



# Woman's World

By Mair M. Morgan

### Apple Custard Pie.

Here is an interesting variation of the custard pie: Ingredients—2 cups unsweetened apple sauce, ½ cup sugar, 1 tablespoon corn syrup, ½ teaspoon ginger, 2 eggs, 1 tablespoon corn starch, 1 teaspoon cinnamon, 1 pinch salt.

Add well-beaten yolks to strained apple sauce and beat well. Add sugar blended with corn starch, then syrup, cinnamon, ginger and a good pinch of salt. Pour the mixture into a partially baked crust and cook in a moderate oven until firm, then, when cool, cover with meringue and brown in the oven.

### Montgomery Pie

Ingredients: Juice and grated rind of 2 lemons, ½ cup sugar, ½ teaspoon salt, 1 cup shortening, 1 cup sour milk, ½ cup corn syrup, ½ cup cold water, 1½ cups sugar, 2 eggs, 1 teaspoon baking soda, 3 cups flour. Line two pie tins with rich crust and fill with the corn syrup mixed with the grated rind and the lemon juice, ½ cup sugar, the salt and the cold water. Cream the 1½ cups sugar with the shortening and then beat in the 2 eggs. Sift the flour with the baking soda and then alternate it with the liquid. Pour the batter thus made over the lemon filling in the pie shell and bake in a moderate oven.

### Puffed Rice Crisps.

If the children demand something sweet and you feel in a candy-making mood, the following recipe is bound to be successful from all angles. Ingredients: 1 cup white sugar, ½ cup water, 2 tablespoons vinegar, 1 box puffed rice, ½ cup corn syrup, ½ teaspoon salt, 1 tablespoon butter. Boil all the ingredients, except the puffed rice, to 240 degrees on the sugar thermometer or until a little would be brittle when dropped into cold water. Mix with the puffed rice and pour into oiled pans to cool. Cut in squares before quite cold.

### Bacon-and-Potato Pie.

Chop half a pound of fat bacon and peel and slice two pounds of potatoes. Well-grease a fireproof dish and make layers of potato and bacon, seasoning each layer well, sprinkling lightly with flour, and finishing with potato. Pour over enough milk nearly to cover the contents of the dish, dab with butter, and bake for three-quarters of an hour (moderate oven).

### Any Meal—Any Day.

There isn't a meal of the day when ham can't be used to advantage. For a Sunday morning breakfast, when the family have time to enjoy it, try creamed ham on toast.

### Creamed Ham.

Two cups finely chopped cold cooked ham, ½ cup minced celery, 2 tablespoons butter, 2 tablespoons flour, 2 cups milk, 6 slices bread. Melt butter in sauce pan, add flour and when bubbling slowly add milk, stirring constantly. Add ham and celery and let cook until thick and smooth, stirring to prevent sticking. Season with pepper but no salt. Toast bread to a golden brown on both sides and arrange on a hot platter. Pour over the creamed ham, garnish each piece with a sprig of parsley and serve.

### Ham Croquettes.

For a winter luncheon there's nothing nicer than ham croquettes. Serve each croquette on a slice of browned pineapple with relishes and a creamed vegetable. One and three-fourths cups finely chopped cold cooked ham, ¼ teaspoon celery salt, 2 drops onion juice, ½ teaspoon dry mustard, 1 teaspoon lemon juice, 1 tablespoon finely chopped parsley, 2 tablespoons butter, 4 tablespoons flour, 1 cup milk, 1 egg. Make a sauce of butter, flour and milk. When thick and smooth add egg slightly beaten, ham and seasonings. Mix thoroughly and spread on a platter to cool. Shape in small cones, roll in fine dried bread crumbs, dip in egg slightly beaten with 1 tablespoon cold water, roll again in crumbs and fry in deep hot fat. The fat should be hot enough to brown an inch cube of bread in 40 seconds or 300 degrees F. on a fat thermometer.

