Mistakes That Made Good

Some Dishes Came to England By Accident; Others By Honorable Design!

Pork without apple sauce is reminiscent of mustard without beef as threatened by Petruchio in the "Taming of the Shrew." It is significant, but in the country apple sauce, though its raw material is abundant, is seldom served with pork. If you are given anything with your pork it is usually country chutney. Thereby showing that pork was not originally served with apple sauce. Actually the habit comes from Yorkshire, where they are exceedingly fond of mixing sweets with their savouries. Legend has it that a famous Yorkshire gourmet, having partaken of a mighty bome-killed leg of pork, felt nausea creeping over him and turned for relief to a wooden bowl full of pippins beside him. With the resuit that his indigestion was cured and the gourmet had found yet another dish to his palati.

. It is easy, then, to trace the origin of jam roly-poly with hot mutton, redcurrant jelly with the same, currant dumplings with beef, and orange sauce with duck. (The last an old and favorite recipe from the French Court of other days.

. In France they cultivate and eat the dahlia, having discovered quite by chance, when other food was short, that the bulbous root, cleaned, cut up and fried, makes a pleasant food.

And in medieval England pigs were used to scent out the delivious truffle, which hides itself just beneath the ground. Truflles, also, are cleaned and cut in slices and fried, to resemble and even rival our friend the mush-

Cream and milk were used to soften the onet-ime harshness of tea until they are now a conventional habit; but the Chinese would shiver if you offered them such additions, preferring to "take it neat."

Ham and eggs is rumored to be the Scottish tribute to British culinary art, and when in olden times bacon was coarser, stronger, and salter than it is in our rarefied days, eggs were obviously used to tone down its saltness, or brine.

Tripe and onions hails from the home counties. Delving into a book of reminiscences, one finds that the old-time tripe dresser was a man of substance; that the dish flourished greatly in the early part of the twentieth century and that not an eating house from one end of London bances should shake our determinato the other but boasted of being the originator of the salubrious dish. Actually, tripe and onions was original- fied for a nation to step back. ly concocted by a pieman, who sold It from door to door over two hun- dignified to stop back when our duty dred years ago, when it cost the to others demands it. But to step magnificent sum of threepence per back from a task such as this be-

portion. Peas pudding and pickled pork hails may be expensive, on the ground that from Kent. Pudding pie, that quaint it is demanded by our duty to ourmixture of eggs-cum-rice-cum-cinnamon, currants, pastry, and milk, was bringing upon us lasting shame. once an Easter dish and offered to the poor on Easter Sunday as a mighty relish. It is also a native of

Many dishes there are that owe accident for their origin; they hail from Devon and from Cornwall, from the Midlands, from our coast and from Wales. It is possible, however, that no dish is quite so famous as the complement of bread sauce to turkey, and in this case economy was responsible; at one time the broad sauce outvied the turkey in its largesse. It was used to fill up the stomachs of these who required too much bird!

Siesta

My sword is on the tip-top shelf, The Spanish Main is quiet; Mamma is on the davenport And Grandma's on a dlet.

Aunt Rose is on the captain's bridge Where all our foes can see, And there, in spite of canon balls, She drinks her tiresome tea.

The other grown-ups sit around With books upon their laps, And some are taking charcoal pills And some are taking naps.

And all you hear, throughout the ship Are cups and silver spoons, wish I knew what pirates do

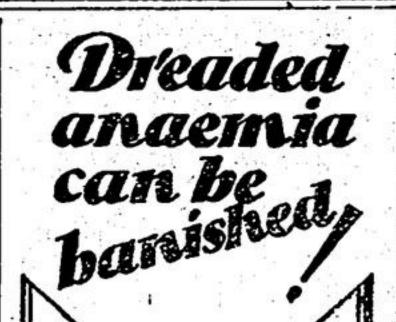
On Sunday afternoons. -Weare Holbrook in the New York Herald-Tribune.

