

SAME SYMPTOMS IN MANY CASES

An Anæmic Condition Easily
Recognized — Calls for a
Blood Builder.

In most cases of anæmia the symptoms are almost the same. The sufferer grows pale and is easily tired after the least exertion. The appetite is sickle and the patient loses in weight. Sometimes there are headaches, and often inability to sleep well. As the blood becomes thinner the symptoms become more pronounced and often there are fainting spells. All this shows that the blood is thin and watery, and at the very first symptom of this condition the patient should take Dr. Williams' Pink Pills, the most reliable blood-builder and nerve tonic known. The sole mission of this medicine is to enrich the blood and when that is done all the distressing symptoms disappear. Among those who have reason to praise this medicine is Mrs. M. E. Patterson, Shanklin, N.B., who says:—"About four years ago I became very much run down, I could not eat, sleep nor rest, and I grew so nervous that the smallest things would annoy me. Eventually I grew so weak that I did not have strength to move about without help. I was just a miserable wreck, and became very much discouraged as I had tried many medicines which failed to help me. In this wretched state a friend urged me to try Dr. Williams' Pink Pills. I did so and before long found they were helping me. Gladly I continued taking the pills until I fully regained my health and strength and I have since continued in the best of health. Later my daughter became anæmic and six boxes of the pills restored her to health, strength and color. Naturally, I consider Dr. Williams' Pink Pills a blessing to weak, run-down people."

You can get these pills through any dealer in medicine, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Wife (to returning husband at seaside resort): "Oh, darling, I'm so glad you've come. We heard that some idiot had fallen over the cliff, and I felt sure it was you!"

Little Marjorie returned from her first day at school looking rather gloomy and disillusioned. "How did you like school, dear?" asked her mother, brightly. "Not very much," returned Marjorie. "Cause when I went in the teacher said, 'You may sit here for the present,' and I sat there all day, and there wasn't any present."

The British custom of serving 4-o'clock tea in business offices is fast taking on in Canada. Many Canadian, as well as British-born, executives now order Red-Rose Tea for their office staffs, because it is the same quality as the finest English teas. Sold by all grocers, in bright, clean aluminum.

