

Sturdy and Strong Young Britons

"War Babies" Show Remarkable Stamina and Set Record in England for "Super" Qualities

London.—A quarter of a million of the sturdiest youngsters ever born in Britain have left school to start the battle of life in earnest.

They are those despised "war babies" who, because they have not been coddled and overfed, are taller and heavier than their parents were at their age.

This quarter of a million of young boys and girls might be termed the second batch of "war babies." All the gloomy prophecies and pessimistic disparagement levelled against the "war baby" in recent years have been dispersed by the statement of a high County Council health officer.

"They are the finest reared in the history of the nation. They are an inch taller and four pounds heavier than their parents at the corresponding age. Their posture and carriage, too, are better. There is no comparison between the modern boy and girl and their counterpart of twenty years ago."

Medical and educational authorities are enthusiastic about the new generation, and there is every sign that the 1929 baby will surpass the 250,000 stalwart youngsters now taking the field.

Reports from infant death centres, the National Baby Week Council, educational and child welfare officials form one long panegyric of the 1929 baby.

"They are super-babies," said an infant welfare centre official, "sturdy, bright and intelligent to a degree which would stagger their forefathers. The modern baby is more advanced at three months than the pre-war baby at twelve months. Before the war the average baby fed and slept until he was two years old."

"Why is it?" said a nurse at an infant hospital. "Simply because we leave the modern baby alone and do not coddle it. Give it light, airy clothes, proper food, plenty of sun, and then leave it alone."

Besides schoolrooms nurseries, kindergarten, are better planned nowadays. As a matter of fact, the only adverse criticism against the modern baby is that modern children are more "nervy."

Fat babies have gone out of fashion. The baby experts look upon the fat baby as a coddled and overfed child, and bright eyes and agile cut more than avoirdupois in the 1929 babyland. "Every statistic and report submitted during the last few years prove that the talk about race degeneration is so much humbug," was how a schoolmaster summed up the case.

Russians Discover Channels in Far North Clear of Ice

Visit Far North and Find Things Unusually Wild and Attractively Comparative

Moscow.—The Russian icebreaker Sedov, exploring Franz Josef Land, far north of the Arctic Circle and the world's northernmost colony, has wireless Moscow authorities that the new Soviet radio station and meteorological observatory on Franz Josef Land has been auspiciously opened on Aug. 30.

The members of the expedition were enthusiastic over the successful progress of their task of exploring and taming Russia's section of the frozen north.

Leaders of the expedition are considering a project of using Soviet icebreakers as tourist ships for visitors from Russia and the rest of the world, who might desire a trip to Franz Josef Land and the other Russian possessions in the north.

At the present time the expedition is exploring Hooker Island. One of the groups has explored the spacious deep valley in the northern part of the island, through which flows a stormy mountain river. Another group crossed Hooker Island from south to north, reaching Cape Albert Markham and the glacier Helena.

It has been discovered that the Smirnov Channel and the Samolovitch Channel are free from ice and open for navigation. The Allen Young Gulf is covered with broken ice. From the top of Cape Albert Markham the members of the expedition observed the rapid movement of ice in the British canal and saw the rocky caps of the Algr Island, where the hut of Baldwin's Arctic expedition, which wintered there in 1901, is half covered with snow.

The Evacuation of Egypt

London Morning Post (Cons.): The British regime has come to be tolerated as a buffer State between the French in Syria and the Italians in Tripoli. Indeed, we do not think it too much to say that a withdrawal on our part would lead to a new occupation by another Power and thereby to another war, for no other European nation would be tolerated by its neighbors in the position we are allowed to occupy.

Does rheumatism hinder your work?

While working in a quarry as a driller, writes Mr. John J. Hogan of South March, Ont., "I was seized with rheumatism in the left shoulder. I followed treatments for some time without relief. I had heard so much concerning Dr. Williams' Pink Pills that I decided to give them a trial. They were certainly the medicine that I needed for it was not long before I was as well as ever. Now I take them every Spring as a tonic."

This is one of hundreds of cases in which these blood-enriching pills have proved effective in eradicating rheumatism. Buy Dr. Williams' Pink Pills now at your druggist's or any dealer in medicine, or by mail, 50 cents postpaid, from The Dr. Williams' Medicine Co., Brockville, Ont.