Canada and Britain

London Morning Post (Cons.): Unity of policy is more desirable in the case of the Dominion and the Imperial Governments than in the case of Great Britain and the United States. For good or ill, Whitehall no longer controls the foreign affairs of the British Empire; Canada, for example under its Liberal Government, insists more and more upon separate representation in the chief capitals of the world, and it becomes, therefore, the more important that, as there is no longer a single authority, there should be at least the unity of a com- ing, suffer indigestion as they call it. when you know this better method. mon purpose and a common policy. It is usually excess acid. Correct it And you will never suffer from excess Marico bushveld once and explained To be at sixes and sevens would be with an alkall. The best way, the acid when you prove out this easy in almost Biblical Afrikaans how "the to neutralize one of the greatest and quick, harmless and efficient way, is relief. Please do that-for your own people had punished him for what he most beneficient of Powers. If the Phillips Milk of Magnesia. It has re- sake-now. British Empire is to pull its weight the world, its component States must

Necessity is the mother of instal- symptoms disappear in five minutes. tions-any drugstore. ments.

agree to do things together.



TN middle life, when vitality is not as great as it once was, and the blood stream is naturally thinned and devitalized, anaemia easily lays hold on the system. At first, just a tired feeling, it quickly results in bodily weakness that ordinary tonics cannot avail.

Dr. Williams' Pink Pills then become a wonderful aid. They supply the necessary oxygen to the blood, increase the blood count and renew waning vigor. "I was seized with anae-

mia," writes Mrs. Charles Lambert of Port Hope, Ont., "and was in a very bad state. As a girl I had taken Dr. Williams' Pink Pills for a run-down condition and decided to take them once more... Again the result was marvellous. In a little while I was fully well again."

You cannot begin too early to check anaemia. Dr. Williams' Pink Pills are sold at your druggist's or by mail, postpaid, 50 cents, from The Dr. Williams Medicine Co.,

Dr. Williams

PINK PILLS

"A HOUSCHOLD HAVE

Britain's Task in Palestine

difficult to understand how anybody

could suggest that the recent distur-

tion to succeed in this task. . . . It is

not always wrong or always undigni-

the contrary, it is right and it is

cause we find it difficult and think it

He that wants money, means and

A Different Woman

"I have great pleasure in informing you that Kruschen Salls have worked wonders for me. I have been a great sufferer of liver and kidney trouble, and after trying one bottle I am a different woman. I had to give up my work, but thanks to Kruschen Salls I am back at work again, and I

give my son a little every morning, and I don't hear of the little complaints now which a child generally gets. He is happier and brighter. I have enclosed a snap-shot of son and self. I am 43 years, boy 0 years. I shall always highly recommend Kruschen, and I would not be without them rowelf in a human.

Kruschen Salts is obtainable at drug and department stores in Canada at 75c. a bottle.

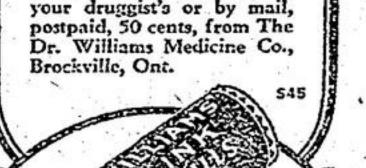
months-good health for half-a-cent a day.

A bottle contains enough to last for 4 or

them myself in a hurry.

-Shakespeare.

Manchester Guardian (Lib.): It is



PER BOX

to be good for everything-herring and cranberries and hay." Debbie left her pail on the ground

Summer, mellow and heavy with

clover until late in September, at last

was gone. The keen days of October

marched in flaming pageantry over

the three farms along the river.

they were dead ripe."

the rocky pasture.

crisp air.

before the frost gets at them."

to strip the vines of their scarlet fruit.

in the pasture, could see the Duncans

half way up the bill. Beyond them

were busy on their knees. Still fur-

ther up the rocky slopes a group of

laden vines and their shouts and

laughter sounded clearly through the

The small red cranberries rattled

swiftly into Dibbie's pail. She had

been working for some time in the

cranberry patch of the rocky pasture

when she heard her name called from

the fence and-saw that Mrs. Duncan

"It's a good cranberry year, Deb

ble," she called. "Some years seem

had come dow., the hill.

and went over to the fence. "This has been a good year for us all," she agreed. "Has the White Head

Weir been doing well, Mrs. Duncan?" 'Ay, Debbie. Angus was saying only last week that if the herring stay inshore for a little longer it'll be an easier winter for us than we've had for many a year."

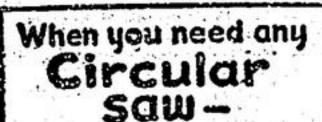
"For all Harbor By Chance, too, I'm thinking," was Debbie's grave reply. "My father's well pleased with the summer."

