

We need packing cases and cardboard cartons, construction lumber, paper, potato and corn starches, coal, sulphuric acid, caustic soda, oils, lubricants and a hundred and one other things which we buy from fellow Canadians who grow or make them.

'In addition to this the 12,500 men and women working in our plants, earn many millions of dollars 2 year in wages, dollars which are spent on foodstuffs from the farms of Canada, grains, cattle, / hogs and poultry, fish from the fishermen on both coasts and the Great Lakes.

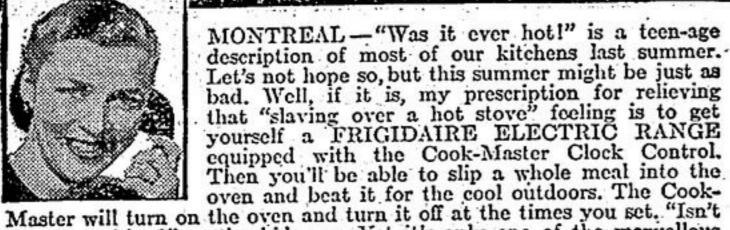
We are the customers of our fellow-Canadians just as they are our customers. We're proud to have a part in Canada's economic life by buying the goods which other Canadians grow, make or provide.

DOMINION TEXTILE COMPANY LIMITED

MANUFACTURERS OF



UNSAMINS



that something?" as the kids say. Yet it's only one of the marvellous features of the Frigidaire Electric Range that's waiting for your "ohs" and "ahs" at your Frigidaire dealer's. Better stop in soon. Positively Your Last Chance to send for this SPECIAL

OFFER of a dollar-value Plastic Juice Container! It's yours for just 25c and ten cents for mailing! Designed for your kitchen convenience - it's unbreakable - non-toxic - spill-proof and it holds five cups of left-over juices. For yours, simply send me -Barbara Brent, 1411 Crescent St., Montreal, P.Q. - a 35c Postal Note or stamps and one label from a Bovril bottle. (The label comes off easily when soaked in warm water for a few minutes.) This offer expires April 30th so do send NOW!



BAKING

POWDER does

is to try it for

yourself! I can

tell you that

Calumet's two-

way action—first in the mixing

bowl and then in the oven-makes

all your baking perfectly leavened, light and melting as a dream. But

seeing is believing - so try this

favourite Calumet recipe of mine

21/2 tspns. Calumet Baking

1/3 cup shortening 1 egg, well-beaten

Sift flour once, measure, add baking

powder, sugar, and salt and sift into

bowl. Cut in shortening. Combine

egg and milk and add all at once to

flour mixture. To mix, draw spoon

from side of bowl toward centre

(15 times), turning bowl gradually. Chop spoon through batter (10 times). Then stir only until all flour is dampened (only about 5 strokes). Turn into greased muffin pans, filling each about 2/3 full. Bake in hot oven (400° F.) about 25 minutes. Makes 10 large muffins.

I Always Think there's a real thrill .

... Best-Ever Muffins-2 cups sifted flour

Powder

3/4 cup milk

in setting out all

the necessary

ingredients that

go into a truly

2 tbspns. sugar

for your baking

I Like To Tell You Success Stories about favourite buywords of mine. The Success Story of RED ROSE TEA AND COFFEE began with an ideal of quality—so that now the Red Rose name means flavour perfection in thousands of Canadian homes! And I know you'll . agree with the "Red Rose Fans" that Red Rose Tea is good tea - from the moment you taste that very first, flavourful sip! Remember, too, that because it's

good tea, it actually gives more cups to the pound -- its flavour goes a ong, long way! Red Rose Coffee is as good as Red Rose Tea. Always fresh - always flavourful - once you've tasted this full-bodied coffee, you'll never be satisfied with any other! So do ask your grocer for these Red Rose successes - the flavour-wise tea - the taste-satisfying coffee. I'm sure you'll make a year-'round, clock-around habit of them!

