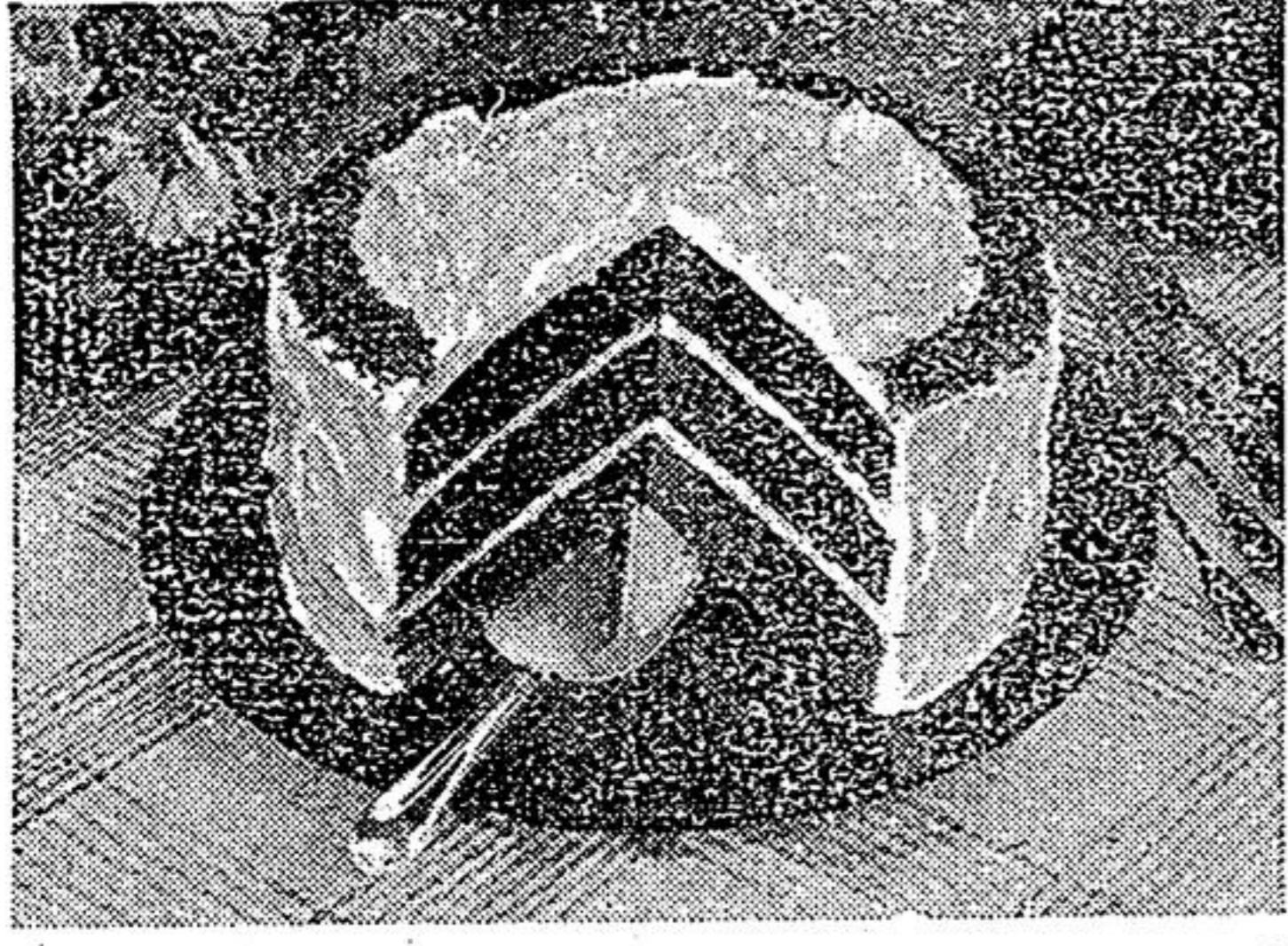


# Woman's World

By Mair M. Morgan

Three Layers to Success



Cooks of long ago didn't worry about accuracy—they couldn't have stood in a witness box and told "the whole truth and nothing but the truth" about their recipes because they didn't know it. They cheerfully said "two cups of flour" and forgot that no other kitchen used exactly the same cup for measuring, and that other cooks used different kinds of flour made from different kinds of wheat. They just couldn't understand why everyone who had the recipe couldn't turn out a tender, moist gingerbread. Now those old recipes brought up-to-date give every cook a chance to make perfect cake, for dietitians now specify exactly the ingredients to use to insure success. For instance try the following recipe for the above delicious-looking cake:

**Chocolate Peppermint Cake**  
 2 cups sifted cake flour; 1 teaspoon soda; ½ teaspoon salt; 1/3 cup butter or other shortening; 1 1/4 cups sugar; 1 egg unbeat; 3 squares unsweetened chocolate, melted; 1/2 cup thick sour cream; 1 teaspoon vanilla; 3/4 cup milk. Sift flour once, measure, add soda and salt, and sift together three times. Cream butter thoroughly, add sugar gradually, and cream together well. Add egg and beat very thoroughly; then, chocolate and blend. Add about 1 lb of flour and beat well; then add sour cream and beat thoroughly. Add remaining flour, alternately with milk, beating well after each addition. Add vanilla. Turn into two greased 9-inch layer pans and bake in moderate oven (350 F.) 30 minutes, or until done. Spread Peppermint Frosting between layers and on top and sides of cake. Decorate with 1 inch border of chocolate flakes.

**Frosting**  
 2 egg whites, unbeat; 1 1/2 cups sugar; 1 teaspoon vanilla; 5 tablespoons water; 1 1/2 teaspoons light corn syrup. Combining egg whites, sugar, water, and corn syrup in top of double boiler, beating with rotary egg beater until thoroughly mixed. Place over rapidly boiling water, beat constantly with rotary egg beater, and cook 7 minutes or until frosting will stand in peaks. Add just enough red coloring to hot

**A Pocket Telephone**  
 It is announced that an Italian scientist has just perfected an invention to enable the telephone subscriber to receive and answer calls when driving about in a car, as well as if he were at home or the office. A specially designed wireless receiver and transmitter are fixed to the instrument at home and a similar equipment attached to headphones is carried in the car. The equip-

ment's bulk is the chief drawback at present, but the inventor is confident that it can be reduced to pocket-camera size.

**Fresh Lamb Dishes**  
 Even if the budget is flat it is nice to know that you may have an inexpensive yet tender cut of fresh lamb for the dinner. In this respect, lamb is a most accommodating meat and any cut, no matter how little it costs, may be prepared in a variety of appetizing ways.