"We're all glad of that, Debbie." The woman on the other side of the fence turned away, and Debbie returned to her cranberry patch. From time to time she heard the laughter. of the children clearly across the sunlit distance. She heard their shouts when one discovered a new patch, and she saw them disappear around the shoulder of the hill.

Wave on wave of sunlight and of shadow swept up from the asters, blue at the river's edge, over the brown fields and thickets of goldenrod, to selves, would be an act of cowardice the masses of crimson maple on the Bocabec Hills. And on the rocky slopes the cranberry pickers knelt becontent is without three good friends. fore the glossy vines.

The sunlit moments hurried by. A flock of crows flew across the sky tically from childhood to hate him. with a loud cawing. A woodpecker drummed on a tree nearby. Steadily

FOR THE HAIR Ask Your Barber-He Knows



Forwoodermetalgeta "SIMONDS" -the specially tempered Steel takes and holds a wonderful edge. Ask your dealer crutile our necrest branch. THE SIMONDS CANADA & Simonds MONTREAL . TORONTO Sams VANCOUVER ST. JOHN, N.B.



-Many people, two hours after eat-) You will never use crude methods physicians. One spoonful in water Milk of Magnesia prescribed by physistomach acids, and at once. The acids. Each bottle contains full direc-

mained for 50 years the standard with Be sure to get the genuine Phillips' neutralizes many times its volume in clans for 50 years in correcting excess

On Passamaquoddy HOW TO RELIEVE Cranberry Picking

Avoid Serious Results by Using Baby's Own Tablets.

When a child shows the first symp-"It's the fall of the year," Janet Mactoms of a cold, such as sneezing, red-Quarrie reminded Debbie. "The cranness of the eyes, clogged or running berries are red now in the rocky pasavert serious results. Mothers should always have on hand some simple names. "I've been thinking for a week or more, Aunt Janet, that it's time to be safe and effective remedy for immedipreserving them for the winter, and I've only been waiting till I was sure

Baby's Own Tablets act quickly, contain no opiates or narcotics, are "You'd best be doing it now, Debtasteless and harmless. Concerning ble, or you'll not have them picked them Mrs. Jos. Cadieux, Holyoke, Mass., says:-"I have used Baby's It was a day of flooding windy light Own Tablets for my children and find when Debbie at last took her pails to them a very satisfactory medicine. slee. He does not know fear. When my little boy had a cold I gave The land beyond swept up to a bald him the Tablets at night and he was hiltop, and there, too, the cranberry well the next day. I gave them to the vines were clinging. From Harbor By children for constipation and they are Chance and even from other settlealways benefited. I think Baby's Own ments around the bay, the women and Tablets are much easier to give a children would come before snowfall child than liquid medicine. I strongly recommend all mothers who have Already the slopes of the Bocabee young children to keep a box of the Hills were dotted with the first gran-Tablets in the house." berry pickers. Debbie, working alone

Baby's Own Tablets are sold by all medicine dealers or by mail at 25 cents a box from the Dr. Williams young Tony Lufti and his mother Medicine Co., Brockville, Ont.

boys and girls had found some heavily General Smuts: A Great Living Empire Figure

(By a Young Boer)

General Jan Christian Smuts, the greatest living Empire figure, has ar rived in England and is delivering Rhodes Lectures at Oxford.

mier sunk in the sterility of opposttion, a tragic genius penned into a small holding. Here at least he wil find that the people are at last beginning to follow the Empire banner which he and a few like him have carried alone for so long.

Here Smuts is a world figure. A Englishmen know him as the grave pleader at the Versailles Conference, who would have saved Europe much misery, if only Europe's own states men had not barred the way. But few know that, in his own country, this former enemy of England has suffered more for the Empire than any Englishman has done.

