



Woman's World

By Mair M. Morgan

Bulk in the Diet

The housewife in search of appetizing new vegetable dishes to tempt the family palate will find a wealth of possibilities in kale, kohlrabi, turnips, parsnips, beets, winter carrots, cabbage and onions.

These good cool weather vegetables possess certain dietary qualities which are most desirable and should not be overlooked. Kale very acceptably takes the place of spinach. Turnips and parsnips are valuable because they supply bulk, always a necessity in the diet and some carbohydrates. These vegetables all supply some mineral matter and vitamins.

More Salt Needed

When cooking these vegetables, one should remember that their structure is very different from that of the succulent summer vegetables. Boiling water or intense oven heat is necessary to soften the woody fibers of turnips, parsnips and the like. They also must be quickly cooked in a generous amount of water. These precautions prevent them from becoming soggy and unappetizing both in taste and appearance.

Kale With Bacon

Two cups cooked and chopped kale; 2 tablespoons butter, 2 egg yolks, 1 teaspoon salt, 1-3 teaspoon each pepper and paprika, few gratings nutmeg, 1 tablespoon minced onion, 4 slices bacon, 2 tablespoons bread cheese, 2 tablespoons fine dried crumbs.

Make Use of Apples

Do you serve apple sauce with pork, goose, grilled sausages or, for the children, on bread and butter with sugar. It's also good for fillings for cakes and tarts.

Winter Foods

An eminent physician recently made an extensive survey of the food his patients had been eating all their lives, with the idea of discovering whether or not there might be any connection between the diet and the various aches and pains from which they were now suffering.

75 per cent. of the 501 patients were greatly improved. The value of such foods is to-day generally recognized, but with winter coming on the important and protective fruits and vegetables appear with decreasing frequency on most family tables.

One of the most valuable of all winter foods is soup. Take tomato soup, for instance. No garden product is richer in health ingredients than the tomato. Vegetable soup is another food which should appear frequently on every table.

Enlarging Your Rooms

Do all you can to give your house an appearance of vast size. For instance, if there is an unnecessary door between the dining room and the living room, why not have it taken out?

Small rooms should not be overcrowded with furniture. If you need lots of seating space for guests remember that a studio couch or a divan will seat several people and take up much less room than three or four large chairs.

Tasty Desserts

Here are two unusual desserts that will induce the man of the house to compliment the cook, and the guests to demand the recipes.

Chocolate Crested Custard Pie

Pie crust, 3 eggs, slightly beaten, 1/4 teaspoon salt, 1/2 cup sugar, 3 cups milk, scalded, 1 teaspoon vanilla, 1 square unsweetened chocolate, melted, 2 tablespoons hot water, 2 tablespoons sugar.

Collar and Tie Offers Contrast

At the very moment when everything in fashion had been fixed up so that girls will be girls this year, a boyward trend appears. The particular news of this statement is that this snap-of-the-finger gesture toward femininity occurs of all things, even in evening fashions where girliness has been flourishing to the boiling point.

By way of stating the outlet of this boyish manifestation, it is sufficient to say that it is a collar-and-tie-impulse. The recipe has for a basis the shirt fashion of daytime styles, conceding all that elegance has to offer in the way of rich fabrics and capitalizing on the formality of the floor length skirt, and the newness of the suit for evening wear.

Sunday School Lesson

Lesson XI.—December 10. Paul in Caesarea.—Acts 24; 10-23.

GOLDEN TEXT.—Herein I also exercise myself to have a conscience void of offence toward God and men always.—Acts 24:16.

THE LESSON IN ITS SETTING. Time.—Paul's two years in prison, A.D. 58, 59. Paul's appeal to Caesar (the Emperor Nero), A.D. 59.

Place.—Caesarea, Jerusalem.

HAVING HOPE TOWARD GOD. "And when the governor had beckoned unto him to speak, Paul answered."

"Friedrich draws attention to the frequent mention of beckoning, or making signs, as characteristic of Luke's writings; compare Luke 1: 22, 62; 9: 7; Acts 13: 16; 26: 1; 24: 10, etc." "Forasmuch as I know that thou hast been of many years a judge unto this nation, I cheerfully make my defence."

"Seeing that thou canst take knowledge that it is not more than twelve days since I went up to worship at Jerusalem." "Only twelve days, and five of these were used to arrest him and keep him in Caesarea. The simple statement of the facts refutes the charge."