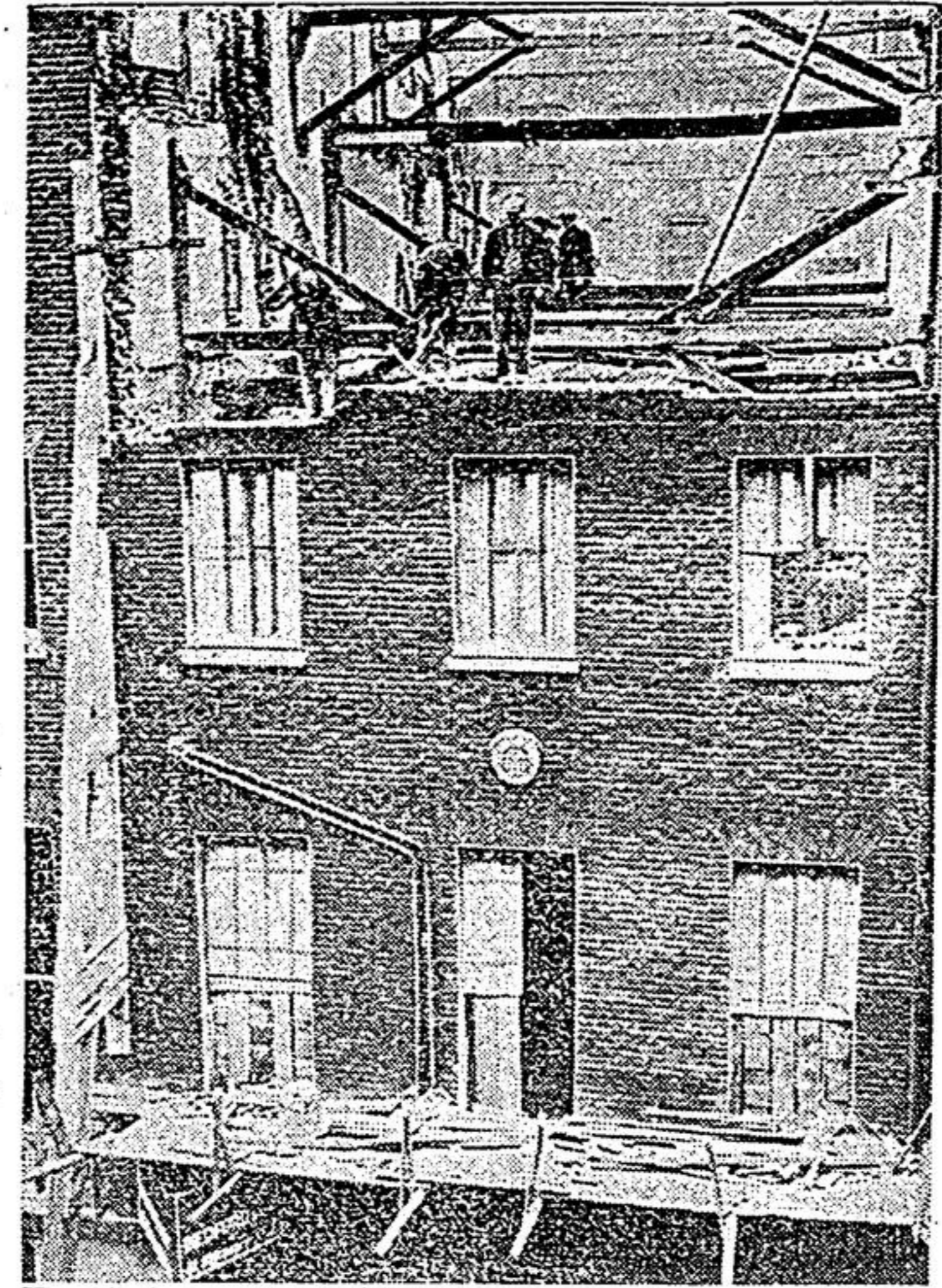
It is true that some cuts of lamb are higher in price than others, which is partly due to the greater demand for these cuts. Therefore, if you are interested in saving on the family budget, it is wise to select the less-demanded cuts of lamb. You are sacrificing nothing in flavor, tenderness or nutritive value; you are merely taking advantage of your knowledge of lamb possibilities over the "hit-and-miss" shopper who thinks of fresh lamb only in terms of leg and loin, and your reward will be an appreciable saving in dollars and cents.

Most of the forequarter cuts of fresh lamb belong to the economical group; shoulder, breast, shanks, neck, as well as trimmings suitable for stews and ground meat dishes.

The neck is a cut rich in meat extracts which give meat its fine flavor and is usually used for stews, patties, and broths. The shoulder gives delicious, large, meaty chops and roasts, while the shank is a smaller cut which can be roasted, stewed or used for broth.

The breast is most suitable for roasting and stewing, or may be used in a boneless lamb roll made up from shoulder, breast, and shank. Any desired weight may be bought in this form to make a splendid piece of solid, fine-flavored meat for a family roast.

Barretts of Wimpole St. House Falls



The house famous in English letters, once occupied by the "Barretts of Wimpole Street," long a picturesque London landmark, has given way before prosaic progress. The new house, however, will include some of the fittings and mantelpieces once familiar to Robert Browning, the poet. Here is the scene as workmen demolish the structure.

