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Reference Stouffville Tribune

### Born in Uxbridge Summers at Balsam 90 Years Old

A resident of Whitby and Balsam, James Risebrough celebrated his 90th birthday quietly at home Wednesday. At present he is living with his daughter, Mrs. Morley Moore, in Whitby, but he spends the summers with a son Thomas on the farm at Balsam. During the winter he also visits his other children, (Clara) Mrs. Thomas Rogers, Oshawa; (Elizabeth), Mrs. Thomas Costello, Whitby; or Harold, Oshawa. Mrs. Risebrough died seven years ago.

"Never got drunk in my life and I don't smoke either," said Mr. Risebrough, implying that his longevity may be due in part to hard work and clean living. He was born in Uxbridge and farmed most of his life. Longest period on a farm was while he was bringing up his family of five on a 100-acre good farm on the second concession of Reach township.

Of good English and Canadian stock, his father and mother were the late Thomas and Emily Risebrough of Uxbridge. Though farming had completed its pioneer stage by the time he grew up, Mr. Risebrough has vivid memories of building roads through swamp sections of Uxbridge and Reach townships. Without modern road-building equipment, it was a laborious task placing a firm foundation of logs and fill in the swamp. Sawdust was used also for fill.

Mr. Risebrough is in good health but stays close to home these cold days. His hearing is excellent and

sight good. "I wasn't much of a joiner," said Mr. Risebrough stating that he had never had time to belong to many organizations except the fraternal "Macabees." However, he is a member of the Baptist Church but attended the United for many years when he lived in a community where there was no branch of the former.

"Fifty years ago farmers didn't get much for their produce but on the whole I guess they had just as good a living as to-day," he said. "Taxes were less than half and all costs were low. We made out pretty well."

### YORK HOLSTEIN CLUB ANNUAL MEETING

The annual meeting of the York County Holstein Club, one of the largest and most active agricultural organizations of its kind was held in the Masonic Hall at Richmond Hill on Tuesday, Jan. 18th. The morning session featured the reports of the various officers including the salesman who has handled a record number of sales during 1948.

The association provided free lunch as usual at noon when everyone had an opportunity to get acquainted before proceeding with the election and addresses that featured the afternoon program. J. F. Fraser of Streetsville, President of the Canadian Holstein Friesian Association brought greetings from the parent organization and he was followed by the guest speaker, F. E. Wolfe, B.S.A., Agricultural Advisor of the C.P.R. Mr. Wolfe was formerly Assistant Professor of the Animal Husbandry at the Ontario Agricultural College.



### THE MIXING BOWL

By ANNE ALLAN  
Hydro Home Economist

Hello Homemakers! Yes, we have potatoes. They are the best vegetable for use the year round and the easiest vegetable to serve in a variety of ways. Why don't we all cook more of them? Some folks think they are fattening, but they are not as fattening as the starches most often used to replace them—bread, macaroni, rice, etc. Potatoes contain lots of minerals and vitamins. Cooked in their jackets they retain the vitamin value which is lost in peeling. Therefore, your resolution should be: serve potatoes baked or boiled with-skin-on four times every week. Then watch the clock—do not overcook them or they may turn soggy and grey.

Potatoes are one of our staple foods which may be served twice daily for their energy value as well as economy:

#### Baked Potatoes

Select potatoes of medium size; scrub thoroughly and prick skin with fork; brush with dripping. Bake in electric oven at 350 degrees for about 70 minutes.

#### Variations:

1. Core the potatoes; stuff with chopped raw onions before baking.
2. Core the potatoes; stuff centre with cheese and put piece of raw core on top.
3. Core potatoes lengthwise and place weiner in centre or sausage meat.

When potatoes are baked, make a cross through skin and squeeze potato until the cut edge stands up. Add a piece of butter and dash of paprika.

#### Potato Tidbits

Cook the potatoes in their jackets. Then, remove skins; cut lengthwise in thick stick pieces. Brush with dripping and roll in grated cheese. Bake in hot oven for 15 minutes.

#### Quick Potato Soup

Cook two tablespoons of finely chopped onion in two tablespoons of fat for a few minutes. Stir in two tablespoons of flour, then slowly add 1 quart of milk and 1 cup of grated potatoes. Cook 10 minutes. Season with salt, pepper and dash of nutmeg.