A Very Special Offer, Mothers! Best Way to discover what wonders The folks at Heinz have de-

signed handy, plastic cap covers that fit over the tops of HEINZ BABY FOOD tins when baby

doesn't cat a full tin at one mealtime. Simply leave the balance of the Baby Food in the tin, cover it with this plastic cover and store it in your refrigerator. And another time-and-money saver is the specially designed Baby Food Savera plastic scoop for removing the last delicious morsels of Heinz. Baby Food from the tin. Three Plastic Cap Covers and two Baby Food Savers are yours if you'll simply icrite to me - Barbara Brent, 1411 Crescent St., Monfreal, P.Q. - enclosing only 10c in coin or postage stamps and 3 labels from Heinz Baby Food tins. And be sure to tell me whether your baby is a boy or a girl, so I'll know whether to send these baby "spe-



Youngsters Love Cay-Looking, Fresh-Tasting Desserts ... that's why JELL-O Jelly Powder desserts are always so popular with the young-fry. And with their mothers, too! For Jell-O desserts are as economical as they're good to eat ... and it's so very easy to make Jell-O desserts and salads! Such a grand assortment of flavours to choose from, too! ... Strawberry, Raspberry, Cherry, Orange, Lemon, Lime and Pineapple. Everyone in the family will enjoy, the-fresh-

fine cake. Eggs, sugar, baking. powder, salt, shortening, chocolate, vanilla ... and, most important of all, the cake flour! You'll not be wasting your fine ingredients when the cake flour is SWANS DOWN CAKE FLOUR! I've found that Swans Down makes consistently finer, fluffier cakes . . . cakes that are always successful! For you play extra safe when you use Swans Down. You see, it's milled by specialists in making cake flour and it is made from the choicest tasting appealing flavour of deli- of soft wheat and sifted over and cious Jell-O. That's why I urge, over again until it's 27 times as fine as ordinary flour! you to serve it often!

Youngsters Have A Wonderful Time playing outdoors in April's fresh air ... but sometimes their games are rough enough to : produce bumps 'n' bruises. That's why it's such a good idea to have a bottle of SLOAN'S LINIMENT handy! Its soothing, penetrating heat brings quick relief to sore spots. No wonder thousands of Canadian mothers consider Sloan's Liniment a medicine cabinet "must". It gets right to the "root" of the pain ... relieves the discomfort of sprains - stiff neck - neuralgia and rheumatism! Ask your druggist for Sloan's Liniment tomorrow. It's just 40c a bottle!



That the dimming of headlights on motor vehicles after dark is part of the Highway Traffic Act regulations, as well as a common courtesy was emphasized by Magistrate K. A. Cameron in Midland police court Thursday afternoon.

Magistrate Cameron had just the warning. Accused, who was not same thing and have been wonder- under faucet, swishing with brush he was certain that his lights were cuts. So to help both of us it has starch mixtures; hot water for anyon low beam as he was stravelling been decided to review a few thing sticky or greasy. p.m. on March 30.

he met another car, which happen- your equipment may be a big help. sticky cutlery, handles upright in 47. ed to be a cruiser operated by Pro- Collecting utensils and supplies be- a bowl of water. vincial Constable James Freeman fore you begin the job is the best 15. Always stack dishes-accordof Elmvale. Fred Hardwick, Elm- method of getting the job done ing to size. Place dishes and utenvale policeman, was also in the quickly. While you're mixing a sils at the sink side in the order cruiser.

he had blinked his lights three job faster. times as a signal for the oncoming car to dim its lights. Both con- 1. To bake cupcakes. Use paper stables testified that the lights cups in muffin tins when you are were left on high. Swinging his making drop cakes. A one-quarter car around, Constable Freeman measuring cup spoons out the had caught up to the accused and right amount of batter and makes had found that the foot switch of each cake the same size. ing order.

evidence of the two policemen con- bag-the job's done. plus costs of \$9.

WALLS'FALL WHILE

PASTOR READS BIBLE High winds blew down two walls and the roof section of an unfinished auditorium of the First Baptist church in Dallas, Texas, last week. so no flavour will be lost. The pastor, Rev. B. E. Smith, was falling.

