



THE MIXING BOWL

By ANNE ALLAN
Hydro Home Economist

Hello Homemakers! A few years ago homemakers were glad to have cold storage in order to keep foods from spoiling. In those days, it was a type of poorly insulated ice-box or the dark, dank basement. Today, homemakers use a well-insulated and lighted refrigerator for the concocting of foods for the table, as well as for storage. However, many homemakers are not yet aware of all the possible uses of today's refrigerators — they can produce a full meal from appetizer to dessert and beverage. We can even "bake" a fruit cake in the freezer. In addition to large freezing compartments, enabling the homemaker to take advantage of the most advanced techniques of food storage, practically every new model has some innovation which adds to the refrigerator's utility and efficiency. There are automatic features such as magnetic door closing, new defrosting methods, butter conditioner, plastic drawers and sliding shelves.

Delightful surprises such as Frozen Tomato Juice, Lemon Parfait, Potato-Meat Salad and Party Bisque are a pleasure both to prepare and to eat.

Frozen Tomato Juice

1 pint tomato juice
4 stalks celery, minced
2 tps. sugar
½ tsp. salt
1 tbs. onion, grated

Mix these ingredients and allow to stand 20 minutes. Strain and place in a freezing tray. Let freeze partially.

Lemon Parfait

1 tbs. (or pkg.) gelatine
¼ cup sugar
½ cup corn syrup
1 cup cream
½ cup cold milk
2 eggs, well-beaten
1½ cups milk
¼ cup lemon juice
1 tsp. lemon gratings

Soften gelatine in ¼ cup cold milk; dissolve over hot water. Cool slightly. Gradually add sugar to eggs and beat. Add remaining ingredients. Stir in dissolved gelatine. Freeze firm in electric refrigerator unit. Break in chunks with wooden spoon; turn into chilled bowl and beat smooth. Return to tray and freeze firm. Serve in sherbets, placing alternate spoon-

fuls of ice cream with sweetened strawberries. Serves eight.

Potato-Meat Salad

1 (10 oz.) can luncheon meat
¼ cup diced old cheese
one-third cup chopped onion
2 hard-cooked eggs
3 cups diced, cooked potatoes
1 cup diced celery
½ tsp. salt, pepper, garlic salt

Combine all ingredients except garlic salt and egg slices. Rub the serving bowl with ¼ tsp. garlic salt. Toss salad with French dressing. Garnish with egg slices. Serves eight.

Party Bisque

Dissolve 1 pkg. lemon-flavoured gelatine in 1¼ cups hot water; mix one-third cup sugar, 3 tps. lemon juice and 2 tps. grated lemon into gelatine and then chill until partially set. Beat until fluffy in a large bowl. In the small bowl of electric mixer, whip 1 tall tin of chilled evaporated milk and fold into gelatine mixture. Spread 1 cup graham wafer crumbs in refrigerator dessert tray then pour in the gelatine mixture and cover with another cup of graham wafer crumbs. Freeze firm. Serves 10.

Take a Tip

- Defrost electric refrigerator when frost becomes pencil-thick.
- A quick method of defrosting is: turn dial to defrost. Remove ice cube trays and meat keeper. Place a thick pad of newspaper on the shelf directly below the freezing unit. Empty one tray of ice cubes and place half way back on its shelf; fill with boiling water and slide all the way into the unit. Close refrigerator door and let ice melt while you sort out the contents and wash the vegetable pan which has been removed from the lower part of the refrigerator. Then take off any remaining ice with a dull wooden spoon to tap it (never anything sharp) and remove ice and newspaper. Wipe unit with a clean cloth dipped in baking soda solution (never soap) and also cabinets and shelves. Do not forget to wipe inside of the big door and outside of the refrigerator.
- Cover all foods placed in the refrigerator, except those with a natural covering, such as eggs, berries and citrus fruits.
- Strong-flavoured foods, such as onions, should be wrapped in wax paper and secured with an elastic band.
- Make lids of olive and horse-radish jars secure, then turn upside down and store in the refrigerator to prevent moulds and blackening of foods.
- Without a crisping pan you can keep greens in an oil-silk bag or in glass jars with tops.
- After preparing radish roses, celery curls, etc., place them in a

Says Thieves Steal Bibles from Canada Hotel Rooms

Some people will take anything from a hotel — including Bibles delegates to the Canadian G.I. Convention were told last week.

Cecil R. Roberts of Kitchener, eastern field secretary, said the person often regrets it later.

"Every once in a while we get a letter from someone confessing that he stole a Bible from a hotel," he said. "These letters often include money to pay for the Bible, or offer to send it back. We do not ask for them to be returned, however."

Mr. Roberts said the occasional mutilation of Bibles is objected to more than their theft.

