

Central America's Valley of Kings

Mysterious ruined cities, their carved stone temples hidden amid the almost impenetrable Mayan jungles, some day may yield the actual story of the first Americans. Four more of these cities were discovered on Col. Charles A. Lindbergh's exploration flight over the Yucatan peninsula—cities where one of the highest known aboriginal cultures was already on the wane when Columbus voyaged to the New World.

Whence did they come, these people who reared a great edifice to Kukul Can, the feathered serpent? How did they build their temples with chisels of flint and calcite and without even a wheel to ease the plugging of stone on stone? What caused them to suddenly disappear, leaving the physical evidence of their civilization as a slowly crumbling enigma? The oldest Mayan native has only one answer—"Queen sabe?"—Who knows? Even the archaeologist has penetrated but a small way behind this veil of centuries.

Mayan research progresses upon a ladder of question marks. How does it happen that their language resembles the Japanese in sound, but not in meaning? What strange migration took place that they should use the hui-chu throwing stick, similar to the weapons of the Eskimo, and still have no acquaintance with the bow and arrow of the midcontinent Indians?

And their jade—here is another query. With unbelievable patience they worked precious stones, green, gray and black jade of a type never found in the American continent. The workmanship, for all its aboriginal character, possesses a delicacy that has been likened to that of Cellini. But the source of the material itself has no explanation.

The research under way at Chichen-Itza, in northern Yucatan, is adding much to the knowledge of this mysterious race. It is being directed by the Carnegie Institution under an agreement with the Mexican Government. Recent interest in the puzzle has led to important correlative work in the Mayan linguistics, without which the undeciphered glyphs that cover almost every one of their major structures cannot be made to yield their secrets.

The discoveries on the Lindbergh flight add new possibilities to those already waiting for the archaeologist in other Mayan cities which are known but not yet explored. The flight is credited with accomplishing as much in twenty-five hours as a reconnaissance party, backing its way through the tangled growth, could do on foot in five years. Yet the subsequent work is of necessity slow. One pioneer in Mayan research found a valuable object reduced to a thin limestone shell. He saved it by spraying light liquid glue upon it with an atomizer at intervals throughout three days.

The possibilities of discovery in the land of the Mayas are almost as rich as among the tombs of the Egyptians. The Itza civilization was not so old as that of the Pharaohs, but it bears a similar relation to the development of the people of the Western Hemisphere. The student of the Mayas may be working in America's "Valley of the Kings."

"Queen sabe?"—Christian Science Monitor.

Watch your growing children

WATCH the health of your growing children!

See that they have the health and energy necessary for their school work and play. For growing children—particularly girls—a rich supply of red blood is essential. Languor, nervousness, depression, fickle appetite or pallor indicate anemia.

Dr. Williams' Pink Pills enrich the blood, prevent anemia and build healthy bone and tissue. Thousands of mothers have proved this. "My twelve-year-old girl," writes Mrs. Robert Devitt of Broomham, Ontario, "became so pale, so ill and nervous that we had to take her out of school. I tried Dr. Williams' Pink Pills for her and she gained in weight and strength. She is now the picture of health."

Buy a box of Dr. Williams' Pink Pills at all druggists and dealers in medicine or, postpaid, by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ontario.



Child-birth and Mother-death

W. F. Pohnson, in the Spectator (London): Great Britain and America are each confronted by two similar if not identical problems of grave importance—to wit, an ominous decline in the birth-rate and a concurrent increase in the number of deaths of mothers in child-birth.

Such mortality is greater in America than any other civilized country, the number of deaths to the thousand being 6.5, while in Great Britain last year it was 4.42 (exceptionally high figures), in Italy 2.7, and in the Scandinavian countries 2.6, and in the Netherlands 2.3. Now these unfavorable conditions of motherhood have two major results: a most disastrous character. One is, obviously, to incapacitate tens of thousands of women yearly for further child-bearing, an evil the magnitude of which may be pretty accurately computed. The other, which in America at least is widely recognized and is presumptively of great extent, but it is not susceptible of statistical ascertainment, is to deprive thousands of women, through fear, from child-bearing or even from marriage.

QUALITIES

We may satirize character and qualities in the abstract without injury to our moral nature, but persons hardly ever. Poor hints and sketches of souls, as we are—with some slight transcendent vision of the perfect and the true—we had need help each other to gaze at the blessed heavens instead of peering into each other's eyes to find out the moles there.

