



Woman's World

By Mair M. Morgan

FOR GLAMOR

There probably isn't a woman in all the world who doesn't want to be considered glamorous.

The dictionary says that glamor is a noun meaning charm on the eyes, causing them to see things differently from what they are in reality.

You feel better and have a more confident outlook when you know perfectly well that you're immaculately turned-out.

TAPIOCA TIP KEEPS SANDWICHES FRESH

Lord Sandwich had no intention of upsetting the world's party menus when he first ordered his roast beef between two slices of bread.

For home parties the hostess has to make her sandwiches hours ahead; and thousands of Canadian women pack lunch boxes every day and worry about ways of keeping sandwiches perfectly fresh.

This tapioca holds the moisture in sandwich fillings and yet does not in any way interfere with the flavor of those clever appetizing combinations that everyone likes.

Chicken Salad Sandwich Filling: 1 cup chicken stock, 3 tablespoons minute tapioca, 1 teaspoon salt, 1/2 teaspoon pepper, 1/2 teaspoon paprika.

1 1/2 teaspoons salt, 1/2 teaspoon pepper, 1/2 teaspoon paprika, 1 tablespoon butter, 1 cup flaked tuna or other cooked fish.

Vegetable Omelet: 2 tablespoons minute tapioca, 1/2 teaspoon salt, 1/2 teaspoon pepper, 1/2 cup milk, 1 tablespoon butter, 4 egg yolks, beaten until thick and lemon-colored.

Corn Soup: 1 1/2 cups canned corn, 1 cup meat broth or 1 cup water and 2 bouillon cubes, 2 1/2 cups rich milk, 1 1/2 tablespoons minute tapioca.

Baked Apple Tapioca: 3 cups water, 2 tablespoons lemon juice, 3 tart apples, pared and sliced, 1/2 cup minute tapioca, 1 cup light brown sugar, firmly packed.

shallow baking dish. Cover and bake in moderate oven (375 degrees F.) 15 minutes or until apples are partially cooked.

LIMA BEANS ARE GOOD WHEN BAKED: The dried pea, bean and lentil family have come down in the world a bit recently with word from the laboratory that they are incomplete protein foods and must be supplemented with egg, cheese and milk.

Baked Lima Beans: Two cups dried lima beans, 1/2 teaspoon soda, 2 sweet green peppers, 4 thin slices bacon, 1/4 teaspoon pepper, 1 cup canned tomatoes, 1 cup hot water, 1/2 teaspoon salt.

Pick over and wash beans. Cover with cold water and let stand overnight. Drain from water.

Prune and Almond Bavarian: One-half pound prunes, 1 orange, 1 1/2 tablespoons granulated gelatine, 1/4 cup sugar, 1/4 teaspoon salt, 2 tablespoons chopped almonds, 1 cup whipping cream.

The Change in Newspapers: Looking over some copies of the Stratford Beacon of the year 1863 it was noticed that a number of references were made to items taken from other papers and credited to them.

Among papers mentioned which are no longer in existence we noticed the following: Owen Sound Advertiser, Chatham Union, St. Marys Standard, Clinton Courier, Hamilton Times, Toronto Leader, Chatham Planet, St. Catharines Journal, Kingston American, Stratford Examiner, Galt Reformer, Berlin Telegraph, Kingston News, Guelph Advertiser, London News.

Charming Western Visitor



Mrs. Robert Lindsay of Vancouver, who is at present visiting her mother, Mrs. Robert Lindsay in Montreal.

SUNDAY SCHOOL LESSON

Lesson VI., February 10 — Peter Preaches at Pentecost. Acts 2: 22, 28, 36-41. Golden Text.—And Peter said unto them, Repent ye, and be baptized everyone of you in the name of Jesus Christ unto the remission of your sins; and ye shall receive the gift of the Holy Spirit.

THE LESSON IN ITS SETTING. Time.—A.D. 30 or 31, forty days after the crucifixion of our Lord, and consequently, in the middle of May. Place.—The city of Jerusalem, first in the upper room where the disciples were gathered together.

"Ye men of Israel," A phrase never found in the New Testament outside of the Book of Acts (3: 12; 5: 35; 13: 16; 21: 28), and informing us that Peter's entire congregation was made up of Jews.

Another map shows the final German push of July, 1918. Over 300 miles of front, the heavy black mark indicating the Hindenburg line bulges ominously where the Allied troops were forced back.

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a sense in which through all the years of public ministry he was God's anointed One, speaking the word of authority; both Lord and Christ. Here, however, the Apostle indicated the fact that at a crisis, definitely, positively, God did by one act make him both Lord and Christ.

"And Peter said unto them, Repent ye." The Apostles began, as the Baptist began (Matthew 3, 2), as the Christ himself began (Matthew 4: 17, Mark 1: 15), with the exhortation and life, not to mere regret for the past: "And be baptized every one of you."

Then then that received his word were baptized." To receive what Peter said was to acknowledge the truthfulness of his statements and a submission to what such truth demanded.

There are 639 maps and about 250 aerial photographs and panoramas. All are stamped "secret" in big letters, and many are labeled "Commander-in-Chief."

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Women's Who's Who In England Reveals Variety of Callings

London.—Domestic servants numbering 1,145,695, are the second largest group of women wage earners in Britain, according to the Women's Who's Who for 1934-35.

Women teachers number 311,931. There are 5,600 doctors among British "working" women, and 116 solicitors. There are 200 engineers, 400 dentists, 2,737 public health officers, 519 chemists, 194 architects and eight naval architects.

British women have never had their own Who's Who before, although a desire for it has been expressed constantly since the days of the World War. The volume now produced, however, has met the demand and contains nearly 400 pages giving the names and addresses of well-known women together with summaries of the work they are doing.

There is a list of famous women dating back to Judith and Aspasia and Artemisia, a bibliography containing the titles of books which deal especially with women, a list of women's papers, and a list of women's associations, clubs, societies and institutions.

Mission Nurse to Have First Holiday in Three Years

Prince Rupert, B.C.—The first break in three years of skirting the rugged shores of British Columbia's northern mainland aboard the United Church mission ship Thomas Crosby is in sight for Mrs. Archie F. Scott, a native of Lawrence Station, Ont.

At the end of January the mission nurse, who has spent but three nights on shore in the last three years, will disembark here for a vacation.

Seldom has the little mission ship stayed more than a day or two in any of the 84 ports on its route, which extends from Alert Bay to the Skeena River, far up on the northern coast near Alaska.

Scotland Yard Will Soon Have Crime Laboratory

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In an official statement issued by Lord Trenchard it was disclosed that Dr. James Davidson of the Pathological Department of Edinburgh University, had been selected as the officer to take charge of the new laboratory.

Dr. Davidson is to join the Metropolitan police almost immediately. The appointment is due directly to the intervention of Lord Trenchard, who has personally interviewed Dr. Davidson and other pathologists who were considered in connection with the post.

It is understood that Sir Bernard Spilsbury refused the appointment on account of the magnitude of his work for London coroners and for the Home Office.

Lord Trenchard and his advisers have long debated the problem of forming such a crime laboratory. Cases have been inquired into as murders and expert Yard chiefs have devoted their time and public money to solving them when an examination by a criminal pathologist would have solved the problem without the Yard being called upon.

MUTT AND JEFF



By BUD FISHER