Velvet and Steel

PEARL BELLAIRS

Joan Denby of humble origin, is inher secretary. She meets Piers Hannen, ing to the harbour authority, whose many of us. Let us be thankful. on her. Lord Edwards proposes to officer was inspired with inordinate

Plers Hannen takes Joan and her family into the launch in which were Maude or other. The difference between him week-end from St. Neots Council for a cruise aboard his yacht.

"They're a fine lot of fellows, the ficial. Mr. Denby, meanwhile, Moors." said Hannen. "Much better decided to stay and keep the boys than the Algerians. We'll go into the desert to-morrow and look for realized that he rather fancied havsheiks."

would not believe that cigars. sheiks had any more reality than Father Christmas.

Joan and she were standing at the rail looking across the mirror-calm figures, swarthy faced, watched them should have the paper, for Hannen at their side. It was a lovely sunset, The hotel was built in the Moorish a thousand different hues changing style, with high archways, cool, and despite the entreaties of my the mysterious continent. Captain and rugs of Eastern design. Ancett came off the bridge and joined them, and it was to him that Joan turned to say, impulsively: "Isn't it glorious?"

They stood there, enjoying the beauty of the scene; but Hannen, with in evening dress; the luxurious hotel, his hands clenched on the rail. that the knuckles showed white under the tanned skin, stood with his head lowered, looking grimly down into the water below the rail.

"Isn't it heavenly!" Joan murmured, and he spoke harshly then, breaking the peaceful spell of the exetic of romance in it; this coming evening:

looks more like the fires of hell than anything to do with heaven!"

There was nothing to be said to that; and Hannen went on to suggest that when they had finished admiring the sunset, they might all go ashore and have dinner. Joan, catching the changed note in his voice, in the best French style. Moors in enough to know that one's views of wondered what had happened. His old manner, harsh, overbearing and reckless, had returned.

asked Joan, with a challenge in his dining there in addition to themselv- allowed it to get a hold on him it has voice. He had never called her "Seno- es. and American couple, a French- the peculiar power of perpetuating acular copy was sure to break. How- Part of the book was written while rita" before. . . . She recollected, all man, two gorgeously gowned French- itself until the victim feels that there of a sudden, the ballerina of the women, and a party of Germans. Buenos Aires Opera House.

Was it that spirit had awakened in him which was reminding him of and happy, would not aik to Han- within the individual. A man caught and unaffectedly and flavored only "The Magic Island" by this author that distant day? She was vaguely nen. Here there was no awkardness in the grip of such a fit of depression with the humane irony of the writer. offered a colorful strange adventure frightened of him again, and determined to stay close to Captain Ancett if they did go ashore.

CHAPTER XIV (Continued) "HOW WILL WE GET BACK?" When the port officials had been

SOUND SLEEP FOR

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ish Tonic. You'll sleep like a top. And when you wake up life will look much more pleasant. PHOSFERINE is concentrated good-

ness new energy, new health, new nerve and body nourishment packed in a few economical daily drops. Its bracing, building effect is usually rapid. 'Almost from' the first day you feel brighter in both mind and body. Your appetite perks up. You enjoy your

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EVERYBODY

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SHORTBREAD

. . and especially when it's

Christie's Lorna Doone Short-

bread. Deliciously crisp and

crunchy, baked as only

Christie's Bakers know how,

it brings back sweet memories.

Christie's

BISCULES

There's a Christie Biscuit for every taste"

of the Old Land.

courtesy at the sight of such magnificent yacht. Joan carefully got

and Captain Ancett, while Hannen went in the other with the port ofcompany on the yacht, and Joan ing an evening to himself in "It'd be lovely!" cried Maude; but saloon with Hannen's whisky and his

> dim white walls, where white robed since her going I have been conwith glittering eyes as they passed. elaborately tiled floors, and hangings friends, I feel I cannot drag myself Maude was too thrilled to speak,

and Joan realized how wonderful it must be to her to be here. The two men, Captain Ancett in mess uniform and Hannen looking so distinguished herself and Joan in evening frocks and wraps, for Joan had lent her a wrap, one discarded years ago by Miss la Fontaine, and now miraculously come back into fashion. was like a dream to Maude; and Joan herself was conscious of the glamour the yacht from the windy sea into "Why heavenly? I should say it a suave atmosphere of European comfort transplanted to the midst of an ancient African city.