His Hearing Restored

The invisible ear drum invented by A. O. Leonard, which resembles a miniature megaphone fitting inside the ear, entirely out of sight, is helping the hearing of a great many people. Mr. Leonard invented this drum to relieve himself of deafness and head noises, and it does this so successfully that no one could tell he is a deaf man. A request for information to A. O. Leonard, 70 Fifth Avenue Suite 337, New York City, will be given a prompt reply.—Adv.



When Pain Comes

What many people call indigestion very often means excess acid in the stomach. The stomach nerves have been over-stimulated, and food soured. The corrective is an alkali, which neutralizes acids instantly. And the best alkali known to medical science is Phillips' Milk of Magnesia. It has remained the standard with physicians in the 50 years since its invention.

One spoonful of this harmless, tasteless alkali in water will neutralize instantly many times as much acid, and the symptoms disappear at once. You will never use crude methods when you once learn the efficiency of this. Go get a small bottle to try. Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

Sauce for the Gander

Toronto Telegram (Ind. Cons.): When Premier King goes West some one should lead him out to the Alberta border and point out to him that when Alberta was under a prohibitory law liquor poured in over the border and Uncle Sam never raised a hand to stop it. Then the same Premier King might pause to reflect that what was good enough for Canada when the United States was wet and Canada was dry should be good enough for the United States now that conditions have been reversed.

Owl Laffs

A Flapper's Prayer

O Lord, may he be tall and handsome. May he have money and cars galore. May he dance divinely and love me better than life. And, O Lord, may I divorce him easily and find another.

We got a kick from the following from a Texas paper and you probably will, too:

Card of Thanks

I wish to thank all of those who helped in getting my divorce, especially those who testified to the meanness and cussedness of my late husband.

Sincerely,

Ursula Perriman.

We half-way expect the dodo to come back some time, but we are certain the cotton stocking never will.

The Valet—"Please, ma'am, come quickly. Master has bitten himself." The Mrs.—"What do you mean?" The Valet—"He has sat on your false teeth."

According to the cynic, modern politeness consists in doing something unpleasant to people every five minutes and saying "I'm sorry!"

It was their first airplane ride, and the young woman of the party felt quite nervous.

"You will bring us back safely, won't you?" she said to the pilot. "Of course I will, miss," he assured her, touching his leather helmet. "I've never left anybody up there yet."

"Faint heart never won fair lady," said the ready-made philosopher.

"That's right," answered the bashful man. "The way the ladies dress sometimes you've got to have your nerve with you to look at one long enough to feel acquainted."

A lot of troubles might not come if we didn't go after them.

The Bureau of Standards at Washington is working on a "non-wrinkle" cotton. There is a much more general demand, however, says Jack Harris, for a non-apple-in-the-knees wool suiting.

Teacher (to new pupil)—"What is your father's name, dear?" New Pupil—"Daddy." "Yes, dear. But what does your mother call him?" "She don't call him anything. She likes him."

What has become of the old-fashioned bathing suit that was described as "daring?"

Villians were not born, but made.

To be unduly elated if you win, or unduly depressed when you lose, is a sign that you are carrying too much sail and not enough ballast.

"Among the most interesting relics of the mound builders that we discovered," said the returned explorer, "was a mummy in a perfect state of preservation with a skull measuring forty-three inches in circumference." "My gracious!" ejaculated his hearer. "I had no idea there were movie leading men in those days."

The hardest thing in the world is to find a \$10,000 job for a \$4,500 man.

Nothing falls like some kinds of success.

English Mother—"Now Bobby, if you don't behave, I'll get Mayor Thompson after you."

Melissa (at the bridge party)—"Well, Gertie, I believe you are about to lose your prowess." Geraldine—"Sh-h-not so loud! Give me a pin!"

All the lessons that are handed out do not have fine tissue paper around them.

No chance for the heart to be right if the liver isn't.

Friends just naturally gravitate to the person who has no need of them.

GUARD THE CHILDREN FROM AUTUMN COLDS

The Fall is the most severe season of the year for colds— one day is warm, the next cold and wet, and unless the mother is on her guard, the little ones are seized with colds that may hang on all winter. Baby's Own Tablets are mothers' best friend in preventing or banishing colds. They act as a gentle laxative, keeping the bowels and stomach free and sweet. An occasional dose of the Tablets will prevent colds, or if it does come on suddenly their prompt use will relieve the baby. The Tablets are sold by medicine dealers or by mail at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Most Daring Girl In Britain

Steeplejack and an Airwoman for Fun

Brighton.—Brighton boasts a girl who claims to be the most daring young woman in England. She has, in the course of twelve months:

Done a steeplejack's work on a tall chimney.