"And neither in the temple did they find me disputing with any man or stirring up a crowd, nor in the synagogues, nor in the city." The courts of the temple would be possible places for riotous disputes; so would the meetings of the synagogues on the Sabbath and on weekdays; so would the streets and squares of Jerusalem; but Paul had been found everywhere peaceable.

"Neither can they prove to thee the things whereof thy now accuse me." Roman law is proverbial for its fairness and its insistence on proof; but in the two most notable instances in history in which it had a chance to prove its character for justice it failed disgracefully, namely, in the trial of Christ and the various trials of Paul.

"But this I confess unto thee." Only one charge could fairly be brought against Paul. Heresy according to the view of the Jewish religious leaders. "That after the Way which they call a sect."

"The Way" was the name for Christianity adopted most commonly by the Christians of that time. "So serve I the God of our fathers." Paul claimed the same spiritual heritage as other Jews, no less a son of Abraham than the high priest himself.

"Believing all things which are according to the law, and which are written in the prophets." Paul's writings are full of quotations from the Pentateuch, the prophets, the psalms, and the other sacred books of the Hebrews.

"Having hope toward God, which these also themselves look for." This hope was that there would be a resurrection, and it was held by the Jewish nation as a whole, of which some representatives were there present.

"The doctrine of the Sadducees that there was no resurrection, held by a comparatively small section." "That there shall be a resurrection both of the just and the unjust." Not merely the just shall live eternally, but also the wicked shall die eternally; and Felix felt in his heart that he was himself wicked.

A CONSCIENCE VOID OF OFFENCE. Acts 24:16-21. "Herein I also exercise myself. Do I also myself take exercise, take pains, labor, strive. Old world in Homer to work, as raw materials, to adorn by art, then to drill. 'To have a conscience void of offence toward God and men always.' To be like God was Paul's supreme ambition. Many a man has made it his chief ambition to flee from the wrath to come. Not so Paul. He shows no fear of hell, and apparently took no interest in talking about it.

"Now after some years." He had been absent from Jerusalem for four or five years—no chance to organize an insurrection from Europe or Ephesus! "I came to bring alms to my nation, and offerings." He had come to Jerusalem with the splendid gift to the poverty-stricken Jews from the churches of Achaia and Macedonia.

"Amidst which." Engaged in the making of the offerings last referred to. "They found me purified in the temple." Having complied with the rules for formal purification as laid down in the Jewish ritual. "But there were certain Jews from Asia." Bigoted Jews from Ephesus. We have already seen what bitter enmities these enemies of Paul followed him from place to place.

"Who ought to have been here before thee, and to make accusation, if they had aught against me." It is

the way of all such men to make their charges in secret.

"Or else let these men themselves." The Sadducean members of the Sanhedrin who had come to Caesarea with the high priest Ananias. "Say what wrong-doing they found when I stood before the council." That is, the Sanhedrin. That was Paul's only formal trial precedent to this before Felix, and, being before the chief assembly of the Jews, it should have probed the matter to the centre.

"Except it be for this one voice." Paul will himself adduce the charge of heresy, if they will not. "That I cried standing among them." Paul's statement, it will be remembered, had been made for the purpose of setting the Pharisees of the Council against the Sadducees, thus dividing his enemies against themselves. "Touching the resurrection of the dead I am called in question before you this day." No charge except that of sedition would count, of those brought against Paul, and it was evident that that would not stand. Paul had no need of a lawyer.

FELIX'S PROCRASTINATING. Acts 24: 22-26; 32. "But Felix, having more exact knowledge concerning the Way, his wife Drusilla, a Jewish princess, would have told him of the differences between the sects of the Pharisees and the Sadducees, and the hostility of both to the harmless Christians, men of the Way." He saw clearly through the whole matter. "Deferred them, saying, When Lysias the chief captain shall come down." "Down" from Jerusalem, on his hills, to the low-lying Caesarea on the coastal plain. "I will determine your matter." Like Pilate in the case of Christ, he was putting off as long as possible the manly and just decision it was his duty to make.