They dined in a room with arched velvety night of foreign things; the which would lead one to believe that, room was lighted by Moorish lanterns. while the food and the service were he is acting foolishly. It is not them, but the head-faiter who took know how to correct it. And the ter-"What do you say, Senorita?" he There were one or two Europeans depression is, that once a fellow has

They drank champagne, but Joan, might just as well be dead. though tonight she felt light-hearted to be smoothed over, only Maude, who must be his own doctor. Things may In only two of these cases does Mr. in Haiti, and "Asylum" is another was too excited to be shy. Joan ad- appear to be gloomy, but there are Bell appear in his popular role, de- island with characters no less colordressed herself mainly to Captain never really as bad as they seem. fending a person charged with murd- ful and unpremeditated. tentive to her, because it did not ap- bloom; no singing birds - a dull, Marshall Hall touch and twelve little

equal amiability: Hannen talked to Maude, and Joan, who felt that she had found an effective way of dealing with him, talked on happily to Captain Ancett, never for a moment thinking of the him that had physical effects. His stories of the two other cases where man in the eyes of his employer.

looked so delightful in her simple white evening frock that Captain Ancett forgot his previous resolution to be discreet.

Hannen, if he was annoyed, did not show it. Then, as they were sitting over their coffee after dinner the curtains over the windows began to stir and billow out. Hannen drew Captain Ancett's attention to them. "The wind is getting up."

Captain Ancett looked a trifle wor-

"Storms come up very quickly in this part of the world," said Hannen, with a glance at Joan; a glance which made her suspect that he meant to imply that there might be a storm coming up for her, too!

(To Be Continued.)

Attorney-And what makes you think you are entitled to a pension, Mrs. Gnaggs? Did you do any fighting the war?

Mrs. Gnaggs-Yes, my husband and I fought the whole four years.

EVERY DAY LIVING

A WEEKLY TONIC by Dr. M. M. Lappin

THOSE FITS OF DEPRESSION have received from a man who is: sion about which it was so popular ebrated Dionne "quints." out to examine the Corsair's papers, to talk, but of which we are not

the others are able to rise above it. home of Dr. Ernest Harrisson. but he allows it to overcome him. "I Harrisson attended at the birth. am naturally an optimist", he writes. The transfer was effected two at "A bachelor in middle life, and I time on cots in a specially-heated have held my present position for car. Their room at the doctor's house eighteen years. My salary has always has been transformed into a giant and has volunteered to fly to Lonenabled me to live in a modicum of incubator. comfort. I never thought the sun At the quay it was but a few steps would darken in my sky. But it has to the hotel; and they walked under Two years ago my mother died and scious of an unutterable loneliness. I have kept on the old home. I go to business daily and return home out to a show or a party. All the old zest has gone. Nothing but that awful feeling of depression. It is with me constantly. I take it to bed with me and it gets up with me in the morning. Is there anything I can do to get rid of it and to regain my

> former cheerful spirit?" Altogether it is a sad lettter. But think this poor fellow is taking an entirely wrong view of life. Is it the attitude that his deceased mother, to whom he seems to have been passionately devoted, would his defence of a murder. The state- es of the various personalities inwish him to take? I can hardly think so. I think if he puts that question to the twenty-one persons charged with in the destines of these two great himself he will see that he is acting in a wrong way.

But I have only quoted part of his windows, beyond which was the dark. letter. There are traces in his letter subconsciously, he himself feels that red fez's and white coats waited upon life is wrong, however, one has to Hannen's order was a Frenchman, rible thing about one of those fits of is simply no way of escape, and he our to creep into his book. It's in-

But there is a way of escape. It lies | the cases themselves, told clearly Ancett, who, though he had lately Winter is a dull season. Everything is er. Peter Bunce, his first client was made up his mind not to be too at- dead. No trees in leaf; no flowers in saved from the gallows by a real pear to please the Corsair's owner, dreary, dead season. But it is fol- froggies that did not die. The other could do nothing but reply with lowed by spring with it quickened is the recent famous Niagara murder and renewed life. And life is some- case in which Mr. Bell defended

