

**THIN, WATERY BLOOD
ALWAYS DANGEROUS**
If Not Corrected Serious Results
Sure to Follow

In no trouble is delay or neglect more dangerous than in anaemia—thin, watery blood. It is very common in young girls and in persons who are overworked or confined within doors. It makes its approach in so stealthy a manner that it is often well developed before the trouble is recognized.

But taken in time the tonic treatment through the use of Dr. Williams' Pink Pills, so enriches the blood that good health and strength is speedily regained. The correction of anaemic conditions by Dr. Williams' Pink Pills is as certain as anything can be. Miss Teresa Heafey, Dunraven, Que., is one of the many anaemic sufferers who has found new health through the use of this medicine. She says:—"I cannot express too warmly my thanks for what Dr. Williams' Pink Pills have done for me. I was suffering from a badly run-down condition. I was very nervous, had little desire for food, and would feel tired out at the least exertion. In this condition I began taking Dr. Williams' Pink Pills, and before using them very long found my health gradually improving, and under their continued use was completely restored. For this reason I earnestly advise all weak girls to take these pills, feeling sure that they will do for others what they did for me."

Send your name and address to The Dr. Williams' Medicine Co., Brockville, Ont., and they will mail you free a useful little book on "Building Up the Blood." The pills can be obtained through any druggist or by mail, at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

**Canada Speeds Use
Of Water Power**

Dominion Reports \$900,000,000 Now Invested Here in This Industry

**Huge Resources Remain
Wide Distribution of Hydraulic Energy Has Increased the Standard of Living**

A tremendous increase in water-power development in Canada has taken place during the last decade, according to a report of the Department of Interior of the Dominion, of which Charles Stewart is Minister. The total amount invested in water-power development is \$900,000,000, or more than in any other single manufacturing industry. The horsepower now developed is 4,883,266, which is estimated to be about 11 per cent. of the total available for development.

There is now in Canada an extensive use of water power in the pulp and paper industry, in mining, in manufacturing generally and in the production of electric current for domestic consumption.

The present use of water power gives promise of even more extended uses in the future," says the report. "Already Canada's position in that respect is one of outstanding importance. Her aggregate installation places her second only to the United States and her per capita development, 613 horsepower per 1,000 population, gives her a position inferior only to Norway among all the countries of the world.

"Water power has enabled Canada to develop from communities largely agricultural or lumbering in their interests to a manufacturing country of first importance. To an increasing degree, low-cost power has been a magnet drawing to the Dominion from abroad important industries whose output goes to augment Canadian export trade. Already some 1,400 branches of United States factories are stated to have been established in this country. Hand in hand with this industrial development, the widespread distribution of power for domestic use has in many different ways effected a decided increase in the standard of living for the mass of the population."

Water power development in Canada is no longer speculative, but has become a highly specialized process,

recognized as such by individual investors all over the world and particularly on this continent," the report declares. "That new capital is readily available for enterprises of a promising nature is shown by the remarkable development carried out within the past three years, involving expenditures upward of \$180,000,000.

"In 1923 an estimate of the percentage of Canadian and foreign capital invested in commercial central electric stations indicated the following distribution: Canada 66.9 per cent.; Great Britain, 6.3 per cent.; United States, 15 per cent., and other foreign countries 11.8 per cent. It is not unlikely that the additional capital represented in municipal central electric stations and other water-power development would be distributed in somewhat the same manner.

"While in the past few years United States capital has probably taken a larger share in development than British and other outside capital, there are many evidences which indicate that the Canadian share has been maintained or bettered, demonstrating the substantial support accorded this class of investment by the investing public of the Dominion."

Water Power in Paper Industry

Regarding the use of water power in the pulp and paper industry, the report says in part:—"According to the Dominion Bureau of Statistics report for the year 1926 the industry represented a total capital investment of \$501,185,000, found employment for 31,279 persons (exclusive of those employed in the woods), whose wages and salaries for the year amounted to \$44,175,500, while the gross value of product amounted to \$215,488,000. The export trade of \$120 in 1890 for this industry is often contrasted with the present corresponding figure of \$187,559,000, to demonstrate the remarkable expansion during this period. Its contribution to the trade balance for the year reached the impressive total of \$178,372,531.