How Much Water Should Baby Get? A Famous Authority's Rule

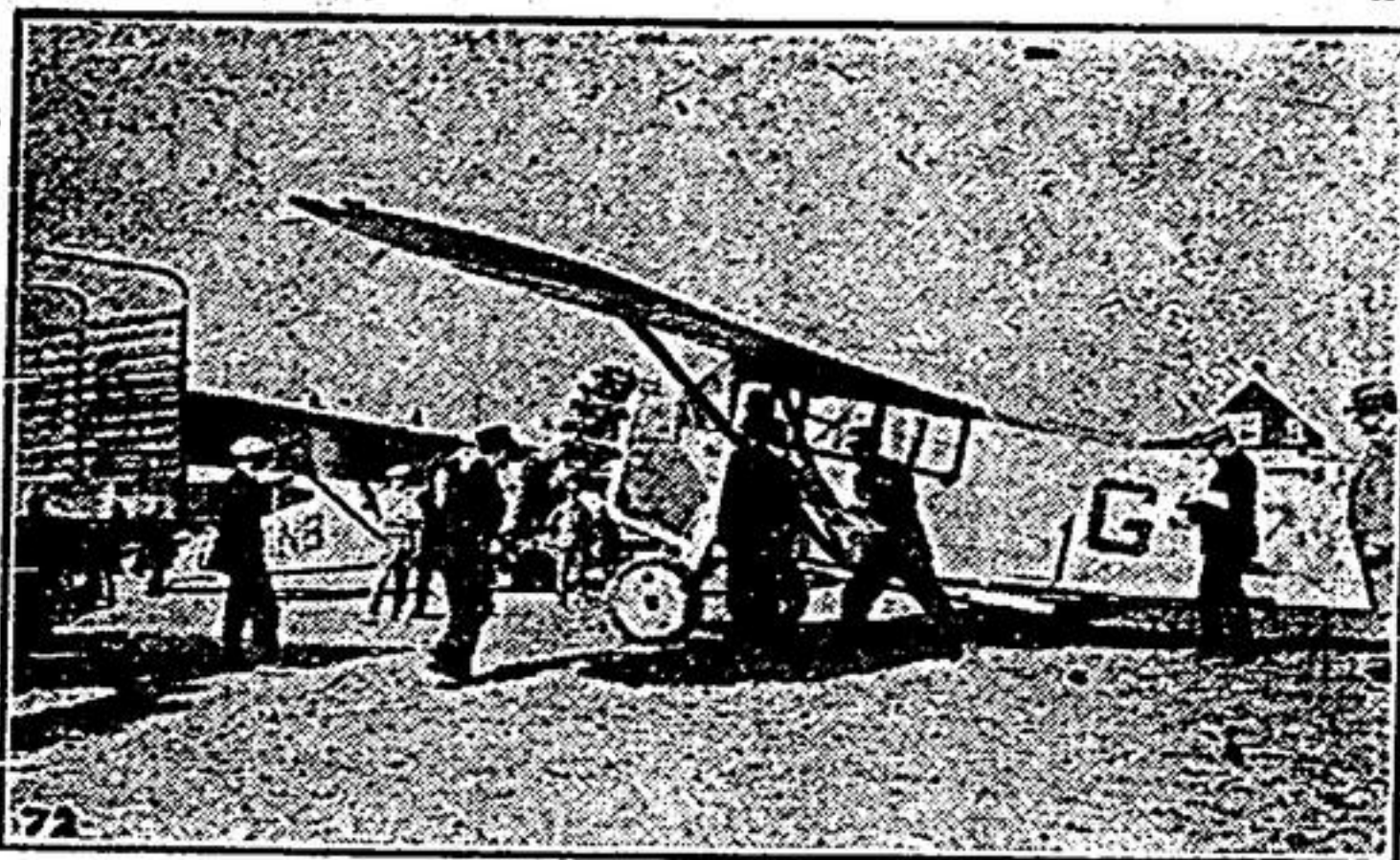
By Ruth Brittain



Baby specialists agree nowadays, that during the first six months, babies must have three ounces of fluid per pound of body weight daily. An eight pound baby, for instance, needs twenty-four ounces of fluid. Later on the rule is two ounces of fluid per pound of body weight. The amount of fluid absorbed by a breast fed baby is best determined by weighing him before and after feeding for the whole day; and it is easily calculated for the bottle fed one. Then make up any deficiency with water.

Giving baby sufficient water often relieves his feverish, crying, upset and restless spells. If it doesn't, give him a few drops of Fletcher's Castoria. For these and other ills of babies and children such as colic, cholera, diarrhoea, gas on stomach and bowels, constipation, sour stomach, loss of sleep, underweight, etc., leading physicians say there's nothing so effective. It is purely vegetable—the recipe is on the wrapper—and millions of mothers have depended on it for over thirty years of ever increasing use. It regulates baby's bowels, makes him sleep and eat right, enables him to get full nourishment from his food, so he increases in weight as he should. With each package you get a book on Motherhood worth its weight in gold.

Just a word of caution. Look for the signature of Chas. H. Fletcher on the package so you'll be sure to get the genuine. The forty cent bottles contain thirty-five doses.



Air Express Inaugurated

Before the propeller stops whirling the Canadian Pacific Express truck is on its way to the city with parcels for delivery. A new air route gives bi-weekly express service in each direction between Toronto, Ottawa, Montreal and the steamship off Rimouski. Two days is gained over regular express schedules, western consignments being transferred to the Vancouver Express at Toronto.



OWL LAFFS

O.W.L.
(ON WITH LAUGHTER)

IN ANIMAL LAND
A balky mule has four-wheel brakes. A billygoat has humpers. The firefly is a bright spotlight. Rabbits are puddle jumpers. Camels have balloon-tired feet. And carry spares of what they eat; But still think that nothing beats The kangaroos with rumble seats.

