Superb Flavour!

MUCH HAPPINESS AS LINDSAY LAUNDRYMAN JOINED BY FAMILY

China.

Jang She and her family, left CATTLE FOR COLOMBIA onto arrived in Lindsay about the needs in that country. middle of the month. It was about 13 years since Jang She, her daughter, Kwong Yen, 20, and sons Jung records and American Can Com-Yee Mok, 19, and Mow Bon, 13, had pany statistics on can production, seen the head of the family.

reward of what he gave.

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HAUL COBOCONK BOY FROM ICY DEPTHS OF MILL POND

There is much happiness these ly averted on Friday evening at earlier occasionally and surprise days in the home and business of Coboconk when Fred Brett, son of the family with fresh muffins or Jung Sun, Lindsay laundryman Rey. and Mrs. Brett, pastor of the griddle cakes. located on William St. in the Apostolic Church there, crashed Come Shrove Tuesday you will northern town. Reason for the through the ice into deep water on be expected to serve pancakes or rejoicing in the house of Jung Sun the mill pond, while enjoying a waffles at one meal during the day. is the great family reunion which skate. Fortunately for him, two Why not begin a Better Breakfast took place a few days ago with the boys, Ross Truax and Leo Hanni- Campaign next week-serve panarrival of Jang She, Jung's wife, van heard his cries for help and cakes for breakfast one day, a

province, China, about three worth \$26,000 left by air on Feb. 2 cereals and a few dried fruitsmonths ago and travelling by way from Toronto for Bogota, Colombia, apricots, prunes and figs—to be of Hong Kong and trans-ocean on consignment to the Colombian served alternately with citrus plane to Vancouver, thence to Tor- agriculture ministry to strengthen fruit juices.

On the basis of Government the consumption of canned foods in Canada during the past 25 years No person was ever honored for has increased about 23 times what he received. Honor is the faster than the country's population.

HOGS

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BACK-UP TILE

BEAUTY

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XING BOWL

BY ANNE ALLAN Mydro Home Economist

Hello Homemakers! We have the "grumps" today, and the reason could be that we missed breakfast. In many households the morning meal is a hit-and-run affair-or equally unhappy it. is deady monotonous. A different kind of fruit juice is often less expensive and very pleasant, or fruit served on the cereal saves time-and is interesting.

Toast is always good, but who doesn't get tired of the same kind of toast seven mornings every week? There are ever so many different kinds of bread and, of A drowning tragedy was narrow-course, we could get up a little

and their three children from they speedily ran for assistance. Whole grain cereal another day and scrambled eggs the following morning. Keep a package of pretheir native home in Kwontung A shipment of purebred cattle pared mix on hand, a few different

> Tomato Juice Pancakes 2 cups sifted pastry flour

1 tsp. baking soda 1/2 tsp. salt few grains ground mace

1 tbsp. granulated sugar 1 beaten egg

· 1 tsp. minced onion 2 cups tomato juice

3 tbsps. melted fat

Measure dry ingredients into a bowl; make a well in the centre and gradually stir in liquids. Mix to a smooth batter. Heat heavy frying pan and add a little fat enough to run over- the surface. (Some griddles do not need to be greased.)

Drop batter by spoonfuls and cook until tiny bubbles appear and break surface. Turn and brown on other side. Serve hot with bacon or sausages.

Wheat Germ Waffles 1 cup sifted pastry flour,

3 tsps. baking powder

½ tsp. salt

3 tbsps. sugar

1 cup wheat germ 2 beaten egg whites

2 beaten egg yolks

1% cups milk 1 tsp. grated lemon rind

½ tsp. vanilla 5 tbsps. melted shortening Measure dry ingredients into a bowl and gradually stir in liquids recently. J. C. Bryant is improving Fold in egg whites until thor-slowly after his attack of oughly combined. Drop spoonfuls pneumonia.

of batter on hot waffle iron. Cook until steam stops flowing from sides of iron.

