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Notes and Comments

Prisoners Walk Off Again

A score of Nazi prisoners burrowed their way out of the prison camp at Fort Henry, and Mr. John Public is curious to know how such a thing can go on if the camps are guarded with even half an eye. Some of the prisoners were picked up as they walked along the highway in prison garb. It must have been a huge joke on the guards since no better effort to make a clean get-away was shown by many of the Germans. It is a mark of distinction in the German mind, if you can escape from a prison camp. Since it doesn't take very much skill, why the distinction?

What Canadians Didn't Like

Whatever may come out of the Quebec conference, there is a widespread regret that Russia had not been represented, which leads to the suggestion made by the Financial Post that more considerate planning should be done before hand. Anything the leaders of the allied countries do that fails to cement the present ties between us and the Soviet Union is regrettable indeed, and would not be in accordance with the hearts and minds of Canadians.

Russia out of the conference fostered suspicion on the part of Canadians, and of course general regret. Since we have been told that it was a Canadian conference in that we were entertaining the guests at \$8,000 per day, our Canadian leaders would naturally have something to say about who would be invited. Of course these are opinions of a humble writer. Those in authority may have good and sufficient reasons for their actions, but we convey the opinion of the common man as we hear it.

The New Nickel

The more we see of the new Canadian five cent piece the more disgusted with it we become. After it is in use for a short time it discolors and takes on the same shade as a tarnished one cent piece. Only the change in the edges which are not very pronounced indicate the difference.

Elderly people, especially, and those with not the very best eyesight, find great difficulty in distinguishing the difference, and we all know the short time the new nickel has been in circulation how many times they are thrown down to you for coppers. Of course every church treasurer knows they are the first thing that the fingers grab in the pocket.

One wonders who is responsible for bringing out such a piece of money, and why the size was made to correspond to a one cent piece, which might have been estimated in advance as something to give trouble.

"They're Dehydrating Girls Now."

Perhaps you have heard of the soldiers on leave in an ancient city. They had been feeding on dehydrated foods for weeks and now they were to see the sights of some old palace. Entering the building they were shown the form of an ancient queen who had been kept for a thousand years. "By japers," said the Englishman, "who ever thought of de-

hydrated girls."

Dehydrated foods are not a new development, even if the above comment is a bit far-fetched. Perhaps it has never occurred to you that dehydration is not only one of the oldest forms of food preservation known to man, but nature uses it in the form of dried fruits, nuts to you. Dried milk was first made in 1855, egg powder has been on the market for years, and people were eating dried grapes, raisins, long before we were.

Some vegetables were dehydrated and shipped overseas in World War I, but perhaps the reason they slipped into the limbo of forgotten things so quickly was that they were apt to taste somewhat like hay, for the method of processing at that time did not preserve palatability and nutritional values. Then, too, packing had not become the art it is today.

The saving of valuable shipping space through the use of food dehydration would in itself be false economy if by that means much of the nutritive value of the food were lost. Fortunately, in recent years scientists have not only discovered which of the food constituents are essential to a balanced diet but they have learned how to retain these constituents when processing dehydrated foods. Consequently, during the present conflict we have been able to take full advantage of the invaluable storage and shipping economy this form of food preservation affords.

The drying process itself has been materially changed. Present methods were developed after the last war. The retention of the natural flavour and food value depends to a large extent on the proper processing that has wonderfully improved.

Let Us Be Fair

There is a tendency on the part of almost everybody to grumble about the government restrictions, rations, and other inconveniences brought about by the war. Surely if these worries you have during this great conflict, are the only ones, they will be small indeed. Remember they are imposed on those who have sons over seas, and on those who have given their all.

The Newmarket Era and Express has been warning its readers that they should not condemn the Ottawa government and swear vengeance on them at the next federal election, just because they were inconvenienced in wartime by added restrictions.

After all these restrictions have done us good, and some of them might remain for quite considerable time without doing any harm. The thing at this time is for all of us to accept the situation in good spirit. Let us con fine criticism to just opposition to things we think are not right, and not to things we say are not right just because they inconvenience us.

Our Canadian Guests

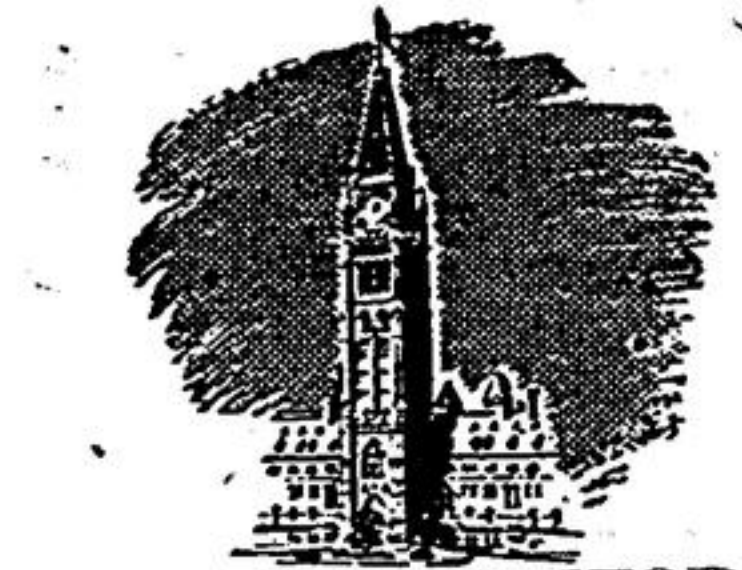
Queen Wilhelmina of the Netherlands celebrates her 63rd birthday on September 6. She will have reigned for 45 years which is a longer rule than that of any of the living monarchs in Europe.

