

WAS VERY DELICATE

New Health Came Through Using Dr. Williams' Pink Pills.

Mrs. Caspar Miller, Lourdes, N.S., says that twice in her lifetime she has reason to be thankful for what Dr. Williams' Pink Pills did for her. She says: "I was a very delicate girl going into womanhood, when I first found benefit from Dr. Williams' Pink Pills. I was a sufferer with cramps and pains every month and was hardly able to move around at all. One day when I was very sick a friend came in to see me, and she said to my mother, 'Why not try Dr. Williams' Pink Pills, I know they will do her a world of good.' The result was my mother got six boxes and I began their use, and I soon found benefit from them. By the time I had taken them all I felt an altogether different girl and no longer suffered from cramps and pains.

Then a few years ago I was attacked with influenza, and was sick for six weeks. Again I started taking Dr. Williams' Pink Pills, and again they brought me good health. I am the mother of a family and do all my own work, so you see I have to keep in good health, and depend upon these pills to keep me so. Now I always recommend Dr. Williams' Pink Pills to any of my friends who may be sickly."

If you are suffering from any condition due to poor, watery blood, or weak nerves, begin taking Dr. Williams' Pink Pills now, and note how your strength and health will improve. You can get these pills through any dealer in medicine, or at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

An Old Street

The Past walks here, noiseless, unasked, alone;
Knockers are silent, and beside each stone
Grass peeps, unharmed by lagging steps and slow
That with the dark and dawn page to and fro
The Past walks here, unseen forevermore.
Save by some heart who, in her half-closed door,
Looks forth and hears the great pulse beat afar,
The hum and thrill and all the sounds that are,
And listening remembers, half in fear,
As a forgotten tune-re-echoes near,
Or from lilac bush a breath blows sweet

Through the unanswering dusk, the voiceless street,
Looks forth and sighs, with candle held above,
"It is too late for laughter, or for love."

—Virginia Woodward Cloud.

When a Mexican candidate doesn't win the office he's running for, he keeps right on running, if possible.—Arkansas Gazette.

Red Rose Orange Pekoe comes as near to perfection as any tea can. Everything that tea experts can do to make Red Rose Orange Pekoe superior in quality, flavor and value is done in the great Red Rose blending rooms. Try it to-day. Put up in the bright, clean aluminum packages.

Don't Make a Toy Out of Baby—Babies Have Nerves—By RUTH BRITAIN

Much of the nervousness in older children can be traced to the overstimulation during infancy, caused by regarding baby as a sort of animated toy for the amusement of parents, relatives and friends. Baby may be played with, but not for more than a quarter of an hour to an hour daily. Beyond that, being handled, tickled, caused to laugh or even scream, will sometimes result in vomiting, and invariably causes irritability, crying or sleeplessness.

Fretfulness, crying and sleeplessness from this cause can easily be avoided by treating baby with more consideration, but when you just can't see what is making baby restless or upset, better give him a few drops of pure, harmless Castoria. It's amazing to see how quickly it calms baby's nerves and soothes him to sleep; yet it contains no drugs or opiates. If it purely vegetable—the recipe is on the wrapper. Leading physicians prescribe it for colic, cholera, diarrhea, constipation, gas on stomach and bowels, feverishness, loss of sleep and all other "upsets" of babyhood. Over 25 million bottles used a year shows its overwhelming popularity.

With each bottle of Castoria, you get a book on Motherhood, worth its weight in gold. Look for Chas. H. Fletcher's signature on the package so you'll get genuine Castoria. There are many imitations.

Evangelists rush in and get the scads where pastors' salaries lag behind.

It used to be that when a fellow went out for a good time he indulged in wine, women and song; now it's wood alcohol, horses and the funeral march.

A preacher may not be able to say



Say It With Songs

Probably what has ever been the largest crowd to say good-bye to a departing individual, omitting royalty, was recognized at the North Toronto Station of the Canadian Pacific Railway, recently, when two thousand members of the Toronto Exhibition choir sang "Bon Voyage" to their leader, Dr. H. A. Fricker, upon his leaving for England and Europe. About an hour before the departure of the train, the station was densely packed. Eleven special street cars and one hundred automobiles were used for the transportation of the group. Drawn up at the platform the two thousand choir members sang with great effect as the train carrying Dr. Fricker started on its eastern journey.



A DOUBLE-EDGED POEM

Dear Sir:—The other day two members of the Bachelors' Brotherhood were arguing on the meaning of the words "for better or worse," regarding it and the married life. They were both off the track, so, for the benefit of the Brotherhood, I beg your kindness to print my view on the meaning of "for better or worse."

For Better
When you are feeling awful blue
Who is the one that comforts you?
Your Wife!
When you are sad and feeling so bad
Who is the one that makes you glad?
Your Wife!
When you are hungry as a bear
Who looks after the bill-of-fare?
Your Wife!
When your work is dreary and long
Who cheers you up with a gay little song?
Your Wife!

