### Variety of Ways Of Telling Time

Sir James Henry in the Ottawa Journal: -- Back again on standard time! .Watches and time-pieces of every variety are so common that we are apt to take no thought of the way they have come to us or how standard time originated. It was not the product of one inventive genius. Every race of humanity in past ages had a hand in providing an idea that helped along in the final production of the modern time-keeper.

From the earliest days the sun has been the master of time. With the sunshine there is the shadow, and primitive man noticed that as the sun moved, the shadows of the trees or similar objects also moved. As the habits of regularity were formed, a daily action was likely to be done when the shadow of a certain tree touched upon a certain stone. Perhaps one day some more observant cave dweller set up a pole because he noticed that by this means a thinner and sharper shadow could be produced. Perchance he set a stone to mark the spot when the sun was highest in the heavens. This would mark only one point of time each day. The thought came to him: Why not place two stones or even more and get more markings? He found at the end of the day, from sunrise to sundown, that the stones he place lay in a circle. This first artificial sundial of primitive man, with its circle of stones, originated the idea of having the circular form of the face of the modern time-piece.

Still Use Sun

In the matter of ascertaining the noon hour of the day, humanity is no further ahead than the day in which savage man set up a pole to note where its shadow would fall. We still depend upon the great time-pieces of the sky, the sun and stars, for our master clocks must be set by the motion of the heavenly hodles. Up to a hundred years ago and even more recently, many families had a noon mark on the south window sill, or on the kitchen floor for te'ling time and for correcting their clocks. I have seen several of these markings in the older dwelling places in Scotland.

. It is not known when nor where the sundial had its origin, but it was without doubt the first time In European countries many old sundials are preserved as relies of bygone days. In Scotland I have seen old sundials that have been renovated and replaced, and are venerated on account of their historic associations. There is one that hangs like a high clock on the granite front of the City Hall in Aberdeen. It was made by one David Anderson in 1597. "Ut umbra sic fugit vita", "As the dressed in his best. shadow so flies life." Most of the old dials preserved in parks and public! places have appropriate, mottoes: "Time is but a shadow", "The day not even consciously tried for." flies." "I count the bright hours Emily Post. only," "Thou growest old in beholding," "The hour I tall not, when the sun will not," "The light guides me, the shadow you."

The Sand Glass

To indicate the passing of time when sunlight was absent, the sand glats was introduced. It is not definitely known when it came first! into use.

Early in the sixteenth contary hour glasses were introduced into churches. That was the period in which preachers were famous for springs. their wearisome sermons. I have in which church hour glasses were kept. It is quite likely that the running sand in the hour glass held cleaned and prepared with the addition the close attention of hearers when of loddes, by expert chemists. They a wearisome hour-long sermon was are then available to you as "Saskasal" being offered them. There were cinal Spa Salts of Saskatchewan. some sympathetic preachers how Saskasal is a non-effervescent salt ever, who introduced the half-hour arising from over-acidity of the blood. sand glass bringing ealier relief to If you suffer from Rheumatism, Neurltheir congregations.

prestion generally made by auctiongers when an article is about to be you are drifting along in indifferent sold, is a relic of the time when pub- health, one bottle of Saskasal will lie salesmen announced to the buy- feels like to be in real good health. If ing audience that the sand was about run out, and the time for bidding at then judge if your stomach, kidneys an end. While the sand was running and bowels needed the flushing Saskasal any one had the privilege of bidding. The last bidder before all the sand 10 weeks' treatment—69c a bottle. had run out was the successful pur-

chaser. Only One 'Hand The first mechanical clock struck Sales Office: the hour on bells. One had to lis- 102 Atlantic Ave., Toronto. ten to know the time. When dials! made their first appearance there send me a FREE Sample as offered in was only one hand - the hour hand. Along about the year 1360 the minute hand made its appearance. However, there was little need of a minute Address ................ hand for the clocks of that period did not keep time much nearer than two hours a day. But the sun kept his regular course in the sky, so that wayward clocks could be brought to

The division of time into hours minutes and seconds as shown on dials is such a common sight that we seldom stop to inquire into the origin of this arrangement. Dividing the hour into sixty minutes and into sixty seconds did not happen by chance. The "sixty" was carefully chosen by ancient astronomers. No lower number can be divided by so many other numbers as sixty. Because sixty divides evenly by thirty, fifteen and five we have half hours, quarters and minutes.

# Find

From Your Doctor if the "Pain" Remedy You Take Is Safe.