JUST THREE THINGS
If your nose is close to the grind-stone, rough, And you hold it down there long enough, In time you'll say there's no such thing As brooks that babble and birds that sing; These three things will your world compose Just you, the stone and your darned old nose.

Some men think it's smart to write such a poor hand that nobody can read it, but it isn't.

Waiter: "Will you have some dessert, sir?"
Diner: "Is it essential?"
Waiter: "No, sir, it's rice pudding."

Young Neil was about to enter his house carrying a dead mouse by the tail when his neighbor caught sight of him.

"What are you going to do with that mouse, son?" asked the neighbor.
"I'm going to take this in to mother and she will give me a dime to take it out," answered the boy.

"One of my girls recites so well I really believe we should give her a course in electrocution."

Most anyone can attempt to say something smart—but all do not succeed.

"You're a lucky dog, Bings," said the fellow in the next chair. "They tell me you're making three times as much money as you did last year."

"Yeah," Bings replied wearily, "but my women folks found it out."

Great inventions are often the simplest: The architect took the door off a clothes closet and called it a breakfast nook.

An: "Do you have a dictating machine in your office?"
Betty: "Yes, darn him!"

A man must have both patience and lying ability to be a good fisherman.

Good wishes are cheap; let's give them freely.

"What! Fifty cents a dozen for fresh eggs! I thought the price had gone down."

"Yes, it has, but I bought these before it went down—three weeks ago."

"Do you act toward your wife as you did before you married her?"

"Exactly, I remember just how I used to act when I first fell in love with her. I used to lean over the fence in front of her house and gaze at her shadow on the curtain, afraid to go in. And I act just the same way now."

Herman Trelle, of Wembley, Peace River, Alberta, who, in 1926 won the world's championship for wheat and oats at the International Grain and Hay Show, and last year at the same show retained the championship, for oats and was awarded a first prize for wheat, has been granted an honorarium of \$5,000 by the Province of Alberta. This money was recently voted by the Alberta Legislature in recognition of his services to the Province. Mr. Trelle was born at Kendrick, Idaho, and came to Canada with his parents when quite young. His first venture in farming was on a homestead at Wembley, Alberta, which he has since made one of the finest farms in Alberta.

A curate, who was also a keen naturalist, went to see a sick woman in his parish. She had been expecting him for some days, and said with a sigh: "Had I been a rare toadstool, you would have come to see me long ago."

Side Light on China

"Boy Emperor" Watches Movies as Others Struggle for Power

Peking.—Among those who have caused all China to shiver in the past, and who are now preserving themselves in the cool confines of Tientsin, are four former presidents of China, 169 high military and political officials, and one ex-Emperor.

The "Boy Emperor," now no longer a youth but a married man, well along in his twenties, has resided in the Japanese concession of Tientsin ever since the episode, nearly four years ago, when he was driven out of his golden-tiled Forbidden City. Feng Yu-hsiang, the "Christian General," ordered his expulsion at that time, lest his presence in the capital might be a constant invitation for a monarchist uprising. So Henry Pu Yi and a number of his loyal Manchus dwell in an alien concession, amusing themselves through the long days as best they may by holding miniature court and watching motion picture exhibitions.

The successors in authority to the "Boy Emperor," now his neighbors in exile, are former Presidents Li Yuan-hung, Hsu Shih-chang, Tsao Kun and former chief executive Tuan Chi-jui.

Caged Birds and Poetic Scrolls

Tsao Kun, although scarcely feeling free yet to leave the safety of the foreign districts, is less a prisoner than during the two years of Tuan Chi-jui's rule when he literally was kept captive on a small island within the high pink walls of the Peking palaces. During those lonely and anxious months he passed the time playing with his caged birds and writing poetic scrolls, and it is said that he continues these pastimes now in Tientsin.

Li Yuan-hung is not so much a refugee as are most of the other former officials. He welcomes foreign visitors and still takes a keen interest in Chinese politics. Only recently he published a thoughtful plan for restoring peace to the nation, based on the idea of reassembling members of the long impotent, but more or less legal, parliament of by-gone days.

