

## English Homes No Longer Stately

By General Crozier

Since the days when the great English poets and painters first made it famous, the quiet beauty of the English countryside has been proverbial. It is a beauty which has a quality of its own; a beauty felt and loved alike by Wordsworth and Rupert Brooke.

But it is a beauty which is in danger of being spoiled by the erection of areless, incongruous, and ugly dwellings.

During the summer months of this year thousands of holidaymakers have sought to refresh their souls and bodies by a sight of the countryside which Constable and others made famous. And although large tracts of upland hills and fields and valleys remain much as they were years ago travellers in many parts of this country have been appalled by architectural crimes which are being perpetrated apparently without a thought for the beauty which is being marred.

The bungalow peril is real. The desire to combat it is no desire fostered by cranks anxious to mind other people's business, but a crusade to preserve from destruction something which is essentially English and precious to English men and women.

Speaking recently at Maidstone, the Archbishop of Canterbury said: "Coming back from London this afternoon, at every eminence where I had expected to see a piece of the beautiful garden of England, what has struck my eye was a petrol pump, a tea kiosk, or one of those bungalows for which I find it impossible to find a suitable adjective."

A similar thought must have been in the minds of thousands of his fellow countrymen who have the preservation of the rural beauty of this country at heart.

If the present orgy of indiscriminate building is allowed to go on unchecked and without plan there is a danger that the English countryside will become one huge, ugly suburb, without the amenities of either town or country.

There is a beauty of the country, and there is the beauty of a town which is well and nobly planned.

What is wanted is a campaign of sound and sane building, and this can only be assured by the mobilization of public opinion in its favor.

Not so very long ago, Mr. Baldwin pleaded for an education of public opinion which would "save the countryside from the atrocities which are now too often committed."

Mr. Ramsay MacDonald is apparently of the same mind, judging by the following utterance: "Every day that goes past, some offensive bungalow, or some abomination of a building scheme . . . destroys not only the immediate spot where it is placed, but the whole sweep of the countryside."

Public Apathy

"Something really must be done to stop it and nothing can be done until public opinion is shocked by the atrocities and roused to action."

Well, public opinion has certainly been shocked, and continues to suffer fresh shocks every day. But little interest is being shown in the steps taken to prevent or remedy the evil.

It is not a question of expense. People can build at once well and cheaply. The only real necessity is competent supervision. Proposed building schemes should be supervised and approved by local county committees composed of people with a keen appreciation of the beauty of the countryside. What has been done in Oxfordshire and the Thames Valley should be copied elsewhere.

It is a question of taking the larger view; whether a new building on a certain site, of a certain style, and of a certain material will be in keeping with its surroundings or not; or whether it should not be altered without detracting from its usefulness and at the same time add to the beauty of its surroundings instead of marring it.

Let us buy our experience from the erection of the hideous early Colonial shacks and stores, whose ugliness could not be helped. The whole point is that the present orgy of ugliness can be helped. It is unnecessary.

We can build with harmony and beauty . . . if we only will!—Montreal Standard.

**The "Fans" Who Only Watch**

Dr. A. A. Brill in North American Review: For the great majority, unable to surpass and shine, to become champions and heroes, prefer the vicarious triumphs of a chosen idol to the dull level of mediocrity. It is not laziness that makes 99 fans to one player; it is not even the difficulty of inventing and providing games for multitudes of players. No, it is the fact that an ancient instinct, and a sound one, impels the average man to identify himself with Babe Ruth, Jack Dempsey, Bill Tilden or Walter Hagen, rather than to play himself, without distinction. To play the game, win or lose would serve our physical need; but only triumph, the downing of an opponent, the charm of applause, can preserve our psychic health. That is why I, for instance, gave up playing golf. The exercise, the walking and the rhythmic swing of the arms were good for my body, but my inability to turn in a card below 100 was bad for my ego.

## Do you take pleasure in Housework?



"I NOW go about my daily work with pleasure," says Mrs. Scott of Guelph. In spite of tiring domestic tasks and family cares, that is the way every woman should feel. But how many do?

Thousands of women all over the world have regained strength and nervous energy by taking Dr. Williams' Pink Pills, and write to tell us so.

Mrs. Scott is one of these. "I was very much run-down, nervous, tired. I took Dr. Williams' Pink Pills and am as well as ever again. Now I go about my work with pleasure; in fact, feel 10 years younger."

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## East and West Meet and Rest In Zanzibar

### Polyglot Peoples Learn Self-Rule Under Sultan and British Resident

Mombasa, Kenya—There are certain places in the world with names which appeal instinctively to that spirit of romance which is in all of us. Tahiti, Klondyke, Timbuktu, Zanzibar— it is the ambition of every traveler to know at least one in his time, and when this hope is on the eve of realization, he is ever so phlegmatic, he will feel the suppressed excitement of new experience.