"And he gave order to the centurion." The captain of a company of one hundred soldiers. "That he should remain a prisoner." And should have indulgence. Evidently, like all the Roman officials who had to do with Paul, he was attracted to him. "And not to forbid any of his friends to minister unto him." Peter and John, Barnabas and Mark, Lazarus, Nicodemus, Joseph of Arimathea, James the Lord's brother—these are some of Paul's friends who may be supposed to have visited him during the two years that followed. And always there was Luke, the faithful physician, close at hand.

Every Housewife Entitled to This Code of Conduct. Beaumont, Tex.—Hearing nothing about a 40-hour week for housewives, a home-maker of Nederland, Tex., has proposed a code of her own.

Received by B. B. Johnson, County Judge, in a letter which suggested its consideration by President Roosevelt, and modestly signed "Mrs. L. T. P." the code follows:

"Every housewife shall be taken out to dinner at least once a week.

"Husband or some other member of the family shall dry all the supper dishes.

"Every housewife is entitled to a minimum of two movies weekly.

"Husband shall help children with at least half of home work.

"Every housewife is entitled to 10 per cent. of the family pay for personal expenditures on self or clothes, cosmetics, etc.

"Every housewife (except where sickness or other emergency exists) is entitled to sleep late at least two mornings weekly."

Married Women's Right to Jobs Urged in London. London.—The atmosphere of the pre-war suffrage campaigns was revived in Central Hall, Westminster, recently when 3,000 women cheerfully speakers in a symposium on "Shall Married Women Earn."

Suffragette hymns were sung and old suffrage arguments advanced to show that married women ought to be allowed to earn their own living. Messages of encouragement were sent by Ruth Bryan Owen, American Minister to Denmark; Florence B. Hills of the National Woman's Party in the United States, and leading feminists of other countries.

Lady Astor was applauded when she called Britain's attitude on this subject "deplorable."

Potato Warm Storage. Newly-dug potatoes have their skins. The skin continues to grow, in storage and becomes thicker and somewhat corky. As the greatest losses in weight of stored potatoes are due to losses of water it is suggested, contrary to general usage, that the first ten days' storage should be at a temperature of 65 degrees in order to thicken the skin and thus reduce the loss by water.

"IN THE AIR"

Radio's All-Star Presentations

Station	Meters	Kilo-Cycles
CKNC, Toronto	291	1030
CFCE, Montreal	291	600
CFCH, North Bay	322	930
CFCD, Chatham	297	1210
CFBR, Toronto	435	690
CKAC, Montreal	441	730
CKY, York	465	645
CHCT, Toronto	512	590
CHML, Hamilton	540	810
CKOC, Ottawa	476	1010
CKPC, Preston	441	930
CKLW, Windsor-London	555	540
WJLB, Buffalo	333	840
KDKA, Pittsburgh	706	930
KMOX, St. Louis	277	1090
R.W. Chicago	297	1030
WABC, New York	349	890
WBHM, Chicago	339	770
WJAN, Buffalo	333	840
WEAF, New York	457	660
WENR, Chicago	245	720
WGR, Buffalo	379	790
WJAN, Buffalo	333	840
WJAN, Rochester	261	1150
WKBW, Buffalo	202	1480
WJAN, Buffalo	333	840
WJR, Detroit	409	750
WLW, Cincinnati	428	700
WJAN, Buffalo	333	840
WTAM, Cleveland	280	1070

These programs are subject to change without notice.

THURSDAY.

Eastern Standard Time.

8:00—Ludy Vaites.....CRCT
Custody Diamond.....WJZ
8:30—Harlem Serenade.....CFEB
9:00—Grandstand.....CRCT
9:15—WJAN Dedication.....CFEB
9:30—Show Boat.....WJAN
9:45—Dramatic Guild.....CFEB
10:30—Willard Robinson.....C B 3
Paul Whiteman.....CRCT

FRIDAY.

8:00—Rosario Bourdon.....CRCT
8:30—Jimmie Johnson.....CRCT
9:00—Gene Arnold.....WJZ
9:00—Fred Allen.....WJAN
9:30—Irvin S. Cobb.....WJAN
9:30—Gems from Lyrics.....WJZ
10:00—Football Show.....WJZ
Victor Young's Orchestra.....WJZ
10:00—Olson and Johnson.....WJAN
10:30—Lumen and Abner.....WJAN

SATURDAY.