Many other prominent men have sought safety under foreign flags in their own country. Nearly all of these men in their days of authority declared themselves opposed to the unequal treaties and foreign concessions of China, but when they were forced out by fortunes of war, all deposited their money in foreign banks and took refuge in Tientsin.

Wu Pei-fu's Independence

When the weather becomes warmer some officials move to Dairen, Beppu, or other resorts of Japan, while those who can afford it not infrequently go on long tours in Europe.

Of all the prominent men of China who have met defeat in war or politics, one alone—Wu Pei-fu—stands conspicuous by his proud refusal to accept refuge under foreign protection. This scholar of the Chinese classics for many years was the greatest war lord in the country. But even in his most acute hour of adversity he never fled to a foreign zone of safety. He drifted about the country for a long time, finally retiring to the remote Province of Szechuan, where he now lives by sufficiency of the Szechuan leaders. He has taken up the study of Buddhism and has lost all interest in warfare.

Air Beacon Visible 60 Miles Can Hardly Be Seen from Street

Cleveland, O.—Six great beacon lights in the tower of Cleveland's Union Terminal building, said to be visible in Canada and for 60 miles around the city, afford new security to lake ships and to airplanes to which they are visible for even greater distances. The beams protrude from the tower, 58 stories above the street, like spokes in a wheel.

With all of their power and brilliance, however, they are hardly visible to people down town, to whom they appear as only lighted windows. Their great height causes this, officials said.

The best jobs of face-lifting are those which are done by sudden prosperity.

Minard's Liniment for Toothache.

Provide Courses in Religious Education

United Church Board Would Supply Alternative for "Mass Evangelism"

The board of religious education of the United Church announces five new graded courses of study, thereby providing assistance for any ministers who refuse to turn aside from religious education as a method of evangelism.

At a recently Presbyterian meeting some Toronto ministers, unwilling to commend the bringing of Gipsy Smith to this city, declared that the day of mass meetings for evangelistic purposes is past.

Several of these courses are now ready, it is stated at board offices, and the others are in process of preparation. It is claimed that these studies, while having a definitely evangelistic aim, will fit into every normal activity of the church.

The study courses will also correlate, it is stated, with the plans made for the next two years by the board of evangelism and social service.

GIVE CONFIDENCE TO YOUNG MOTHERS

By Always Keeping Baby's Own Tablets in the Home.

A simple and safe remedy for the common ills of babyhood and childhood should be kept in every home where there is either a baby or a young child. Often it is necessary to give the little one something to break up a cold, allay fever, correct sour stomach and banish the irritability that accompanies the cutting of teeth.

Experienced mothers always keep Baby's Own Tablets in the home as a safeguard against the troubles that seize their little ones so suddenly and the young mother can feel reasonably safe with a box of these Tablets at hand and ready for emergencies.

Baby's Own Tablets are a mild but thorough laxative that act without gripping and they are absolutely guaranteed free from opiates or other harmful drugs. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

British Election 'Woman's Affair,' Declares Member

Miss Susan Lawrence Speaks at National Conference on New Responsibilities

Plymouth—Miss Susan Lawrence, Member of Parliament, presiding at the National Conference of Labor Women here referred to the next general election in Great Britain as a "woman's affair."

"We will have with us," she continued "young wives and mothers who are fighting the battle of life side by side with their husbands, and who will now go with them to the polls; exercising the full rights of citizenship. We will have with us young women in industry."

"Until now women in industry have been very much under-represented because their average age was low; their needs regarding protective legislation have been argued and settled over their heads; they will now be able to speak for themselves. We have therefore a great accession of strength. This next fight will be no propaganda fight, it will be a battle for power."

She urged an open road from the nursery schools to the university—not a grudging education cut short by poverty, but equal opportunities for all, and money enough to place the child of the poor on an equal equality with that of the rich. In Parliament, she said, the question of unemployment was like Banquo's ghost, because the present period of reaction meant national insecurity and poverty for the mass of the workers.