"The question of motive power in connection with the production of pulp and paper is a most vital one and, in fact, is almost as important as that of raw material. In any industry the relative necessity of obtaining cheap and adequate power may be gauged by the amount required per dollar of product, and with the possible exception of certain electro-chemical and metallurgical processes, the requirements for pulp and paper are among the highest.

"The importance of low cost power may be judged from the fact that approximately 100 horsepower of mechanical power is required per ton of daily output of newsprint, while any surplus or off-peak electric power can be used most advantageously in the generation of steam for heating or process cooking. It is not surprising, therefore, that the motive power used in this industry is practically restricted to hydraulic energy and Canada's supremacy in the pulp and paper field rests on adequate and abundant water powers well distributed among extensive forest resources.

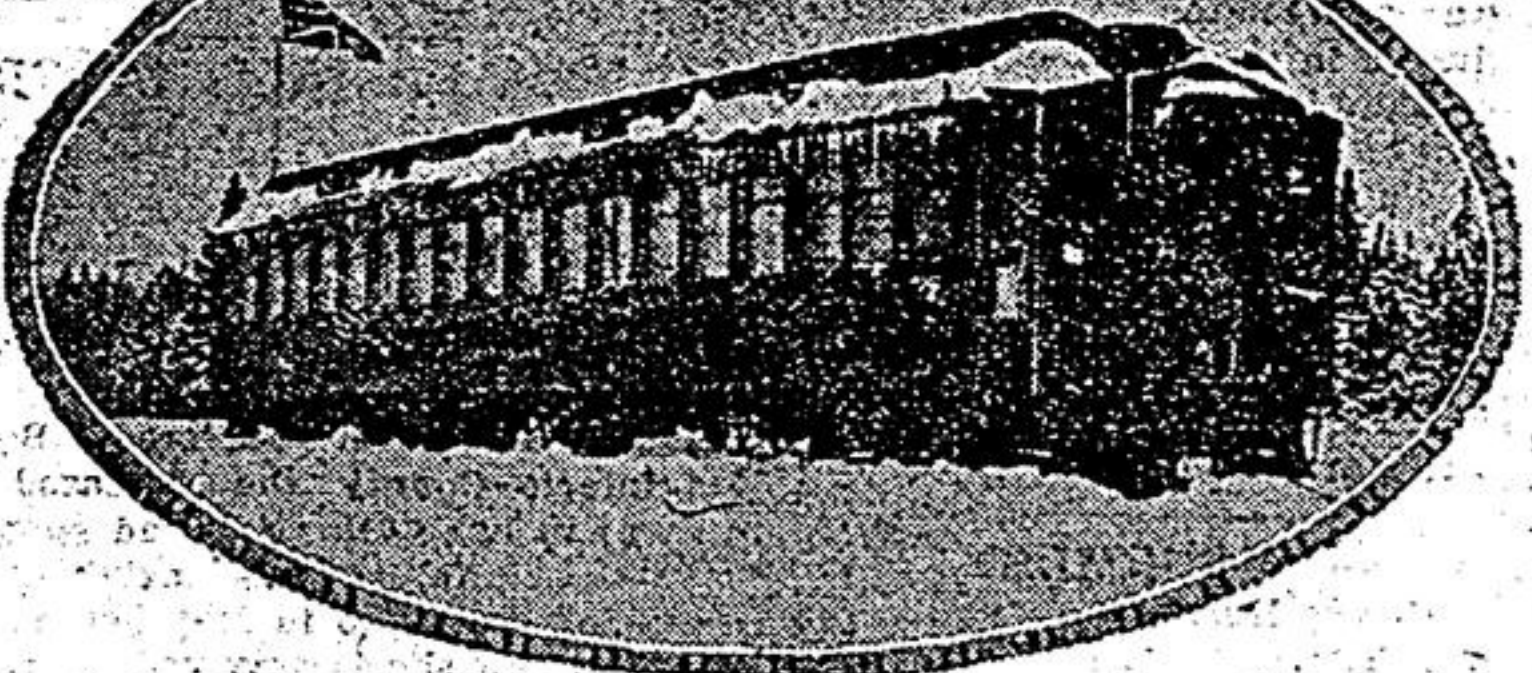
"The use of steam as a source of power in this industry is very limited, and in most cases is prompted by special conditions such as operation in close association with the manufacture of lumber, when refuse from the latter can be used as fuel under the boilers, or in the manufacture of specialised lines of output. The census returns for 1926 show a total steam power installation in the Dominion of only 92,570 horsepower and if the capacity of the three or four large steam operated mills where special conditions obtain is excluded, the remaining unit capacity works out to a very small amount."