But my arrival at Zanzibar was frankly disappointing. The tiny Persian trading boat with its inevitable Scotch captain, which had brought me from Mombasa, anchored a mile from the shore, and I awakened to look across a dazzling sheet of water toward Zanzibar, on the not far distant horizon, but looking far from the gem I had anticipated. I saw a sea front ranged with dull white houses, square and high; there was a flatness of outline which reminded me of seaside resorts in England, and I hunted in vain for the tapering minarets and domed cupolas with which the first sight of Jeddah and Suakin rewards the newcomer. Although the population is about 60 per cent Moslem, Zanzibar has only one minaret. For Moslem Zanzibar belongs to the Ismailia sect of Islam which tolerates no form of idolatry and has ruled out as heretical the building of minarets over mosques and of domes over tombs.

First Glimpse Misleads

Once ashore, however, my ricksha bowled quickly past the modern banalities of the front, to plunge into a real Arab atmosphere. Byways and alleys, high-walled, and drooping with overhanging balconies, crossed and recrossed one another. We never progressed more than 30 yards in any direction; we seemed always to be charging blank walls. And the hotel, when I reached it, removed the last tinge of my first disappointment. It was an old Arab house, set in a street 12 feet wide; I passed through a door of African teak, studded with enormous brass bosses and of a brown which age and polish had mellowed into bronze; within was the gloom of a true Arab dwelling, a dim vista of thick walls, of unexpected recesses, and of archways leading goodness knows where.

This impression of Zanzibar was purely Arab. But it was misleading. Later in the day, as I walked through the maze of narrow streets, I found a babel of English, French, Portuguese, Persian, Hindustani, Arabic and even Chinese and Japanese and, dominating all, Swahili, of which the island was the cradle. Zanzibar is the polyglot cosmopolis of East Africa.

Natives Taught to Govern

The Government of Zanzibar is directed by the Sultan with the advice of the British Resident in the Protectorate which was declared some 40 years ago. The early efforts of the new regime were, perforce, inspired

by a policy of direct administration as the existing native authority surviving from other days was both inefficient and corrupt. It took three decades to put the finances, the legislation and the administration of the island on a sound basis; but, as soon as a measure of stability and order had been attained, a change was made in the form of government to adapt it, stage by stage, toward the popular fundamental of the Dual Mandate.

As first step a Protectorate Council was formed, presided over by the Sultan, but it was purely advisory and consultative and in 1926 it was replaced by what is known as the Executive and the Legislative Councils—the former presided over by the Sultan himself; the latter by the British Resident who is assisted by three official and six unofficial members—two representing the Arab, two the Indian, one the Parsee and one the European communities. The formation of the Executive Council under the direct presidency of the Sultan has passed on to native shoulders the bulk of domestic responsibility. The police is native; there are native village courts of justice who settle their own affairs according to tradition with the right of ultimate appeal to the Sultan and the British Resident. Zanzibar, in spite of its polyglot ingredients, is slowly developing a native individuality and responsibility according to the motive of the policy of the Dual Mandate.

Pictureque Landscape

Zanzibar is very small; its sister island Pemba is smaller still; in all, the Sultan rules over little more than 1100 square miles. But the smallness of the islands is in the eyes of the visitor disguised by the luxuriance of its sub-tropical scenery. I enjoyed great hospitality during my stay; and in a full week drove the length and breadth of the island along fine macadamized roads cut through a landscape which was sheer delight. There was something in this tropical vegetation which defeated the traveler's armory of adjectives. The colors—greens and blues, pinks and browns—were incredibly vivid; the shadows were deeper and less harsh than on the African mainland. We drove through dark avenues of enormous mango trees, and on through palm groves which looked like bunches of knitting needles reared up, this way and that, against a pale blue sky. We skirted the coast—one bay succeeding another; shores of dazzling white sand washed by brilliant blue sea and flecked by the crisp shadows of overhanging palms. Nature surprised me and exceeded herself.

And then we came to the clove shambles (estates). All of us have tasted the spice, but few of us know how it grows or how it reaches the stage in which our cooks buy it for the flavoring of the apple pie. The trees are tall and bushy; their foliage resembles the bay leaf; the clove itself is the yearly blossom which grows in clusters, and at harvest time has to be picked from ladders 40 to 60 feet high. When the clusters have been gathered they are separated petal by petal, and these petals are strewn on spacious terraces of beaten earth to dry out in the sun. They are then the cloves which our grocers retail.

Excellent Roads

It was curious to be driving on excellent roads through the exuberant scenery of an Indian Ocean island; still more curious was it to learn that only ten years ago Zanzibar had no roads to speak of, that transport and movement had been by jungle tracks and that there had been villages within 15 miles of Zanzibar whose inhabitants had never seen the inside of the city. To-day the automobile trade flourishes in the island; there are lorry services collecting from all the larger clove estates; and there are even motorbus services—15 miles for half a rupee. This motor transit marks the latest stage of the development of Zanzibar; but it has also rung the knell of what, 30 years ago, was regarded as the marvel of the island. Zanzibar boasts, perhaps, the oldest railway with certainly the oddest name in the world, The BuBuBu Rail-

way with its miniature buslike carriages, its miniature belching engines, for 30 years roared and burped its way through primeval jungle.

## NO MEDICINE LIKE BABY'S OWN TABLETS

Once a Mother Has Used Them She Will Use Nothing Else.