When she was 10 years old her Father, King William III, died and Wilhelmina became the titular Queen under the regency of her Mother Queen Emma.

The spirit in which the beloved Queen-Mother has reared her only child may show from the following story.

One day the ten-year old Queen stood with her mother on a balcony while the crowds cheered her. She asked: "Do all these people belong to me?" whereupon Queen Emma replied: "No, my child you belong to all these people."

After being crowned in Amsterdam on September 6, 1898, when she was 18 years old, the young Queen was married in 1902 to Prince Bernhard of Mecklenburg. Born out of this marriage on April 30, 1909 was Crown-Princess Juliana, who now lives in Ottawa with her three children.



A WEEKLY EDITOR LOOKS AT Ottawa

Written specially for the weekly newspapers of Canada

By Jim Greenblat

We hear a lot about manpower. But what about Canadian womanpower? Well, there are 4,240,000 women over 14 years of age in Canada. Here are some interesting figures about them. As of January 30, 1943, of this number there were 1,152,000 in industry and 255,000 directly or indirectly in war industry. Farm women numbered 830,000 and women students 309,000. There were more than 31,367 in the armed services (and this figure must be considerably increased by this time). 300,000 are considered unemployed.

Canada's vegetable oil industry is one of those revolutionized. In a sense, by the necessities of this global war. This industry is, of course, agricultural. Take flaxseed, of which 53 percent of that used was imported in 1939. In 1942, however, all of the 3,388,195 bushels used were of domestic origin. Our acreage objective for 1943 is 2,492,000 or an astounding increase over the previous year of 67 percent. All these changing phases having to do with our agricultural and industrial economy will be part of the post-war problem.

Is it all right to lend your ration book to your farmer friend who uses a great deal of tea, while you use very little? The Prices Board says no and Thelma Craig of the information branch answered me in this way: "Rationing is for the equal sharing of certain commodities which are in short supply. It does not mean that Granny, just because she likes the extra pot of tea, should be able to have double the ration of the woman next door, nor does it provide for the swapping of tea and sugar by two neighbours who live across the road from each other." Fact of the matter is the whole rationing system is set up on the basis that the majority will conserve their use of rationed articles to actual and immediate needs.

Harking back to the Order-in-Council which made it an offence to waste coal or heat, owing to the serious fuel situation facing Canada, it is interesting to know that our normal peacetime coal needs are about 30 million tons. This year, geared to such a high war tempo, provision must be made for about 47 million tons. Canadians can be selfish as individuals and sneak excessive heat, more than necessary, or they can play ball for the good of all in Canada. It's really co-operation for national conservation instead of coercion that is wanted.

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Interesting Recount

The result of the recent election gave the Liberal candidate in Perth county a majority of 20 over his Conservative opponent. Since the deputy returning officers threw out or rejected 92 ballots, there is to be a recount. Presumably the discarded ballots were, if counted, favourable to the losing candidate.

SUNDAY SCHOOL LESSON

ISRAEL CALLED TO BE A HOLY PEOPLE

Golden Text—Be ye holy; for I am holy. —I Pet. 1:16

The Lesson as a Whole
Leviticus is the book of the sanctuary and of the sanctification of the people. To glance even briefly at all chapters of this interesting and instructive guidebook for the priests of old, and to point out, however fragmentarily, its typical representations of New Testament truths, would be quite impossible in the space or time allotted to us. Observe that this priestly code was not something devised by Moses or by the priests themselves, but was a divine revelation, given by God himself, who spoke to His servant Moses from the inner sanctuary. All was designed to teach the people the evil of sin and the uncleanness which is caused, and to emphasize the need of atonement and cleansing by sacrificial blood. But the sacrifices of that dispensation were only types of one perfect sacrifice yet to be offered by our Lord Jesus Christ. The best commentary on the Book of Leviticus is the Epistle to the Hebrews. There we learn that it is the precious blood of Christ alone which can purge the conscience, and that it is by faith we are linked up with the eternal God, who works in us as we

are occupied with Christ and led by the Spirit, who now dwells within us.

Verse by Verse

Lev. 19:1—"The Lord spake unto Moses." This implies direct inspiration. God did not leave His servant free to act according to his own best judgment, or to impose rules and regulations upon priests and people according to the elders

or of some special committee. Man had nothing to do with the formulation of these laws. They came definitely and directly from Jehovah Himself. Nor was it to the people to vote on their suitability, or to decide to what extent these commands should be carried out. God had spoken. The Word of God is absolutely authoritative today. Christians are (Continued on Page Six)

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