

STORMY WEATHER HARD ON BABY

The stormy, blustery weather which Canadians experience during February and March is extremely hard on babies and young children. Conditions make it necessary for the mother to keep them confined to the house, whose rooms may be overheated or badly ventilated. The little ones catch cold and their whole system becomes racked. To guard against this a box of Baby's Own Tablets should be kept in the home and an occasional dose given the baby to keep him fit, or if a cold suddenly grips him to restore him to health again and kept him in good condition till the brighter, warmer days come along again.

Baby's Own Tablets are just what the mother needs for her little ones. They are a mild but thorough laxative which regulate the bowels, sweeten the stomach; breaks up colds and simple fevers; banish constipation and indigestion and make the cutting of teeth easy. The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Strawberry Hint

As soon as the strawberry plants begin to grow in the spring most of the mulch should be removed from over the plants in order to admit the necessary light and air in the leaves. Remember to leave a light covering of straw, however, to protect the berries and keep them clean, working the remainder of the mulch down between the rows, where it may form a moisture-retaining mulch and prevent weed growth to a considerable extent.

The daughter of the house had been forced to choose between the poor young suitor and the rich old man, and being a practical lass, had picked the rich old man, whose reputation was none of the best. "To tell you the truth, Sylvia," her father said when the engagement was announced, "I'd rather see you married to Joe before old Doughbags." "I'm sorry, daddy," the girl sympathized, "but Joe and I talked it over, and we both feel that I ought to marry Doughbags first."

A doctor declares that kissing shortens life. We presume he means single life.

It May Be Urgent



When your Children Cry for It

Castoria is a comfort when Baby is fretful. No sooner taken than the little one is at ease. If restless, a few drops soon bring contentment. No harm done, for Castoria is a baby remedy, meant for babies. Perfectly safe to give the youngest infant; you have the doctors' word for that. It is a vegetable product and you could use it every day. But it's in an emergency that Castoria means most. Some night when constipation must be relieved—or colic pains—or other suffering. Never be without it; some mothers keep an extra bottle, unopened, to make sure there will always be Castoria in the house. It is effective for older children, too; read the book that comes with it.

Fletcher's CASTORIA

**ALL BIRD LOVERS NEED
BROCK'S BOOK ON BIRDS**

The more care and attention you give your birds, the greater your reward in plenty.

SEND for Brock's Famous Book on Birds—280 pages of useful information on the care, feeding, breeding and treatment of cage birds. Mail the coupon and 10c for the book and a generous trial sample of Brock's Bird Seed—the proper diet for birds—and Brock's Bird Treat—that wonderful bird tonic.

MAIL THIS COUPON

Misses NICHOLSON & BROCK, LTD., 217
125 George St., Toronto 2.

Dear Sirs: Enclosed please find 10 cents for Brock's Book on Birds, a sample of Brock's Bird Seed and Brock's Bird Treat, as advertised.

Name.....
Address.....

OWL LAFFS

(ON WITH LAUGHTER)

If a girl idolizes her mother she'll never be sentenced to the house of correction.

"What is the biggest problem?" we asked the manager of the installment house.

"Getting 'em to pay up after they have paid down," he sighed.

Salesman: "This is a companionate piano."

Customer: "Companionate?"

Salesman: "Sure. You try it two months, and if you don't like it, don't keep it."

Two men went hunting for the first time and borrowed a few dogs from a farmer. After they had been out for a while they returned.

"What's the matter?" asked the farmer. "Do you want more shot?"

"No," they replied, "we want more dogs."

They evidently never missed their mark.

Beggar—Kind lady, I was not always like this.

Lady—No. Last week it was your other arm that was missing.

"Daddy, may I have a dime?" asked little George.

Dad obliged him with a smile.

"This time you won't make me give it back after the company's gone, will you, daddy?" was George's loud remark.

"We are now," announced the guide, "passing through a rural hamlet."

"Oh!" exclaimed the sweet young thing. "I thought a hamlet was a little pig."

BELIEVE IT OR NOT

You can afford the things you want in time—no doubt—
if you don't buy the things you now can do without.

"Where were you boys when I called for you to help me an hour ago?" asked Farmer Jones.

"I was in the barn setting a hen?"

"And I was in the loft settin' a saw," answered the other.

"I was in grandma's room settin' the clock," came the response.

"I was up in the pantry settin' a trap," said a fourth.

