and imagination, avoid that "Milk Strike!"

In the Editor's Mail Box

To the Editor:

A recent editorial in the Tribune denounced the picking up of hitch-hikers. Not long ago an article appeared in the Readers' Digest denouncing the hitch-hikers themselves. These articles along with other similar ones, are representative of the opinions of a class of people whose circumstances never demanded the use of this method of transportation.

There are habitual hitch-hikers, and those who "hitch" because of emergency. Some are holiday-bound, some business-bound. When I have room I give any of them a ride, provided that I am going far enough to help them—any, that is, who are not parked outside a drinking place. In most cases I find the ride was really needed, and nearly always deeply appreciated.

I do not recommend this degree of generosity to all motorists, some may have good grounds for fear. Certainly a 'motorist has every right to pass by every hitch-hiker, and he, in turn, has no grounds for ill-will. I resent, however, the effort being made by many to scare us so completely that we regard hitch-hikers as potential criminals. We will not deny there is a degree of danger. It is probably no greater than the risk a farmer takes around his team every day. You also take a chance every time you take the family out for a weekend drive. Although I am no longer a hitch-hiker, I should hate to see the disappearance of "Good Samaritans" of the road. R.W.

To the Editor:

A few weeks ago I was pleased to see news from Musselman's Lake in your paper.

Although the names mentioned were unfamiliar to me, I am no stranger to Musselman's Lake. It has been there a good many years, since 1817 when my great grand father settled near by. For a great many years the Helmkey place on the south side, and the Graham residence up over the hill at the eastern end, were the only signs of habitation around the east side.

It was my privilege to stay with my grandmother at night, early in the morning I tried to slip away without disturbing her, making my way quickly up to the Lake, once there I loitered, enjoying the fresh morning air, and the beauty before me. After going on around the lake on the north side I soon came to the place where Baptisms were held, here I stepped softly as one does in a church. A little further on where the road turns north there was a high bank to the left side of the road, this was crowned by a lone pine tree standing like a sentinel over looking the grandeur of the scene below, usually, I scrambled up the bank and throw-

ing an arm around a tree, took one more look before continuing on my way—to arrive home in time for breakfast, and that reminds me in 1885 Mr. John Dowsell taught the Ballantrae school. He decided to take a holiday and help the scholars beautify the school yard. He dug up the earth for a flower bed, telling the girls to bring seeds if they wished to plant them. He went into the nearby bush with some of the boys, to choose 12 straight young maple trees, which he and the boys planted in a ring. The trees are still there, quite tall—but on account of the light soil, and their proximity they are not as large in the girth as one would expect for 65 years. Old Subscriber

Bible Questions And Answers

Question—What is a "creed"? Answer—It is usually defined as a formal statement of doctrines.

Q.—Can you tell us what the "sign of Jonas" is as mentioned in Luke 11: 29-32?

A.—It was Christ's resurrection from the dead, which had been symbolized by Jonah's deliverance from the belly of the great fish, (Matthew 2:40, 41.)

Q.—Isn't it clear that man has evolved from lower animals?

A.—It is not clear. The "missing link" is still missing. Why not take God's Word at face value. "So God created man in His own image, in the image of God created He him; male and female created He them." Genesis 1:27.

Q.—Were Sodom and Gomorrah destroyed by an ordinary volcanic eruption?

A.—Not if we believe the Bible. Its destruction had been foretold and was known to be coming. The words of the angels were: "For we will destroy this place, because the cry of them is waxen great before the face of the Lord; and the Lord hath sent us to destroy it. And the Lord rained upon Sodom and upon Gomorrah brimstone and fire from the Lord out of Heaven," Genesis 19: 13, 24.

Q.—Why was there no leaven or yeast in the Passover bread eaten when Israel left Egypt?

A.—Leaven was a symbol of corruption, and the children of Israel had to be clean before God. Paul uses the same figure in 1 Corinthians 5:7, 8: "Purge out therefore the old leaven, that ye may be a new lump, as ye are unleavened. For even Christ our passover is sacrificed for us: therefore let us keep the feast, not with old leaven, neither with the leaven of malice and wickedness; but with the unleavened bread of sincerity and truth."

New Ontario Health Minister Sworn In



New minister of health for Ontario, Hon. Dr. Mackinnon Phillips of Owen Sound is sworn in. Shown are Allan Stewart, left, clerk of executive council; Premier Leslie Frost, and Dr. Phillips at ceremony held at Queen's Park.

DAYS OF YORE

26 YEARS AGO From the Files of The Stouffville Tribune

Mr. and Mrs. Wm. Harper and young son, also Mr. H. Porter and wife, enjoyed a motor trip around Lake Simcoe, by way of Barrie, Orillia and Beaverton, a few days ago.

Mr. and Mrs. Frank Mertens and two daughters of Weston, spent the weekend at Mr. Jos. Mertens' (Bethesda) Mrs. Harry Pointon has been visiting her brother in Hespeler.

Toronto Exhibition opens on Saturday. With our own citizen, Mr. Robt. Miller, as president, the big fair has a closer relationship to Stouffville than being "Canada's National Exhibition," and when we visit the grounds we feel we have an intimacy with the "commander-in-chief" which adds interest and delight for the visitors who go from this section.

Melville Church on the 6th line of Markham, which has been closed for re-decoration purposes, will be re-opened on Sunday next, at 2.15 p.m. when the Rev. G. R. Duncan of Montreal, will be the preacher.

Stouffville Methodist Church Board contemplate re-decorating the interior of the church, and at a recent meeting of the board, tenders were opened. The matter of awarding the contract was left over until a larger number of the officials are present.

(Bloomington) Delbert and Earl Booth were visiting their uncle, Mr. Harper at Newmarket. Mr. W. H. Todd and Mr. and Mrs.

F. L. Button were in Kingston on Tuesday attending the funeral of Mr. Todd's nephew, Victor Gilbert, who was killed in an aeroplane accident at Port Arthur out in search of a lost plane. The unfortunate lad was a graduate of Queen's University, and at the time of his death was engaged in the Forestry Branch of the Dominion government.

The Battle in North York (from London Advertiser) — The Brantford 'Expositor' sees in the Herb Lennox picnic in North York a return of coffee and sandwiches into the political arena. There is no patronage to give out now, so the ham sandwich and the coffee pot must step in as pinch-hitters and do the best they can. Herb is an expert at the picnic business. He wears a red tie and a red band on his hat, at times he distributes tin-cups bearing his name. All who quaff the steaming Lennox coffee to wash down the Lennox salmon sandwiches are supposed by this process to be rendered immune from the virtue of Liberalism.

What can Mr. King do? Herb has whetted the appetite of the electorate and if the premier gives them nothing to take the taste of Herb's sockeye out of their mouths there may be serious trouble when voting time comes around. Being a premier is a stern and relentless business.

It seems to be the rule that the lighter the motorist's head the heavier the pressure on the gas pedal.

Many citizens require all employees to live within the city limits. Next thing we know they will be required to come to work each day.

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