Don't Entrust Your Own or Your Family's Well - Being to Unknown Preparations

**REFORE** you take any prepara-D tion you don't know all about, for the relief of headaches; or the pains of rheumatism, neuritis or neuralgia, ask your doctor what he thinks about it - in comparison with "Aspirin."

We say this because, before the discovery of "Aspirin," most socalled "pain" remedies were advised against by physicians as being bad for the stomach; or, often, for the heart. And the discovery of "Aspirin" largely changed medical practice.

Countless thousands of people who have taken "Aspirin" year in and out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: "Aspirin" is rated among the fastest methods yet discovered for the relief of headaches and all common pains . . . and safe for the average person to take regularly.

"Aspirin" Tablets are made in Canada. "Aspirin" is the registered trade-mark of the Bayer Company, Limited. Look for the name Bayer in the form of a cross on every tablet.

# Demand and Get

Clothes Of Destiny

Calgary-Good ciothes make a man, but poor clothes provide food easier, Bill Haraland, graduate of the University of Toronto, found. Unemployed since his firm in Toronto shut down a year ago, Bill "hit the road" in his good clothes, but after his money ran out he found difficulty in making

He said he found more sympathy the sophisticated young creature. when dressed in overall pants and an old shirt, but admitted he found Underneath is the motto, cut in stone, is easier to keep out of ' jail if.

> "Real popularity is something not caught with a lariat nor fished for,

#### NOW TAKE HEALTH from LITTLE MANITOU SPA facturer of mattresses and beds.

FAMOUS MINERAL SALTS BROUGHT TO YOU

Carlsbad, Vichy and other resorts in Europe are famous for their mineral

Canada, too, has its Carlsbad, for Little Manitou Lake in Saskatchewan is

tis, Mild Stomach Disorders, Kidney and Liver troubles, Impure Blood, Skin The "going," "going," "gone," ex- Eruptions and Constipation, a short course of Saskasal will soon put you in the chorus singing its praises. If

you think you already enjoy good health, take a sample of Saskasal and

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chancel. Both services were attend- race. ed by capacity congregations.

fax Fall Exhibition were won by conservation area. Scouts Gordon Waugh and Kenneth Smith.

Lone Scout Ken. Farrell of Finch. Ont., proved that the tests for the Scout Entertainer's Badge were practical value. By giving entertainment stunts at concerts in his district he earned sufficient money to buy a new Scout uniform and cover his expenses to the Baden-Powell rally at Ottawa. \* \* \* ~

Calgary Scouts will erect an archway entrance to the new Little Red Deer bird and game sanctuary recently opened near Innisfail. It expected that the sanctuary will begrounds of the province.

A parade of 500 Cubs, Scouts and | The 12th St. Catharines Sea Scouts Rovers of Galt, Preston, Kitchener, captured the Silver White Shield for Waterloo and Guelph joined those of high points at the annual district the 1st Hespeler Group of St. James' Scout Field Day, nine troops com-Anglican church, for an unusually peting. The contest included: Neatest impressive ceremony of dedication uniform, knotting, troop relay, fireof the colours of the Hespeler Scouts lighting, 75-yard dash, equipment at Queen's Theatre. In the evening race, 440-yard cycle race, quarterat St. James' church the colours mile run. Firsts taken by the Sea were for ally handed over to the Scouts included neatest uniform, church wardens and placed in the knotting, fire-lighting and equipment obtained the following year. To pack

Eleven Halifax district Scout It is far better to find living colonies First and second prizes in the Groups now own cabins on the Milairplane model contest at the Hali- ler's Lake reforestation and wild life than it is to find colonies dead or de-

> A farewell party for seventeen ducing a large force of young bees members of the 1st Bowmanville that must survive the winter and con-Wolf Cub Pack about to graduate in- tinue the activity of the colony next to the Scout troop was made a re- spring. For this purpose a large food memberable event. After the usual supply is needed. Should the supply pack meeting opening exercises, the be insufficient brood production is entire pack was taken to a movie curtailed or stopped entirely. thus show, then to the Cubmaster's home weakening the colony when strength for a feast of weiners, rolls, cookies, is of extreme importance. After brood cocoa and candy. There wasn't any rearing normally ceases the consumpdifficulty in filling the places of the graduates with new boys.

A "Boy Scout Week," to advance Scouting in New South Wales, was officially opened at Sydney by His come one of the popular camping Excellency the Governor, Sir Alexander Hore-Ruthven.



A millionaire, 77, has taken bride, 37, but the chances are he will not take her very far.

Can you drive with one hand?" asked the girl in a gentle voice. "You bet I can," replied the young

man, eagerly "Then have an apple," answered

Even the perfectly good lies are so slow on their feet they're easily overtaken.