"You're a fine set," remarked the farmer. "And where were you?" he asked, turning to the youngest.

"I was on the doorstep settin' still," was the reply.

Another one of these "high fliers" come to roost—as a man puts it.

An Irishman about three sheets in the wind was on his way home. It was after midnight, and as he crossed a bridge he saw the reflection of the moon in the water, when a policeman approached from the opposite direction. The Irishman, addressing the policeman, said:

"Phwat's that down there?"

"Why, that's the moon," replied the policeman.

"Well, how in the deuce did I get up here?" asked Pat.

Every man should be his own liver regulator.

Long hair is coming back say the fashion experts, but not so as to bring any hope to a bald-headed man.

Household Hint—Two old evening gowns sewed together make an excellent pen-wiper.

Some bridges span rivers and some span afternoons.

Trees for Prairies

Each year greater interest is being shown in the planting of shelterbelts on prairie farms in Western Canada and preparations completed for the 1929 distribution by the Dominion Forest Service nursery stations at Indian Head and Sutherland, Saskatchewan, point to this as one of the busiest years in the history of the work. Approximately 8,000,000 seedlings and cuttings will be shipped out.

Minard's Liniment for Coughs, Colds.

The Student
"I suppose you noticed that Jenks has sold a painting? He's a great student."
"Of art?"
"No, salesmanship."

WHY SHOULD HE suffer from rheumatism like this?



If he would accept the advice of thousands of men and women, he would find relief by taking Dr. Williams' Pink Pills. Rheumatism is not a surface ailment that can be banished by rubbing with liniments or oils. Watery, poison-laden blood must be built up and purified before there can be any progress toward permanent recovery.

Time and again, sufferers have proved the value of Dr. Williams' Pink Pills in the treatment of rheumatism. "For some years," writes Thomas Martin, of Novar, Ontario, "I was so badly troubled with rheumatism I could hardly walk and suffered great pain. I had medical treatment but did not get much relief. After taking Dr. Williams' Pink Pills for some time the trouble disappeared and has not since shown the least sign of returning."

Start today to relieve your rheumatism. Buy a box of Dr. Williams' Pink Pills at your nearest druggist's or, postpaid, by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ontario.

Dr. Williams' PINK PILLS

"A HOUSEHOLD NAME IN 54 COUNTRIES"

Fire Protection

Three thousand farm people are killed by farm fires and one hundred and fifty million dollars worth of farm property is burned every year in the U.S. and many more in Canada. Seventy-five per cent. of this damage is due to carelessness.

"There are several ways that a farmer may protect his property." No argument is needed to support the statement that farm buildings can and should be protected from lightning by good lightning rods. Thirteen and one-half per cent. of farm fires are caused by lightning. Nearly as many are caused by defective chimneys and flues.

"Chimneys should be inspected to see that they cannot leak sparks thru the cracks where mortar may have dropped out. Every chimney should be lined with fire tile. And when re-shingling, or building new, put on a fire-resistant roof. It need not cost a fortune to have your own fire-fighting apparatus with which to put out fires in their early stages. It may cost a fortune to lack that equipment. A two and one-half or three-gallon chemical tank in the barn, ready for instant use the minute a fire starts. A small application of water or chemical can stop a fire while it is still small."



He: You look as though you'd lost your last friend.
She: Yes—it's my boy friend, too.

Canada's Fishing Industry

The existing fishing industry of Canada is the growth of the past century. In 1844 the estimated value of the catch was only \$125,000. In 1927 it was forty-nine millions. The highest record was reached in 1913 with over sixty millions. These figures represent the total value of fish marketed, whether in a fresh, dried, canned or otherwise prepared state. The number of employees has mounted to 80,000, and the total capital invested to \$50,000,000 in certain years.

Minard's Liniment for Grippe and Flu.

Scientist Tells Of Camera Work On Sea's Floor

Prof. Longley Photographs Marine Life and Scenery in the Gulf of Mexico Liberties Taken by Fish

Scientists wearing under-sea helmets are exploring submarine life in the Gulf of Mexico. Carrying cameras, they proceed leisurely after their work of observing and recording fish and plant activities. One of these explorers, Professor W. H. Longley, of the Carnegie Institution of Washington, has spent more than 3,000 hours under water, writes C. Moran in "Popular Mechanics Magazine."