6:00—Meet the Artist.....CFEB
8:00—"K-7".....WJAN
8:30—Bridges of Paris.....CRCT
9:00—Trifling Days.....CFEB
Baron Munchausen.....WJAN
9:30—Leo Reisman.....CRCT
Singing Strings.....WJAN
10:00—Dancing Party.....CFEB
10:30—George Jessel.....CFEB
11:00—Vancouver Frolic.....CRCT

SUNDAY.

2:00—Broadway Melody.....WJAN
Gene Arnold.....WJZ
2:30—Hollywood Show.....CFEB
3:00—Philharmonic Orchestra.....CRCT
4:30—Hoover Sentinels.....CRCT
5:00—Roses and Drums.....WJAN
5:30—Crumit and Sanderson.....WJZ
7:30—Joe Penner.....CRCT
8:00—Jimmie Durante.....CRCT
9:00—Seas and Storms.....WJZ
9:30—Album of Music.....CRCT
10:00—Big Benny.....CRCT
11:00—Firestone Hour.....CRCT

MONDAY.

8:00—Synd Symphonies.....CRCT
Blackfoot Trails.....CRCT
8:30—Bing Crosby.....CRCT
9:00—A. & P. Gypsies.....WJAN
9:30—Gaiety and Romance.....CFEB
9:30—Big Show.....WJAN
10:00—Contented Hour.....WJZ
Wayne King.....WJZ

TUESDAY.

8:00—Crumit and Sanderson.....WJAN
8:30—Widely Known.....CFEB
Wayne King.....WJAN
9:00—Ben Bernie.....WJAN
9:30—Nino Martini.....CFEB
Don Vorhees Orchestra.....WJAN
10:00—Legend of America.....CFEB
Lives at Stake.....WJAN
11:00—Moonlight on Pacific.....CRCT

WEDNESDAY.

8:00—Bert Lahr.....CRCT
8:30—Albert Spalding.....CRCT
9:00—One Hour With You.....CRCT
9:30—Burns and Allen.....WJZ
Leo Reisman.....WJAN
10:00—Ortiz Prado.....WJAN
Cora Cob Club.....WJAN
Harry Richman.....WJZ

BULOVA correct time daily over Stations CRCT-CKAC.

One Way Out

The defendant, was being sued because his goat had eaten up the plaintiff's garden. The goat was in court and little attention was paid to him while witnesses were being chosen.

When the first witness was to be sworn they looked in vain for the Bible.

"Your honor," said the prosecuting attorney, "that goat has eaten the court's Bible."

"Well," grumbled the court, "make the witness kiss the goat. We can't adjourn court to get a new Bible."

A Question

Pat called on the priest and said: "Father can I ask a question?" "Sure, Pat," said the priest.

"Well, Father," said Pat, "I know all about St.rove Tuesday, Ash Wednesday, and Good Friday, but what the devil is Nut Sundae?"

BETTER RADIO RECEPTION

SEPARATES STATIONS
INCREASES RANGE
GETS DISTANT STATIONS
REDUCES INTERFERENCE

EASILY ATTACHED TO ANY SET
COMPLETE AND SIMPLE
DIRECTIONS ENCLOSED

MONEY BACK
IF NOT SATISFIED

SEND MONEY ORDER OR POSTAL NOTE
ALSO SENT C. O. D. IN CANADA ONLY

Famous Host Seeks to Find Another Inn

London.—An advertisement in small type in the "Agony Column" of The Times recently revealed that John Fothergill one of the few really individual innkeepers left, would be glad to receive offers of small hotels or proposals for co-operation in bigger enterprises.

Mr. Fothergill made a fine old coaching house, the Spread Eagle Inn at Thame, one of the most famous hostleries in England, and recently wrote a book about it, "An Innkeeper's Diary." About a year ago he left Thame to take over the Royal at Ascot, now he has left Ascot and has nowhere to go.

With a reputation as a bizarre and eccentric version of "Mime Host" Fothergill was accustomed to welcome his guests with stately courtesy, clad in knee breeches with bright buckles on his shoes and a flowing tie. Anything uglier he would not stand and frequently was known to charge "face money" to persons whose looks he disliked to compensate himself and his inn for the displeasure of their presence.

His fastidiousness, however sprang from a genuine and intense love and knowledge of good food and wine.

There is a chance that he may set up shop in London, continuing to serve the English food which drew throngs to his hostelry at Thame and Ascot, but he says he must have his own garden somewhere to supply the herbs he requires for salads and sauces.