"At least the Bible may do some good for the person who stole it," he said.

Herbert L. Harris of Victoria, noted that even if a stolen Bible resulted in the conversion of a person, it was an inauspicious way to begin a Christian life.

Mr. Roberts said the sight of a Bible in a hotel room is often a restraining influence.

"This is so much the case that many persons will put the Bible in a drawer before proceeding with bad conduct," he said.

bowl with a half-inch of water in the bottom and cover.

8. Keep the table bouquet of flowers in the refrigerator overnight.

9. Cakes and bread keep moist if covered with household foil and stored in the electric refrigerator.

10. Keep a deodorant in the refrigerator just in case an unpleasant aroma develops—such as, a small piece of charcoal, a dish of baking soda, an empty coffee bag, or a few nasturtium leaves.

The Question Box

Mrs. K. M. asks for a quick recipe to make light rolls.

Answer:

Feather Rolls

¾ cup rice potatoes, hot
¼ cup fat
1 yeast cake
2 eggs, well beaten
2 tps. sugar
2 cups buttermilk
1 tsp. salt
7½ cups bread flour

Add fat to hot potatoes. Crumble, beat in yeast. Stir in milk, sugar, salt, eggs. Mix well, add 6 cups flour, knead in the rest. Place in greased bowl. Cover. Allow dough to raise until doubled. Bake at 450 degrees for 12 to 13 minutes. Makes about 4 dozen.

IN DAYS OF YORE

26 YEARS AGO

From the Files of The Stouffville Tribune
Ringwood—Our genial former citizen, Harry Spang of Mount Albert, was in the village last week, and judging from his sunny countenance he is still enjoying the good things of life.

Mrs. Frank Rowbotham and daughter Helen have been spending a week with relatives in Omamee.

Our merchant, F. L. Rowbotham thinks a course in domestic science is a good thing for any man to take.

Messrs. Stouffer & Schell are building quite an addition to their planing mill factory in the west end. This building will be used largely for seasoning lumber.

Mr. and Mrs. D. L. Stouffer and family were Toronto visitors one day last week.

Miss Anne Lehman left yesterday to spend a couple of months at Jackson's Point. During her absence Miss Eva Hoover will have charge of the organ in the Methodist Church.

Among those from Stouffville who attended the annual Business Men's Bible class day in the Methodist church, Uxbridge, last Sunday afternoon to hear the address given by Hon. E. C. Drury, were: Mr. and Mrs. W. J. Thompson, Mr. and Mrs. Geo. Baker, Mr. and Mrs. Geo. Dowsell and daughter Jean, and Messrs. F. L. Buton, W. H. Todd, J. W. Brown, W. H. Shaw, R. and F. Winn and Clayton Stouffer.

Delivery of letters was rather expensive during the "strike days," as Mr. W. J. Thompson found, when he had to pay forty cents to get a letter which was sent by express from his firm, the Harris Abattoir.

Goodwood—The bobbed hair fad is slowly creeping into our village. Some of the married women have got the disease and we are now waiting to see who will be next.

A good laugh and a long sleep, the best cures in the doctor's book.—Proverbs of Ireland.

For the purpose of stimulating the necessary spirit of sport in Stouffville the municipal council on Monday evening acceded to the request of a strong representation from the Baseball Club and business men to give some financial assistance this year, and granted them the sum of \$100.

The deputation was headed by Dr. Sangster, president, while others also spoke in support of the grant. Dr. Dales told them that an Athletic Association ought to be formed so that any assistance they might receive would be used for the general benefit of sport. The deputation took the tip, and immediately adjourned and formed what it termed the Central Athletic Association of Stouffville, representing the Veterans, Baseball, business men, school board, and the band. The executive is to be composed of two members from each of these bodies.

Dr. Ball was made president, Geo. Saunders, vice-president, and F. R. Crawford, the secretary-treasurer.

Dr. Dales introduced the motion to make the grant and Councilor Lunau went on as seconder, and it received the approval of the entire council. (\$100 Grant to Town Athletics.)

GREEN RIVER

(June 22)

Congratulations to Reginald Nighswander who had another successful year at University of Toronto.

Mr. and Mrs. Reginald Nighswander of Lockport, N.Y., are holidaying with John and Mrs. Nighswander.

Hold July 12th open for U.S.S. picnic at Greenwood park.

