

HAD AGONISING PAINS IN HER BACK

Free from Pain Since Taking Kruschen

Like many other sufferers from backache and rheumatic ailments, this woman decided to try Kruschen Salts in a last attempt to obtain relief from pain. To her surprise, the pains did grow less, and in a few months the backache had disappeared. Having made sure of the results, she now writes as follows:—

"For about four months I had agonising pains in my back, and could not turn in bed. During that time I tried various remedies, but obtained no relief, and was seriously considering going into hospital. However, seeing a case similar to mine described in an advertisement for Kruschen, I thought I would try it, and was more than surprised to find the pain getting less. I have been taking Kruschen for four months, and would not be without it for anything. I must say I am free from those dreadful pains."—(Mrs.) B. C.

Kruschen is an excellent diuretic—that is, it helps to stimulate kidney functions. When kidneys are restored to healthy, normal action, poisonous waste is properly eliminated, the blood-stream is purified, and you get welcome relief from the dragging pains of backache.

A Welsh Goldmine

The Ogofau goldmine at Pumpsant, a little Carmarthenshire village near Lampeter, has justified expectations by yielding a profit on its gold workings. Weekly, lorries laden with bags of ore speed to Llanelly, where the ore is shipped to foreign refineries. From the 294 tons despatched to date, 260-oz. of gold and 150 oz. of silver have been extracted. This gives a gold content of 17 dwts. to the ton; South Africa's millions-making quartz seldom yields more than 8 pennyweights a ton.

Present mining operations cover only 100 acres, but the Roman Deep Company has secured a 63-year lease from the Crown of 3,500 acres in all. Further developments, says Mr. Harold Edmonds, the company's secretary, will create a big new employment market for South Wales. About 100 men, drawn from distressed areas, are now employed. Platinum is suspected in the lower strata, 260 feet deep, where drillings have lately begun; other workings lie at 100 feet and 160 feet; radiating from the main shaft are about 10,000 feet of divages and cross-cuts. Pumpsant is struggling hard to rival the Klondike of old.

"We are 10,000 years nearer to the permanent peace than were the cave men 10,000 years ago."—Carrie Chapman Catt.

Smiles and Chuckles

Mrs. Jones was spending a day in bed with a severe cough, and her husband was working in the back yard, and hammering nails into some boards. Presently his neighbor came over:

Neighbor—How's the wife?
Jones—Not very well.
Neighbor—Is that her coughin'?
Jones—No, you fathered, it's a Lenhouse!

Don't knock... it is well to remember that you cannot climb by dragging others down... Your progress doesn't depend on other people's mistakes, your fortune on their misfortune... Success is a positive attainment... It is built on what you do; not on what others do.

Blessed is that church whose choir is not a battleground for preferred position and unseemingly jealousies.

Stranger—I came in because I read your advertisement for a man to retail canaries.
Proprietor—Oh, yes. Are you experienced in that line?

There isn't going to be much privacy in this old world any more. A scientist now claims he can photograph people's thoughts.

Teaching Public School
Forty little urchins coming through the door,
Pushing, crowding, making a tremendous roar;
"You must keep more quiet; can't you mind the rule?"
Bless me, this is pleasant teaching public school!
Forty little pilgrims on the road to fame,
If they fail to reach it who will be to blame?
High and lowly stations brought together here
On a common level, meet from year to year.
Dirty little faces, loving little hearts,
Eyes so full of mischief, skilled in all the arts;
Half a dozen asking: "Please may I go out?"
But not a pupil knowing what its all about.

Wife—It's nearly six weeks now since the baby was born. Have you been to the court house and told the registrars yet?
Husband—No, if they live within five miles radius of this house, they won't need to be told.

Most women can make a dollar go so far that friend husband never sees it again.

Visitor—Is that boy any good in the office?
Business Man—I've not formed a very good opinion of him, sir. He spent a good deal of the morning trying to get 'Est. 1901' on the telephone.