A stroll on the bottom of the sea is a thrilling experience. A small launch equipped with air pump and coils of rubber hose, is anchored over a spot twenty to thirty feet deep off Loggerhead Key, seventy miles west of Key West. A short ladder is hung over the side. If you reach the last rung, before stepping out into water-filled space, the hose is attached to a copper helmet, in the front of which a square of plate glass is securely fitted.

Carefully, John Mills, the engineer, lowers the helmet over your head until its weight rests firmly upon your shoulders. An assistant takes his stand at the air pump. You are told to let go, to proceed where you please. When your breath clouds the glass, Mills warns, tip your head, letting the water run inside the helmet, and the glass will clear. Follow the hose back to the boat when you wish to return.

Gently as a feather you come to rest on the ocean floor. You may strain your ears but will hear no sound. You look upward but see no sky. You gaze outward, but even under the most favorable conditions fifty feet marks the limit of your horizon. No sharp contrasts of light and shade are to be observed, for the all-pervading illumination softens every outline and angularity and shrouds every object in a peculiar haze.

SEEMS UNLIKE WATER. The water, transparent and constantly moving as seen from above, seems no longer to be water, but a queer encompassing medium without motion. You are not conscious even that it is wet. You stretch your hand toward a great coral head towering beside you. It is beyond the sweep of your arm. You attempt to place your foot on a bit of jetting coral but miss it entirely. Georgianisms, a coral-like form, and other growths, ankle-high when viewed from the boat, strike you at waist or shoulder or overtop you altogether. Declivities which seemed slight before are often seen to run into huge depressions, and sometimes into real gorges.

Your movements at sea bottom are like the slow-motion pictures at the cinema. The fishes appear suspended lightly in their investing fluid, a quiver of fin or tail propelling them with equal ease in any direction, up or down. They exhibit a mild curiosity at the presence of a man, swim lazily about you and idly nose you over. Even a dreaded barracuda, the "tiger of the sea," treats the astonished stranger with good-natured consideration; inspects him curiously, and swims slowly away.

LONGLEY TELLS HIS STORY. Professor Longley, who frequently spends four or five hours on the sea bottom, gives the following description of his experiences: "Except when the light is strongest and the water itself most free from sediment one is denied sight of all but the immediate surroundings, the world being resolved into a diminutive hollow hemisphere, pervaded with silence and on all sides fading into nothingness. One's narrow field, however, if wisely chosen, may seem with life. It is more than probable that long-spined sea-urchins infest the place, twiddle their spines if one approaches, or make off at a surprising rate of speed to shady places if disturbed. Yellow, brown or purple gorgonians, heavy with expanded polyps, stand on every side, with an occasional coiled basket star close-wrapped about their branches, where its inertness completely belies its power of motion."

LOBSTERS ARE GREEDY. "Large spiny lobsters, torn between

The Red Rose Tea guarantee means what it says. If not satisfied return the unused part in the package and the grocer will refund your money.

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

distrust and greed, from under mushroomed heads of coral protrude their antennae and wave them frantically over proffered food. Hermit crabs with heavy shells sit aloft on purple sea fans. With their spoon-shaped fingers, spider crabs, ensconced in safe retreats, rub off the encrusting growth of plants and fill themselves to repletion.

"The variety in coloration of fishes is an unending source of delight. Whether one looks down upon them through the glassy water or whether they float into one's field of view through the circumambient haze, they provoke recurrent expressions of admiration. One is thrilled as by the beauty of Aladdin's garden.

COLORS INDICATE HABITS. "Particular colors are correlated with specific habits. Red, for example, is almost wholly restricted to nocturnal fishes which lie hidden by day. The greens, on the other hand, characterize such species as live upon the green reef flats or swim near the surface in open water.

"Equipped with diving hood, one may walk about freely and thus lead carnivorous forms from point to point by offering them food. It is possible under such circumstances to evoke their various color phases at will by selecting the spot which the creatures are led.

"The movements of herbivorous forms are not subject to quite such definite control, but one may walk up to browsing schools of tangs or parrot fish, follow them about and procure information with little effort. All the creatures may be photographed amid perfectly natural and typical surroundings with little difficulty."

25c In stamps or coins, will bring you Five High-Class Toilet Preparations (trial sizes) by return mail. Dept. W.

Chamberlain Laboratories TORONTO (3)

Free Book About Cancer

The Indianapolis Cancer Hospital, Indianapolis, Indiana, has published a booklet which gives interesting facts about the cause of Cancer, also tells what to do for pain, bleeding, odor, etc. A valuable guide in the management of any case. Write for it to-day, mention this paper.

