

**CANADA'S HEALTH**

**THEY CAN BE DANGEROUS**

More people will suffer from colds in Canada this winter than from any other disease. The common cold is, in fact, so common that many of us take its presence for granted and do little to avoid its onset. Proper diet, adequate

rest, correct clothing and good physical condition will help avoid infection. Remember, colds can be dangerous.

**VITAMINS AND SIGHT**

Stumbling down the aisle of a darkened theatre to find one's seat is an unhappy, yet common experience. The eyes require a short time to become adjusted to the darkness and lack of vitamin A in the diet lengthens this time. The carrot is a fine source of vitamin A. It also contains some vitamin C and is easily digested as well. Carrots are a valuable addition to the family diet.

**A STITCH IN TIME**

The hidden germs of tuberculosis lie undetected in the lungs of thousands of unsuspecting Canadians. For these unknowing victims, early detection of the disease may mean the difference between a relatively quick cure and a long drawn out sanatorium siege. X-ray surveys detect many cases of TB

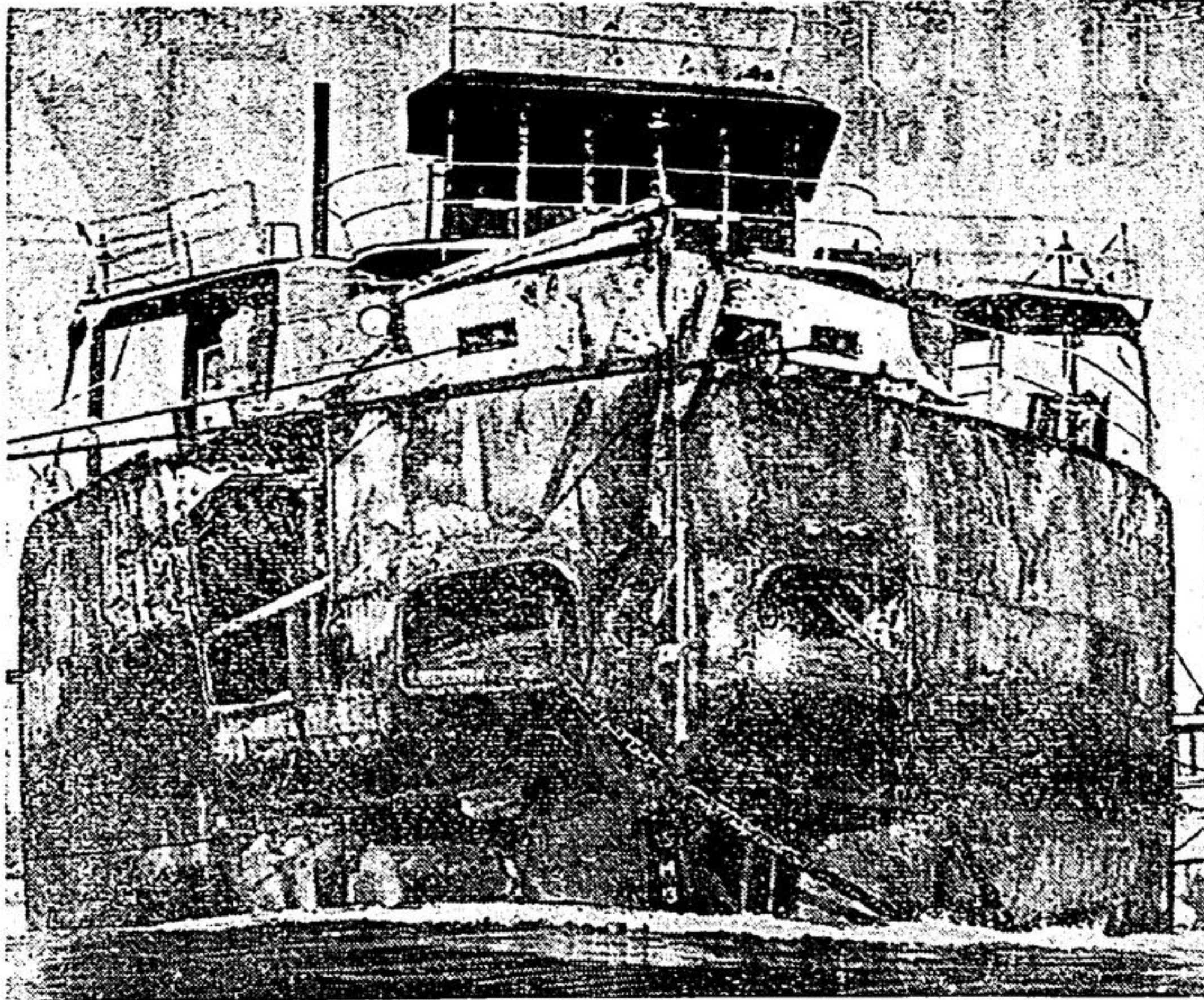
**Quickly Relieves Distress of Sneezing, Stuffy Head Colds**