Customer - I want to buy some rouge and face powder. Clerk-For your wife, sir, or to match your coat lapel?

Business Magnate-I am a manudone more than the law-makers to

combat the unrest. Politician-How so? Business, Hagnate-I am a manu-

"I've never had the pleasure meeting your wife!" "What makes you imagine it would

Actor-Hurrah! At last I have a leading part!

be a pleasure?"



## works quickly and safely to bring real relief. At all drug stores, 35c. RUB IT IN

#### SHORT-STORY WRITING CONTEST

THERE is at least one good story in everyone's life. For the best 3 Stories received on or before November 10th, 1935, A CASH PRIZE, and Two Other Valuable Prizes, will be

given for Original, or True Life Stories of 1,000 words or under. Send in with your story a signed statement that it is either original, or a true life story, your name and address, and number of words in the story, enclose return postage for its return. Entry Fee Twenty-Five Cents. Typewrite if possible or even legible handwriting accepted.

GIFF BAKER, 39 LEE AVE., TORONTO

Friend-Are you to play the hero! Actor-Not exactly - I lead a camel on the stage.

The minister persists in asking bees in well insulated packing cases the bridegroom: "Do you take this woman to be your lawfully wedded wife?" just as though he didn't know they sent for him.

Woman-A letter from your husoand, I see.

Friend-Yes, it's chiefly to send these two needles for me to thread. He's camping, you know, and has to do his own sewing, you know.

Maybe somebody will invent something sometime that will never need any spare parts.

Great Explorer-We were slowly starving to death, but we cut up our boots and made soup of them. Fellow Boarder (at boarding. house)-S-sh-sh Not so loud. The landlady might hear you.

Wife-How do you like the potato salad, dear?

yourself?

the summer.

Learn to take the low hurdles so can make the high ones.

Bill-Why do the leaves turn red in the autumn? to think how green they've been all

In a country newspaper appeared the following advertisement: in the High Street was recognized.

He is requested to return it." The next day this reply was pub-

hope I didn't waken you!" Warden - Who gave the bride

call at any time and collect it."

Connolly-Her little brother. He stood up in the middle of the ceremony and yelled: "Hurrah, Annie, you've got him at last!"

So live that folks in your community would rather take a bust of you than at you.

A very proper and careful old woman was engaging a new garden-

"Have you a reference from your last place, my man?" she inquired. "No, mum," replied the applicant. "They wouldn't give me one." "Why?"

"Oh," answered the man, absently, "I hit one of the warders!"

## The Longer Evenings

of Fall and Winter afford opportunity for mental improvement. You can overcome Inferiority Complex, develop a power-ful memory, learn the secret of success, and improve your mental calibre by fascinating correspondence courses which you can study in your spare time and in the quiet of your own home. For full particulars. write to -

The Institute of Practical and Applied Psychology 910 Confederation Building MONTREAL, QUEBEC

### Bees Need Help

(Experimental Farm Note)

The honey-gathering season has now ended and the bees are now preparing, in so far as they possibly can, for the coming winter - They will, however, need some assistance in order to survive the long cold months that are ahead. During the summer months the bees worked feverishly to gather enough honey to sustain them through the following autumn. winter and spring. In most cases the amount stored far exceeded their requirements and the surplus has been taken from them. Unfortunately, there is a tendency on the part of many beekeepers to take from the bees an unfair proportion of their stores thus placing them in danger of starvation before new supplies can be bees away for winter without an adequate food supply is to court disaster. with a surplus of food in the spring pleted through starvation. During the autumn months, the colonics are protion of food is greatly reduced but does not cease entirely. At the end of September, or early October, every colony should have at least forty

pounds of well capped honey or sugar syrup for winter use Any deficiency in this amount must be made up by giving combs of scaled honey or an equal amount of refined sugar made into syrup. Bees also require protection during the winter months and as they are unable to provide this for themselves it must be supplied by the beekeeper. Projection

can be given by either packing the or moving the apiary into a well constructed cellar or dugout. For detailed information on preparing bees for winter write to the Bee Division, Central Experimental Farm, Ottawa, for Bulletin No. 74 entitled "Winter-

Bees in Canada".

