

# Sunday School Lesson

## LESSON X

Christian Rest.—Matthew 11:28-30; Hebrews, Chapter 4:1-11  
Golden Text.—Come unto me, all ye that labor and are heavy laden, and I will give you rest. Matthew 11:28.

for its noblest and highest purposes. This is what Christ came to effect in men. This is the object of all His work and the interpretation of all His passion.

### Invitation to Rest

29. Take my yoke upon you. . . . Christ takes upon Himself the one side of the yoke, and He invites you to come and occupy the empty place beside Him. He is the meek and lowly one. He has been accustomed to the yoke. This is the divine yoke-fellow of whom you are to learn, moving side by side with you, that you may imitate His patient endurance, His meekness and lowliness of spirit.

And learn of me. We are to learn of the Lord Jesus first, by studying the portrait of him as revealed in the Gospels, and then by living the Christlike life, as the Spirit of Christ dwells in us, teaching, strengthening, sanctifying and guiding us. For I am meek and lowly in heart. "The word 'meek' carries the idea of mildness and gentleness and the absence of self-vengeance, and retaliation of injury, and so it carries with it the conception of unselfishness. What is to be lowly in heart? The lowly-minded man is down in a humble sphere, where he is content if he can only serve." And ye shall find rest unto your souls. Here is a promise, but there are specific conditions which must be met before the promise can be fulfilled; we first come to Christ, then we take his yoke upon us, and then we learn of him. When we have done these three things, we shall no longer be seeking rest. We shall have it.

30. For my yoke is easy, and my burden is light. "The word rendered 'easy' means agreeable and serviceable. If Christ's yoke ever galls the neck, it is because we do not work steadily in it."

### Rest For Christian Believers

1. Let us fear therefore. "It is because we know the Father, it is

because we are redeemed by the precious blood of the Saviour, it is as the children of God and as the saints of Christ that we are to pass our earthly pilgrimage in rest. This is not the fear which dreads condemnation, but the fear of those who are saved and whom Christ has made free. Lest haply, a promise being left of entering into his rest, any one of you should seem to have come short of it. 2 For indeed we have had good tidings preached unto us, even as also they; but the word of hearing did not profit them, because it was not united by faith with them that heard. 3 For we who have believed do enter into that rest. Thomas Carlyle, in his life of Schiller, speaks of unrest as "the never falling inmate of every human breast." This is true of everyone outside of the Lord Jesus Christ, but in Christ, if the New Testament teaches anything, it teaches this, that, in believing, we are to have peace and joy. Here is one of the deepest, more precious themes of the word of God, something which cannot be analyzed, but must be entered into by experience.

Even as he hath said, As I swear in my wrath, They shall not enter into my rest. These words are taken from Psalm 95: 11, and they refer to God's words to Israel, especially as regards her entrance into the Promised Land. Had Israel fully followed the explicit instructions of God in the matter of exterminating enemy peoples, Israel would have had a complete rest from the exhausting, taxing, rebellious invasions and uprisings of these pagan peoples. But there is certainly a deeper meaning here in the matter of rest—a rest for the souls of the Israelites, a true resting in God.

Although the works were finished from the foundation of the world. 4 For he hath said somewhere of the seventh day on this wise, And God rested on the seventh day from all his works; 5. And in this place again, They shall not enter into my rest. These quotations are from Gen. 2:2 and Psalms 95:11. The rest of God is the expression of the perfect, divine complacency in the perfect, divine work.

### A Special Day

6. Seeing therefore it remaineth that some should enter therein, and to them the good tidings were before preached failed, to enter because of disobedience. 7. He again defineth a certain day, To-day, saying in David so long a time afterward (even as hath been said before), Today if ye shall hear his voice, harden not your hearts. 8. For if Joshua had given them rest, he would not have spoken afterward of another day. 9. There remaineth therefore a sabbath rest for the people of God. "We are not summoned to the heavy slumber which follows overtaking toil, nor to inaction or indolence; but to the rest which is possible amid swift activity and strenuous work; it is perfect equilibrium between outgoing and incoming of life; it is a contented heart; it is peace that passeth all understanding; it is the repose of our will in the will of God."

10. For he that is entered into his rest hath himself also rested from his works, as God did from his. 11. Let us therefore give diligence to enter into that rest, that no man fall after the same example of disobedience. "The essence of sin is that sin centres in self instead of God. We try to help ourselves instead of throwing our burden of sin and care and sorrow upon the great Sinbearer and the Man of Sorrows, who was acquainted with grief. Now, when we come to Christ, we abandon all this self-help, and ask Him to be our helper; we abandon all this self-trust and lean on His finished work. We stop laboring to build up our own interests, and we are taken up with the interests of His kingdom. You shall never find rest until you find rest in ceasing from your own works, as God did from His, and entering into the Sabbath of rest, that remains for the people of God, in this way."