A small boy, on being asked how his uncle always won when he played cards, but lost when he backed horses, promptly answered: "Uncle can't shuffle the horses."

Stranger—Oh, no. I just wanted to ask how the canaries lost their tails.

Laugh at youth all you please,—but don't laugh too loudly.

You may plan a great year's work—but you'll never get it done unless you do a good job of turning off each day's work.

Frank—What a shame Eve wasn't created first.
Mary—What difference would that have made?
Frank—Eve could have bossed the job of making Adam and then man would have been perfect.

The hinges of true friendship may never rust—sometimes they squeak just a little.
Little Bobby—We've got a new baby at our house!
Little Mable—That's nothing. We have a brand new daddy at ours.

"HERE'S THE CHEW THAT'S FRESH AS A DAISY AND SWEET AS A NUT!"

BIG BEN
THE PERFECT
Chewing Tobacco

Along Canada's Mining Highway

Day by day brings its mine and oil news. British Columbia, Alberta, Northern Saskatchewan, Manitoba, Ontario (West and East), Quebec, and occasionally Nova Scotia, give news of greater or lesser importance in the development of Canada's natural resources.

shut declined severely in the market on publication of an unfavourable report on underground values. Some well-informed mining people in close touch with this situation are optimistic on the long range view of this important mine.

Federal Kirkland, in the Kirkland Lake Camp, after preliminary difficulties, started drilling with two diamond drill rigs, launching the Company's important drilling programme. News should be continuous from this property during the next six weeks.

From British Columbia comes news that Base Metals Mining Corporation will resume work as early as possible in the Spring. The southerly continuation of the orebody mentioned in the last quarterly report was located shortly before closing down, states J. H. C. Waite, president, but there has not been sufficient work done to estimate its importance.

Alberta supplied wonderful news this past week with the bringing in of the fourth and so far largest well of the Turner Valley crude oil development. This B. & B. well is named after and largely owned by the two R. A. Browns—Senior and Junior. Several wells are now competing for next honours. Royalite's Sterling No. 4, Arca, Newfold, Westside and Dalhousie are scheduled to complete during the next month.

In the Patricia District, Western Ontario, Albany River, adjoining Pickle Creek—according to reports from the North had favourable underground developments. Well-informed mining opinion expects the Pickle Creek area to be intensively active this year.

The Long Lac Camp reported little news of importance. MacLeod-Cock-

Money Not Church's Biggest Problem

Many Willing To Contribute Funds—But Not Their Personal Services

Writes the Port Arthur News Chronicle:

Not long ago a casual group of our Port Arthur men were engaged in a discussion of the things men talk all about when they get together. It was a Saturday. One of the group mentioned that he was currently converting some of his securities into cash. "Just enough to get a little church collection for tomorrow," ventured one of the small gathering.

"No it is not that exactly," said the other man, "but I will say this, that I do give regularly to the church. It is the most valuable institution we have. I think it does more for preservation of social security and good order than our laws and our police forces."

That probably represents the attitude of a large number of men. There is giving to the church. The fact is proved by a reference to the reports which have been appearing lately from the several annual meetings of the different congregations in Port Arthur. Almost invariably these reports have shown balanced budgets and generally increased receipts. To judge from them alone there is prosperity in the churches of all denominations. As one minister has already been quoted in this paper, he has never known a community where the money necessary to conduct the activities of the church was so easy to obtain as in Port Arthur.

It remains a fact however, that ministers are not making boasts about the size of the Port Arthur congregations. It appears that many of those who are willing to give of their money, as here referred to, are not so willing to contribute their personal services. The difficulty which the ministers and others active in the church work find is not to procure the funds but to build up the congregations and to procure the active interest of the men and the women who are necessary to the conduct of the various branches of activity. In no respect is this more true than in respect to young people's work. The complaint here is that the people are not merely willing but are anxious that their children go to the Sunday Schools, to the regular services and to join the groups organized for the various age and sexes, but

Top Soil Loss

The Detroit Free Press writes:—H. H. Bennett, chief of the soil conservation services of the Department of Agriculture, estimates that the present flood waters have washed 300,000,000 tons of rich top soil out of the Ohio Valley alone.