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John Hollinworth, Maidstone, Ont., writes:—"I have three children, the eldest fourteen and the youngest nine months old. I have always used Baby's Own Tablets for them and have found no other medicine to equal the Tablets as a relief for the many ailments of childhood."

Baby's Own Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach. They drive out constipation and indigestion, break up colds and simple fevers and make the cutting of teeth easy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Mental Deficiency

Dr. E. O. Lewis in the Realist (London): The danger of excess of population about which we hear so much these days is a remote contingency as compared with the danger of a dysgenic population, that is a population with an unduly large proportion of persons of poor physique and low mental status. If we could examine the fall of nations and the passing of ancient civilizations in the light of our present biological knowledge, we should probably find that the deciding factor was the quality and not the quantity of the men and women. The rapidly increasing tendency in modern times to breed from poor stock, together with the humanitarian attitude of civilization towards the physically and mentally subnormal, which to a large extent nullifies Nature's method of eliminating the unfit, must inevitably result in a serious deterioration of the human material in the nations of the Western world.

Stop Colds with Minard's Liniment.

I do not know any principle of our Lord's that has been so brutally neglected as the right as well as the duty of the individual to use the talents which he has got.—Maude Royden.

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Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

Disarmament

Dr. J. T. Shotwell in Current History (New York): There is no arithmetical ratio possible in armaments as a whole, for the armaments of the modern world are not merely battleships, cruisers, tanks and guns—the armament of a modern industrial nation is the entire mobilized strength, the major part of which is not in armies or navies at all, but in the factories of peace-time production. There is no ratio of 5-53 in chemical warfare, for the nitrogen of high explosive is in all the air around us, and the factories that produce fertilizers foods and break up the constituents of nature for drugs and dyes are, with the slightest change in their machinery, the arsenal of high explosive and of poison gas. Commercial airplanes are the long-distance cannon of today, so that if disarmament were really getting rid of potential weapons, we should have to limit science in its advancing control over nature. The problem of disarmament, therefore, even when viewed from the standpoint of armaments, reaches into the very heart of the peace-time organization of nations, and every step of progress in the conquest over nature adds to the power of a nation in destructive power over others.

Church Union

The Bishop of Middleton in the Spectator (London): As things are at present there is only one Communion in all the world where there kneel side by side to receive the Sacrament of Unity men and women who know what it is to be a Catholic and what it is to be a Protestant, not by hearsay only, but by personal experience and practice. For this reason it is the peculiar function of the Anglican

## The Red Rose Tea guarantee means what it says. If not satisfied return the unused part in the package and the grocer will refund your money.

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RED ROSE ORANGE PEKOE is extra good

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Glasgow will have a night bank.

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FREE TRIAL PACKAGE of Dr. J. H. Guild's Green Mountain Asthma Compound sent on request. Originated in 1879 by Dr. Guild, specialist in respiratory diseases. Its pleasant smoke vapor quickly soothes and relieves asthma—also catarrh. Standard remedy at druggists, 35 cents, 60 cents and \$1.50, powder or cigarette form. Send for FREE TRIAL PACKAGE of 6 cigarettes, Canadian Distributors, Lyman, Ltd., Dept. CC2, 286 St. Paul St. West, Montreal, Canada.

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Well cleaned clovers bring high prices. SUPERIOR CLOVER HULLER CO. Box 75, Guelph, Ont., Canada

After Shave

Minard's mixed with sweet oil makes a cool, soothing after shave. Heals tiny cuts made by razor.

MINARD'S "KING OF PAIN" LINIMENT

KIDNEYS

For three years I have been troubled with kidney trouble, and could scarcely walk for pain. Last Christmas a friend of mine came to stay with us for a few days, and brought with her a bottle of Kruschen Salts, and gave me a good dose. After about a week, taking a little every morning, I found the trouble leaving me, and I could walk well. I have taken Kruschen regularly until a month ago, and then I thought I could manage without them, but last week a old trouble came back again. I immediately got a bottle of Kruschen Salts then and there, and I feel quite a new woman again. I am so grateful that I thought I would write and let you know what I think of your wonderful Kruschen Salts. (Mrs. E. H. Kruschen)

Kruschen Salts is obtainable at drug and department stores in Canada at 75c a bottle. A bottle contains enough for three to four months—good health for half-a-cent a day.

HELPED DURING MIDDLE AGE

Woman Praises Lydia E. Pinkham's Vegetable Compound

Sarnia, Ont.—"I am willing to answer letters from other women, to tell them the wonderful good Lydia E. Pinkham's Vegetable Compound did me. I cannot be thankful enough for the benefits I received during the change of life. I do housework and my husband's troubles made me unfit to work. A friend advised me to try the Vegetable Compound. I felt great relief at once, began to regain my appetite, and my nerves got better. I will recommend your medicine to all with troubles like I had."—Mrs. J. M. Benson, 162 N. Christina St., Sarnia, Ontario.

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## Restless Children

Children will fret, often for no apparent reason. But there's always one sure way to comfort a restless, fretful child, Castoria! Harmless as the recipe on the wrapper, mild and bland as it tastes. But its gentle action soothes a youngster more surely than some powerful medicine that is meant for the stronger systems of adults.

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