England's first Royal Air Force Volunteer Reserve Schools have been opened at Gatwick and Gravesend aerodromes.

B-3

## Survived Rare Operation



The loss of the lobes of both her lungs has not erased the cheery smile of the seven-year-old Audrey Sheppard, daughter of Mr. and Mrs. Clement Sheppard, Ville LaSalle, Montreal. This picture was taken in Children's Memorial Hospital, where Audrey is recovering after the first successful bilateral lobectomy in Montreal Medical History.

## Movie Star Dust Radio

By VIRGINIA DALE

When motion picture producers do wander away from their office desks, they get the most promising ideas for pictures. For instance, it might never have occurred to the head man of the 20th Century-Fox studios to cast Shirley Temple and Sonja Henie in a film together if he hadn't happened to pass the ice rink where Miss Henie practices.

At first he was horror-stricken to find the company's precious child risking her neck trying to learn Sonja's whirlwind capers, but when he saw that she learned them as easily, and safely, as she does tap-dancing routines, he decided that she must do a skating picture with her teacher.

At Paramount, the big boss heard loud shrieks of hilarity coming from the portrait photographer's studio, and on investigation found W. C. Fields and John Barrymore clowning as Romeo and Juliet. Right away he was inspired to cast them together in a loony story called "Things Begin to Happen."

Grown-ups may well envy the school children of today who learn their history through such an exciting medium as the R. K. O. motion picture, "Victoria the Great." Filmed in England with Anna Neagle in the role of the queen, this picture was made with the hearty co-operation of government officials, so all the glory of real castles and authentic royal settings makes it a feast for the eyes.

Sixty years of her life are covered in this story, so it is a series of dramatic high spots. And so skillfully has the story been told, it is just the story of a woman's heart, a woman who was wilful and pathetic—with all her regal splendor.

Lanny Ross was all ready to sign a contract to make pictures for M-G-M, when it occurred to him that with Nelson Eddy and Allan Jones already singing on that lot, there wasn't very much room for another singer. So, the shrewd Lanny hustled over to Columbia Pictures studios and arranged to make pictures for them instead. There he will be sure to get all the good singing roles.

Those folks who hear on Gabriel Heatter's "We, the People," program certainly enjoy the evening of that broadcast. After the first broadcast, Heatter takes the whole troupe of visitors across the street to dinner. Afterward, they return to the studio for the repeat western broadcast.

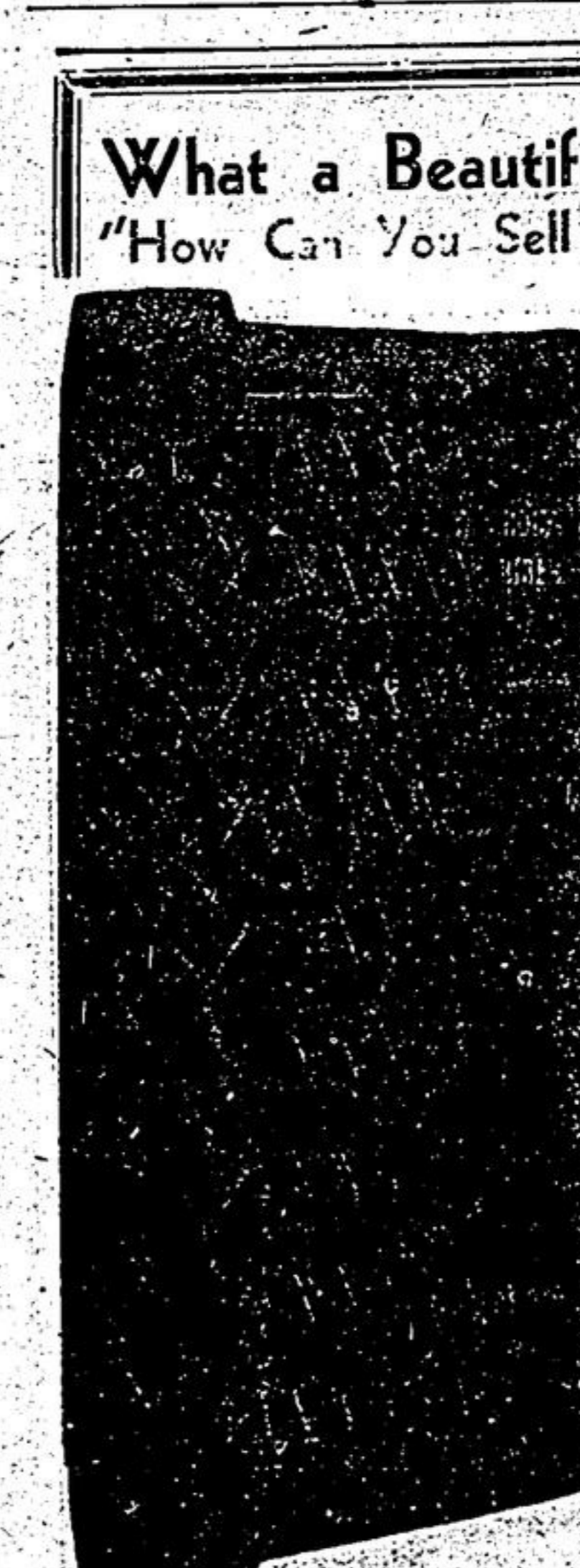
All the youngsters who were thrilled over Dick Merrill's ocean flights will want to arrive for the first showing and stay all day when "Atlantic Flight" starring Dick Merrill himself comes to their local theatre. In the picture he is the same engaging, modest, casual young man that he was in the newsworld. And the picture boasts some hair-raising stunt flying.