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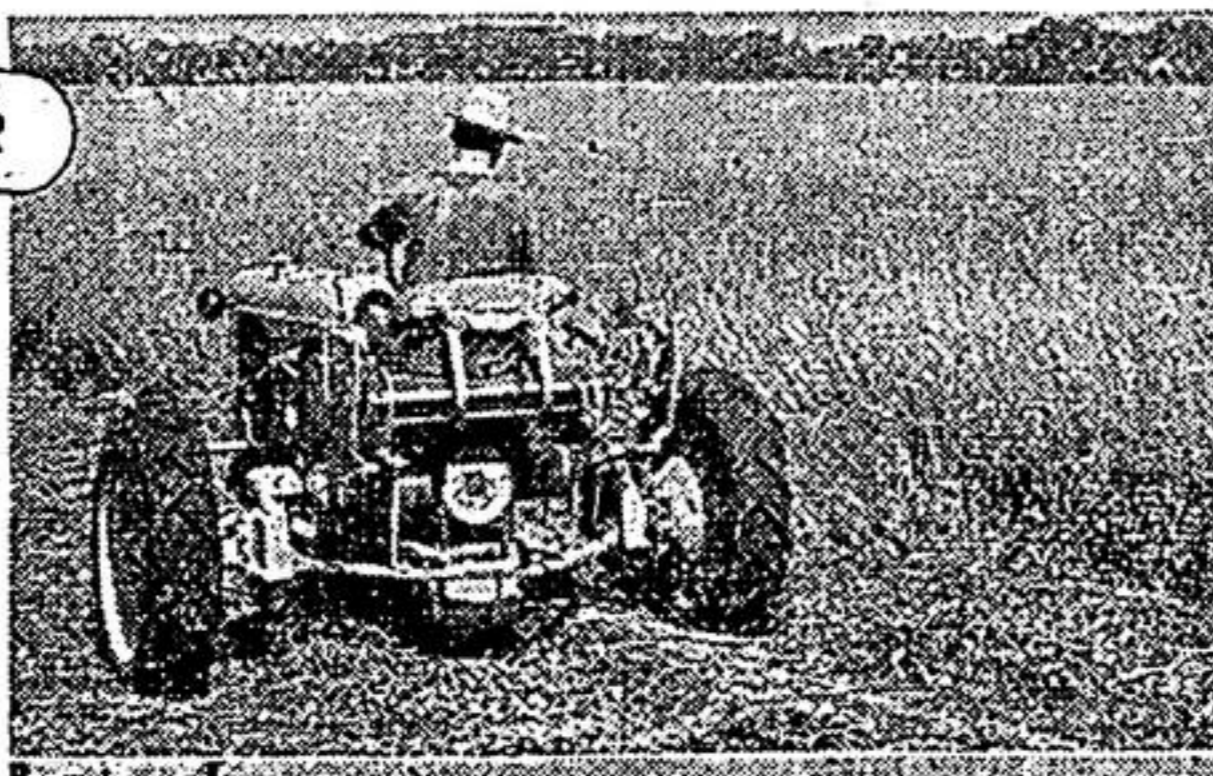
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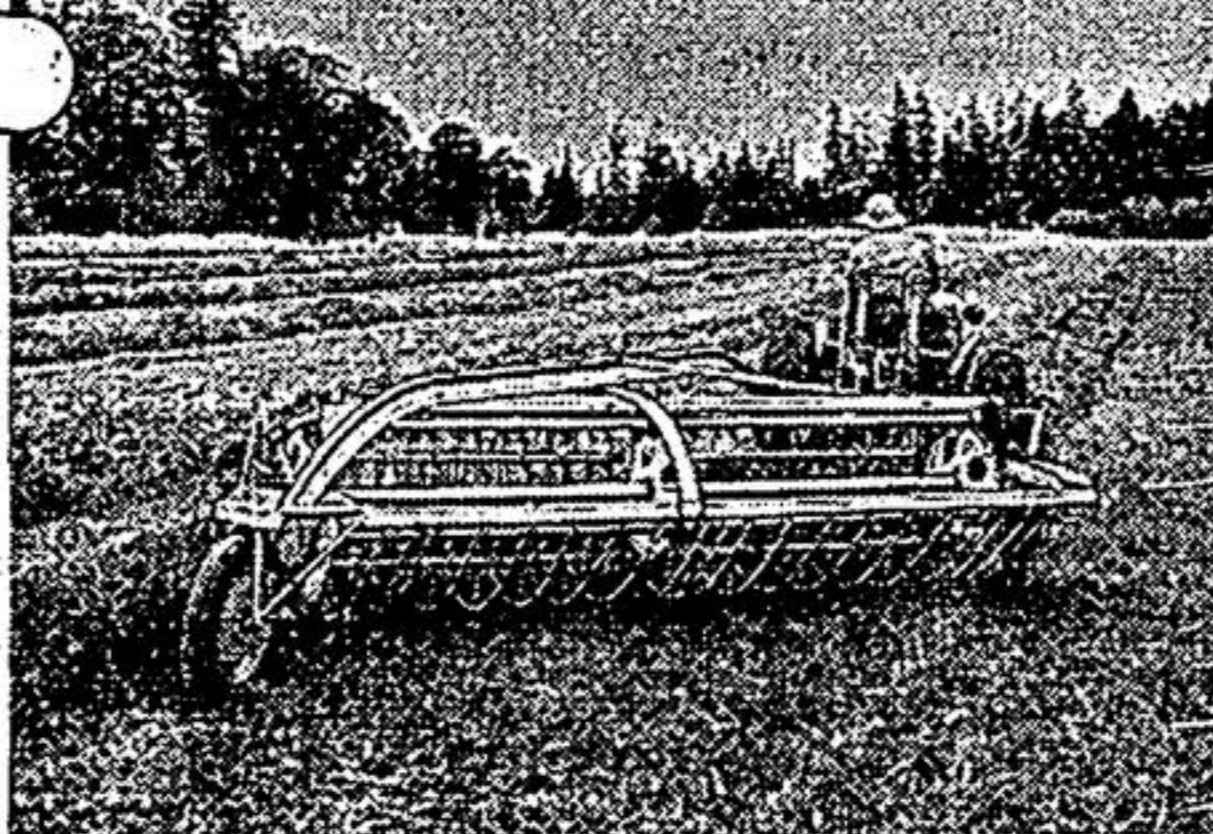
