

ALARM CLOCK FREE



You need save only five (5) sets of "Poker Hands" to have this attractive Alarm Clock, ticking away in your home, keeping the right time, all the time.

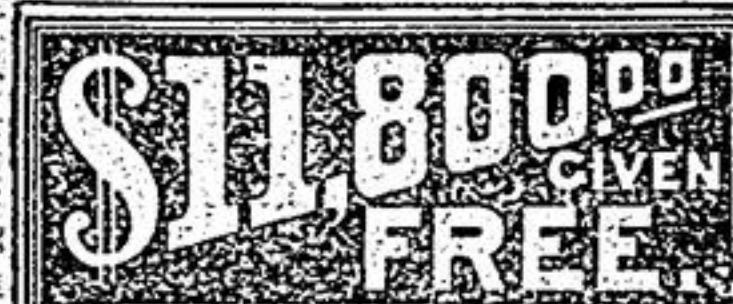
A "Poker Hand" is attached to every plug of Big Ben Chewing Tobacco. All the time you are saving for the Alarm Clock, you are enjoying a tobacco of exceptional quality, richness of flavour, and lasting satisfaction.

This Alarm Clock is one of many presents procurable in exchange for "Poker Hands".

Dealers everywhere have Big Ben by the plug and by the Vacuum (air-tight) tin.

Chew **BIG BEN** and Save "Poker Hands"

"When you quarreled to-day, you let your husband have the last word. That is not usual." "No; but I wanted to give him a little pleasure, as it is his birthday."



The above amount of money has been given away by us in CASH PRIZES.

\$500.00 more will be given away as follows:

1st prize \$100.	5th prize \$40.
2nd " 75.	6th " 30.
3rd " 60.	7th " 25.
4th " 50.	8th " 20.
5th prize of \$10. each in cash	
10th prize of \$5. each in cash	



Solve this puzzle and win a CASH PRIZE. There are 7 faces in the picture besides the Canadian Beaver. Can you find them? Has a mark each one with an X, cut out the picture, and write on a separate piece of paper the words, "I have solved the puzzle." Send in the marked card and mail same to us with your name and address. In case of handwriting and neatness will be considered factors. If correct we will advise you by return mail of a simple condition to meet. Do not send any money. You can win a prize without spending one cent of your money. Send your reply to GOOD HOPE MANUFACTURING CO., 455 Craig Street West, MONTREAL, Canada.

Making the Most Of Furnace Heat

The greatest loss of heat units often takes place at the heating plant itself, exclusive of the pipe system. There is no heating plant manufactured which is 100 per cent efficient in delivering the heat it produces in the places where it is wanted. The plant in the average home is very seldom more than 50 per cent efficient, and this means, of course, that one-half or more of the heat generated by the fuel goes up the chimney or is lost in other ways directly from the plant. The heat which escapes into the basement obviously does some good, but what ascends the chimney is a total waste. These losses cannot be helped, but the other 50 per cent of heat units can be prevented, if one knows how, from escaping out of the house until they have delivered their maximum of heat.

Some heat is lost by the piping from the furnace to the radiators, therefore attention must be given these pipes. Where they are long and exposed to much cold they should be covered with asbestos, even if they are steam or hot water conveyors. All pipes in a hot-air system must be carefully covered with asbestos paper, which should be renewed as soon as the old material cracks or loosens from the metal. This kind of heating system, to be most effective, also requires a free air circulation, so that the cold air in every room can rapidly descend to the furnace.

Of course, a considerable amount of heat escapes at the windows and doors by conduction through the glass and the wood, while some leaks out through cracks and ill-fitting sashes. Much of the heat lost through conduction can be retained by using well-fitting storm windows and heavy storm doors. Openings between the window and door casings and the walls

Baby's Own Tablets Are the Ideal Remedy for Babies and Young Children

Canadian mothers are noted for the care they give their little ones—the health of the baby is most jealously guarded and the mother is always on the lookout for a remedy which is efficient and at the same time absolutely safe. Thousands of mothers have found such a remedy in Baby's Own Tablets and many of them use nothing else for the ailments of their little ones. Among them is Mrs. Howard King, of Truro, N.S., who says:—"I can strongly recommend Baby's Own Tablets to mothers of young children as I know of nothing to equal them for little ones."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams Medicine Co., Brockville, Ont.

Spying on Limpets Man's 17-Year-Job

Gale Wrecked Raft Just When Success Seemed Assured

London.—It is revealed in the Journal of the Marine Biological Association just published, that for 17 years scientists have been prying into the private life of the Common Limpet, on the bottom of ships.

Really interesting Common Limpets were marked with files and decorated with anti-fouling paint. In one case this was done on a wharf.

The other limpet world was observed on a wooden raft. Just when the scientists were hoping to determine the sex of the limpets attached to it, the raft was destroyed in a gale, with a total loss of all Common Limpets.

"Impossible to Dogmatize" The watch on wharf limpets, however, is still providing interesting information about the lives of these "individuals," as they are described in the report.

"It is impossible to dogmatise on the age of any limpet to within a few months," but:

In Scottish limpets Russell (loc. cit. 1909) estimates the lengths at one year old as 20 to 25 mm.; at two years, 35 mm.; about 43 mm. in the third, and 45-48 mm. at the end of the fourth year; whereas it has been shown above that at Plymouth a length of 53 mm. was attained at an age certainly not more than two years. Overcrowding among limpets is apparent. It was soon found that many had attained maturity at the age of only a few months, so that new generations soon began to overlap the earlier ones.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.

Indigestion



What most people call Indigestion is usually excess acid in the stomach. The food has soured. The instant remedy is in an alkali which neutralizes acids. But don't use crude salts. Use what your doctor would advise. The best help is Phillips' Milk of Magnesia. For the 50 years since its invention it has remained standard with physicians. You will find nothing else so quick in its effect, so harmless, so efficient.

HIRSH BAKER

One tasteless spoonful in water neutralizes many times its volume in acid. The results are immediate, with no bad after effects. Once you learn this fact you will never deal with excess acid in the crude ways. Go learn now why this method is supreme.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.

Minard's Liniment for Grippe and Flu.

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