### Ham and Chicken Pie.

In place of a "veal and ham" pie of Sam Weller fame try ham and chicken pie for your next Sunday's dinner. An oldish chicken may be used, the ham acting as an extender. In case you have some left-over cold boiled or baked ham on hand, the pie suggests a splendid way to use it up.

Boil the chicken until tender. Remove meat from bones and make a gravy of the chicken stock. Line a deep baking dish with a rich baking powder biscuit crust, rolled about one-half inch thick. Place thinly sliced cold boiled ham in alternating layers with chicken in the pastry lined baking dish. Fill with gravy and cover with crust. Bake in a hot oven until the crust is done. Serve from baking dish.

### To Steam Velvet.

The pile of a velvet frock which has become flattened with much wear may be restored as follows: Place a damp cloth securely round an upturned hot iron, then pass the reverse side of the velvet across the iron. The pile will almost immediately stand up as fresh as new again. Another way is to hold the velvet over the steam of a boiling kettle.

If one lives in a house which is equipped with a hot-air furnace, a very simple method of steaming the whole dress is to sponge thoroughly with a damp cloth on the wrong side, then turn dress right side out, and suspend on a hanger over the hot-air radiator.

### Filled Potato Cups

Scrub and peel eight uniform size white potatoes. Slice off top and scoop out part of inside, making a cup about one-quarter inch thick. Soak in cold salted water fifteen minutes. Drain and dry thoroughly with a towel. Drop in deep, hot fat, frying golden brown all over. Drain. Just before serving fill the cups with creamed mushrooms and peas.

### Informal Table Setting.

Attractive luncheon cloths may be made for the breakfast nook by buying colorful checked or plaid and finishing the edge by cutting out every other check. They save washing, are pretty for informal meals and can be obtained in any color that will help to brighten up the kitchen.

### Uses of Lacquer.

A coat of Japanese lacquer when applied to wood or metal is proof against alcohol, against boiling water, against almost all known agencies. The lacquer tree of Japan is very large and is cut down at the age of forty years.

### The Sick-Room

A sick room should be airy and well ventilated, with windows that open without difficulty. No article of unnecessary furniture should be permitted to remain in the room; and all that is there should be of a kind that can be easily washed with soap and water.

Medicine glasses should be washed in soapy water and rinsed thoroughly after each dose has been administered.

## Woman Awarded Medical Scholarship

In recognition of her research work, Mrs. M. E. Boyland, the 26-year-old daughter of Major-General Sir Frederick and Lady Maurice, has been awarded a special £100 scholarship by the Committee of the Cancer Hospital, Fulham road, S.W., London.

She took an honors science degree at Girton, won a research scholarship and went to study in Heidelberg. There she met Mr. Eric Boyland, who was working in bio-chemistry.

Two years ago they married, and shortly afterwards Mrs. Boyland joined her husband in the laboratory of the Cancer Hospital.

The most enthusiastic man in a cause is rarely chosen as a leader.—Arthur Helps.

Falschoods not only disagreed with truths, but usually quarrel among themselves.—Daniel Webster.

## Sunday School Lesson

Lesson X.—March 11. Parables of the Kingdom.—Matt. 31-33, 44-52. Golden Text.—Of the increase of his government; and of peace there shall be no end.—Isa. 9:7.

TIME—Autumn, A.D. 28, in the second year of Christ's ministry. PLACE—By the Sea of Galilee.

PARALLEL PASSAGES—Mark 4: 1-34; Luke: 4-18.

"Another parable set he before them." We are to think of Christ as using these and other parables often in his preaching. All truth needs constant repetition and reviewing. "Saying, The kingdom of heaven." These eight parables, all relating to this one theme, are called "the parables of the kingdom," that is, the reign of righteousness, peace, and joy which Christ came to establish on earth. "Is like unto a grain of mustard seed." The likeness is in the smallness of the seed as contrasted with the size of the plant which springs from it. "What a man took, and sowed in his field." The kingdom, though it comes from heaven, cannot be sown on earth except by man.