A little Va-tro-nol up each nostril promptly relieves sniffing, stuffy distress of head colds—makes breathing easier.

Also helps prevent many colds from developing if used in time. Try it! You'll like it! Follow directions in package.

**VICKS VA-TRO-NOL**

**At Bottom of St. Lawrence 14 Months, May Sail in the Spring**



Fourteen months after her collision with the Translake in the St. Lawrence three miles from Morrisburg, Ont., the freighter Milverton, is being refloated. This head-on view

shows the big hole in her bow now raised above the 40-foot water in which she sank. The tragic collision took the lives of twelve men and twelve others had a narrow escape.

Owner's expect to refit the freighter and have her back in commission by next spring. It is expected to take a week to float the vessel up the river for inspection.

**York County Well Ahead in Royal Contests**

A short time ago results of the York County 50 Bushel Wheat Club announced that in the standing on yield Mr. D. J. Davidson of Belhaven was high grower with 689 bushels to the acre followed by Eugene Lemon of Stouffville in second place and the Estate of Levi Weddel of Sharon in third. In the separate competition on Field Score these placings were somewhat rearranged with the Estate of Levi Weddel in first place followed by Eugene Lemon.

The scores of these two competitions were combined to select the three top winners for entry into the Inter-County Contest at the Royal Winter Fair sponsored by the Maple Leaf Milling Company. These were subject to chemical tests and judgement based on the following: appearance of seed, weight per measured bushel, weight per 1,000 kernels, freedom from disease, protein time test and pearling.

Out of 39 entries the exhibit of the Estate of Levi Weddel was third just a little over two points behind the winner, Ronald Moyer, from Lincoln County. Eugene Lemon, was in fourth place and D. J. Davidson in sixteenth place.

In the National Barley Contest results of the Region No. 6 Contest which includes York, the Estate of Levi Weddel was in second place with Don Head Farms of Richmond Hill in seventh. These various placings are a credit to the respective seed growers of our county.

**VICTORIA SQUARE**

(December 2, 1948)  
Mr. and Mrs. Louis Nichols, Mr. and Mrs. Cecil Nichols, Mr. and Mrs. Donald Pickering and family, Miss Minnie Pickering and Mr. and Mrs. Ralph Perkins had Friday dinner with Mr. and Mrs. Ralph Boynton.

Mrs. Broad of Uxbridge spent Friday with Mr. and Mrs. P. Willows.

Mr. L. Stoutenburgh had Sunday evening dinner with Mr. and Mrs. S. Boynton and family.

Mr. and Mrs. Andrew Forson and John of Ringwood had Sunday evening dinner with Mr. and Mrs. Ralph Boynton.

**COUNTESS RECEIVES SWEDISH SCOUT HONOR**



The first woman to have ever been honored by being appointed an honorary member of the Swedish Scout association, Countess Estelle Bernadotte (above), widow of Count Folke Bernadotte, killed in action while acting as U.N.O. mediator in Palestine, is shown singing the Scout hymn at the annual Scout association meeting in Stockholm recently.