Clothes for Women Under Five Feet Four

Hollywood.—Lessons in clothes for women under five feet four inches in height are to be found in Miriam Hopkins' screen wardrobe, think Travis Banton, whose job is designing movie stars' gowns.

"Fashions are originated for women of average height, which means five feet four inches or more," the designer said recently. "This requires a little skill on the part of small women."

A gray woolen afternoon suit trimmed with silver fox is an example of the outfits designed for Miss Hopkins. The fur is manipulated below the shoulder-line to avoid a bulky appearance. A medium size fat muff of the same fur is carried, while her hat is a small black turban that rises in the back to afford height.

Another outfit for the small woman is a tulle, or black lightweight tweed that adopts the double-breasted long coat and narrow skirt. The shoulders are not padded since width is avoided by the short woman. The coat ends several inches above the skirt, in place of the usual three-quarter length which is another gesture to add the important illusion of height.

Proletarian Furs Goal of Moscow's Rat War

Moscow.—A rat hunting campaign has been inaugurated by the Moscow fur trust, which will use the pelts to make coats for the proletariat.

Workers and office employees are induced to chase rodents by the offer of a special price for each skin and a coupon entitling the holder to spend all the money thus earned for clothing, shoes, tobacco and other rationed articles. Traps are supplied free to factories, offices and house committees.

Earl of Normanton Is Dead in England

London.—The fourth Earl of Normanton died at his home at Ringwood, Hampshire. He was 68. His son Viscount Somerton, a 2nd lieutenant in the Royal Horse Guards, succeeds him.

Big British Bank Raises Pay of Staff

London.—As a result of protests at economies should not be made at the expense of the staff, the Midland Bank one of the "big five" here, has decided, it is announced, to improve the scale of pay.

Break in Dyke Causes Flood

Brussels.—Owing to the breaking of dykes in the Campine District, just above Antwerp, thousands of acres of land and several factories have been flooded. The Antwerp-Glabbeek Rail road is under water and communications stopped. Fortunately, it has been possible to close the sluice gates above the breach and thus stop the rush of water.

Professor Has Good Memory Gives Names of All Battalion After Records Burn

London, Eng.—Here is a story of a man with a remarkable memory: During the war there was a man serving in the New Zealand Expeditionary Force who claimed he could remember the names and number of every other soldier in his battalion. On day the battalion he 'quarters was blown up and all the records destroyed. This was the chance for him to prove his claim, and he supplied the commanding officer with not only the name and number of every man who was killed in the explosion, but he also gave the names and addresses of their next-of-kin, entirely from memory.

This man is Dr. A. C. Aitken, a professor at the University of Edinburgh, and it is claimed for him that he is at present the "world's champion lightning calculator." The story of Dr. Aitken's remarkable wartime experience was told by Dr. L. J. Comrie at a dinner in London of the graduates of the University of New Zealand.

Famous Artist and First Lady A.R.A. Dies

Mrs. Annie L. Swynnerton, the first woman A.R.A., who achieved official recognition only in her seventy-eighth year, died at the age of eighty-eight at Hayling Island recently. She was a friend of Watts, Burne-Jones and Sargent.

In 1922 she induced the Royal Academy to break its 150-years-old anti-feminist tradition and elect her to its ranks—an honor not paid to any woman since 1768, when Angelica Kaufmann and Mary Moser were created foundation members.

Mrs. Swynnerton's work hangs in many parts of the world—in New York, Melbourne, Ottawa, Luxembourg, and in many British galleries.

She was to painting what Elizabeth Garrett Anderson was to medicine and what Millicent Fawcett—whose portrait she painted for the Academy of 1930—was to education.

Mrs. Swynnerton was born in Manchester, and never took a lesson in painting until she was twenty. In 1883, she married J. W. Swynnerton, a sculptor.

Cattle Thieves Active Using Trucks in Work

De Norte, Col.—Cattle rustling which has had sporadic revivals in various parts of the West, seems to have settled into a permanent industry. Ranchers have lost from three or four to as many as fifty animals. Several partly cut-up carcasses have been found, and it is believed that in many cases, rather than drive cattle off the ranges the thieves are butchering the stock where they find it.

The usual method of the modern cattle rustler, however, is to drive the cattle to the nearest highway, load them on trucks and transport them several hundred miles into another State. Operations of this character have been extensive, it is said, in Wyoming and Utah.