## Creamery Butter

Cost of Manufacturing Butter In The Prairie Provinces

Economy in the production of commodity is always important and it is much more so when, as in the case of butter in the Prairie Provinces, a large proportion is shipped to distant markets, states a recent ing to creameries was transported by issue of the Economic Annalist. A knowledge of the factors affecting press and the remainder delivered by Hubby-Delicious! Did you buy it that the most economical practices les producers delivered about 60 per son that study of creamery manage- the factories, while in larger factorment and the cost of manufacturing les only 25 per cent was delivered that when opportunity comes you butter in the Prairie Provinces was and 75 per cent. was either trucked conducted jointly by the Departments or expressed to the creamery. The of Agriculture in the three Prairie cost of trucking in most cases was Provinces, the Rural Economics Di- over two cents per pound butter fat visions of the Universities in these and averaged 2.25 for all cream John-I suppose they are blushing provinces and the Dairy and Econo- trucked. The cost of expressing cream mic Branches of the Dominton De- averaged 1.74 cents per pound butterpartment of Agriculture. Records fat. Cartage charges on cream defrom 91 of the 210 creameries operating in 1933 were obtained by personal visits to the creameries. Only "The man who picked up my wallet 78 of the records were used for tabulation purposes and cover the fiscal year of 1933.

In this study, the cost of manufacturing a pound of butter includes all "The recognized man who picked items of cost from the time the cream up the wallet requests the loser to is received at the creamery until the butter is packed into 56-pound boxes. Charges for gathering the cream, Don't you just love the good fel- costs of printing and shipping the lows that telephone you at two butter are, therefore, excluded. Como'clock in the morning and say: "I missions on cream cheques have also been omitted. The average cost of

## All the Vitamins of COD LIVER OIL PLUS Bone Building MINERALS

Cod Liver Oil when digested supplies many necessary elements for proper growth of body and bones. Scott's Emulsion of Cod Liver Oil and the Hypophosphites of Lime and Soda, prepared for easy digestion helps insure proper body and bone development, without the unpleasant taste of Cod Liver Oil.

THE DIGESTIBLE COD LIVER OIL For Sale by YOUR DRUGGIST

Issue No. 44 — '35

## REAL ECONOMY In Dixie Plug There is no waste! It's fragrant and Has better taste. The smoke for you, The smoke for me, In a plug that's Real economy!

manufacture in plants in which the livered by express averaged .05 production was under 100,000 pounds cents per pound butter-fat. The cost of butter for the year was 4.82 cents of trucking, railway express and car .per pound, while in factories having age amounted to 2.08 cents per pound an output of over 500,000 pounds, butter-fat on all cream so handled. the figure was 3.18, a range of 1.64 The total charge divided by all cream cents per pound. The range in cost used in the manufacture of butter from the lowest to the highest cost amounted to 1.37 cents per pound factory was from 2.62 to 6.56 cents but er-fat. a difference of 3.94 conts per pound. The cost of manufacturing in the 78 plants averaged 3.45 cents, the av-Classified Advertising

PLUG SMOKING TOBACCO

erage production being 350,500 pounds. Thirty plants in Alberta with INVENTORS ! an average production of 316,303 AN OFFER TO EVERY INVENTOR pounds had a cost of 3.56 cents per List of wanted inventions and tuli pound butter. The average production nformation sent free. The Ramsay Company, World Patent Attorneys. 273 in twenty-five Saskatchewan plants Bank Street, Ottawa, Canada. was 404,178 pounds and the cost 3.47 SALESMEN WANTED cents. The cost in Manitoba was 3.28 cents in 22 plants producing an av-COR A CLIENT, CITY, TOWN AND erage of 336,757 pounds of butter. county salesmen. Write to Advertising Counsel, Might Directories Limited, 74-76 Church St., Toronto. Overhead and administrative costs were much lower in Manitoba than in the other two provinces. The greater

wan brought costs per unit in this province lower than those in Alberta. About one-third of the cream gomotor trucks, one-third by railway excost is therefore necessary in order the producers. In very small factormay be adopted. It was for this rea- cent of the total cream received by

volume of production in Saskatche-

#### DOCTORING YOUR DAIRY HERD

get sick or hurt. But Minard's Liniment makes it easy to care for their ills. Mrs. Thos. Bulmer of Lardo, B.C., found one of her herd with a lump in her udder. "I rubbed it with Minard's Liniment", she says, "and it soon got better." Minard's is best for Cuts, Bruises, Colic, Distemper, etc., and equally good in stable or in house. Well named "King of Pain" .-

Sold by all Druggists-25c,

35c (tube), 50c and \$1.00

Cows aren't machines. They can

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sands endorse this great British tonic for the quick, sure way it ends rheumatic aches and stiffness, and soothes the nerves. PHOSFERINE builds you up. Gives you new energy. Helps you to sleep like a log. Start with PHOSFERINE now-just a few tiny, economical drops each day.

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—Retarded Convalescence—Nerves—
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—Loss of Appetite

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