Flown her cousin's aeroplane and looped it twice on her second solo flight.

Tackled a mad dog and saved a child from being badly bitten, put a burglar to flight, and, dressed as a man, spent a night in a brigand's camp in Corsica.

This modern amazon is Miss Phyllis Knott, a pretty bobbed-haired girl of 24, and she informed me calmly that far from wanting to rest on her laurels she is now looking for fresh adventures and new worlds to conquer.

One of her pet projects is to make a record long distance flight in a balloon.

"I don't really go looking for adventure; it comes looking for me," Miss Knott said to me. "I can't escape from it. Wherever I go I seem to land up against something exciting. It's either a gift or a handicap. I'm not sure which."

Wasn't Looking For Thrills "I certainly wasn't looking for thrills when I went tramping through Corsica this summer. But they were very nice to me; they gave me something to drink and some food."

"Of course they never suspected for a moment that I was a woman. I heard afterwards that one of the bandits was a desperate character who is reputed to have killed two men."

"Nor was I looking for the mad dog and the burglar. They just happened and I had to deal with them as best I could. Any woman would have done the same."

All-expense Tours

"A desire on the part of travelers to go in special parties under expert tour management prompted our company to experiment with the all-expense, personally-escorted plan the past two winters." Passenger Traffic Manager W. J. Black, of the Santa Fe Railway, announced the other day. They were so popular we will repeat this winter. All necessary expenses are defrayed. The passenger pays a lump sum. The railroad takes care of all details from start to finish."

Five of these tours will be run by the Santa Fe in connection with the Burlington System, Chicago to California and back—a journey of about 6000 miles by rail, several hundred miles by motor, and requiring three weeks on the way. One will leave in January, two in February and two in March, 1930.

The itinerary includes the Indian-occupied region around historic old Santa Fe, also Taos, where Kit Carson once lived. Grand Canyon National Park next will be visited, likewise Tijuana and Agua Caliente in Old Mexico. After viewing all principal points of interest in California—including Hollywood, Yosemite and Catalina—the return to Chicago will be by way of Feather River Canyon, Salt Lake City, the scenic Rockies of Colorado and Denver.

The Morning Newsboy

Before the city rises from its bed, Or the first smoke is to the sky uncurled, He comes, that we may know what's thought or said, Or done, in any corner of the world. I never saw him, as I've never seen The power that swings the golden gates of day; Through snow or rain, in weather foul or clean, This gallant youth goes early on his way.

He ends the isolation of the night— We wake; the very world is at our doors!

And while we breakfast in the morning light, We hear the waves beating on other shores.

And thus I thank the boy I never see, Unlivered Page of current history. Go get a small bottle to try. Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

Sometimes a man talks in his sleep because it is the only chance he gets.

Minard's Liniment for Warts.

Making Good After 30 Years Of Prison Life

Bob the Burglar and How he Played Santa Claus for Little "Nipper"

Crime does not pay. Crooks work very hard to get a living, and sooner or later they get "time." Whether it is "over the Alps," which means Dartmoor, or in "stir," which means Brixton or Wormwood Scrubs, the old lag realizes that he is up against a system that inevitably puts him down for the count.

I had a heart-to-heart talk with crooks who make a club of a certain place in Shoreditch. They were old-timers who were making good. Shrewd, humorous, and maybe cynical they were, but they made very good company.

My companion was an experienced detective who knows the East End of London as we ordinary people know our morning and evening trains or omnibuses.

"Bob," said he, addressing a delightful little man who looked something between a stable boy and a music-hall comedian, "tell Mr. Cordor how you played Santa Claus."

Bob grinned, shuffled nervously, and refused to be drawn.

This is the story of Bob the burglar. It was Christmas time, and he had just come out of gaol. He was lodging with a respectable but hard-up family, who had a little "nipper" who believed in Santa Claus.

He really thought that if he was good Father Christmas would come down the chimney, bearing beautiful presents from his wonderful toy factory lit up by the Northern Lights.

The kid sent messages up the chimney to Santa Claus, asking for a toy tricycle, and Bob the burglar broke into a shop to get it.

"Was he pinched?" I inquired from the detective, who blushed and fumbled with his pipe.

"He paid for the blinking tricycle," said Bob, smiling at the embarrassed officer.

That is a true story, and I submit that it shows that the best and the worst of us may be joined by a human touch common to both of us.