5-38



"No Smoking"

Whatever may be the reaction of passengers to the Graf Zeppelin to the "no smoking" rule, at least it will meet with the approval of members of the United States Forestry Service. They recently have shown conclusively that cigarettes and cigars thrown from airplanes may cause serious forest fires.

"To procure some dependable information, experiments with a forest patrol plane were conducted at the Spokane airport," says the report. "Lighted cigars and plain tipped cigarettes of brands commonly in use were dropped from altitudes of approximately 500 and 1,000 feet above the ground. At the time of the tests the temperature was about 75 degrees Fahrenheit, relative humidity 34 per cent, and wind movement about seven miles an hour. Of six cigarettes recovered, four were still burning when picked up."

"All five cigars recovered were still burning. It did not appear that increasing the height of fall from 500 to 1,000 feet was an important factor."

GETTING ON IN THE WORLD

There are many different ways of getting on in the world. It does not always mean making a great deal of money, or being a great man, whom people look up to with wonder. Leaving off a bad habit for a good one is getting on in the world; to be clean and tidy, instead of dirty and disorderly, is getting on; to be careful and saving, instead of thoughtless, and wasteful is getting on; to be active and industrious, instead of idle and lazy, is getting on; to be kind and forbearing, instead of ill-natured and quarrelsome is getting on; in short, when we see anyone properly attentive to his duties we may be sure that he is getting on in the world.

Where do mothers learn the things they tell their daughters not to do?

LUXO FOR THE HAIR

Ask Your Barber—He Knows



Too Much ACID

Many people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia. It has remained for 50 years the standard with physicians. One spoonful in water, neutralizes many times its volume in stomach acids, and at once. The symptoms disappear in five minutes.

Owl-Laffs

There's nothing like a wedding To make a feller learn. At first he thinks she's his'n. But later learns he's her'n.

A husband's first idea is to protect his wife, but it slowly dawns on him that he'll be doing well if he protects himself.

"Wisdom causeth the face to shine," says the Bible. But we've never seen anybody with enough of it to have to use dimmers.

That fat of the land are diabetic.

"Ah," murmured Happiness to herself, "Here is a man too busy to notice that I am here. I will camp with him."

A Fellow Feeling

A wanderer drifted into the side door of a gymnasium just in time to see an acrobat, who was practicing, do a cart-wheel, flip-flop and full twisting back somersault.

"Brother, I know just how you feel," said he, "I drank some of that same stuff yesterday."

The Soap Question

Girl—"Have you any 'Lifo Buoy'?" Drug Clerk—"Just start something and you'll find out."

No one ever did work for an indifferent boss.

When a man gets the best of his wife in an argument he's what the Bible would call "more than conqueror."

Chinese girls should have no difficulty in learning stenography. There is no spelling in that language.

"I was reared in the lap of luxury," said the multi-millionaire's daughter. "Try mine for a change," suggested the impecunious young man.

If his mouth is grim and his face flushed, the lady he is teaching to swim is his wife.

"A close friend," said some one, "may be a precious possession, but most of us prefer one who will loosen up occasionally."

Lecturing Explorer—"Just to show you the advance of our civilization, in the past the Eskimos used to eat candles for dessert."

Clever Young Hardware Clerk—"And now, I suppose, they get electric light bulbs?"

Autumn, Hopes and Fears

Stranger: "Who fears December's windy days, Who minds the winter's freezing days, When toes are piled upon the blaze And all is warm inside?"

Why fret about approaching snow, Why fear a coal bill to owe, When cheer is by the fireside's glow, In the nest where you abide?"

City Dweller: "Your talk's all right for country folks Who burn big logs of sturdy oak, But here that stuff is all a joke—Just listen to me cough."

The days of fire are at an end; On steam heat here we must depend, And that's a game of just pretend—My toes are freezing off.

A city can't have much of anything until it has cleanliness.

The Sphinx and the Nile

London Observer (Ind.): The Anglo-Egyptian agreement awaits the judgment of the Parliaments of Britain and Egypt. The treaty which it contemplates is contingent on their approval. But more is at issue than the relations between two States whose destinies history and geography have linked together. The new proposals must needs react upon the situation in India. They are of intimate concern to the Dominions. They bear directly upon the moral prestige of Britain throughout the world.