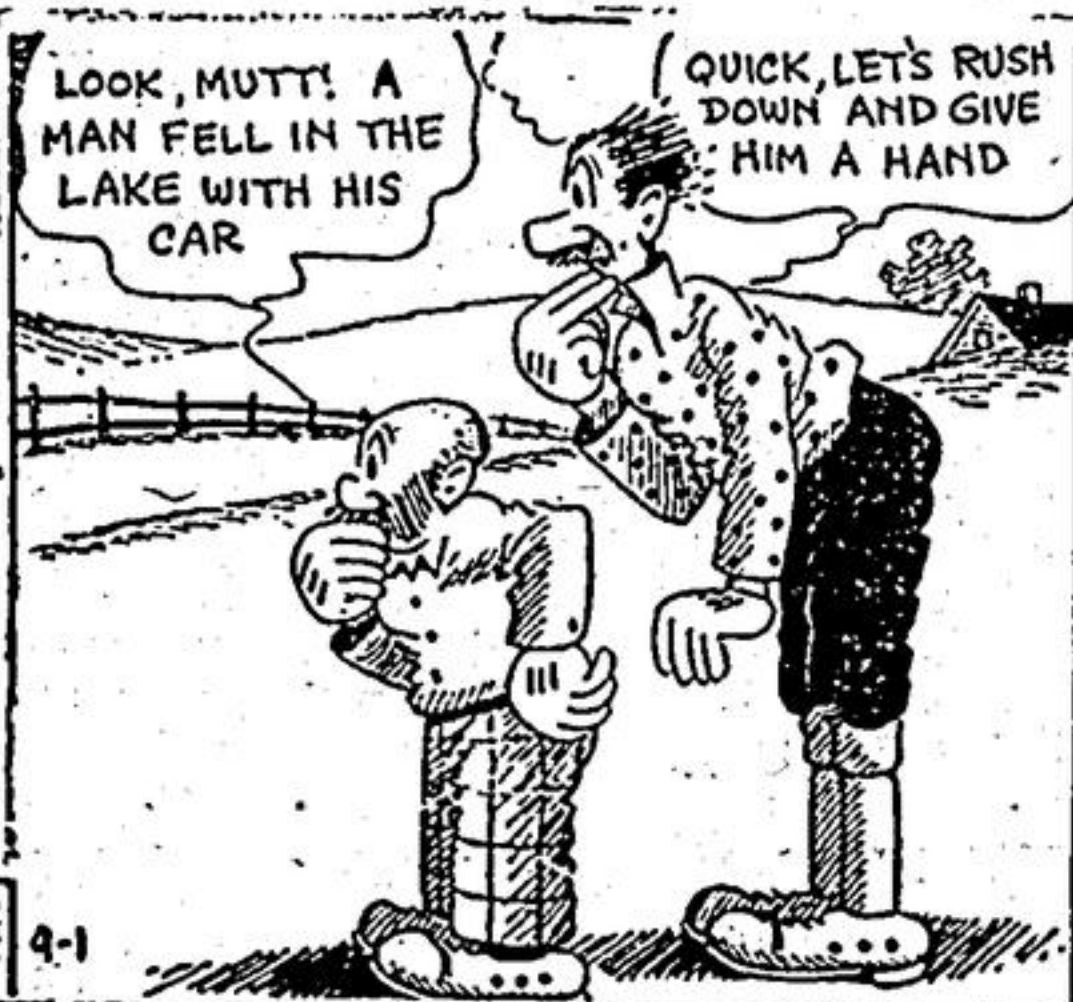
French Buy More Pistols

Paris.—A recent proposal in Parliament to put a 20 per cent. tax on firearms has had the effect of increasing the sale of revolvers. Although carrying firearms is forbidden without a special permit in France, the arms dealers have made use of the tax proposal to urge customers to supply themselves with Brownings before the tax makes the price go up.

The illustration publicizes a photograph of an arms dealer's window display of automatic pistols, accompanied by a placard urging: "Buy before the application of the 20 per cent. tax proposed by the finance commission."

The Mercure de France reports a sign in another shop window stating: "This pistol is the smallest in the world, light, easily concealed and guaranteed. Defend your life by being armed as your enemy is probably doing."

MUTT AND JEFF— By BUD FISHER



A Rumble Seat Can't Be Any More Uncomfortable Submerged.