SELDOM SEEN

Irish" else my grandmother would Start shelling at large end. turn over in her grave, and my parents would never speak to me if we utensils use a tray. Then too a tray meet in heaven.

used to tell making butter in her the cleaning job. Trays also save farm district of Wicklow, Ireland, many trips in setting and clearing and as I recall it it is no wonder the a table, taking nearly everything double boiler. Heat and then add English graded certain quality from in one trip. Ireland as axle grease.

for table use, it was often dumped collect, the paper keeps the can in and add to the hot mixture. Strain into bakery and confectionery goods, better condition. where its flavour woul be masked by 9. Double the recipe for cream the egg whites and while beating sugar and flavorings. This refers to sauce and put half of it in the add the gelatine mixture, beating it Irish butter only, and the reason why refrigerator for ready use. this was so is revealed by Mr. Sam. 10. Put dry bread crumbs through and chill in electric refrigerator. Alcorn, formerly associated with the the mincer instead of grating them. Rt. Hon. Sir Horace Plunkett, who 11. Cook supper dishes in rame cream. This dessert is rather rich inaugurated co-operative dairying in kins and serve in ramekins-saves and will serve 6 to 8. Ireland.

"The Irish grazing lands are green really hot. nearly the whole year, and the grass | 12. Avoid opening oven door too ideal fodder for feream producing evenly and require extra cooking The Danes, on the other hand, were handicapped by swampy land and inferior pasture.

"The cattle, which were about the ugliest beasts I had ever seen, were haltered in rows, and instead of moving about naturally to graze, they were fed beet pulp, a by-product of the beet sugar factories. At that time, and it may be so today, the cows were kept on the farm just as long as their cream graded well., In fact the whole object of the Danish dairy farm was to obtain superior cream-but they didn't sell whole milk, for human consumption or anything else. "Although they had the sweetest

grass and the most natural food for cream producing in the world, the Irish lagged behind sadly in their ideas of sanitation and proper conditions to be maintained for manufacturing butter." says Mr. Alcorn.

"Each farm churned its own butter from whole milk, using an old-fashioned dasher churn. The English used cream only, skimming the cream from the pans of milk, but not the Irish. Some of them would set the milk pans under the beds in their small and often dirty thatched cottages. This was supposed to be for safe-keeping while the milk soured or ripened, and was intended to keep the dirt out of it. But quite often a pig was kept in the corner of the

room! "As the milk was churned into butter, the product of each churning was packed into wooden cask, but there was seldom enough butter to fill the cask with the out-put of one churning. It often took five or six sesions with the dasher until the woman of the house had a full butter cask to send to market, and you can imagine what the state of the original layer of butter must have been.

"On market day, generally held once a week, the butter buyers would come around, thrust an auger clean to the bottom of the cask, and withdraw plug of butter which showed each separate churning from the top to the bottom. If the total result was too bad, the merchants mixed the whole batch up and exported it to England.

"As a result, the English got the feeling-and nobody , could blame them-that Irish butter was just too uncertain. So' they turned to' Denmark for butter.

Canadian railways have been commended by the Mayor of Montreal for their smoke abatement efforts.



Hello Homemakers I don't; time. meal preparation.

cake or making the salad, think of you are going to wash them. To Constable Freeman testified that ways you can do that particular save changing sudsy water, wash

Take a Tip

the cubed meat and a little season-Magistrate Cameron found the ed flour in a paper bag, shake the ready for the dried dishes. Two

> rounds with cookie cutter-this floor. keeps servings uniform in size and shape.

4. To hull strawberries. Use a teaspoon to hull berries. It does good work and it saves you time. Wash the berries before stemming

5. To decorate a cake. Spread in the nearby parsonage reading the cake smoothly with creamy frost-Bible — the sixth chapter of Joshua ing, then dimple it with a broad which tells of the walls of Jericho spatula. Or make decorative ridges with fork tines. Keep a cup of hot water handy while you ice cake and dip spatula or fork into hot water as you decorate the cake.

Old Josh will not be charged with water. Crack shells then roll egg hamburger buns. Serves 6 to 8. writing a piece entitled, "The Durty on table till thoroughly cracked.