Quip—What's the matter with that physical wreck over there? Has he had the flu? Quick—No, but he did everything people told him would keep it off.

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that—for your own sake—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

A WARNING TO MOTHERS

Watch the Health of Your Little Ones at All Times

No mother can expect that her child will escape all the ills to which babyhood and childhood are subject, but she can do much to lessen the severity of these troubles. The mother should be constantly on her guard to prevent childhood ailments, or if they come on suddenly, as they usually do, to have the means at hand to relieve them. Thousands of mothers have found Baby's Own Tablets the ideal remedy for little ones—thousands of mothers always keep the Tablets in the house as a safeguard against the sudden illness of their little ones.

Baby's Own Tablets are a mild but thorough laxative. They regulate the bowels; sweeten the stomach and thus banish constipation and indigestion; break up colds and simple fever and make the cutting of teeth easy. The Tablets are absolutely guaranteed free from injurious drugs and may be given to the youngest child with perfect safety. They are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Drain of Gold

Economical in the Review of Reviews (London): The centre of financial gravity has moved from New York to Paris. We are no longer anxiously watching America. We are watching France, who has been busy converting her foreign balances, dollars and sterling, into gold. It is alleged that the movement is the result of the shifting of private balances, but inquiries go to show that official balances, the balances of the French Treasury, are also being moved to Paris. Whatever the cause of the movement, it is occasioning serious embarrassment to this country. This country has made great sacrifices for the gold standard. It is doubted whether the industrialists and business men would have agreed to return to gold at the pre-war parity, had they been able to foresee its consequences to industry. But we relied upon the rest of the world to play the game as we did. None of the other participants in the war have done so.

Horse Racing

Detroit News: If only the professional gambler stood to lose by the game's dishonesty, the community might be forgiven for regarding it with some equanimity. It reaches farther than that. Losses of fidelity bond companies in Chicago show that the number of embezzlements in Illinois is between two and three times what it was before. Many of the cases are those of small clerks who spend their salaries and at they can steal from their employers at the tracks. As long as these are matters of record, why prate of "honest racing"? Who ever heard of any honest business that created thousands of thieves?

UPON THE MOUNT

No soul can be healthy without the hill-country, its sacred heights whence come new mornings, and release from small limitations, and sense of space and outlook. And the soul must climb its hills even when its circumstances are like a low, monotonous plain. It must climb the mount of the revealed purpose of God. It must take a turn up the slopes of some outstanding promise. Get thee up into the high mountains of grace. Look up and get up where good tidings are born, and where thou canst see the land that is very far off! "Go, stand upon the mount before the Lord!"

Minard's Liniment—Used for 50 years

Women Aviators

London News and Westminster (Lib.): The Duchess of Bedford has created a new and striking record which is not likely to be easily broken. But hers is not the first and perhaps not the most remarkable instance of woman's daring in the air. There are now numerous expert women pilots, numerous clubs which have more women applicants than men, numerous achievements in which women have shown themselves to be unsurpassed in skill, in daring and in fortitude. They have shown, indeed, that in this, as in other directions, there are not two standards of daring but one and in this, when they wish, no one can excel them.

I know of nothing which gives a man a greater feeling of well-being than when he has touched a fellow for a tenner and got away with it—Edgar Wallace.

His Place

Wealthy but careful gentleman to friend, who is impecunious, and calls to ask for a loan of \$1000. "Well, and what security have you?"

"The caller slaps his chest as pledge of personal honor.

Careful Gentleman—"Very well (opening safe), please step in here; that's where I keep my securities."

An elderly woman, visiting the grave in which her third husband had lately been laid with the other two, was accosted there with an expression of condolence by a man who had been one of her earliest sweethearts. He had got no further than, "Ah'm reyt sorry, Sarah," when, pointing to the tombstone, she cut him short with: "Ah want noan o' thy sympathy. If thad a' been hawf a man, thy name 'ud a' been 't' first o' them three."

The candidate was confident of "getting in." He had personally canvassed from door to door the whole constituency, and the promises assured him that the seat was his. When the poll was declared, he found himself at the bottom of the poll. The usual after result speeches from candidates were called for, and the only sentence he said was, "I am glad that I am not to represent such a lot of d—d liars as you." At the next election he was top of the poll.

SILENCE

Blessed is the man who, having nothing to say, abstains from giving us wordy evidence of the fact.—George Eliot.