When he returned from his tri umphs in Europe he found-acclamation at Capetown, it is true; but he also found gross cartoons in the Afrikaans Press showing him as the "Handyman of the Empire," in khaki uniform, next to a baboon tied to a

A "Khaki Boer"

This carried the bitter implication that he was a "khaki Boer"-of the renegade sort who helped Britain during the Boer war-tled to his Empire pole like a captive baboon. The vilest thing you can call a soldier is 'traitor," and for years Smuts has had this epithet flung at him. . Many in South Africa were, like myself, trained prac-A politician could have countered with an even viler epithet, but I leave the scarlet berries filled Debbie's pail. you to imagine what pain this must -Francs Gillmor, in "Thumbcap have caused to a great and sensitive character such as that of General Smuts. The rural tub-thumpers still talk of Smuts and the Rand revolt, accusing him of causing bloodshed among his people-of shooting his own blood flat, as the idlom runs. It is a tragedy common among the Boers, inevitable in a race in which the hot blood of the French runs beneath the phlegm of the Netherlander. The Boers were divided even on

th Great Trek. It ise a greater tragedy still that Smuts should have had to apply his epic qualities to humble but necessary things such as trade treaty disputes and the bilingualism of railway porters. Kruger was the same. He had a brain like Solomon, and would have towered over most of the statesmen of the past century if he had been orn in Enurope.

Lonely in the first place with the terrible loneliness of the intelectual. Smuts was further estranged from popular sympathy because the scene of his triumphs lay in a land which few of his own people had seen and which most of them knew only as a former enemy. He was nicknamed "Slim Jannie" (Sly Jock) for the same reason that made the average Berliner look upon the great Stresemann as a traffic light, facing all ways at

Before these vicious attacks Smuts was puzzled, hurt, but never resentful. That it caused him deep pain was obvious, for the love of the Boer for his people is a far more intimate thing than European nationalism. He had to stand by and see his enemies forge their way to popular heroism by a path that he could only too easily have adopted himself.

Smuts Punished

I have seen him pathetically trying to reach down to the minds in front of him. He stood on a wagon in the had done in the Rand revolt." It was lame, clumsy. I remember a meeting near Pretoria, where an unscaped little alien got up in the front row and

Feet Sore? Use Minard's Liniment.

practically made hay of the tall, golden-bearded figure on the platform. Smuts was stammering, uncomfort-

Most of Smuts' imperfections lie in this same inability to be one of the people mentally. Socially, he has fewer pretensions than, sty, the mayor of a London suburb. His manner is charming, but cold. He cannot be vapidly effusive to bazaar organizers. If you disagree with him, he does not nose, prompt measures for relief may argue, but merely says you may do as you please. He cannot call people

In Europe you are lucky. You always see Smuts at his great moments. In South Africa we only get the chance rarely, at times such as when he drove by car through the rebel-infested Rand, in the certainty that any of the people he passed would have emptied a magazine into him with

We only see him at his greatest when he is speaking in a place that as Burke's; at the unveiling of a war tain, at De Wet's funeral, at the re-

the bier of a brother fallen in civil

On the top of Table Mountain his thing more than a pre-election dream? words hung man's destiny in pictures before our eyes, from the time when he was a speck in the slime.

And now I must make the bitter confession that to you in Europe, Smuts means more to us in South Africa. He is an intellectual. Shaw's King Magnus might be-Smuts when General Smuts is no longer a Pre- he tells his grocer-like Prime Minister: "There are things in me which must not die."

THE CALL OF THE WILD

Guns are bing examined, high boots oiled and all the other gear of the sportsman overhauled - the hunting season is under way. Reports from the haunts of the moose, the bear and the deer are like music in the hunter's ear. Game is plentiful. The dry spells in the spring were favorable for the game birds. Partridge are whirring and the curlew calling. There's plenty of them if you know where.

TORONTO girl is

Prize Winner ...

ONSTANCE was cross and

fretful a lot," says Mrs. J.

Flatt, 99 Highfield Road, Toronto,

Ontario. She was upset and bilious;

didn't want to eat and couldn't

"California Fig Syrup has changed

all that, and made her a different

girl. It regulated her bowels quick-

ly, improved her appetite and diges-

tion. She has had no trouble since:

but has continued to gain until to-

day friends say she's a regular

Mothers by thousands are prais-

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AND TONIC FOR CHILDREN

ing California Fig Syrup. Physicians

endorse it. A pure vegetable prod-

prize winner for health."

digest her food right.

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TE A "is good tea" RED ROSE ORANGE PEKOE is extra good

Is Quebec Waking Up?