When things go wrong and never right
Who makes you feel gay and bright?
Your Wife!
When her work on earth is at an end
You find you're lost, your best friend?
For Worse

When you are feeling awful blue
Who is the one who bothers you?
Your Wife!
When you are hungry as a bear
Who'll surely spoil your bill-of-fare?
Your Wife!
When you are sleepy and all in
Who hits you with a rolling pin?
Your Wife!
When things go wrong instead of right
Who is the one who starts the fight?
Your Wife!

When you track mud on the floor
Who is the one who starts to roar?
Your Wife!
When you have cash in your pocket
at night
Who removes it before the morning light?
Your Wife!

When baby cries and you walk the floor
Who is the one who doth sleep and snore?
Your Wife!
Yours truly,
GLADYS.

The grocer had just put a new boy to work, and among the instructions was this:

"If you don't happen to have what a customer wants, suggest something else as nearly like it as possible."
Soon a woman came into the store and asked the boy: "Have you any fresh green stuff to-day?"
"No, ma'am," answered the boy, "but we have some nice bluing."

An old woman looked out of a carriage window as the train drew into the station, and, hailing a little boy, said:

"Little boy, are you good?"
"Yes, ma'am," replied the boy.
"Parents living?"
"Yes, ma'am."
"Go to Sunday School?"
"Yes, ma'am."
"Then I think I can trust you. Run with this penny and get me a bun, and remember, the angels see you."

Every Home Needs Minard's Liniment

Scotch Go-getter

Scot, Veteran of Three Wars, Becomes an Editor in Texas

Pyote, Texas.—At the age of fifty-three, James Dreyer is seeking new adventures as owner and editor of two oil field newspapers—one "Pyote Gazette" and the other "The Wink Times." Dreyer is a Scotchman who fought as a soldier in three wars. He was born in the Orkney Islands and is a graduate of George Heriot's school for boys in Edinburgh. He was in his teens when his parents died. It was then that he started on a life of adventure that took him twice around the world and into nearly every land of the two hemispheres.

Dreyer enlisted in the Gordon Highlanders and served in the Sudan campaign in 1897. He took part in three major engagements—Abara Omdurman, and the capture of Khartoum. He was in the army that marched to the relief of Kimberley in the Boer War in South Africa. He served with the British forces all through the World War and was twice wounded.

As a country newspaper editor, Dreyer is a novelty in this part of Texas. He is popular with the rough and ready men of the oil fields, and his two newspapers are filled with well-written accounts of the happenings of the week. Although Dreyer is a comparative newcomer, he takes an active interest in politics, and is making a strong fight for his favorite candidate in local contests.

SUMMER COMPLAINTS KILLS LITTLE ONES

At the first sign of illness during the hot weather give the little one Baby's Own Tablets or in a few hours he may be beyond aid. These Tablets will prevent summer complaint if given occasionally to the well child, and will promptly relieve these troubles if they come on suddenly. Baby's Own Tablets should always be kept in every home where there are young children. There is no other medicine as good and the mother has the guarantee that they are absolutely safe. They are sold by all druggists or will be mailed on receipt of price, 25 cents per box, by The Dr. Williams' Medicine Co., Brockville, Ont. A little booklet, "Care of the Baby in Health and Sickness," will be sent free to any mother on request.

Go Light Motor Camping

Nothing is more fun than going motor camping, provided you go properly outfitted. Camping equipment need not be expensive or cumbersome to carry on the outside of even a small car if you take the right things. Most people start out with too many things on their first vacation on the open road.

"You must have a tent, if it is to be a real camping trip. Whatever shape of tent you choose, let it be waterproof, and as nearly mosquito and fly-proof as possible, and easy and quick to put up. The umbrella tent is easily and quickly set up because it has only one centre pole. When folded, it occupies a small space on the running board. Insist on having a floored tent, for the sake of security from snakes and insects. As for bedding, take plenty. Two wool blankets and a pair of cotton blankets to a person is about the right allotment. Do not let the rough and ready souls of your party persuade you to try sleeping on the ground. Nothing puts you in tune with the touring universe like a good night's sleep, so get a good cot, the best you can find, on which to sleep.

British Settlers For Canada

Le Canada (Lib.): It is reasonable and natural to see Canada favoring British immigrants. But we are compelled to admit that the countries which interest the Province of Quebec most from the point of view of religion and language have few emigrants. There are always members of the Opposition who are ready to reproach the Government for not giving sufficient encouragement to British immigrants. They are obviously wrong, for every facility and every encouragement is given by our immigration law to the British emigrant.

Minard's Liniment heals cuts, bruises.



Excess acid is the common cause of indigestion. It results in pain and sourness about two hours after eating. The quick corrective is an alkali which neutralizes acid. The best corrective is Phillips' Milk of Magnesia. It has remained standard with physicians in the 50 years since its invention. One spoonful of Phillips' Milk of Magnesia neutralizes instantly many times its volume in acid. It is harm-

RED ROSE TEA "is good tea"

Red Rose Orange Pekoe is the best tea you can buy
In clean, bright Aluminum

Eton Heroes of the Long Glass

Race to Drink Pint and Half of Beer on Admission to Cellar

The rapidity with which some of our famous men could, in their younger days, drink a pint and a half of beer, is revealed by a book which has come to light by the death of Mrs. Hannah Thomas, of The Trap, in the High Street, Eton.