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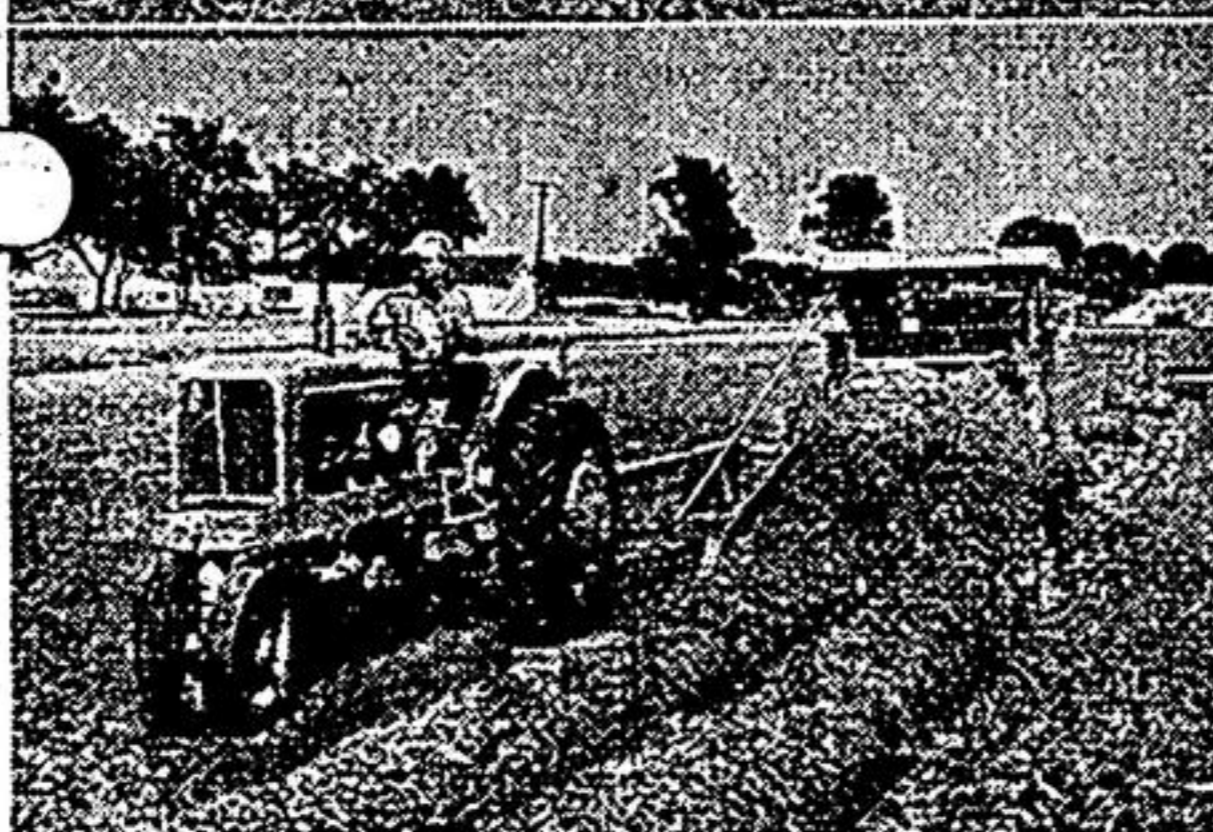
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