Toronto Telegram (Ind. Cons.):

Mayor Houde, of Montreal, the new leader of the Conservative party in tory resonant as Cicero's and graceful up the by-elections down there till they are made more than mild initamemorial at the top of Table Moun- tions of Donnybrook Fair. He cut the Liberal majority in Compton to dedication of Kruger's memorial in the bone and his present campaign in Richelieu is evidence that he is still His thoughts then are gigantic. His up and doing, Whether the revival in words are like a wind in the Drakens- the Ancient Province will spread into berg peaks. His mind is like a mel- the Federal field remains to be seen. low sun, embracing al a man's ac But the fact remains that the Liberals tions and the end of all human effort. are being given a bit of a jolt by the At De Wet's funeral, under the great fiery Frenchman. There are still Conneedle of the Concentration Camp servatives in Quebec and if Mayor Memorial, he spoke like a Roman at Houde rallies them to the polls, who knows but that the long-promised twenty seats may yet become some-

Minard's .Liniment for Coughs.

To cure us of cur immoderate love of gain, we should seriously consider how many goods there are that money will purchase, and these the best, and I how many evils there are that money will not remedy, and these the worst. -C. C. Colton.

The use of money is all the advantage there is in having money.—Benamin Franklin.

BEST PAID WORK

A well connected man can obtain a very desirable Agency in this District with a strong progressive Life Insurance Co. Box 4 c/o Wilson Publishing Co., Toronto-

uct; it is safe for any child. The

prompt relief it brings bilious, head-

achy, constipated children lasts; be-

cause it helps tone and strengthen

bowels and stomach. Appetite in-

creases; digestion improves with its

use! A youngster's entire system

benefits. Next time bad breath,

coated tongue or feverishness warn

of constipation, try it with your

When buying, look for the

900 DROPS

name California. That marks

child and see how it helps!

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> BONNECHERE PON RANCH. stock in Silver Black Poxes. Registered in Canadian National Live Stock Records. Free from lung worm or other diseases. Litters averaged four this year. Order early. J. M. Briscoe & Son.

Ramsay MacDonald in the

London Daily Herald (Lab.): Mr. MacDonald's visit to America is no mere sentimental gesture, but an honest, well-planned effort to persuade the great naval Powers to face up to the problem of giving effect to the disarmament hopes of common people the world over.

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Dr. Guild S GREEN NOUNTAIN

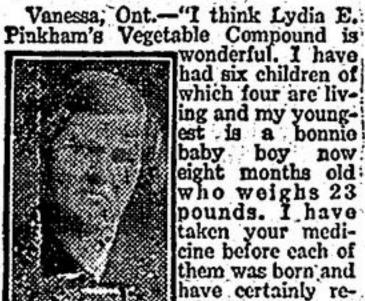
Earache

Heat an iron spoon. Place four drops of liniment and four drops of sweet oil in it, mix and put one or two drops in the ear.



COMPOUND

Read This Letter from a Grateful Woman



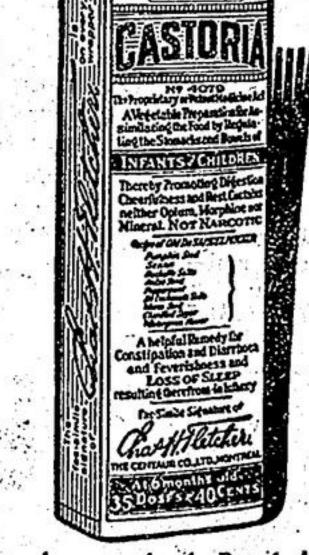
them was born and have certainly received great benefit from it. I urge my iriends to take it as I am sure they will receive the same help I did."-MRS. MILTON MC-

MULLEN, Vanessa, Ontario.

When are upset

Baby ills and ailments seem twice as serious at night. A sudden cry may mean colic. Or a sudden attack of diarrhea-a condition it is always important to check quickly. How would you meet this emergency-tonight? Have you a bottle of Castoria ready? There is nothing that can take the place of this harmless but effective remedy for children; nothing that acts quite the same, or has quite the same comforting effect on them.

For the protection of your wee one-for your own peace of mind -keep this old, reliable prepara-



tion always on hand. But don't keep it just for emergencies; let it be an everyday aid. Its gentle influence will ease and soothe the infant who cannot sleep. Its mild regulation will help an older child whose tongue is coated because of sluggish bowels. All druggists have Castoria; the genuine bears Chas. H. Fletcher's signature on the wrapper.