7. To collect ingredients and is handy to carry silver ware and I recall the stories grandmother polish to tabel and convenient for

If it was a little above the wagon- line your kitchen sani-can. Besides cook for 5 minutes. Add the salt. grease grade, but still not acceptable making the garbage much easier to Soak the gelatine in the cold water

dishwashing and foods are kept

is of such quality that it provides frequently. Foods do not brown

found one motorist guilty of not know where the time has gone 13. Scrape dishes immediately, dimming his lights when he issued today: Maybe you have said the using a rubber scraper. Rinse represented by counsel, told court ing where you can take a few short Use cold water for egg, cheese or

north on highway 27 about 9.30 baker's tricks that we will use in 14. Wipe greasy skillet with paper towelling or newspaper, ever to head Canadian National Near the cut-off to Collingwood, In the first place, rearranging Soak pans as soon as empty. Stand Railways' sprawling empire. He is

dishes in this order- glasses,

silverware, plates, cups then pans. 16. Use water as hot as hands can stand. If you are right handed you will save time and motions if your washing water is at the right, dish drainer on the left. The right hand handles the dishcloth, the left hand the offending vehicle was in work- 2. To season and flour meat. Put places clean dishes onto rinsing rack. Then the tray should be towels, one in each hand saves clusive and fined the accused \$3 3. To make croquettes. Chill the time as one in left absorbs drips mixture, pat the mix flat. Cut out that necessitates mopping up the

17.If possible arrange to store dishes as they are dried to save time and motion.

Requested Recipes Southern Burges 1 pound ground beef 2 thsps. fat 1/2 cup chopped onion

1 chicken gumbo soup 2 tbsps. catsup 2 thsps. prepared mustard ½ tsp. salt

pepper Brown meat in hot fat; add onion and cook until golden. Add remain-6. To shell cooked eggs. Cool ing ingredients. Simmer over low I hope after I finish this item that eggs quickly under cold running heat about 30 minutes. Serve on

Maple Sponge 1 cup maple syrup 3 egg yolks ¼ tsp. salt 1 tbsp. gelatine one-third cup cold water 3 egg whites

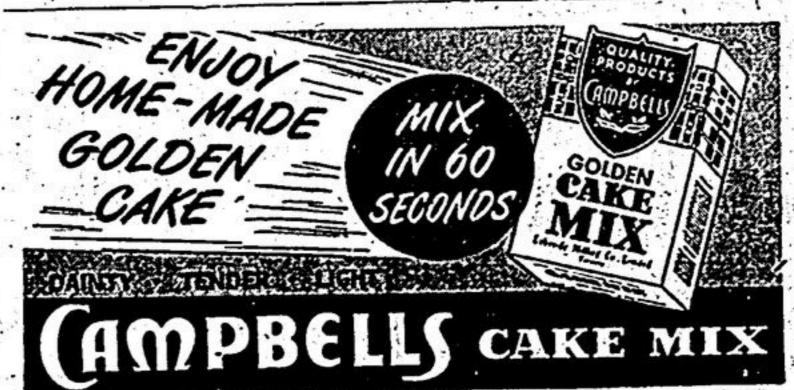
Place the maple syrup in the the hot syrup to the slightly beaten 8. Use your large paper bags to egg yolks. Return to stove and and chill until partially set. Beat in well. Turn into an oiled mold Unmold and serve with whipped

French Dressing two-thirds cup salad oil one-third cup vinegar or lemon juice 1/2 tsp., salt

More flavour? That's because it's better tea

TEA





1 tsp. fruit sugar 1/2 tsp. Worcestershire Sauce

4 tsp. paprika · Combine all ingredients and place in gem jar. Cover and shake up vigorously. Shake each time before using. Grated onion juice is an attractive addition and, of course, if you use pickle vinegar you may not need to add the salt and sugar. This will depend on the seasoning in the vinegar.

"First-Footing." a Scottish custom, means that the first person to visit you on New Year's day must bring a bottle and give you a drink for good luck.

Donald Gordon is the youngest man

their diet!

... here's whole wheat

in its most popular form! We need whole wheat in our diet, health authorities say. It contains vital food elements. And NABISCO SHREDDED WHEAT is made from 100% whole wheat! You can serve this delicious, toasty cereal a different way every morning. Tomorrow, enjoy NABISCO SHREDDED WHEAT with



12 one oz. Biscuits in Every Box