Mrs. E. J. Long, a magistrate, in welcoming the delegates to the conference, referred to the coming enfranchisement of 5,000,000 more women and declared that women would be predominant at the next election and that the remedy for social evils would reset in their hands.

RED ROSE TEA "is good tea"

The Orange Pekoe is
something extra—a special tea
In clean, bright Aluminum

Stocking a Fishless District

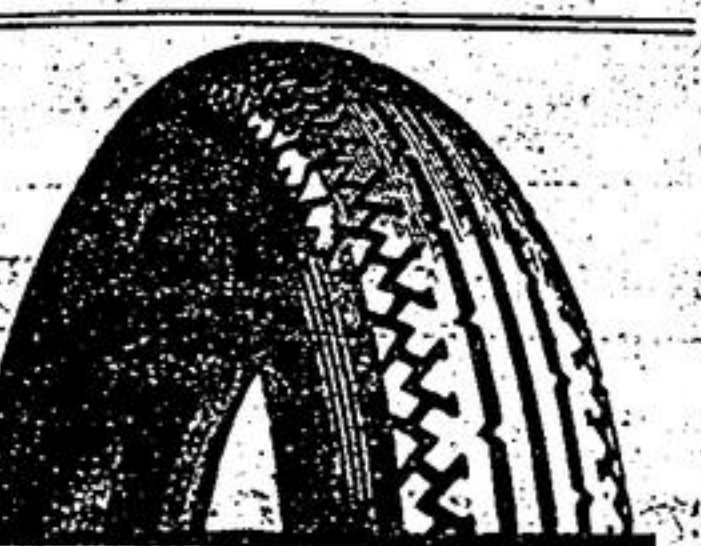
According to all available reports and information no species of trout has been found in the waters of southern Saskatchewan. Beginning in 1924 the Dominion Dept. of Marine and Fisheries planted brown and Loch Leven trout fry in several streams in the Cypress Hills district and closed these streams to fishing. Up to the present the fish have done very well. They have survived three winters; some reproduced last autumn in their third year; and specimens have been caught nearly a pound in weight and over a foot in length. While it is too soon to form an opinion regarding the final outcome of this introduction, the evidence to date is causing much local interest and enthusiasm, as the prospect of angling in a district that has hitherto been devoid of such sport is viewed with pleasure.

Minard's Liniment for insect bites.

Politics and the Law

New York World: Upon the acquittal of Harry F. Sinclair many of us begin to do some hard thinking about the jury system. The verdict was so patently absurd, and it was so similar to the verdict which had been given some time before in the Doheny case, that we had to ask ourselves whether a system that was devised to ascertain simple questions of fact was not certain to break down when it was given the task of digesting great masses of technical evidence, weighing the propriety of acts done by high officials, and making nice distinctions between discretion and dishonesty.

The only form of hostilities from which the people ever benefit is a price war.



A Tire For Your Every Need

Firestone Dealers offer you a complete line of tires, each supreme in its class, headed by the famous Firestone Gum-Dipped Balloon. All are made by Firestone in the world's most economical tire plants—an assurance of the most for your money.

Firestone distributes tires only through regular service-giving dealers direct from Factory branches and authorized distributors—never through mail order houses or so-called special jobbers.

See the Firestone Dealer nearest you. He is prepared to serve you better and save you money, no matter what price tire you want to buy.

FIRESTONE TIRE & RUBBER CO.
OF CANADA LIMITED
Hamilton, Ontario

MOST MILES PER DOLLAR

Firestone

GUM-DIPPED TIRES
Firestone Builds the Only Gum-Dipped Tires



Excess acid is the common cause of indigestion. It results in pain and sourness about two hours after eating. The quick corrective is an alkali which neutralizes acid. The best corrective is Phillips' Milk of Magnesia. It has remained standard with physicians in the 50 years since its invention.

One spoonful of Phillips' Milk of Magnesia neutralizes instantly many times its volume in acid. It is harm-

Classified Advertisements

MOVING AND STORAGE.