## CANNOT IGNORE FACTS OF DAY

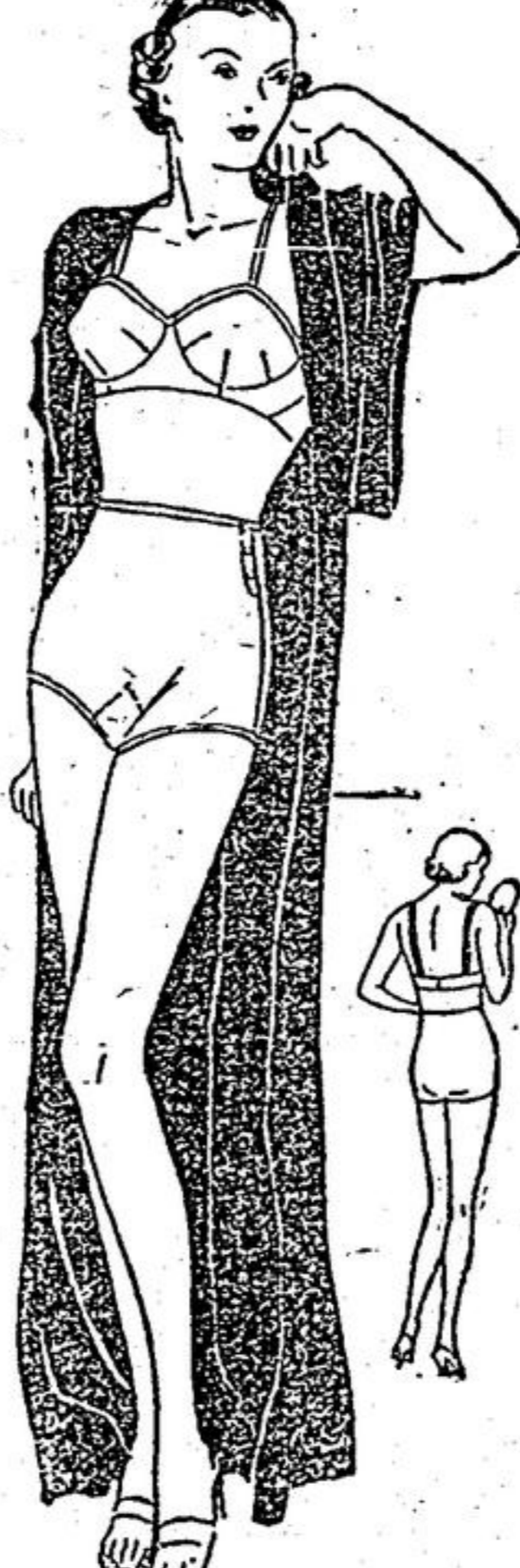
"The point made by Charles A. Beard in a speech at a meeting of American teachers and school superintendents at St. Louis is one that is central in all discussions of academic freedom," observes the Baltimore Sun. Professor Beard said the present age is inescapably one of conflict and, since honest teaching cannot overlook that reality, it must, therefore, take account of subjects which are controversial and of matters about which people feel strongly.

There is no possibility of concealing from children and from youth the turbulence of the modern world. And one of the chief hopes which reasonable people can seriously entertain is that a more exact and profound understanding of the causes and the nature of deep and universal difficulties will eventually equip mankind to overcome them in large measure. To disregard the issues which this study involves, or to treat them as if they yielded at once to easy formula, is to falsify the whole position and to defeat the most important ends which education has in view. That was what Professor Beard said when he remarked that the "perversion of instruction" by the blinking of palpable facts, and the hushing of all ideas which may be regarded as dangerous, "is more than a betrayal of knowledge and truth. It assumes that knowledge and truth are of no importance; that a nation can live by lies and deception."

So far as we can see that argument is irrefutable. Fallacious ideas are best dealt with when they are openly exposed; "dangerous" subjects are never rendered safe by suppression. If education not only neglects the conflict of ideas, but rules out all reference to that conflict in a period which breeds it, the brightest hope that exists for resolving our problems is condemned.

Natives of Papua have to get permits to wear clothes, according to Sir Hubert Murray, Lieutenant-Governor of Papua. A Papuan, he added, must first prove that he understands the correct use of clothing, and the need for constant washing to prevent disease, before the permit is issued.

## For Youthful Figures



2655

Here's a dance set that will make the younger figure look slim and well groomed.

The uplift brassiere closes at the back. Note how the brief panties snug the figure.

You'll find it so economical and simple to sew, you'll want to make several sets.

### HOW TO ORDER PATTERNS

Write your name and address plainly, giving number and size of pattern wanted. Enclose 15c in stamps or coin (coin preferred); wrap it carefully and address your order to Wilson Pattern Service, 73 West Adelaide Street, Toronto.

# SUNDAY SCHOOL LESSON

LESSON XI — MARCH 15  
 Jesus Teaches His Disciples To Pray  
 GOLDEN TEXT — "If we ask anything according to his will, he hears us." — 1 John 5:14.

**THE LESSON IN ITS SETTING**  
 Time—All the events in this chapter occurred in November-December A.D., 29.

Place — Peraea, as in the preceding lesson.  
 "And it came to pass, as he was praying in a certain place, that when he ceased, one of his disciples said unto him, Lord, teach us to pray." They had no doubt entered into a life of prayer at the beginning of their fellowship with Jesus, with great earnestness and perhaps with faithful regularity, but, as persecution and misunderstanding arose, as the first thrill of their discipleship passed, and the burdens of their ministry became heavier, their prayer life may easily have become mechanical.