Development in Ontario

"There are forty-two pulp and paper mills in Ontario using water or hydro-electric power to the extent of 362,000 horsepower, of which 174,000 horsepower is produced by the industry and the remainder purchased; of the power produced 92,000 horsepower is used in the direct drive of machinery and the remainder hydro-electrically.

"The principal power developments are those of J. R. Booth on the Ottawa River at Ottawa, 29,000 horsepower; Fort Frances Pulp and Paper Company, on the Rainy River at Fort Frances, 15,350 horsepower; Backus-Brook Company, at the outlets of the Lake of the Woods at Kenora, 20,000

C.P.R. School Car Outstanding Success



Upper—Class at Esher, with Mr. McNally standing in the centre of the group. Lower—School car on the sliding at Esher.

Remarkable progress has been made by the pupils attending the Canadian Pacific School Car operating in Northern Ontario along the 126-mile string of settlements between Cartier and Chapleau lying north of the Great Lakes, according to Dr. J. B. MacDougall, assistant chief inspector for the Ontario Department of Education. Dr. MacDougall inspected the school car classes recently and stated that the venture had turned out more successful than the department had ever expected. He credited its success to the untiring efforts of Walter McNally, school car teacher, who has had the work in charge since the car first began operating in September, 1926.

A PERFECT MEDICINE FOR LITTLE ONES

Baby's Own Tablets Should be in Every Home Where There Are Children.

The perfect medicine for little ones is found in Baby's Own Tablets. They are a gentle but thorough laxative which regulate the bowels, sweeten the stomach; drive out constipation and indigestion; break up colds and simple fevers and promote healthful refreshing sleep. It is impossible for Baby's Own Tablets to harm even the new-born babe, as they are absolutely guaranteed free from opiates or any other injurious drug.

Concerning the Tablets, Mrs. Alex. J. Ferry, Atlantic, N.S., writes:—"I always keep Baby's Own Tablets in the house for the children, as I have found them a perfect medicine for little ones."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

New "Eye" or Doctors

Dr. Andre Tours, a Frenchman, has discovered a means of making the human body transparent, so that all the organs will be seen working as in a mirror. The doctor has refused all financial assistance, and also an offer to go to the United States. He is determined that the first data shall be given to medical men of France.

If flesh can be made transparent so that the bones can be seen clearly by surgeons and osteopaths, X-rays will be dispensed with in locating internal troubles. The doctor in future will be able to see the trouble at once without diagnosing blindly. In cases of consumption and cancer the transparency of flesh will be an enormous boon to medical men.

Dr. Tours claims that his discovery will assist experts in tracing the cause of death where murder is suspected. The presence of poison will be easily detected, and in the case of shooting the exact course of a bullet will be traced.

Crime and Prohibition

The increase of crime in America is attributed primarily to prohibition, "which has eaten into the ethical attitude of the nation," according to the view of V. F. Calverton, editor and author, expressed in December "Current History." "The bootleggers themselves have become an economic group that exercises influence upon political parties, police organizations and social organizations. The spirit of corruption has become dominant. Defiance of law has become a widespread practice that extends from bootlegger to college co-ed. The unemployed find employment in bootlegging, causing a misleading appearance of prosperity. Everything connected with bootlegging becomes contaminated. Both the minds of those who purchase bootleg liquors and those who attempt to arrest those who sell liquors become corrupted."

Minard's Liniment for rheumatism.

Mexicans are spending four times as much on movies as on bull-fights. But, of course, there's much more bull in a movie than in a bull-fight.—Arkansas Gazette.

Improvements Under Way

Mrs. Arletta Kratt: There could be considerable improvement in your manner, Mrs. Nouveaurliche. Mrs. N. (loftily): We are spending a hundred thousand in repairs on our manor now, Mrs. Kratt.