In other words, the arable land there has lost 600,000,000,000 pounds of fertility.

A part of this soil will settle in

ITCH

STOPPED IN A MINUTE... Are you tormented with the itching tortures of eczema, rashes, athlete's foot, eruptions, or other skin afflictions? For quick and happy relief, use COLLING'S, antiseptic, liquid D. D. Prescription. Its gentle oils soothe the irritated skin. Clear, greasy and stinging dries fast. Stops the most intense itching instantly. A 3-oz. trial-bottle, at drug stores. Buy of your druggist now! New size, 1-oz. 50 cts. Large size, 3-oz. 1.25.

DO YOU HAVE "NERVES"?

No need for girls or women to suffer from periodic pains, headache or sideache. Many find that Dr. Pierce's Favorite Prescription is a very beneficial tonic. This is what Mrs. L. Bowman of 145 Park Row, Woodstock, Ont., said: "I was feeling rundown and out-of-sorts, had frequent headaches, and 'nerves' rest well at night. I did not feel better until I took Dr. Pierce's Favorite Prescription made me feel better 'in every way.' It relieved me of the headaches, improved my appetite and helped to overcome the other symptoms."

Buy of your druggist now! New size, 1-oz. 50 cts. Large size, 3-oz. 1.25.

WITH THE BOY SCOUTS

In appreciation of co-operation received from Niagara-on-the-Lake Scouts and Wolf Cubs in various activities, the Niagara branch of the Canadian Legion presented the pack and troop with medals to be awarded annually to the cub or scout ranking highest in proficiency. The medals will be awarded at the end of June.

Each week 12 boys of the Boys' Industrial Home Scout Troop of Saint John, N.B., are given a Friday-to-Saturday outing at the well-equipped Glen Scout Falls Scout Cabin, some seven miles from the city. Scouting activities are varied with skating and skiing.

French-Canadian Rover Scouts of the College of Jean de Brebeuf have organized a troop of French-Canadian Post (physically handicapped) scouts in the children's ward of St. Justine's Hospital, Montreal.

If a bill now before the United States Congress becomes law, boats seized from rum-runners along the Atlantic seaboard may be turned over to Sea Scout Groups of the Boy Scouts of America. The bill was introduced by Congressman Mead of New York, Chairman of the House Post Office Committee.

It is estimated that 350 Scouts from over twenty different countries of the Empire will be in London for

How Many Pennies Your Child's Life?



Don't Try to "Save" on Home Remedies—Ask Your Doctor

There is one point, on which practically all doctors agree. That is: Don't give your child unknown remedies without asking your doctor first.

All mothers know this. But sometimes the instinct to save a few pennies by buying "something just as good" overcomes caution.

When it comes to the widely used children's remedy—"milk of magnesia"—many doctors for over half a century have said "PHILLIPS." For Phillips' Milk of Magnesia is the standard of the world. Safe for children.

Keep this in mind, and say "PHILLIPS' MILK OF MAGNESIA" when you buy. Comes now, also in tablet form. Get the form you prefer. But see that what you get is labeled "Genuine Phillips' Milk of Magnesia." 25¢ for a big box of the tablets at drug stores.

ALSO IN TABLET FORM: Each tiny tablet is the equivalent of a teaspoonful of genuine Phillips' Milk of Magnesia.

PHILLIPS' MILK OF MAGNESIA

Queer World

At the exhibition organized by the Smoke Abatement Society it has been shown that problems of black smoke and soot are not recent origin. Coal was discovered by Joseph of Arimathea while out blackberrying at Glastonbury in the year 687. He found a black lump, which he took back to the monastery, but the Abbot, thinking it to be stone, told him to throw it on the fire. "Seacoals" were first burnt in London in 1228 and by 1257 the smoke nuisance was so great in the big towns that Eleanor, Queen of Henry III, was forced to leave Nottingham on account of it. By 1306 it had become such a curse that a Royal edict forbade artificers to use it in their furnaces, and a man was executed for causing black smoke!