"And he said unto them." The following prayer has been divided into two parts. The first has been called "The Purposes of God," the second has been called "The Pilgrimage of Man."

"Hallowed be thy name." The name of God expresses "the character of God." To hallow his name means to treat as holy, to venerate (1 Pet. 3:15 Isa. 29:23). "Thy kingdom come." The earth is the very centre of God's kingdom. It is here that he had proposed to reveal his glory in the ages to come. Jesus is to be King over all the earth and to sit on the throne of his father David. This is the true and ultimate meaning of the prayer, "thy kingdom come."

"Give us day by day our daily bread." We might translate the first phrase, literally "continue giving to us." The petition includes more than that of the one in Matthew, where, interpreting literally, the petition is for bread "for the coming day." In Luke, the petition might be paraphrased: "Continually give us day by day our bread for the coming day."

"And forgive us our sins; for we ourselves also forgive every one that is indebted to us." Some one says, "That is not the ground of grace and that does not belong to us. Let it be remembered that Jesus did not give that prayer to men outside the Kingdom. He gave that to men inside the Kingdom. If I go to a man outside, steeped in sin, I do not say, 'If you promise to forgive, you will be forgiven.' The man outside gets his forgiveness with no condition, when he prays, but, once he is in the Kingdom he does not get forgiveness unless he is ready to forgive, unless he has forgiven." "And bring us not into temptation." Temptation is sometimes spoken of in Scripture as coming from God, sometimes as coming from Satan. God tempts no man to evil, but for good; he tries and tests, as he tempted Abraham and the children of Israel in the wilderness. Satan tempts unto evil; he tries to infuse evil into the human mind.

"And he said unto them, Which of you shall have a friend, and shall go unto him at midnight, and say to him, Friend, lend me three loaves." In the Orient, to avoid heat, travel is often engaged in at night. When the books are opened, it will be discovered that more important and prevailing prayer has been offered at midnight than at all the other hours of the day and night taken together.

"For a friend of mine is come to me from a journey, and I have nothing to set before him." Even the deepest poverty was not held to excuse the primary Eastern virtue of hospitality.

"And he from within shall answer and say, Trouble me not." It is the trouble that he minds, not the part-

ing with the bread. It is the mood of a man made heartless and selfish by comfort. Comfortable people, we know are apt to be hard-hearted.

"The door is now shut." The Eastern doors were not so easily opened as are those of our northern homes, where all one needs to do is to turn a key in the lock and take hold of a knob. "And my children are with me in bed; I cannot rise and give thee." In Oriental homes, frequently the members of entire families would sleep in the same room.

"I say unto you, Though he will not rise and give him because he is his friend, yet because of his importunity." The English word importunity comes from the adjective importune, which in turn comes from a Latin word meaning unfit, unsuitable, troublesome, grievous and hence means the condition of being unseasonable or inopportune and in this case, troublesome pertinacity in solicitation.

"He will arise and give him as many as he needeth." Possibly the man's generosity may have been increased by his own conviction that he had, up to this point, acted most selfishly.

"And I say unto you." The "I" here is emphatic. The same voice in the preceding verse introduces a statement based upon the natural reason, but the voice in this verse introduces a statement based upon the definite authority of the Lord Jesus, who alone can make promises to men concerning the effectualness of their prayers before the throne of grace. "Ask and ye shall find; knock and it shall be opened unto you." These three verbs are in the present imperative and mean continue asking. John 16:24; Matt. 21:22; Mark 11:24.

"For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened." What an experience it is, what a more than heavenly joy it is, when the door is at last opened, and the leaves are handed out.

"And of which of you that is a father shall his son ask a loaf, and he give him a stone? or a fish, and he for a fish give him a serpent? Or if he shall ask an egg, will he give him a scorpion?" Similar words were spoken by our Lord in his Sermon on the Mount (Matt. 7:9-11). The appeal of the Lord Jesus here is to personal experience.

"If ye then, being evil, know how to give good gifts unto your children, how much more shall your Heavenly Father give the Holy Spirit to them that ask him?" It is evident, that none of the disciples, with the possible exception of Mary of Bethany, asked for the Spirit in the faith of this promise. It was a new and staggering thing to a Jew, that, in advance of the fulfillment of Joel 2:28, 29, all might receive the Spirit. To go back to the promise of Luke 11:13 is to forget Pentecost, and to ignore the truth that now every believer has the indwelling Spirit (Rom. 8:9, 15; 1 Cor. 6:19; Galatians 4:6; 1 John 2:20 and 27).