"Which indeed is less than all seeds." The smallest of the seeds in common use, the smallest commercial seed. "But when it is sown it is greater than the herbs that are sown in any other garden plant." And because it is a tree. "As tall as a small tree, sometimes ten or twelve feet high." "So that the birds of the heaven come and lodge in the branches thereof." The passage indicates the rest, food, shelter and enjoyment of the kingdom.

"Another parable spake he unto them." The analogy which appealed to his mind might not appeal to another, so he tried another comparison. "The kingdom of heaven is like unto leaven." In Bible times the Jews used yeast a little old dough, highly fermenting, which gave the bread a sour taste. Elsewhere, therefore, leaven is a symbol of evil, but here of good influences. "Which a woman took." Bread-making being woman's work as seed sowing was man's. "And hid in three measures of meal." Three seahs, or about three pecks and five quarts of meal, the customary amount for a household. "Till it was all leavened." The point is the large amount of meal that was raised by the small amount of yeast.

"The kingdom of heaven is like unto a treasure hidden in the field." In those days when such banks and deposit vaults as we have were unknown, it was not uncommon for men to bury their coin and other valuables in the ground. "Which a man found, and hid." He hid it again, lest some one else might find it, and so that he might purchase the field and so gain title to its rich contents. If the gospel were so obvious that no one could miss it, the possession of it could be nothing but a mockery.

"And in his joy he goeth and selleth all that he hath and buyeth that field." It is worth far more than all he has.

"Again, the kingdom of heaven is like unto a man that is a merchant seeking goodly pearls." One of the travelling Jewish merchants so common in the East, dealing especially in gems and jewelry because they are so easily transported. Man is made to seek for the most beautiful things, the noblest things, the highest things.

"And having found one pearl of great price." Such a pearl is the kingdom of God—worth all other kingdoms put together. "He went and sold all that he had, and bought it." Alertness, method, decision, courage! These are some of the qualities that are needed by the citizen of the Kingdom as by the man of worldly business. With these splendid business instincts he will do fine bargaining, and become rich in faith and hope and love.

"Again, the kingdom of heaven is like unto a net." The large operations of the kingdom of heaven are here pictured. "That was cast into the sea, and gathered of every kind." The church is a mixed company. The word of invitation is addressed to all sorts and conditions of men.

"Which, when it was filled, they drew up on the beach." Every Christian effort should be brought to a definite conclusion, that results may be garnered. "And they sat down." The work was of vital importance and required the most careful consideration. "And gathered the good into vessels, but the bad they cast away." All the edible and useful fish were kept carefully, but the useless ones were discarded.

"So shall it be in the end of the world." The time of final judgment upon souls. "The angels shall come forth, and sever the wicked from among the righteous." Here the solemn part of the lesson is, that those who are to be separated from each other were together in the church of Christ upon the earth.

"And shall cast them into the furnace of fire." There comes a time when, whatever we are, that we shall forever be; when we shall be, as it were, passive in the grip of destiny and disposed of by it, and unable to resist or alter it; when we shall find that the time for choosing is past, and that we must accept and abide by the consequences of our past choices.

"There shall be the weeping and the gnashing of teeth." "Have ye understood all these things?" A true teacher will not stop till he is sure that his teaching has been comprehended, by his pupils and fixed in their memory. "They say unto him, Yea." They replied with an alacrity which the facts hardly warranted. "Yea, Lord." They affirmed that they did understand all these mysteries. They thought they did.

## A Fresh, Gay Spring Model

By HELEN WILLIAMS.

Illustrated Dressmaking Lesson Finished With Every Pattern



2536

You'll want this stunning little shirtwaist dress as soon as you see it. Plaits lend youthful swish to the neckline. The yoked bodice gives splendid opportunity for clever manipulation of the fabric.

Greyish blue, a most flattering shade in necktie silk made the original dress.

The pattern also provides for short plaited sleeves. Plain silks, striped cottons, plaid seersucker, pique in nautical print, linen challs, necktie print in cotton challs, etc., are other interesting suggestions.