All three of the Lane sisters are now working for Warner Brothers. Priscilla, who with her sister Rosemary, provided many bright moments

in Waring's "Varsity Show," will do the same for the next "Gold Diggers" in support of Dick Powell. And Lola, who has been in pictures much longer than her sisters, will be seen in "Hollywood Hotel."

Turning down several coast-to-coast radio programs offered him, Henry Hull, the distinguished stage actor, is going to try motion pictures again. He will play a prominent role in M-G-M's "Marie Antoinette" in support of Norma Shearer. And about the time that picture is ready for the screen, another Marie Antoinette will be competing for attention. Deanna Durbin is going to play the role in a story written around her more tender years.

ODDS AND ENDS—Helen Menken long-suffering "Second Wife" of the radio serial is going to make a motion picture for Warners. . . . Clark Gable weary of being a swaggering, wisecracking hero wants to play in a tense drama about the fight against yellow fever in the tropics. . . . Carole Lombard is wearing a black wig in "Food for Scandal" and she is not sure it is a good idea. Her best friends don't recognize her. . . . Bob Hope, radio comedian, is such a hit in first Paramount picture, that he has signed to do more.



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## Baby Leopards Travel by Car

### Mother Removed Because Liable to Eat Cubs if Left With Them

Every two hours an alarm clock rings in a North London, England bedroom, and Mr. and Mrs. Leslie Flewin get out of bed to feed three leopard cubs. Mr. Flewin is head keeper of the London Zoo Lion House, and the three cubs are being brought up by hand.

Every night a car takes Mr. Flewin and the cubs to his home. Every morning the car takes them back to the zoo, and every two hours during the night and day an alarm clock sounds the warning that it is time for the cubs—two males and a female—to be fed.

Their mother, Peggy, was lured away from them immediately they were born—she has always eaten her previous litters before they were two days old, and this time the authorities were taking no chances.

Cat Mothers Them After washing them and putting them on a hot-water bottle in a basket covered with a jersey to prevent them from falling out, Mr. Flewin prepared a special liquid food, sterilized some spoons in boiling water, fed the cubs with a few drops and then set the alarm clock.

The necessity for keeping the cubs warm led to an urgent appeal for a cat. An offer came from a zoo employee and the cubs snuggling up against the cat's warm fur are no longer suffering from the absence of the mother.

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## Single Remaining Absolute Monarchy

### Unique in World, Sarawak, North Borneo Is Still a Quiet Country

Her Highness the Rance of Sarawak, otherwise Lady Brooke, daughter of the Earl of Esher, last week contemplated a world of wars and troubled budgets and concluded it will be a relief to return to the prosperity and peace of the tiny kingdom in North Borneo over which her husband rules as the world's only remaining absolute monarch.

"Our kingdom, with its rich fields of rubber, oil, gold and diamonds, isn't suffering from the economic headaches that seem to be irritating the rest of the world," she said. "Our national budget has been balanced ever since the first white rajah took the throne 96 years ago."

Foreigners Not Admitted "We refuse to admit foreign visitors in most instances," the rance went on, "because our people are sufficient to themselves and foreigners are a bad influence on them. Round-the-world excursion ships frequently ask permission to stop at Sarawak, but this we have never permitted."

"Our people are well-behaved and cultured. About their only vices are that they are still head-hunters and fan-tan gamblers. Most native hopes I've visited in Sarawak had a few mummified heads hanging from the ceiling, a custom that is difficult to stamp out because maidens demand them as trophies from their lovers."

Sarawak, inhabited chiefly by Malays and Dyaks, crowned the first of three white rajahs in 1841 when James Brooke, an adventurous Englishman, led a group of Europeans to the rescue of Rajah Muda Hassim, who was besieged by enemy tribes. In gratitude Rajah Muda, who was growing old, gave the throne to Brooke and crowned him rajah.