## No Women Wanted

OTTAWA.—Very Rev. E. F. Salmon, dean of Christ Church Cathedral, said last week in a sermon that women soloists should never be heard in churches because it was impossible to "disassociate the personality from the voice."

The dean said solos should be sung in churches only on infrequent occasions and that they should be sung then by men or boys. He expressed the belief the blending of boys' and men's voices was superior to that of men and women.

He expressed disapproval of cassocks and mortar boards as the costume of women choristers, maintaining the cassock was a male garment and the mortar board academic. Women in choir, he said, should wear gowns of grey or blue open down the front and worn over their dresses, much like university gowns.

## Youth Advised To Read Papers

By Dr. Walter B. Pitkin in the Rotarian Newspaper

Want a job? Then read the newspapers! That's the tip which Dr. Walter B. Pitkin, author and psychologist, gives to youthful career-seekers.

"Events make news. Events determine jobs," he says in the current Rotarian Magazine. "Young people can, if they will, get their bearings and frequently find their 'chance of a lifetime' through nothing but careful reading and interpretation of the news published in the best of our large metropolitan papers. And useful information may be found in country weeklies, county dailies and medium-sized papers."

He cites typical examples in such headlines as these: "1,500 co-operative Stores Are Launched During Year," "Color Photography Opens Field for Young Artists," "Currency Controller Sees Need for 'Travel Bankers,'" "County Manager Planned," etc. The story in each case gives helpful details.

"The next time some jobless youth or maid reports for duty that he feels unwanted in this cruel world," he recommends to those adults who want to help, "suggest kindly that he retire to the nearest public library with a stack of newspapers, and let him look for jobs behind the news. Equally important, if he seeks a career in fields which seem overcrowded, let the news warn him against making the heartbreaking mistake of following through where he hasn't a chance."

And how can young people make the most of the news? Dr. Pitkin summarizes as follows:

1. By genuinely reading the daily papers, just for a change. We have too many young comic-strip artists, and too few thorough newspaper readers.
2. By subscribing to a top-notch metropolitan paper.
3. By reading local papers, from many parts of the country when possible. Dozens of them are usually on file in public libraries.
4. By keeping a scrapbook of all information bearing on the careers of others."

## Women's Work Is Past Valuation

Lord Tweedsmuir a Staunch Believer in Feminine Ability

TORONTO — Ever since the Boer War days Lord Tweedsmuir has been "a staunch believer in the abilities of women in every walk of life in which they are given anything like a chance."

Speaking at the opening of the new Women's College Hospital the governor-General told how he was put in charge of the concentration camps in South Africa into which the Boer women and children were collected from the areas devastated by war.

"Two things I learned which I have never forgotten. One was the unassessable value of the hard and self-sacrificing work of doctors and nurses, for we turned these camps in six months from a Lazar house into a health resort. The other was the unassessable value of women's work, for it was the ladies' commission; under Dame Millicent Fawcett, which enabled us to turn the tide." The Great War gave a final proof of the value of women's services.

## New Spring Hats Will Change Women Into Clinging Vines

No Such Flowery Millinery Has Been Seen Since Grandma Wore a Miniature Garden on Her Top Knot

NEW YORK — Get ready ladies, to wear a spring hat adorned with a hyacinth stalk sticking straight up or with clumps of violets in front and behind.

The world hasn't seen such flowery hats since grandmother wore a miniature garden plot on her top knot. One of the new models has a bunch of daisies swinging loose over one ear.

"Men will have to get used to them said the hat creator who ushered in the spring season by also showing red patent leather gloves and lampshade hats.

"The funnier a hat is, the better women like it," she said. "Men like crazy hats too.