The smoke problem is a serious one, for Sir Frank Baines, late Director of H. M. Office of Works, estimated that his department spent \$600,000 in one year on the upkeep of public buildings, on account of the smoke nuisance. The Manchester City Council estimates that at present the city spends \$1,210,000 in excess of what should be spent for household washing, were Manchester a "clean city."

"The fate of humanity depends on Anglo-American co-operation."—Stanley Baldwin.

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WAKE UP YOUR LIVER BILE

And You'll Jump Out of Bed in the Morning Rarin' to go

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas builds up your stomach. You get constipated. Harmful poisons go into the body, and you feel sour, sunk and the world looks punk.

A mere bowel movement doesn't always get the cause. You need something that works on the liver as well. It takes those good, old Carter's Little Liver Pills to get these two pounds of bile flowing freely and make you feel "up and up". Harmless and gentle, they make the bile flow freely. They do the work of cologne but have no cologne or mercury in them. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else. 25c.

Botanical Notes For February

The second month of the year is often the coldest, when the freshness of the icy air is fiercely attractive. The landscape blazes like a sheet of dazzling metal. The sun in full glory shines in a sky broken by the lonely purity of the spruces. It is against such a scene of superb but indescribable splendour that the bark of many trees flings bright splashes of colour. The beauty is so intense that artists must long to catch it, hold it, wrap it up, and put it away safely.

"A thing of beauty is a joy forever; its loveliness increases; it will never Pass into nothingness; but still will keep

A bower quiet for us, and a sleep. Full of sweet dreams, and health and quiet breathing."

Keats — Endymion

These beautiful barks are essentially composed of fibrous and cellulose tissue; but it is easy to understand how varied are the forms, dispositions and structure of these elements when the extraordinary variety in the appearance of the bark of the trees, and the diversity of their products are considered.

The young stem is invariably covered with a thin cuticle — the epidermis. As the stem grows new bundles of woody fibres are deposited in regular layers, one in each year. The new layers of bark and wood are thus formed almost in contact. The epidermis covers the bark, but its existence is altogether short-lived. It is destroyed at an early stage as much by the growth of the tree as by the action of external agents. The peeling of the bark of the buttonwood is a good example.

The trunk of the ghostly buttonwood, (sycamore) or plane as it is also called, is easily recognized from a distance. The smooth bark is thin and very brittle and has the habit of flaking off in irregular plates leaving white patches, that contrast sharply with the dingy olive of the unshed areas. This tree may be also recognized from the dangling seed balls.

The spear-like stems of the dogwoods illuminate the winter scene with bark of glowing vermilion and crimson — often dazzling against the immaculate whiteness of the snow. Gardeners appreciating the extreme beauty of this radiant bark plant these shrubs with a view to introducing colour into the winter landscape. The smooth, gold and yellow branches of the willows, when seen glistening against the more sombre evergreens, will provide a gay display of colour.

The ascending sinuous trunks of the white birch with their tattered silky bark have fascinated artists, and poets and prose-writers for ages. Added to which it is said that "The White Queen of the Woods" is the source of food, (meal made from the inner bark) drink, (syrup from the sap) transport (canoes made from the bark) and lodging (shingles made from the bark) to those who dwell in the forest. "The most bountiful provider of all the trees." Then it must not be overlooked that the twigs have been, and doubtless are still, bound together in the form of a stimulus to learning and correct conduct.

Thus economically the birch is of much value, and especially in those sterile lands where it flourishes so well, and where so much else is always wanting. It is said that it approaches nearer the polar region than any other tree; and that it is the only tree found in Greenland at all.