Department of Health

When the school bells rang in Ontario on September 3rd thousands of small boys and girls started on the greatest adventure of childhood—Going to school.

Every Starter a Healthy Scholar

Upon the health of the child as he enters school depends, to a large extent, his success or failure as a scholar. Everything that is done from the time a child is born to develop in him a strong, sound body is a contribution to his school success. Malnourished, sleeky children not only are likely to miss school often, but they can not do the best work when they are in school. It takes a strong, vigorous child to get the most out of school life.

Parents who have children entering school for the first time this fall owe it to their children to have every possible handicap removed, every defect remedied, which medical and dental science can correct. This common-sense idea of starting school without a handicap on the health score is fast becoming very popular in Ontario and hundreds of children are now entering school with health 100% perfect.

Protection Which Means Much

Diphtheria is disease which is particularly dangerous in childhood. There are very few deaths from this disease among grown-ups; it takes its greatest toll from among young children. In Ontario to-day there is no excuse for any child starting school without protection against diphtheria, for the reason that science has perfected a preventive which is supplied free of charge to physicians for the use of all children within the province. Toxoid is the name of this preventive; it is given in three doses three weeks apart injected into the skin of the forearm.

Mothers and fathers would be willing to risk their lives to save a baby even if it meant pulling him from the railway track in face of an approaching train or dashing in front of a racing motor car. Yet the danger of diphtheria is an ever-present one for the unprotected child from one to ten years of age. Toxoid is a proven protection against this danger of childhood; it is insurance for the child and the parent—and is supplied free by the Department of Health of Ontario.

FORCE OF CHARACTER

The force of character is cumulative. All the foregone-days of virtue work their health into this.—Emerson.

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A French Gesture

Manchester Guardian (Lib.): It is pleasant to hear that a Dusseldorf architect has been appointed to the Chair of Architecture and Town-planning at the Sorbonne. . . . We sometimes forget, after the terrible experience of a war that shattered all the traditions of civilized life, that in other wars the ties that bind scholars and students were not all broken when nations were at war. Sir Humphry Davy received a prize from the Institute of France for his discoveries when we were at war with Napoleon, and in the earlier war with France, French admirals were instructed to give and help they could to Captain Cook if they came across him in distant seas. The Great War was in all these respects the most complete and implacable quarrel that ever divided nations. Universities—and the German universities first of all—were conscripted, and universities knew each other only as enemies. With a German professor at the Sorbonne and German Rhodes scholars returning to Oxford universities know each other once again as allies in the service of truth and learning.

Stop Colds with Minard's Liniment.

Britain's Burden

New York Herald-Tribune: It is easy to denounce the official laxness which permitted the movement (in Palestine) to develop; it is far more difficult to chart the wise British course in such an emergency. Immediately, of course, the riots must and will be put down. The obligation of the English Government to protect lives and maintain order in Palestine is clear. Then what? The British statesmen who so lightly pledged independence to the Arabs and a homeland to the Jews promised more than they realized, and the problems faced by the statesmen at The Hague are simple compared to the solution of the tangled skein of races and religious in Palestine.

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That's All

Mistress (engaging maid) — "And have you any religious views?" Maid — "No, ma'am, only a couple of postcards of Southend."

PATENTS

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Dry up boils with Minard's. Its antiseptic qualities kill the poison, and draw out inflammation.

MINARD'S "KING OF PAIN" LINIMENT

DADDY CAN NOW EAT ANYTHING

He dearly loved a rich tit-bit. The spirit was willing, but the flesh was weak. Whenever he ate anything rich, his boys used to say, "Poor dad, he will pay the penalty to-morrow." Read the sequel in his own words.

Since taking the regular dose of Kruschen Salts it is quite different, and my boys enjoy themselves seeing me eat what I dare not touch before. My eldest son was the same, but since he has taken Kruschen Salts he can eat and enjoy whatever is put in front of him.

Modern artificial conditions, errors of diet, overwork, lack of exercise, and so on, are bound to have injurious effects in the long run providing due precaution is not taken. Kruschen Salts should be your safeguard. Besides cleansing the body of impurities gently, sweetly and painlessly, they possess a vital power of giving new life and vitality to the countless millions of cells of which every body is composed. That is why physicians never hesitate to recommend Kruschen Salts.