times like that! I think my friend wants to take a murder of Mrs. Hisley. firmer grip on himself. The death of On interesting view of the other his mother was probably a shock to side of the picture is found in the harm she might be doing the young vitality may be low, and that lowered Mr. Bell acted for the crown. vitality may have had a reaction up- gives an unforgettable picture on his spirits. He should not keep that piece of rural ghastliness, the himself so much to himself. He murder of Leo Bergeron by Lavicshould get out among his friends. He toire and Larocque in Renfrew County should try to see the brighter side of and the sordid drama, Dr. Pratt of life. He should remember that there Smiths Falls, the murder of Eve Mcis a work for him to do in the world Lean and the uncovering of the Ontquite apart from his actual calling ario abortion ring. or profession. And the greatest work that anyone can do is to cheer an account is given of the Dorland case other soul and bring happiness to and the comic opera atmosphere someone who does not know it. In the Labatt kidnapping would the companionship of one upon whom laughable if a man who is widely bede can bestow his affection, and in lieved to be innocent was not still whose interest and for whose well. serving a fifteen-year sentence being he can lose himself in devotion and service, this man may find history of the amazing case. the sure cure for his fits of depression. And, for the sake of others who pleading and his political record of may from time to time be seized by similar fits of depression, perhaps I Mr. Bell has to his credit the authorought to add that the best way to overcome them is to forget self in unselfish thought for others. It is always true that "He that will save his life shall lose it, but he that is willing to lose his life shall always find life".

> NOTE: The writer of this column is a trained psychologist and an author of several works. He is willing to deal with your problem and give you the benefit of his wide experience. Questions regarding problems of EVERYDAY LIVING should be addressed to: Dr. M. M. Lappin, Room 421, 73 Adelaide Street, West, Toronto, Ontario. Enclose a 3c stamped, addressed envelope for reply.

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"Quads" Cost Great Britain \$75 A Day

Being Looked After Much As Dionne Babies Were

LONDON .- Great Britain is making almost as much fuss over its I want to deal with a letter which "quads"-quadruplets born to Mrs. Walter Edward Miles, wife of a suffering from depression. No, not truck driver in St. Neots, Huntingthat industrial and economic depres- donshire-as Canada did over its cel-

It is costing \$75 a day to mainthe party went ashore in the Cor- hearing quite so much, perhaps, to- tain the three boys-and one girl La Fontaine, rather than as sair's launch and the launch belong- day. That may be a good sign for who were born to Mrs. Miles on Nov. 28. Four nurses from a Lon-My friend seems to be suffering don hospital, working in relays, are from that sort of depression which in constant attendance on the settles upon everybody at some time | "quads," who were moved over the and some other people is just that House, where they were born, to the

were acquitted. So of course they

able counsel than Mr. Bell, who has

cognized that when Charlie Bell was

ever, Mr. Bell has allowed little glam-

tense interest lies in the drama of

Elliott and Gastle charged with the

A clearly organized and graphic

Kingston. Mr. Bell recites the whole

Besides his record in criminal

three times member of parliament,

ship and direction of many success-

fui popular plays, including "Parlour,

Prevent this __ SPLIT CUTICLE

Honey & Almond

CREAM

was the combined the standard

Issue No. 50 - '35 .

RED KNUCKLES

New York successes.

21: 4

Dothis

But one feels that many of these

were not murderers.

Serve the Best Tea TEA

safeguard them from germs. The room was cleared of ornaments and unnecessary furniture. Persons approaching the tiny, white enamelled cots must wear masks. Human milk obtained from a London hospital is fed to the infants twice daily. Their father drives to London and back. a 200-mile trip, daily for this milk.

Mrs. J. F. Crossley, daughter o Dr. Harrisson, is a licensed pilot don for the milk in case any diffi-Every precaution is being taken to culty occurs in making the road trip.

The Book

Shelt

BY MAIR M. MORGAN

es W. Bell, K.C., (Macmillan's, To- (Macmillan's, Toronto) offers an in-

ronto) is a good, fat volume of tense, well-written study of a mag-

crime in Ontario. "I have never de- netic, genial, capable man pitting hi

fended a murderer in my life," personality and capabilities against

blandly stated C. W. Bell, K.C., when the steel of Canada's two railways

asked by a reporter how he planned Mr. Marsh gives unforgettable sketch-

ment is legally true of course, for volved during the mineteen-twenties

persons would not be as fortunate in an amazing chronicle of the author's

their present classification and status experiences in an asylum, where he

if they had been defended by less demanded he be placed so that he

reviewed a number of the important craving for alcoholic stimulant. The

recent cases in his book. Newspaper- narrative offers a candid picture of

men of the province have long re- the daily life in the institution, -the

mixed up in a criminal case spect- ality studies of the staff and patients.

murder and defended by Mr. Bell all transportation systems.