HILL THE MOVER—PIONEER DISTANCE movers of Canada. Largest speedy padded vans. New Equipment. Latest methods. Two experienced men every trip. All loads insured. Beyond compare for skill and care. Before you move, write us or wire and reverse the charges. Head office Hamilton, Ontario, Canada. Hill the Mover.

BABY CHICKS

W B HATCH FOUR VARIETIES. Write for free catalogue. A. H. Switzer, Granton, Ontario.

Judge: "One of your witnesses says he saw you in church at the time the crime was committed, another saw you in the Inn, and the third in the fields. I cannot take their evidence." Accused: "I can call another who saw me in the wood, your honor!"

Typist: "This 'To be done today' note on your desk calendar is two months old." Boss: "That's all right; I haven't done it yet."



DOORS \$2.75 UP

BARGAIN PRICES
Write to-day for Spring Bargain Circular, and Free Catalogue
HALLIDAY CO., Hamilton



Have Good Hair And Clean Scalp Cuticura Soap and Ointment Work Wonders Try Our New Shaving Stick.

A Reliable Antiseptic.

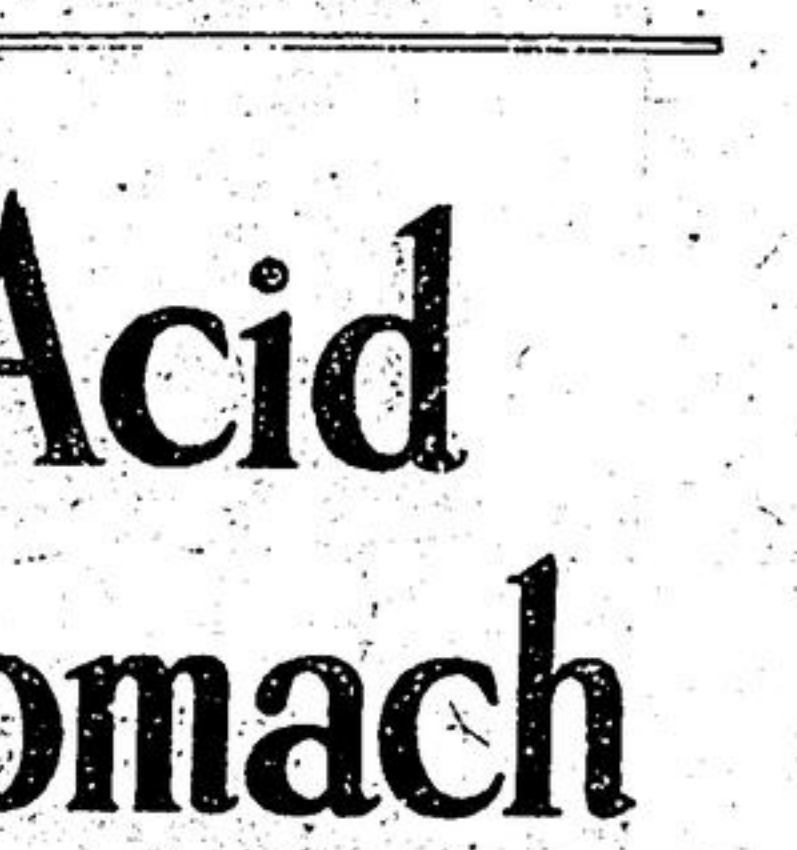
Make sure no infection of cuts and wounds takes place, by applying Minard's Liniment.



GOOD ADVICE FROM MOTHER OF SEVEN

Recommends Lydia E. Pinkham's Vegetable Compound

Toronto, Ont.—"I began taking Vegetable Compound for nerves and other troubles and I must say I felt different after the first dose. I have been told this last six months that I look twenty-five, although I am now forty-seven and have had seven children. I have taken the Vegetable Compound regularly for some time and sleep well, rise early and feel young."—Mrs. McKee, 18 Laurier Ave., Toronto, Ontario.



Acid Stomach

less and tasteless and its action is quick. You will never rely on crude methods, never continue to suffer, when you learn how quickly, how pleasantly this premier method acts. Please let it show you—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.