Style No. 2536 is designed for sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust. Size 16 requires for long sleeve dress, one material, 4¼ yards 39-inch material. Long-sleeve dress, contrasting collar and wrist-band, 3¾ yards of 39-inch material, ¾ yard of 39-inch contrasting.

HOW TO ORDER PATTERNS. Write your name and address plainly, giving number and size of such patterns as you want. Enclose 15c in stamps or coin (coin preferred); wrap it carefully for each number, and address your order to Wilson Pattern Service, 73 West Adelaide St., Toronto.

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"And he said unto them, Therefore every scribe who hath been made a disciple to the kingdom of heaven. He said in effect, 'You are to become the new scribes, the interpreters of the kingdom, those through whom the age will know the facts concerning the government of god.' 'Is like unto a man that is a householder.' Christ paints the Christian under the similitude of a prudent housekeeper, who, to provide against possible contingencies, has storerooms and cellars where he gathers articles and implements of all descriptions, arranging and classifying them. 'Who bringeth forth out of his treasure things new and old.' Things new and old—both have a special attraction of their own. It must be a dull mind which finds no attraction in things old.

## New Plants For the Spring

The race of gardeners like the Athenians love some new thing, writes the London Spectator, and this year they have found in their catalogue a greater than usual number of novelties; not, of course, in species, but in varieties. The sweet pea has had a quiescent period for several years. There have been plenty of new sweet peas, but none very new. The most considerable addition was perhaps the Sestet Queen, a white variety that was more apt than others to have six flowers to a stem, even when the cultivation was more or less perfunctory.

This year, though other novelties are perhaps more brilliant, there is a new blue called myosotis, which is a distinct advance in a color of which the tribe is rather shy, and to my mind the most useful of all sweet peas are those with an inclination towards blueness, such as the very popular Gleanings. There is also a new class of variety christened "fantasy," which runs capriciously through a wide range of tints, though the standard is said to be self-colored.

Another novelty perhaps worth some special emphasis is a bright red clarkia, named by Carter's Gloriosa. This annual continues to grow in favor because of its superior excellence for picking. When really well-grown it has shoots that suggest a bush rather than a bedding plant, and even the lesser buds open completely in water.

## Liechtenstein Joins World Brotherhood

London.—New Scout troops of the little independent state of Liechtenstein are one of the latest additions to the membership of the World Brotherhood of Boy Scouts. This brings the number of countries in the world which have Boy Scouts up to 48.

Liechtenstein lies on the right bank of the Rhine, opposite Switzerland, and has an area of under 70 square miles. The inhabitants are German-speaking. Liechtenstein, Monaco and San Marino are the smallest independent states in Europe.

## Nazi Ideal Woman Sovereign Queen Within the Home

Berlin.—Woman "is the stage manager and man the general director in the drama of life," Dr. Paul Goebbels, Minister of Propaganda and Enlightenment, told a meeting of Nazi women recently.

Under the past system, he declared, women had entered public life because manly virtue disappeared from it. But now that "a new heroic type" of manhood has arisen it was meant that woman should be relegated to the home, there to reign as a sovereign queen.

The Nazi aim is to create a new "ideal woman" as a counterpart of the ideal man, Dr. Goebbels said. He qualified his statement by adding that women were not to be forced out of professions, but women's shares in men's jobs must be modified by Nazi ideals.

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## Eat Liver If You Are Anaemic

The value of certain foodstuffs is based on scientific facts founded by experiment or experience. Take liver, for instance. It has a beneficial effect on the health of the blood and it is now an established fact that in some cases of anaemia, hitherto believed to be incurable, the taking of liver immediately restores the blood to normal.

In addition to this property, the liver of all fish, birds, or animals, contains a great deal of vitamin A and D, both of which have much to do with growth in the child. Vitamin A is also protective against lung trouble.

All duties are matters of conscience, with this restriction, that a superior obligation suspends the force of an inferior one.—L'Estrange.