#### Mashed Turnip and Potato

Cook equal portions of diced turnips and potatoes together. Drain and mash with ½ cup of milk, ½ teaspoon sugar and salt and pepper to taste.

#### Creamed Potato Casserole

6 medium potatoes  
2 tablespoons fat  
2 tablespoons flour  
1 teaspoon salt  
2 cups milk  
½ cup grated onion  
½ cup grated carrot  
Dash of pepper  
Peel and slice potatoes. Grease casserole and add layer of potatoes,

### WON'T GIVE UP



After seven weeks of Ottawa bureaucracy's full treatment for tax delinquents, George Simpson, of Pembroke, Ont., jeweler, still is confident that, as the symbol of the aroused "little man" of Canadian democracy, he can win his one-man revolt against post-war federal taxation policy. Three court convictions, each of which may carry a maximum fine of \$1,000 or one year in prison, haven't wilted his crusading ardor. New prosecutions, which have snow-balled with his continued defiance to nine in number, have failed to intimidate him to any recognizable degree. The above picture was taken during an Ottawa visit.

then sprinkle on flour and onion and dot with the fat. Fill with sliced potatoes; pour in milk. Sprinkle the seasonings and grated carrot on top. Bake at 350 degrees in electric oven for 45 minutes.

#### Potato Salad

3 cups cubed cooked potatoes  
¼ cup grated onion  
Salt and pepper  
one-third cup salad dressing  
Mix together lightly  
Variations:  
Grated raw turnip, cooked diced vegetables (parsnips, carrots, celery), corn niblets, peas, parsley or grated cabbage.

### VANDORF

(January 13, 1949)

Mr. H. White has been appointed the new trustee of Vandorf school.

Mr. and Mrs. Roy Morley, Mr. and Mrs. Grant Morley and Billie were supper guests of Mr. and Mrs. Harry West on Sunday.

Mr. and Mrs. Thomas Beckett visited Mr. and Mrs. H. White and family on Sunday.

Mr. and Mrs. Lorne Johnston and family, Claremont, were Sunday visitors with Mr. and Mrs. John Irwin and family.

Mr. and Mrs. L. Carr, Mr. and Mrs. R. Carr visited Mr. and Mrs. Jim Carr in Toronto on Sunday.

Mr. and Mrs. Rolla Scott and boys were Sunday visitors with Mr. and Mrs. Art Scott, Newmarket.

On Saturday, Jan. 8, Mr. and Mrs. Sam Linton, Aurora, were guests of honour at a dinner at the home of their nephew, Mr. Loy Carr. The occasion being their 60th wedding anniversary. Guests included Mr. Ben Stevenson, brother of the bride, and who was best man 60 years ago. Other guests were Mr. and Mrs. Isaac Carr, Regina, Sask., Mr. and Mrs. Gordon Carr and Peggy, Keswick, Mrs. Bernard, Mr. Bert Farr, Mrs. Douglas Bilbrough, Aurora, Mr. and Mrs. Robert Carr, Mr. and Mrs. Dudley Foster, Vandorf, Mr. Stevens, Toronto.

### Unionville Short Course Attracts Many Young Farmers

During the first week of the Annual Agricultural Short Course at Unionville under the Ontario Department of Agriculture, an average of forty young farm men attended each day. Several of the senior farmers were also attracted to the course for special periods and the younger men came from communities as far away as Maple, King and Pickering township in Ontario county.

Lectures were given on Farm Problems, Principles of Breeding, Grain Crops, Plant Diseases and others by the regular instructors. W. M. Cockburn, Agricultural Representative and his Assistant A. L. McKenzie, Mr. Floyd Perkins of Richmond Hill gave instruction on Repairing Farm Machinery and Tractor Maintenance and other practical periods on rope splicing, handy farm knots, seed judging were included. The Leitchcroft Farms and Kingsdale Jersey Farms were visited for stock judging. This week feeds and feeding, hay crops, livestock management and weeds, and their control are being featured. Mr. Frank Marritt, County Weed Inspector will be instructing in the weed periods.