Only 309 Europeans Sir Charles Johnson Brooke, a nephew, succeeded him, and in 1917 Sir Charles Vyner Brooke, the present rajah, was enthroned. There are 442,900 natives under his rule, but only 309 Europeans and most of the latter are either doctors, missionaries or in similar professions.

The slim, red-haired rance who only badge of rank when abroad is a golden crest on her purse, is in New York to complete a book in collaboration with Linton Wells newspaperman and traveler. Wells was one of the few foreigners ever allowed to visit Sarawak.

## Musk Oxen Invade Eskimo Villages

### Near Point Barrow, Alaska, and Are Threatening to Drive Out The Natives

Musk oxen are getting to be quite a problem on Nunivak Island, near Point Barrow, Alaska. The Eskimos exterminated them in 1865, so the U. S. biological survey brought in some more to provide food and wool. Now the oxen threaten to exterminate the Eskimos.

Capt. Isak Lystad of the motorship Boxer has received a letter from Arthur Nagozruk, Nunivak school teacher, asking Uncle Sam to send wire fencing to keep the animals from overrunning their village and killing their dogs.

One islander was marooned waist-deep in a lake for a whole day while a musk ox paced the shore, daring him to come out. Other natives finally lured the ox away.

## Sniff More Snuff

### Chewing Tobacco Is Also Regaining Popular Favour

WASHINGTON—Government statisticians spread the word that tobacco chewing and snuff-sniffing are making comeback.

Benjamin Hill, whose title—chief of the tobacco division of the Bureau of Foreign and Domestic Commerce—is a mouthful in itself, let go with a stack of charts.

Twenty million more pounds of snuff were consumed in the first eight months of 1937 than in the whole year 1880.

The plug tobacco market is away off the peak year 1917 when 179,413,107 pounds were produced, but is running ahead of last year and for the first eight months totaled 39,743,874 pounds.

One of the reasons advanced for the big year of 1917 is that the soldiers—forbidden to smoke in ranks—found that by using moderate precautions they could chew.

Motorists of Italy have been asked by the Government to use home-produced castor and olive lubricating oils and not imported mineral oils.

More than 300 years ago, a crude submarine, to be propelled by oars, was constructed in England under the reign of James I. It proved of no value except as a curiosity.

## Is This Your Birthday?

By A. R. WEIR

What the STARS foretell for those born on December 3, 4, 5, 6, 7, 8, and 9

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If the date of your birth is listed above, Sagittarius, the ninth sign of the Zodiac, is the sign under which you were born. This gives you a naturally happy, carefree and optimistic disposition. If you err at all it is on the side of hopefulness and optimism. Mix just a bit more concentration and determination with your efforts and you will be one rung higher on the ladder of success.

### YOUR OWN BIRTHDATE:

DECEMBER 3—There should be a slow and steady improvement in your financial affairs bringing much more prosperity and happiness. Several long journeys are indicated and you should exercise caution when dealing with strangers as you have a tendency to overdo things.

DECEMBER 4—You are extremely restless and should curb your natural desire to see strange scenes and visit far-off countries. You should receive some important news from a long distance and much travel is indicated. Relatives and friends will help you and you will gain through intellectual people.

DECEMBER 5—Because you are a lover of sport and the open-air, you should walk as much as possible—it is your best tonic. While there are times when you can be irritable, without apparent reason, you have a naturally jovial disposition. You should benefit through some new work in which you are interested and the year is especially good for social matters.

DECEMBER 6—You are inclined to be rebellious by nature. Guard it and allow your philosophical turn of mind to govern. You are happiest when in complete harmony with your surroundings. Some new work will come your way and there will be many long journeys and much excitement and adventure.

DECEMBER 7—You are sincere, happy-go-lucky and just a little bit careless. Many visits to places of amusement are indicated also a removal of residence and a pleasant holiday by water. Love affairs will prosper.

DECEMBER 8—You are quick to grasp the importance of new ideas and to adapt yourself to surroundings. Because of this you should have little difficulty in adjusting yourself to changes which are indicated in your business affairs. A woman will help you in business and you should be careful with correspondence.

DECEMBER 9—Like all Sagittarius people you long to travel, to explore new scenes and to know new people. There will be much more stability in your life and you should benefit by property and elderly people. The coming year will be very good for social and love affairs.

IF YOUR BIRTH DATE IS NOT LISTED ABOVE and you would like your personal Horoscope, or if you wish a complete Horoscope for any date listed above, send 10c (coin preferred) to A. R. Weir, 73 W. Adelaide St., Toronto, Ont. Please print your name, address and BIRTH DATE plainly.

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