When the mind loses its feeling for elegance, it grows corrupt and grovelling, and seeks in the crowd what ought to be found at home.—Landor.

## A Million Means Someone to Help Her Wash Dishes

Heiress Has Waited So Long For the Money, That it Doesn't Mean Much to Her.

San Francisco.—Someone to help her with the dishes, a week or so of resting, a short sea voyage. That's what a 50 per cent share of more than \$1,000,000 means to Mrs. Constance May Gaffin, wife of a Los Angeles bank teller.

Speaking publicly last week for the first time since her attorneys and counsel for the heirs of the late James L. Flood agreed on a tentative settlement of about \$1,200,000 of her claim to a daughter's share of the bonanza king's estate, Mrs. Gaffin said she had waited so long the money doesn't mean much.

"I guess I've waited for the money too long," she remarked. "Oh, I might buy a new dress. Servants? Yes, I'd like to have someone help me—particularly with the dishes! Maybe—though I haven't thought much about it—my husband and I will take a short sea voyage."

Although Mrs. Gaffin will emerge financially victorious in the seven-year legal battle, one of the provisions of the tentative settlement is that the court records will show she is not Flood's daughter.

## Mrs. Coolidge's Recipe For Vegetable Stew

To raise funds for the Edwards' Congregational Church Woman's Union of Northampton, Mass., Mrs. Calvin Coolidge, widow of the former President of the United States, permitted her favorite recipe for New Orleans stew, autographed, to be sold for 50 cents a copy. Here's the recipe.

Ingredients are two tablespoons of butter, three onions, three green peppers, three ears of corn or one can of corn, three tomatoes or one can of tomatoes, and salt and pepper to taste. If fresh corn and tomatoes are used, add one cup of water.

"Slice the onions thin and fry in butter. Chop the peppers and add to the onions, frying gently for five minutes. Cut the corn off the cobs, scrapping the milk from what remains on the cob. Slice the tomatoes, after peeling them.

"Put the fried onions and peppers into a double boiler. Add the corn and tomatoes, also the water if fresh vegetables are used. Cook these all together for one hour. Add salt and pepper.

"Serve with toast points or boiled rice."

## Fashion Notes

Rounded shoulders replace winged effects but avoid a stooped line. Good posture demanded by the 1934 silhouette. Trains, odd necklines, cut-out sleeves, capes—the thing for evening.

New fabrics for spring are: Printed nets, straw cloth and composition wools. Watch for the "Tag End" dress—good from Cocktails 'til dawn. Lace in tailored and feminine design is heralded as an advance fashion tip for spring. It is to be used on hats and shoes, gloves and purses both for daytime and for evening.

## Dr. MacMurchy Gives High Praise To Women's Page

Calls It a Mirror to Reflect Faces, Clothes, Character and Citizenship

Toronto.—"Once the newspaper belonged to father—now the whole family share in it—and a woman may look at the women's page," Dr. Helen MacMurchy told the Women's Canadian Press Club here. Dr. MacMurchy was cited in the King's New Year's honor list, being honored with the O.B.E.

Looking at the woman's page was like looking into a mirror. "I see it as a mirror," she said. "In it we see reflected ourselves, our faces, our clothes, our characters and our citizenship. The woman's page is an honor to women and nothing that is mean is permitted to mar our day by appearing on that page."

## Montreal Girl On Windjammer

Assette Brock, Who is Serving as Apprentice on Sailing Vessel, Arrives with Her Ship in Southern Australia

Willingly facing the hardships and privations of a voyage in a sailing vessel in the hope that one day she may be able to become master of a ship, Miss Annette Brock, pretty dark-eyed Montreal girl, is signed on as an apprentice on the Finnish four-masted barque L'Avenir, which is lying off the ballast grounds here, says the Adelaide (Australia) Advertiser.

During the voyage from Europe she performed every task expected of the other apprentices, and although she other apprentices, and although she had to climb the rigging, she is now just as much at home aloft as an experienced hand.