The soothing, cooling touch that brings comfort to the babe

Cuticura Talcum

The newest of the Cuticura preparations. With a background of 50 years of dependable quality and service.

25c. Everywhere

Had The Flu? Watch Kidneys!

Warner's Safe Kidney and Liver Remedy helps remove dangerous Poisons.

That terrible "after-flu" weakness saps your vitality. You're listless. You tire easily. Don't sleep well. Poor appetite, every bone in your body seems to ache. Take care—lowered vitality lessens your resistance to disease. If "flu"-victims only know how important it is to keep kidneys active, regular Nature, trying to help you get well, sends body poisons to those vital organs of elimination. Weakened by illness, they can't do their duties as Nature intended without help.

Warner's Safe Kidney and Liver Remedy, an old-time herbal remedy, is so helpful. Gently it stimulates kidneys and liver to clean out body poisons. With blood-stream cleansed, organs functioning properly, you take a new lease on life.

For over 50 years grateful users have been telling us how this safe, pleasant-tasting herbal remedy has helped them. Get your bottle today—at your druggist's. Warner's Safe Remedies Co., Toronto, Ontario.

Warner's Safe Kidney and Liver Remedy

**Too Much
ACID**

PHILLIPS' MILK OF MAGNESIA

For Troubles due to ACID INDIGESTION ACID STOMACH HEAVINESS HEADACHE GASES-NAUSEA

Many people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia. It has remained for 50 years the standard with physicians. One spoonful in water neutralizes many times its volume in stomach acids, and at once. The symptoms disappear in five minutes.

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that—for your own sake—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.

Classified Advertisements

FEMALE HELP WANTED

LADIES WANTED—To do plain and light sewing at home, whole or spare time; good pay; work sent a distance, charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

GRATIS (LITTLE FRIEND TO EITHER SEX) mailed in plain envelope. Paris Specialty Co., Gaster 2423, Montreal, Quebec.

BARRED ROCK COCKERELS FROM qualified Record of Performance and Registered Breeders. Canada's oldest high laying strain, Unpedigreed, \$3. 14. Pedigreed, \$5. 16. 25 years a breeder. Hatching Eggs, Chickens, Cocks, Cedar Row Farm, Catsville, Ont.

A-1 BABY CHICKS. WE HATCH four varieties, price 3c up. Write for free catalogue. A. H. Switzer, Granton, Ontario.

Sticky Business

Grocer (after filling molasses jug)—"Here's your molasses, sonny; where is your dime?"

Boy—"I left it in the jug."

Trouble always finds the wise man too busy to see him.

PATENTS

List of "Wanted Inventions" and Full Information Sent Free on Request.

THE HANSEATIC CO. Dept. W. 273 Bank St. Ottawa, Ont.

Schwegler's THORNTON'S

Old-time remedy for all ailments. White, Brown and Red Pills, Bile Beans, Black Mincers, Blue Ointment, White Wafers, etc. Write today for FREE CHICK DOOR. SCHWEGLER'S HATCHERY 224 Northampton St., Buffalo, N.Y.

**Deafness
Head Noises
LEONARD
EAR OIL**

RUB IT IN BACK OF EARS—INSERT IN NOSTRILS—PRICE 1/25—AT ALL DRUGGISTS

Quickly Eases Irritated Throats

Slowly swallow a sip of "Buckley's." You'll be astonished by the immediate relief it brings to a sore, inflamed throat. Singers, speakers and smokers should never be without it. The first dose clears and soothes the throat and bronchial tubes and there are 40 doses in a 75-cent bottle. At all druggists and guaranteed.

BUCKLEY'S Mixture

Acts like a flash—a single sip proves it!

For Influenza

The Liniment that Relieves All Ailments

**MINARD'S
"KING OF PAIN"
LINIMENT**

WHEN IN TORONTO Eat and Sleep at

GOOD ADVICE FROM MOTHER OF SEVEN

Recommends Lydia E. Pinkham's Vegetable Compound

Toronto, Ont.—"I began taking Vegetable Compound for nerves and other troubles and I must say I felt different after the first dose. I have been told this last six months that I look twenty-five, although I am now forty-seven and have had seven children. I have taken the Vegetable Compound regularly for some time and sleep well, rise early and feel young."—Mrs. McKee, 18 Laurier Ave., Toronto, Ontario.