All those whose feats are recorded were Etonians and the drink was consumed in connection with an old custom known as "Long Glass." Long Glass is a yard of glass with a thin stem and a wide lip with a bowl at the end. It held a pint and a half of beer and had to be drained by each boy on admission to Cellar or Comby. Cellar was a kind of banquet, and to be invited to join was the indication of the achievement of some athletic feat.

To drink from Long Glass was not easy, for as it was lifted to the lips the beer rushed from the bowl and much was apt to be poured over the boy's face and neck.

A strict record was kept by stopwatch, of the time each member took to empty the glass and the results were entered in a book which the drinker signed.

The record time was 9 secs., taken by J. H. Gibbon, the well-known stroke. Lord Dalmeny's best time was 13 secs. A woman, the only one apparently, ever invited to "Cellar," took 45 seconds.

Other times, shown in the book, were: C. D. Burnell, 12 secs.; W. Astor, 20 secs.; Lord Northland, 19 secs.; S. C. R. Agar-Roberts, 23 secs.; Lord Ingestre, 23 secs.; Lord Brooke, 25 secs.; R. C. Pilkington, 15 secs.; Gerald V. Wellesley, 24-5 secs.; R. Innes-Ker, 57 secs.



"Very angular, isn't she?"
"Guess you'd be angular too if you'd been mixed in all the triangles she has."

Empire Trade

Cains (Queensland) Northern Herald: In the great matter of Imperial Preference Great Britain is gradually covering the ground after seeing that the encumbering difficulties are cleared away. Sentiment, really the keystone of the desire of the Dominions, has been almost eliminated. It is the hard facts that have to count with hard-headed men; and so "preference within the Empire," when it arrives, will be exactly what it was intended—a business arrangement, whereby each part will be bound to the other for mutual benefit in a commercial contract. The heaven of sentiment, of course, will be there, but it will not be unduly obtrusive. So far as we can see it, the ideal of Imperial Preference appears to be congruing to a perfect close.

Camping at Home

Vacation days have come, at last and the young school boys turn eagerly to thoughts of the warm days ahead of them. Camping out is loads of fun. And the beauty of it, he says, is that it isn't really necessary to go away off to the woods to camp, but just strike the tent in the corner of the back yard, and camp.

Of course, backyard camping keeps you "close to home." But, when you awaken in the dead of night, it does not require a "great" deal of imagination to fancy that you are in deep woods a thousand miles away. Camping at home is packs of fun, and you probably will want to sleep out all summer, once you have become accustomed to it.

The backyard camp is a good training camp in which to learn the knack of pitching and striking a tent, building a cooking fire, and cooking food fit to eat, and it is an advantage to the tenderfoot to have home near at hand in case things go wrong, in case the tent leaks like a sieve or blows away, or the eats do not fill the hungry spot, or the mosquito dope fails to work.

Almost any type of tent will do, but the small pup-tent or shelter tent is quite the thing for the yard camp because it requires little space. To prevent surface water from flooding the tent, dig a narrow trench around it, with an outlet at one side for a drain. Spread an old rug, piece of carpet, or burlap upon the ground, and place poncho or raincoat upon it before making your bed. Ask mother to sew up a bedtick of unbleached muslin, three feet wide and five feet long, with one end left open. Straw is the best filling, but dried grass will do. After filling the tick, fasten the open end with safety pins.

Investment Buying

Investment buying in the next few weeks is counted upon to become quite a factor in the standard dividend-payers. Investors seeking employment for excess funds are likely to take up bonds, preferred stocks and some of the higher grade common shares. If the latter stocks are well supplied during this period of buying it will be considered a signal of liquidation by investment trusts and others who have held these securities from materially lower levels. For this reason, the action of the market should be watched closely during the normal period of investment demand.

Primo de Rivera has decided not to get married. He will continue as dictator himself.—Dallas News.



25 Years' Experience. Best Field and Microscopes to choose from. Handy to have anywhere. Send for list. Alberta Optical Co., Ltd., 123 8th Ave. West, Dept. 16, Calgary, Alta.

After a Shave.

After a shave, lotion your face with Minard's. Soothing and cool. Excellent for cuts.



MOTHER OF TWINS HELPED

Restored to Health by Taking Lydia E. Pinkham's Vegetable Compound

Mitchell, Ont.—"I had little twin babies and for quite a while after I was so weak I could not do my work because of pains all the way up my legs at the back. I also had headaches and got very little sleep. I took Lydia E. Pinkham's Vegetable Compound, and soon I was able to get up and do my work. I have taken three bottles and I am fine, do my work without trouble and am gaining in weight and strength. I will gladly recommend the Vegetable Compound to anyone."
Mrs. F. STATION, Box 220, Mitchell, Ont.