"WHO SAID MURDER" by Charl- | THORNTON" by D'Arcy Marsh

The First 25 Years Are The Hardest* Says Pathologist Just Like Jumping

From High Building

Sir: - In line with recent publicity given in The Journal to the rapid

increase in automobile accidents in

this province, the following letter

addressed to the editor of Esquire is

"I read the article 'And Sudden

Death' by J. C. Furnas in the October

Esquire with keen interest. Especial.

ly since I had my right arm ampu-

"After five surgeons said it had to

come off, one specialist gambled on

leaving it with me but promised it

would never be useful. Three months

in the hospital, plus two operations,

"I decided to brush the dust off

wink of an eye results in very nearly

street below. A trifling difference,

10.2 foot tons in the former case and

one of the hardest hitting army ritle

bullets in the world, shot from a

rife or machine gun, hits you at a

mere 1.47 foot tons - enough energy

to drive it through forty %-inch pine

boards, or 16-inch of cold rolled steel.

Now suppose that you select 49

m.p.h. to amiably nudge, head-on,an-

other car whose driver also feels 40

m.p.h. to be a fair cruising speed.

Total impact speed is 80 m.p.h. Now

if you weigh 150 lbs. you hit the

windshield at 32,000 ft. lbs. energy,

which probably disturbs the tran-

quility of a splinter, or even a mob-

of splinters of glass, which might

weigh as little as 220 grains (same

weight as the 30 Springfield Express

M.C. bullet). Said pieces of glass

may be rude enough to spring at

your face at 100 ft. lbs. of force, and

were your face as hard as pine boards

they would still penetrate to a depth

of 1.2 inches. Pleasant thought, isn't

"Pechaps forty miles an hour

is too sluggish a pace for you. The

salesman said the old boat would do

90 miles per hour. You try it. Forty

-fifty-sixty are passed up like

needy relatives. You lean on the gas

throttle as if it were the rock of

Gibraltar. You succees in doing 90.

the world's fastest automobile doing

300 m.p.h. on a western dry lake is

capable of only about three times

your present speed. Thrilling, what?

Now perhaps you have a tire on the

car of course, that contains a hidden

flaw which escaped the factory ex-

pert's tests and it decides to give up

the ghost. Your car goes crazy and

you dit the ditch or inside of the car

at any number of impacts from 40,-

you're still interested. Likely as not,

you are in no position to be interest-

The way in which the above fig-

ures were presented seemed very

effective to your correspondent, and

constitute an interesting sidelight up-

on the speeds of which modern cars

are capable. There is just one ucint

The .30-1906 metal cased bullet

weighing 220 grains, to which refer-

ence is made by Mr. Herrimann, is

used in one of the most powerful

sporting cartridges commonly used

in Canada. It is amply powerful

enough for use upon anything that

walks in North America, and for all

but the biggest of African game.

Data re the killing power of this cart-

ridge has been Goroughly worked

out, and many sportsmen have seen

a moose, weighing perhaps well over

half a ton, stagger and collapse after

having been hit by a factory of en-

ergy of - 1.47 foot tons. Truly, we

must consider ourselves most extra-

- Kingsley Ault, Ottawa.

that might be emphasized.

(Some detailed calculations.)

"And think of it, the 30 calibre

rifle bullet.

11.2 foot tons in the latter.

Springfield Express

tated in a minor accident in 1922.

of considerable interest:

To the Editor of the Ottawa

Journal:

Amherst, Mass.—It takes a woman plus six months religious exercise, 25 years practice to steer an auto- netted me a good, hard-socking right mobile as well as the average man, arm except for a sear that looks as a professor of psychology at Massa- though a hungry lion had chewed on chusetts State College said last week. It for a while.