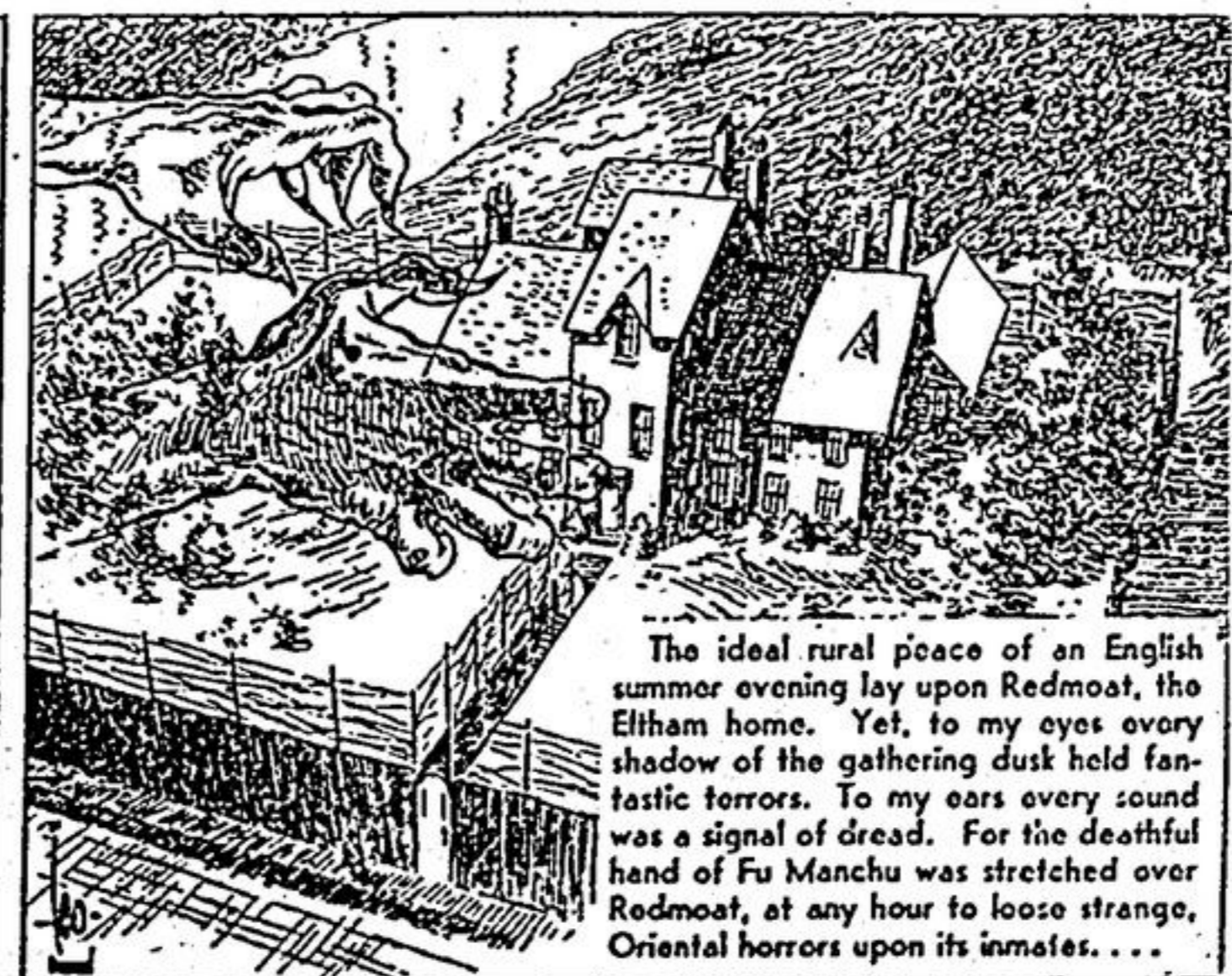
"Some of the flowers I have put on hats look like a wild dream." The new hats will change women "into beautiful clinging vines," she asserted.

"Political minorities furnish an essential life-giving ferment like those drugs which in large quantities may be deadly but in small doses prove a valuable tonic.—Havelock Ellis.

## FU MANCHU

By Sax Rohmer

TWICE Dr. Fu Manchu, advance agent of a gigantic Yellow plot against civilization, has sought to kill Nayland Smith, British official, and his associate, Dr. Petrie. On a visit to Shen Yan's dope shop in London, Fu Manchu's headquarters, the two barely escape with their lives through the aid of the Chinese villain's slave girl. Smith's mission . . . to rid the world of the criminal monster . . . remains unaccomplished . . .



## The Yellow Monster Lives

The ideal rural piece of an English summer evening lay upon Redmoat, the Eltham home. Yet, to my eyes every shadow of the gathering dusk held fantastic horrors. To my ears every sound was a signal of dread. For the deathful hand of Fu Manchu was stretched over Redmoat, at any hour to loose strange, Oriental horrors upon its inmates. . . .