The beech, "one of the most magnificent objects of God's fair creation," may be known by its bark, which is close, unfurrowed, gray, often almost white, and marked with blotches of a paler hue, often nearly round. This smooth bark has, for ages, attracted wandering lovers, who have carved thereon sonnets. In Shakespeare's "As You Like It," "Orlando" says: "O Rosalind! these trees shall be my books

And in their barks my thoughts I'll character;

The gorgeous arbours of the Pacific coast and Vancouver Island has what may almost be described as a red version of the buttonwood bark, which exfoliates in the same manner, but with bright green patches against the cinnamon-red.

The Kerr Addison Gold Mines development at Larder Lake carries all the signs of a great thing. There are many high grade sections, but there is also a great tonnage of medium to low grade. It is expected that an initial 500-ton mill will be erected on Kerr Addison, this summer, for operation in the fall. New ore on the 250-foot level of Martin Bird was reported. A new incorporation with properties close to Kerr Addison, called Barber Larder Mines Limited, was reported. R. S. Potter, well-known mining man, is President.

A new financing deal on Orillia Mines, some miles to the west of Larder Lake, was reported.

In the Quebec area, Astoria Rouyn reported good values in shaft sinking.

Rouyn Reward in the Noranda area has drills set up and drilling commenced. Further east, good underground results are reported on the Bouscailiac.

"a la Juliet"—long and loose, plus a stream-lined "glaze."

This glaze, Moretta explained, is achieved by combing the hair smooth and straight—perhaps from the forehead to the nape of the neck—and below it a curl or two.

Sympathy for Monday

Arthur Guiterman, in the New York Times

Poor Monday, stepchild of the week,
A Cinderella, sad and meek,
Is forced to finish what her kin,
Her lazy sisters, won't begin.
For Tuesday balks at dreary chores
Like beating rugs and scrubbing floors,
And says they're more than she can bear
And ought to fall to Wednesday's share;
But Wednesday snaps, "I fail to see
Why all the others pick on me!"
Then, Thursday is the maid's day
out,
And how can Friday set about
New tasks when foolish fold demur
At starting anything with her?
And so, as Saturday must stop
At half-past twelve to shut up shop,
And no one gives a job to Sunday,
The whole week's work is piled on Monday!

Classified Advertising

BABY CHICKS
EGGHOONS, 9c. BARRED ROCKS, 10c. L. White Rocks 12c. From blood tested stock. Order early. Guaranteed delivery. April prices lower. 10% down, balance C.O.D. Box 1 C. Kent Hatchery, Chatham, Ont.

INVESTORS
AN OFFER TO EVERY INVENTOR. List of wanted inventions and full information sent free. THE RAMSAY COMPANY, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

PURE GUARANTEED WOOL
WHEELING YARN — GUARANTEED pure Canadian wool—Grey, white, mottled 60c; colored yarns—79c lb, plus postage. Bancroft Woolen Mills, Bancroft, Ontario.

PERSONAL OBSERVATION

With several mining areas holding real prominence in the Canadian mining picture during 1936, we have maintained a close personal touch with mining in the Province of Quebec, having a member of this firm in this area at regular intervals.

The knowledge gained is available, upon request, through our Statistical Department.

BRIDGER HEVENOR & CO.
MEMBERS TORONTO STOCK EXCHANGE
60 King St. W. Toronto

Redheads in Style

SEATTLE — Jack J. Morretta, New York, coiffure stylist who said his job "is to make 'em all softness and fluff and color," told 3,000 beauty operators he believes "the 1937 color is auburn."

His model at the National Beauty Congress had auburn hair dressed

POISONED KIDNEYS

Stop Getting Up Nights

To harmlessly flush poisons and acid from kidneys and correct irritation of bladder so that you can stop "getting up nights" get a 40-stop package of Gold Medal Haarem Oil Capsules and take as directed. Other symptoms of kidney and bladder weaknesses are scant, burning or smarting passage—backache—leg cramps—puffy eyes.