Polishing Brasswork. On board L'Avenir Miss Brock, who is engaged in polishing brasswork, told her story. She was clad in an old pair of pants, a well-worn blue shirt and a pair of sandals. On her head she wore a faded beret at a jaunty angle. Her hair is cut almost as short as a man's. When she is satisfied that she has learned everything about windjammers she will go ashore to obtain her first mate's ticket. After that she hopes to spend two years in steamers or motor ships, preferably British vessels, and will then attempt to qualify for a master's ticket. She is not sure that she will be able to obtain an appointment as a ship's commander, even if she qualifies for that position, but she is basing her hopes on the possibility that during the next few years the objection that now exists in most parts of the world against women skippers will be overcome.

"There are already two women masters in America," she said, "and it is common knowledge that women are given command of Russian ships. I love the sea—and before I joined L'Avenir I spent some time in a navigation school."

Popular With Passengers. The girl apprentice is a popular figure on board and her courageous and successful struggle to overcome the crew's dislike of women on the ship as sailors has been watched with interest by the passengers, who include Percy Grainger, the composer and pianist, and his wife. "Miss Brock is a wonderful girl and I am proud to think one of my sex is so brave," said Mrs. Grainger. "My husband and I are very fond of her and hope she succeeds in her ambition."

A few months ago The Star published an account of Miss Brock's application for an apprenticeship on a windjammer and her success in being signed on as a member of the crew of L'Avenir. She is a daughter of Lt. Col. and Mrs. R. A. Brock, this city.

## New Bank to Boost U.S.-Russian Trade

Washington.—Announcement of the formation of an \$11,000,000 corporation to deal with Russia was made here by Jesse H. Jones, chairman of the Reconstruction Finance Corporation.

The bank, to be known as the Export-Import Bank of Washington, will have general banking powers but, unless otherwise ordered by the President, will confine its operations solely to dealings with the Soviet Union or its agencies.

## Costly Sign

Fred Foster, farmer near London, lost four cows as a result of chewing paint removed from a sign in his field for the right of which he was paid \$100 a year. Foster entered action against Glen Bros., London sign painters, and a settlement was reached out of court. The defendants paid \$225.

New St. Lawrence Bridge. Montreal.—The new bridge across the St. Lawrence River from La Salle to Caughnawaga is to be ready by July 1, and the cost will be under the estimated \$3,000,000. The bridge will be completed ahead of schedule time. The majority of workmen who have constructed the bridge are Indians from the near-by reservation at Caughnawaga.

Singer Heir Is Dead. Torquay, Eng.—Washington Singer, 68, an American who inherited a fortune from the sale of sewing machines and well-known owner of race horses, died here recently. For years a resident of England, Singer was one of the first Americans ever elected to the exclusive English Jockey Club.

Actress Gets Divorce. Los Angeles.—Dorothy Mackall, screen actress, has been awarded an interlocutory decree of divorce from Nell A. Miller, sportsman, whom she married two years ago after a whirlwind courtship on the beach at Walk-ki. Miller did not appear nor contest the suit.

Another Elevator. Ogdensburg may get a 2,000,000-bushel grain elevator. Prescott, with its 5,000,000-bushel structure, will, however, still have the edge on its neighbor.

Empty cotton reels make excellent door-stops. Paint the same tone as your floor covering and use a long screw to fix to the floor.

## MUTI AND JEFF—By BUD FISHER



## A Rumble Seat Can't Be Any More Uncomfortable Submerged!



LOOK, MUTI! A MAN FELL IN THE LAKE WITH HIS CAR. QUICK! LET'S RUSH DOWN AND GIVE HIM A HAND. HAVE AN ACCIDENT, MISTER? NO, THANKS, I JUST HAD ONE! IF YOU WANT WE'LL GET THE FARMER TO BRING A TEAM OF HORSES TO TOW YOU OUT! THAT'S NICE OF YOU AND I CERTAINLY APPRECIATE YOUR KINDNESS, BUT DON'T BE TOO LONG MY WIFE IS IN THE RUMBLE SEAT.