Cheese Muffins

2 cups flour

3 tsps. baking powder ½ tsp. salt

½ cup grated cheese

2 tbsps. melted butter egg, well beaten

1 cup milk

Mix and sift flour, salt and baking powder. Add cheese. Combine milk and egg and add dry mixture, then add cooled, melted butter. Bake in buttered muffin tins in a moderately hot oven at 400 degrees for 20 to 25 minutes. Makes 9 to 12 mussins.

· Take a Tip

1. Make a thin pancake batter by adding a little more liquid, cook pancakes and wrap around sau-

2. Waffle batter tends to thicken upon standing, so you may add milk, if necessary, to make a "pour" batter.

3. If desired, 1 egg may be used understood by the average person instead of 2 in these recipes. In and should carry to the voter his that case, increase baking powder responsibility in the government of

milk. 4. Cooking oil—a vegetable oil— various departments for their may be substituted for melted attention to details of information shortening in quick cooking asked for in the many letters of

batters. 5. Serve waffles, with maple of appointing Royal Commissions syrup, mock rum syrup, diced of inquiry by various legislators fruit, spice sauce, ice cream sauce, and cited some case where such or ice cream.

bacon, fried scrambled eggs.

marmalade, jelly, jam, peanut responsibility by citing the elecbutter or honey.

start with symptoms similar to an very fact that the people failed to ordinary cold. Watery eyes, a go out and vote. These men may cough, and a slight fever appear in be smart men, but their idealogies eight to ten days. These symptoms are not ours and in no case of the last three or four days, then a majority of the people. As was rash appears in about twelve or remarked by some in attendance at fourteen days after exposure.

Weak, Tired, Nervous, Pepless Men, Women of thanks to host and hostess was

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CHOCKER CONTROL OF THE STREET OF THE STREET

AUDLEY

A large red dog has been attending the school here for some days and no one here seems to know where he belongs.

Mrs. Eastwood, our popular music teacher at the school, is laid off duty by illness. We hope for her speedy recovery.

Arch Bell has secured a position with the General Motors in Oshawa and will likely employ some one to assist him on his farm operations in the spring.

Mrs. Henry Westney has accepted a position as teacher in the Ajax schools while her aunt is handling the household end in looking after the children. We would be rather short of school teachers if our married ones did not help out. And this despite the fact that the salaries are three times what they were 40 years ago when there was an over abundance of teachers.

Will Boyes has not been so well

Congratulations to our council members upon their election. There was a good turn out of voters which is the surest guarantee in our democracy for continued good government.

F. M. Chapman leaves next week Canadian Jersey Cattle Club in

to attend the annual meeting of the Vancouver, B.C. The regular meeting of the

Community Club was held at the home of C.W. and Mrs. Sheridan on Wednesday evening last at which about 28 people were in attendance. More would have been present but for the lack of publicity in the local papers, because many did not know of the change of dates. However these who did attend were more than amply paid for it, in the address that was delivered by Mr. McIntyre Hood of the Oshawa Times-Gazette. Mr. Hood who has enoyed the distinction of being a private secretary to a premier was well qualified to talk on the workings of our democratic legislature. His address was easily to 4 teaspoons and add a little more our country. He gave credit to all parties and praised the work of inquiry. He referred to the habit commissions had taken a long time 6. Serve pancakes with sausages, to report and then had not done mushrooms or so, with expense bills running into the thousands of dollars. He illus-7. Plain muffins go well with trated his remarks about voters tion of communists to the Ontario Legislature, whereby these men "Measles ain't funny!" They got into places of authority by the this meeting, it was a pity that every man, woman and child in the community could not have heard it. A hearty vote of thanks was proposed by Dick Winter Jr. Bert Guthrie presided and Miss Teresa Jordan acted as secretary. A vote

> The streets of New York are paved with asphalt, not gold.

> followed the usual luncheon. The

next meeting is on March 1st in



PROMISES TAX CUT



Winston Churchill's Conservatives have promised to run Britain's welfare state more economically with less rationing and put an end to nationalization if they are elected Feb. 23. The party manifesto, issued a week after that of Prime Minister Attlee's Labor party, pledges to maintain the country's huge national health plan and other social services, but at the same time cutting taxes. The promise to cut

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taxes, without explaining how, was certain to become a key campaign controversy. The Labor manifesto did not mention taxation.

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