In the class elections held last Friday, Ray Ingleton, of Agincourt was elected President with Jim Miller of Unionville, Secretary Treasurer.

### DUTCH AMBASSADOR TO CANADA ARRIVES



Jan Van Royen, above, Netherlands representative on the United Nations security council, who is shown shortly after he arrived in New York Amsterdam. Mr. Van Royen, who is also his country's ambassador to Canada, had the job of battling for his country in the controversy over the Dutch "police action" in Indonesia.

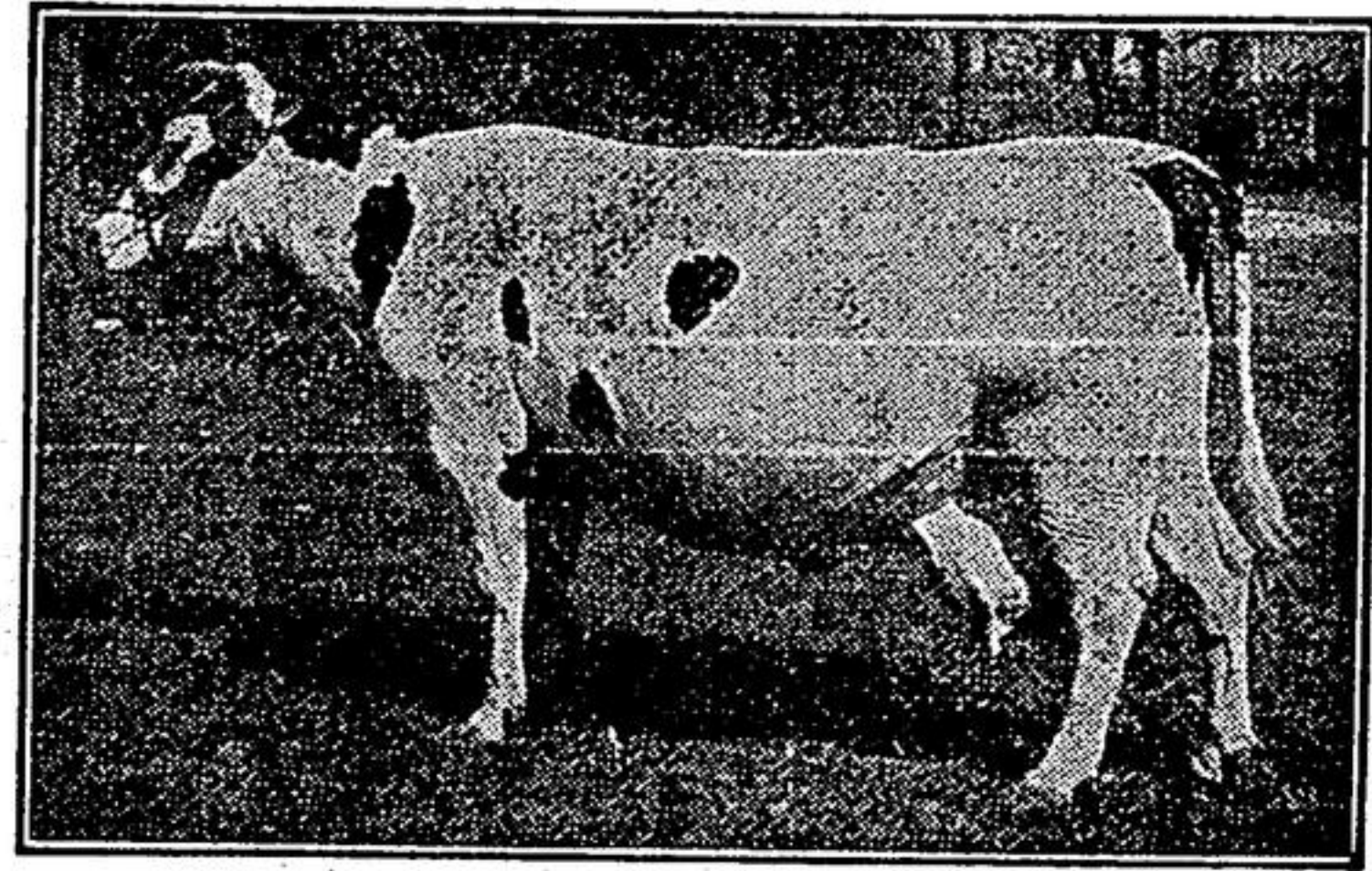
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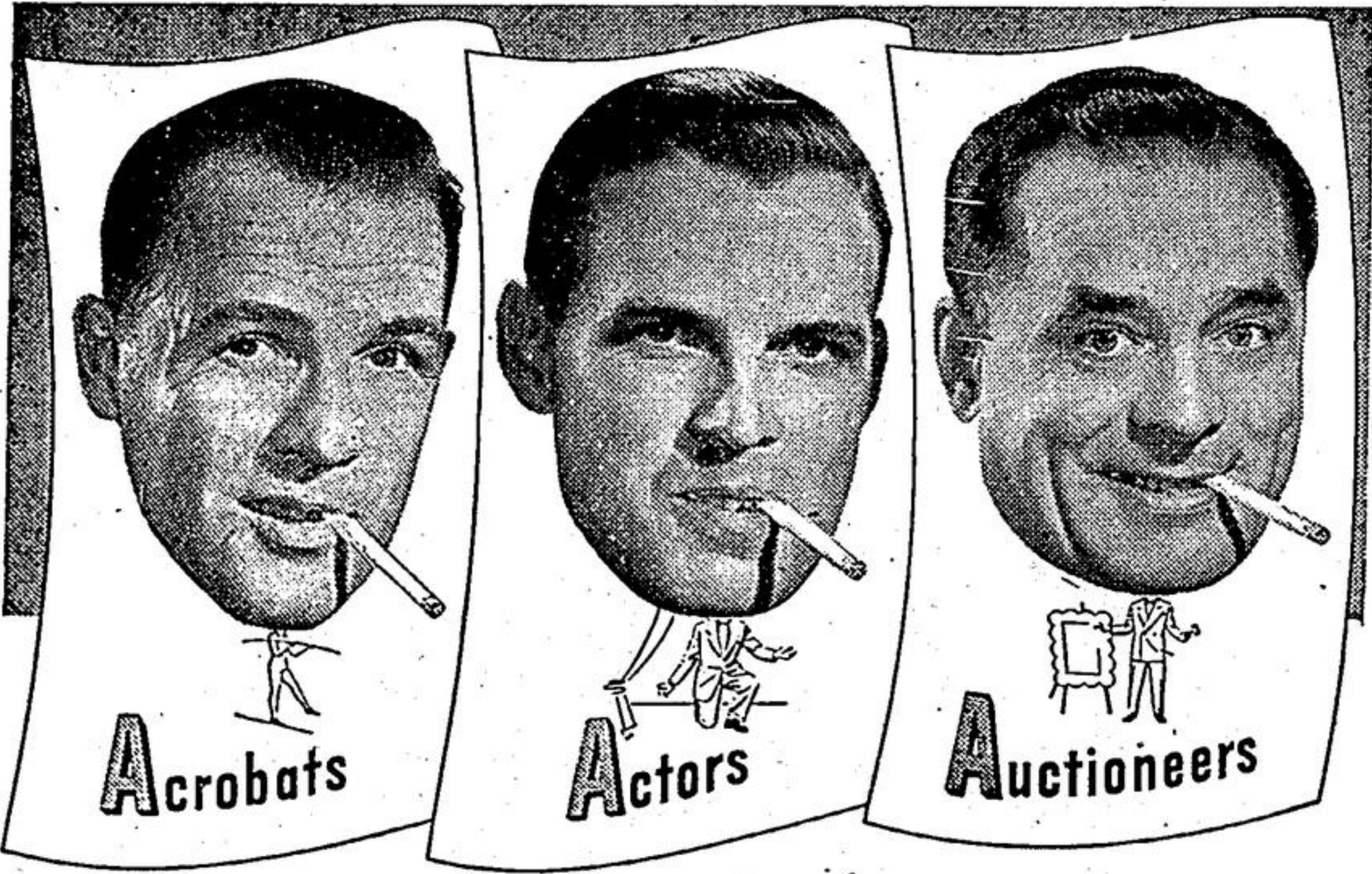
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