LOST POUNDS OF FAT in 2 short weeks

Kruschen Sals will give many a fat person a joyful surprise. You can knock pounds off your weight and years off your age this safe and easy way. Every morning take "the little daily dose" of Kruschen in a glass of hot water before breakfast. This will mean that every particle of poisonous waste matter and harmful acids and gases is being expelled from the system. They are the cause of all the trouble because they remain in the system and accumulate in the form of excess, unhealthy fat.

"I have lost several pounds in less than 2 weeks. It is so safe and easy. No dieting, no drugs. I have tried several other ways, but with no good results. Kruschen is all you claim it to be."

Mrs. E. H. After three or four weeks of the little daily dose, get on to the scales and see how many pounds of fat you have lost. Your mirror also will tell you what you have gained in health and vigour. Your eyes will sparkle, your skin will be clearer, you will feel unbelievably youthful and energetic—you will feel many pounds lighter and many years younger."

"Now she's always hungry,"

... says TORONTO mother!

"NANCY is absolutely the picture of health again," says Mrs. D. Fraser, 6 Currie Ave., Toronto, Ontario. "A few weeks ago we had to force her to eat; now she's always hungry."

"I knew what to do when she became bilious, half-sick and listless, because we've always known about California Fig Syrup. Nancy's coated tongue and bad breath cleared up with the first few spoonfuls; and

in just a few days her stomach and bowels were acting perfectly. She's gaining right along now."

California Fig Syrup has the full endorsement of the medical world. A pure vegetable product, loved by children. A gentle, but thorough cleanser of a youngster's system and agent energizer for sluggish bowels. A stimulator for lagging appetites and digestions; a help in building sturdy limbs and robust bodies.

The name California is important. No imitator can put that on his product.

CALIFORNIA FIG SYRUP THE RICH, FRUITY LAXATIVE AND TONIC FOR CHILDREN

Red Rose Tea comes direct to us from the finest tea gardens, then straight to your grocer—brimful of flavor and freshness. Every package guaranteed.

RED ROSE TEA

"is good tea"

RED ROSE ORANGE PEKOE is extra good

One of the company was an international pickpocket who now lives in a workhouse, but every Christmas Day he dines with a police court missionary. The two chat over their wine and cigars (paid for by the missionary) and they talk of foreign cities and strange customs, of life to its full; and then the pickpocket returns to his workhouse and the missionary to his court. Queer, but true.

Said I to a man who has spent thirty years in prison and is now a successful costermonger: "What do you think about the changing conditions of life, progress generally, scientific inventions like aeroplanes, broadcasting, gramophones, talk-films—things you never knew, things that must have impressed you?"

He replied: "Women's clothes are too short. They ought not to be allowed to do it."

Stop Colds with Minard's Liniment.

SPITE

Spite is a little word, but it represents a strange a jumble of feelings and compound of discord as any polysyllable in the language.—Dickens.

CHARITY

Charity itself changes its character when it becomes the subservency of weak right to rampant wrong.

LUXO FOR THE HAIR

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VALUABLE PREMIUMS given free for selling 17 packages of our Christmas and New Year Cards and Folders at 10c, or 12 bottles of Excelsior Liquid Perfume at 15c. Write today. Send no money. Best Premium Co., Toronto.

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FOR CONSTIPATION, DARRHAEA, FEVERISHNESS

Cuticura Soap is more than a fine soap

It is sensitive, antiseptic and not only cleanses, but heats irritations and restores the normal action of the pores. For 50 years the standard of excellence.



From Mother of Six

"I think Lydia E. Pinkham's Vegetable Compound is wonderful! I have had six children of which four are living and my youngest is a bonnie baby boy now eight months old who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urge my friends to take it as I am sure they will receive the same help I did."

—Mrs. Milton McMullen, Vanessa, Ontario.

Lydia E. Pinkham's Vegetable Compound

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JERSEY CLOTH SUPPLIED DIRECT from manufacturer. Wool and silk and wool. Write for samples and prices. Nore-Knit Co., St. Catharines, Ont.

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WE CAN SUPPLY BEAUTIFUL stock in Silver Black Foxes. Registered in Canadian National Live Stock Records. Free from lung worm or other diseases. Litters averaged four this year. Order early. J. M. Briscoe & Son, Northcote, Ont.

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Minard's mixed with sweet oil makes a cool, soothing after shave. Heals tiny cuts by razor.

MINARD'S "KING OF PAIN" LINIMENT



From Mother of Six

"I think Lydia E. Pinkham's Vegetable Compound is wonderful! I have had six children of which four are living and my youngest is a bonnie baby boy now eight months old who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urge my friends to take it as I am sure they will receive the same help I did."

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