The Dog Sentry

The motorist who is compelled to leave his car for a time can seldom do better than leave it in charge of a dog.

An amusing situation was caused recently, when a dog mistook another car standing near for the one left in his charge, and vigorously opposed the rightful owner when he tried to take it away.

For a long while the man endeavored to gain possession, but was unsuccessful until accidentally he tooted his horn. The dog, stopped, cocked up his head, looked at the car, and then with an eloquent look of apology trotted off and lay down beside the right one.

It is generally acknowledged that dogs quickly learn to recognize the sound of car-horns, and often a dog lying in front of a fire will jump up at the sound of his master's motor-horn, even though hundreds of other cars may have passed the house during the day.

Durable Goods.

Until two years ago the Mormons hadn't changed their underwear in seventy-five years.—Pittsburgh paper.

Parking space—in its generally accepted meaning—is even harder to find in the dictionary than in the street.

The most uncompromising exponent of the Stole doctrine in the modern world is Immanuel Kant.

RED ROSE TEA "is good tea"
Red Rose Orange Pekoe is the best tea you can buy
In clean, bright Aluminum

Facts of Interest

The latest census shows that there are 50,000,000 poultry in Canada valued at \$50,971,000.

A record hay crop was produced in Western Canada in 1927. An official preliminary estimate shows that the provinces of Manitoba, Saskatchewan, Alberta and British Columbia produced 2,544,000 tons of hay and clover compared with 1,664,000 tons in 1926, and 235,700 tons of alfalfa as against 223,000 tons last year.

Mooscrip Bros., Major, Saskatchewan, have completed threshing what is considered to be the largest crop of wheat ever produced by one family in Saskatchewan. From 2,000 acres they threshed approximately 75,000 bushels of No. 2 Northern.

Although Manitoba, Saskatchewan, Alberta are commonly supposed to be exclusively devoted to agriculture, it is interesting to note from a return just made available by the Canadian Government Bureau of Statistics that the Prairie Provinces have an annual manufacturing production of more than \$200,000,000.

The total value of production of the fisheries of Canada for the year 1926 was \$56,860,633 compared with \$47,942,131 for 1925 and \$44,534,235 for 1924.

A consignment of 1,000 cases of pears, grown in British Columbia, was shipped recently from Vancouver to England. This was the first shipment of pears ever made from British Columbia to England, though thousands of barrels of B.C. apples find a ready market every year in the British Isles.

The King of Pain—Minard's Liniment

Midnight Sun Moves South. Sunshine returned to Los Angeles today, after a night of light rains, and will continue to-night and to-morrow. —Los Angeles Herald.

It has been found that a market basket of food costing \$1 in Philadelphia can be bought for 70 cents in Paris, 90 in Rome, 80 in Vienna, 75 in Stockholm and Berlin, 73 in London, 70 in Brussels, and 60 in Amsterdam. It's hard to beat the Dutch.

Beauty Of Hair and Skin Preserved By Cuticura
Soap to Cleanse Ointment to Heal



FOR COLDS

ASPIRIN

To break a cold harmlessly and in a hurry try an Aspirin tablet. And for headache. The action of Aspirin is very efficient, too, in cases of neuralgia, neuritis, even rheumatism and lumbago! And there's no after effect; doctors give Aspirin to children—sicken infants. Whenever there's pain, think of Aspirin. The genuine Aspirin has Bayer on the box and on every tablet. All druggists, with proven directions.

Physicians prescribe Aspirin; it does NOT affect the heart

Aspirin is the trade mark (registered in Canada) indicating Bayer manufacture. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Tablets will be stamped with their "Bayer Cross" trademark.



Acid Stomach

Excess acid is the common cause of indigestion. It results in pain and sourness about two hours after eating. The quick corrective is an alkali which neutralizes acid. The best corrective is Phillips' Milk of Magnesia. It has remained standard with physicians in the 50 years since its invention. One spoonful of Phillips' Milk of Magnesia neutralizes instantly many

times its volume in acid. It is harmless and tasteless and its action is quick. You will never rely on crude methods, never continue to suffer, when you learn how quickly, how pleasantly this premier method acts. Please let it show you—now. Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drug store.