**WANTED**

**LIVE**

**Chicken - Fowl - Turkeys**

This Week's Prices:

CHICKENS - Good heavy birds - 42c lb.  
TURKEYS - Desirable weights - 45c lb.

BRING US YOUR EGGS WE PAY TOP PRICES

**Pickering Farms Limited**  
Whitby 336 - Night or Day  
WHITBY, ONTARIO

**For MAXIMUM Egg Production FEED**

**SUN-RAY EGG MASHES**

There are definite, proven reasons why Sun-Ray Egg Mash will give you better production results. The Semi-Solid Buttermilk gives an ample supply of protein in natural form—the first and greatest need for laying birds. Its riboflavin and lactic acid keep your birds vigorous and healthy—with good appetites.

**"It pays to feed SUN-RAY FEEDS"**

Available NOW from  
**ALTONA FEED & SUPPLIES**  
ALTONA PHONE 61306  
**J. D. BOOTH**  
STOUFFVILLE PHONE 123

before extensive damage is caused.

**SEASON'S DEER KILL SUBNORMAL**

According to District Forester A. B. Wheatley the deer kill this season is much lower than last year, although he says he has not received all figures from his district.

He added that the Peterboro County report shows that the overseer in that district checked 1,346 hunters, who had a total bag of 456 deer plus two bears.

**A UNIVERSAL NEED**

The Christmas season usually indicates a time of happiness, of family gatherings and community activity. The spirit of neighborly cooperation so evident during the Yuletide season can be carried over throughout the entire year when a community unites to form a neighborhood recreation project. Recreation is a universal need.

**NOT INEVITABLE**

Doctors now know that it is not inevitable that youngsters will be attacked by the so-called children's diseases. And medical men soundly denounce the old-time practice of exposing children intentionally to

"get it over with." The older a child is, the more resistance he will have to most diseases and the better chance of recovering completely if he is attacked.

**ALFALFA HAY WANTED**

Best Price for Good Quality Sample

**REESORS MARMILL LIMITED**  
Markham, phone 96

**SENTENCED TO SERVE 10 YEARS AT KINGSTON**



Aline Doubois (above) of Montreal, called "The Lady in Red," was sentenced to 10 years in the Kingston, Ont., penitentiary for her participation in 75 hold-ups. Sentence is said to be the heaviest ever handed out to a woman except for the charge of murder or manslaughter.

**IN NEW SETTING**



Elizabeth Bentley, self-confessed member of a Communist spy ring, who repented and exposed the espionage activities of her former comrades in a congressional investigation, is shown just before she spoke in the Christian culture lecture series at Aquinas Institute, Rochester, N.Y. Miss Bentley recently followed the example of Louis Budenz and embraced Catholicism.

**GOOD YEAR offers you Two GREAT TREADS for Winter Roads**

**GOOD YEAR**

**Studded Sure-Grip**



The rear wheel mud and snow tire for passenger cars and trucks—gives super-traction WITHOUT CHAINS!

Stop worrying about driving on rough-weather highways or parking on snow-clogged city streets! Goodyear Studded Sure-Grips give super-traction to your power wheels—without chains! Sharp, strong studs—like tractor cleats—bite down deep and take hold. Store your rear tires—replace them NOW with Studded Sure-Grips for the tough weather months.

For safe winter driving—see your Goodyear dealer—soon!

**GOOD YEAR**

MORE PEOPLE RIDE ON GOODYEAR TIRES THAN ON ANY OTHER KIND

**GOOD YEAR**

**Super-Cushion**



with the famous All-Weather diamond tread. Resists skids in any direction—sideways, forwards or backwards!

Here's your best buy for regular winter driving—Super-Cushions by Goodyear, with the time-proved diamond tread! Super-Cushions give you an "almost-like-floating" ride, put more rubber on the road, improve traction, resist skidding. Drive safely—on Super-Cushions! (All-Weather tread also available in the Goodyear DeLuxe).



**GOOD YEAR Factory Fresh Batteries**

FREE—3-point battery check—see your Goodyear dealer. For lively, trouble-free starting on frosty mornings—install a Goodyear "Factory Fresh" battery.