Dr. Harry R. Desilva said a series of tests disclosed that after the my slide rule and do a little figuring quarter-century of experience, wo- for you. In your article you mentionmen constantly improve, while men'ed 65 m.p.h. as a fair speed at which who have driven that length of time to have a nice sociable accident. or longer do little better than begin- That speed reduced to zero in the

Dr. Desilva based his conclusions, the same thing as jumping from the he said, on tests given 2,500 per- top of a 150-foot building to the

New English Yeast

A nicer : : : cheaper : : : better form of yeast-a live yeast-has been discovered in England. This yeast does not have to be kept in a cool place. It may be purchased cheaply in quantities to last several weeks. It proves to have a beneficial effect in clearing up poor complexions-pimples : . : skin blemishes of all kinds, being particularly rich in Vitamins B1 and B2-the vitamins which have to do with metabolism, that is the changing of dead food into living matter. Phillips Live Yeast is the name of this

preparation. Unlike other yeasts it is pleasant in flavour and easy to take. It tones up digestion in no time and quickly makes the whole intestinal system clean and active. In this way the poisonous impurities that clog the skin are carried off in the natural way. This yeast is now on sale in Canada. Ask at your drug store for Phillips Live Yeast. You may obtain it in the form of tablets. The treatment is two tablets before each meal-six a day.

"FACING TWO WAYS" by Baroness Ishimoto (Oxford Press, Toronto) illustrated with

"ASYLUM" by William Seabrook

(Geo. J. McLeod, Ltd., Toronto)

would not be able to satisfy hi

treatments of various cases-person-

undergoing treatment. It is an ex-

traordinary document and dispells

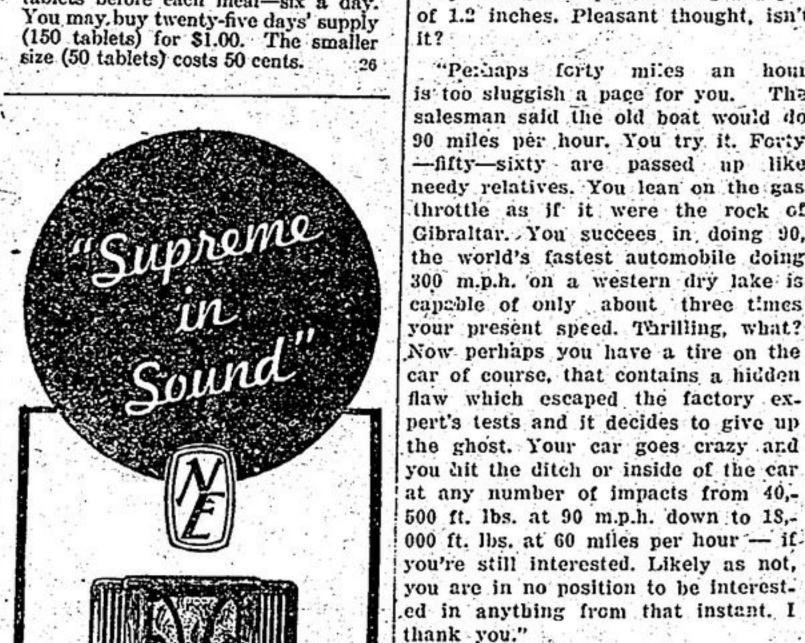
many delusions the public have con-

cerning institutions of this nature.

Shidzue Ishimoto was born in Japan during its transition from feudalism to modernism .. · Her childhood was that of the age-old aristocracy of the nation, while her father went to his office each day in cutaway and bowler hat. Accompanied by maids and rikisha men, with the family coat-of-arms embroidered her silk school uniform, she attended the Peeresses' School under the personal supervision of the Empress.

Married to Baron Ishimoto in feudal style, the young wife was plunged into the terrible squalor of the coal regions where her husband was a junior engineer. The danger and poverty which they shared with the other miners awoke her to Japan's great social problems, particularly to the anomalous position of Japanese women. She became a feminist, struggling for universal suffrage, for birth control, and to raise the hondage which even today holds women of Japan in the legal and social category of servants.

The story she tells is very human and personal. It is full of humor.





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RADIO

Don't Waste Energy -Women Often Do

ordinarily tough.

LONDON,-During a discussion on his annual report, Dr Milton Jones, Medical Officer for Llanfyllin Rural Council, said he found girls under 20 less susceptible to tuberculosis than boys under 20 and said the reason was that girls wore scanty clothing. which allowed sunlight and fresh air to get to them. Older women, too, were less susceptible to tuberculosis than men because they wore less susceptible to tuberculosis because they wore less clothing.

When the doctor said that with correct diet nobody need suffer from indigestion a member remarked that doctors suffered from indigestion. Dr. Jones replied that that was because doctors were so often called away from their meals.



Bedroom and Bath," "A Dangerous Maid," "Paradise Alley" and other

vivid description and understanding.